



Fig. S7. The constricted region and midgut closure create a bottleneck on the symbiont population. In the oral administration experiments, second-instar nymphs were fed with GFP-labelled and non-labelled symbiont strains, mixed in different ratios (1:10; 1:10²; 1:10³; 1:1.65x10³; 1:5.0x10³; 1:10⁴; 1:1.5x10⁴; 1: 4.6x10⁴ and 1:2.2x10⁵), and the percentage of host individuals colonized by the GFP-labelled symbiont was subsequently determined by plating on selective medium. The dilution ratio at which 50% of the bean bugs carry the GFP-labelled symbiont, indicated by the dotted lines, was determined by using the *drc* package in R software; the equation $\text{probit} = (y) = 2.2913 + 99.08 / (1 + \exp(1.18 * (x - 3950)))$.