

Supplementary Online Content

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eFigure 1. Flow Diagram Included Cases

eTable 1. Proteinopathy Case Group Characteristics Who Began Follow-Up While Normal (n=228)

eFigure 2. Bar Graph Showing Distribution of Proteinopathy Case Groups Among Participants (n=375)

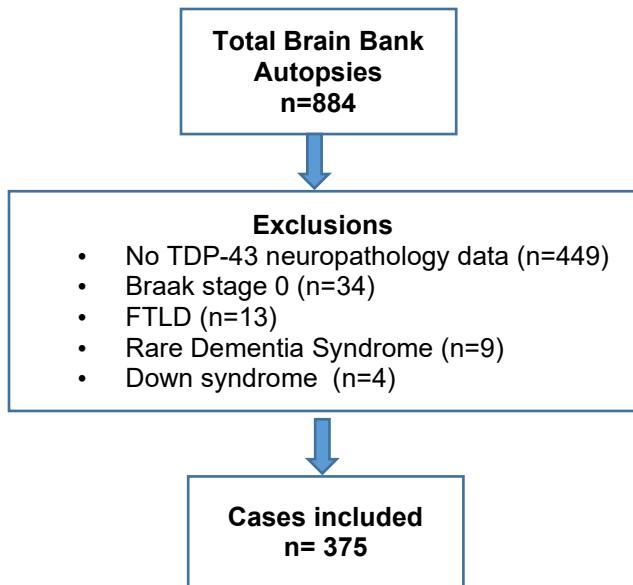
eFigure 3. Bar Graph Showing Distribution of Proteinopathy Case Groups for Those Participants Who Began Follow-Up While Normal (n=228), and With Last Clinical Diagnosis of Dementia and MCI

eTable 2. Frequency of Missing Data in All Participants (n=375)

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This supplementary material has been provided by the authors to give readers additional information about their work.

eFigure 1. Flow Diagram Included Cases



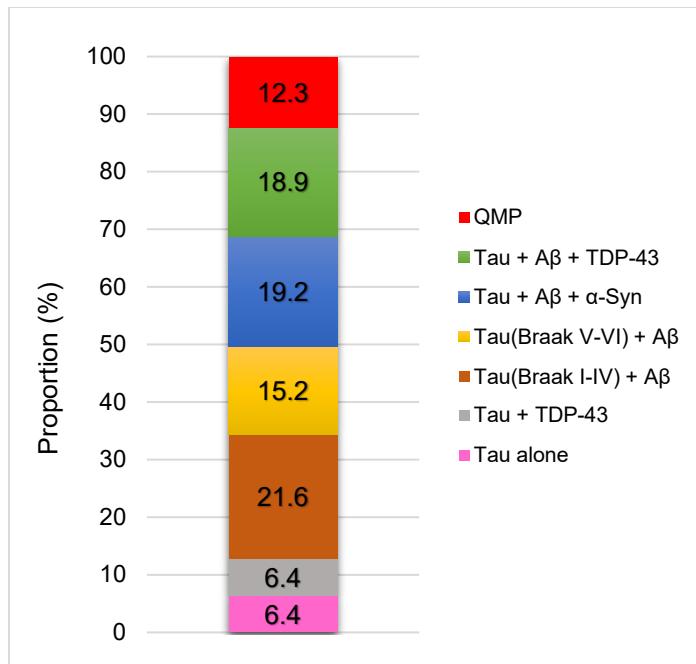
Abbreviation: TDP-43, transactive response DNA-binding protein of 43; FTLD, frontotemporal lobar degeneration

eTable 1. Proteinopathy Case Group Characteristics Who Began Follow-Up While Normal (n=228)

| | Overall n=228 | Tau n=20 | Tau _{Braak II-IV} + Aβ n= 75 | Tau _{Braak V-VI} + Aβ n= 30 | Tau +TDP-43 n= 17 | Tau + Aβ + α-Syn n= 32 | Tau +Aβ + TDP-43 n=35 | QMP n= 19 |
|---------------------------------------|------------------|-------------|---|--|----------------------|------------------------------|-----------------------------|--------------|
| Age at death, y | 89.1 (6.4) | 85.6 (6.1) | 88.8 (6.5) | 89.0 (6.9) | 90.9 (7.0) | 87.5 (6.5) | 91.7 (4.0) | 90.2 (6.2) |
| Age on onset (MCI) | 85.1 (6.7) | 82.6 (3.7) | 87.1 (5.6) | 84.2 (7.2) | 89.7 (4.7) | 79.6 (7.9) | 86.8 (3.8) | 82.1 (9.4) |
| Age of onset (Dementia) | 86.1 (6.9) | 82.0 (NA) | 88.7 (5.4) | 85.5 (8.6) | 88.5 (6.2) | 81.7 (7.0) | 88.3 (4.3) | 83.6 (8.4) |
| Female sex | 149 (65.4) | 13 (65.0) | 44 (58.7) | 20 (66.7) | 15 (88.2) | 24 (75.0) | 21 (60.0) | 12 (63.2) |
| White race | 224 (98.3) | 20 (100.0) | 73 (97.3) | 30 (100.0) | 16 (94.2) | 31 (96.9) | 35 (100.0) | 19 (100.0) |
| Education, y | 16.1 (2.6) | 15.2 (2.7) | 15.9 (2.5) | 16.0 (3.0) | 16.7 (2.4) | 15.9 (2.7) | 16.5 (2.6) | 16.4 (2.3) |
| APOE ε4 + | 73 (32.0) | 1 (5.0) | 21 (28.0) | 17 (56.7) | 3 (17.7) | 13 (40.6) | 12 (34.3) | 6 (31.6) |
| Final MMSE Score | 23.7 (7.8) | 27.9 (2.2) | 26.7 (4.5) | 21.2 (8.6) | 22.2 (9.1) | 23.7 (8.3) | 19.6 (9.7) | 18.9 (9.0) |
| Last Clinical Dx | | | | | | | | |
| Normal | 104 (45.6) | 16 (80.0) | 48 (64.0) | 7 (23.3) | 6 (35.3) | 14 (43.8) | 6 (17.1) | 5 (26.3) |
| Impaired/Other | 6 (2.6) | 1 (5.0) | 3 (4.0) | 1 (3.3) | 0 | 1 (3.1) | 0 | 0 |
| MCI | 35 (15.4) | 2 (10.0) | 12 (16.0) | 7 (23.3) | 3 (17.7) | 6 (18.8) | 5 (14.3) | 0 |
| Demented | 83 (36.4) | 1 (5.0) | 12 (16.0) | 15 (50.0) | 6 (47.1) | 11 (34.4) | 24 (68.6) | 14 (73.7) |
| Braak NFT stage | | | | | | | | |
| I | 17 (7.5) | 7 (35.0) | 0 | 0 | 4 (23.5) | 4 (12.5) | 1 (2.9) | 1 (5.3) |
| II | 65 (28.5) | 9 (45.0) | 37 (49.3) | 0 | 8 (47.1) | 6 (18.8) | 2 (5.7) | 3 (15.8) |
| III | 40 (17.5) | 2 (10.0) | 23 (30.7) | 0 | 4 (23.5) | 4 (12.5) | 3 (8.6) | 4 (21.1) |
| IV | 30 (13.2) | 2 (10.0) | 15 (20.0) | 0 | 1 (5.9) | 4 (12.5) | 6 (17.1) | 2 (10.5) |
| V | 54 (23.7) | 0 | 0 | 20 (66.7) | 0 | 10 (31.2) | 20 (57.1) | 4 (21.1) |
| VI | 22 (9.6)) | 0 | 0 | 10 (33.3) | 0 | 4 (12.5) | 3 (8.6) | 5 (26.3) |
| Atherosclerosis (vessels occluded) | | | | | | | | |
| <50% | 86 (37.7) | 12 (60.0) | 28 (37.3) | 12 (40.0) | 8 (47.1) | 12 (37.5) | 10 (28.6) | 4 (21.0) |
| ≥50% | 142 (62.3) | 8 (40.0) | 47 (62.7) | 18 (60.0) | 9 (52.9) | 20 (62.5) | 25 (71.4) | 15 (79.0) |
| Arteriolosclerosis | | | | | | | | |
| None/Mild | 145 (63.6) | 16 (80.0) | 46 (61.3) | 20 (66.7) | 10 (58.8) | 21 (65.6) | 22 (62.9) | 10 (52.6) |
| Moderate/Severe | 60 (26.3) | 2 (10.0) | 21 (28.0) | 6 (20.0) | 5 (29.4) | 9 (28.1) | 9 (25.7) | 8 (42.1) |
| Infarcts | | | | | | | | |
| Stage 0 | 114 (50.0) | 12 (63.2) | 39 (51.3) | 11 (36.7) | 8 (47.1) | 19 (59.4) | 15 (42.9) | 10 (52.6) |
| Stage 1 | 78 (34.2) | 2 (10.5) | 21 (27.6) | 11 (36.7) | 8 (47.1) | 11(34.4) | 18 (51.4) | 7 (36.8) |
| Stage 2 | 36 (15.8) | 5 (26.3) | 16 (21.1) | 8 (26.7) | 1 (5.9) | 2 (6.3) | 2 (5.7) | 2 (10.5) |

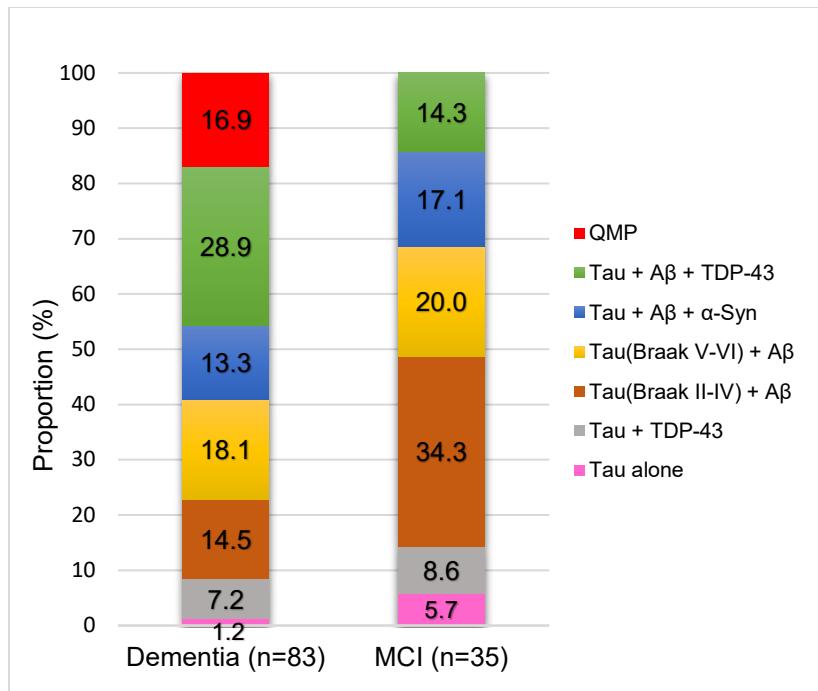
| | | | | | | | | |
|-----------------------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|
| HS + | 44 (19.3) | 0 | 1 (1.3) | 1 (3.3) | 8 (47.1) | 2 (6.3) | 18 (51.4) | 14 (73.7) |
| AGD + | 35 (15.3) | 4 (20.0) | 14 (18.7) | 3 (10.0) | 2 (11.8) | 1 (3.1) | 8 (22.9) | 3 (15.8) |
| Mean time in state, y | | | | | | | | |
| MCI | 2.9 (2.0) | 3.1 (3.1) | 3.0 (2.4) | 3.0 (2.0) | 3.3 (1.7) | 2.7 (1.9) | 3.1 (2.1) | 1.8 (0.6) |
| Dementia | 4.9 (3.1) | 7.1 (NA) | 3.9 (2.4) | 4.6 (3.5) | 4.9 (1.6) | 6.2 (3.9) | 4.8 (2.7) | 5.7 (3.8) |

Data are mean (SD) or n (%). y, years; MMSE, Mini-Mental State Examination; QMP, quadruple misfolded proteins; A β , Amyloid β ; α -Syn, α -Synuclein; TDP-43, transactive response DNA-binding protein of 43; NFT, neurofibrillary tangle; APOE ϵ 4 - Apolipoprotein ϵ 4 allele; Dx, Diagnosis; MCI, Mild cognitive impairment; NA, SD could not be calculated, only one participant in the cell; Stage 0, No infarcts; Stage 1, microinfarcts or lacunar/large infarcts; Stage 2, both microinfarcts and lacunar/larger infarcts; HS-Hippocampal Sclerosis; AGD- Argyrophilic grain disease; Missing data information can be found in eTables 2 and 3.



eFigure 2. Bar Graph Showing Distribution of Proteinopathy Case Groups Among Participants (n=375)

Abbreviation: QMP, quadruple misfolded proteins; A β , Amyloid β ; α -Syn, α -Synuclein; TDP-43, transactive response DNA-binding protein of 43.



eFigure 3. Bar Graph Showing Distribution of Proteinopathy Case Groups for Those Participants Who Began Follow-Up While Normal (n=228), and With Last Clinical Diagnosis of Dementia and MCI

Abbreviation: MCI, Mild cognitive impairment; QMP, quadruple misfolded proteins; A β , Amyloid β ; α -Syn, α -Synuclein; TDP-43, transactive response DNA binding protein of 43.

eTable 2. Frequency of Missing Data in All Participants (n=375)

| | Overall n=375 | Tau n=24 | Tau _{Braak I-IV} + Aβ n=81 | Tau _{Braak V-VI} + Aβ n=57 | Tau + TDP-43 n=24 | Tau + Aβ + α-Syn n=72 | Tau + Aβ + TDP-43 n=71 | QMP n=46 |
|--------------------|------------------|-------------|--|--|-------------------------|-----------------------------|------------------------------|-------------|
| Education | 7 | 0 | 1 | 1 | 0 | 1 | 1 | 3 |
| APOE ε4 + | 19 | 0 | 2 | 5 | 1 | 5 | 5 | 1 |
| MMSE | 48 | 1 | 4 | 10 | 1 | 11 | 10 | 11 |
| Last clinical Dx | 2 | 0 | 1 | 0 | 0 | 0 | 1 | 0 |
| Atherosclerosis | 4 | 0 | 0 | 0 | 0 | 1 | 1 | 2 |
| Arteriolosclerosis | 45 | 2 | 8 | 9 | 3 | 2 | 17 | 4 |
| HS | 4 | 1 | 0 | 0 | 0 | 1 | 2 | 0 |
| AGD | 9 | 0 | 3 | 2 | 1 | 0 | 2 | 1 |

Abbreviation: MMSE, Mini-Mental State Examination; QMP, quadruple misfolded proteins; Aβ, Amyloid β; α-Syn, α-Synuclein; TDP-43, transactive response DNA-binding protein of 43; *APOE ε4* - Apolipoprotein ε4 allele; HS-Hippocampal Sclerosis; AGD- Argyrophilic grain disease; Variables not listed here are fully observed.

eTable 3. Frequency of Missing Data in All Participants Who Began Follow-Up While Normal (n=228)

| | Overall n=228 | Tau n=20 | Tau _{Braak I-IV} + A β n= 75 | Tau _{Braak V-VI} + A β n= 30 | Tau +TDP-43 n= 17 | Tau + A β + α -Syn n= 32 | Tau +A β + TDP-43 n=35 | QMP n= 19 |
|--------------------|------------------|-------------|--|--|----------------------|---|------------------------------------|--------------|
| Education | 3 | 0 | 1 | 0 | 0 | 1 | 0 | 1 |
| APOE | 2 | 0 | 2 | 0 | 0 | 0 | 0 | 0 |
| MMSE | 18 | 0 | 3 | 4 | 1 | 6 | 2 | 2 |
| Arteriolosclerosis | 23 | 2 | 8 | 4 | 2 | 2 | 4 | 1 |
| HS | 2 | 1 | 0 | 0 | 0 | 1 | 0 | 0 |
| AGD | 6 | 0 | 3 | 2 | 0 | 0 | 1 | 0 |

Abbreviation: MMSE, Mini-Mental State Examination; QMP, quadruple misfolded proteins; A β , Amyloid Beta; α -Syn, α -Synuclein; TDP-43, transactive response DNA-binding protein of 43 kDa; APOE ϵ 4 - Apolipoprotein ϵ 4 allele; Dx, Diagnosis; HS-Hippocampal Sclerosis; AGD- Argyrophilic grain disease; Variables not listed here are fully observed.