Supplementary material				BMJ Open Sp E
Table S3b				
Quality Rating (Good, .	Fair, or Poor) of single group pret	test-posttest studies (k = 4) per rat	ter	
	Castello et al. (2018)	Drees & Mack (2012)	Parkes & Mallett (2011)	Sheard & Golby (2006)
Rater #1	Poor	Poor	Fair	Poor
Rater #2	Poor	Poor	Fair	Poor
Additional comments (If Poor, please state why)	Unclear definition of population, consistency of intervention unclear, high attrition, lack of details about sample size and statistical power.	Consistency of intervention unclear, lack of details about sample size and statistical power.		Small sample size and statistical power concerns, consistency in measurement of outcomes unclear, attrition not reported.