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Supporting Information

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Figure and Figure legends

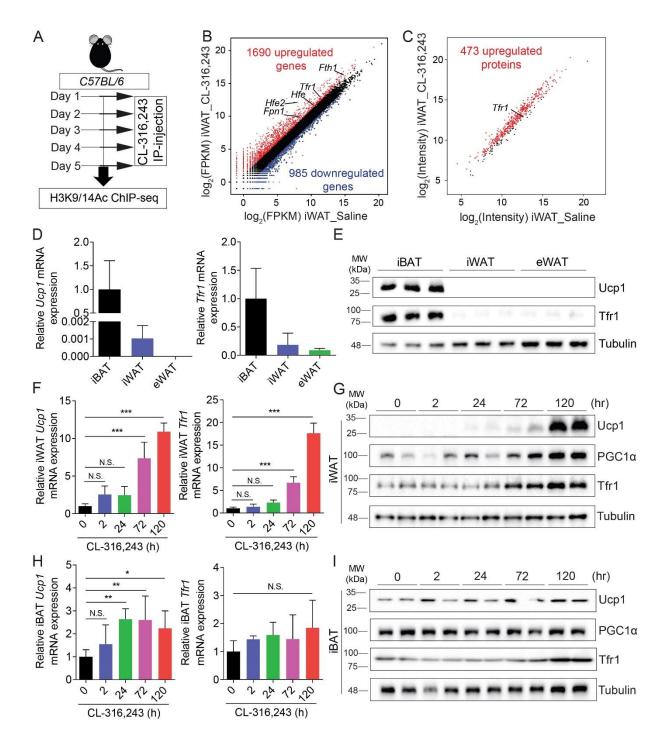


Figure S1. Related to Figure 1. CL-316,243 increases Tfr1 expression primarily in beige adipocytes. (A) Timeline for CL-316,243 injections to induce beigeing of white adipocyte in C57BL/6J mice and

H3K9/14Ac ChIP-seq analysis. (**B**) Scatter plot of differentially expressed genes in iWAT following CL-316,243 injections. (**C**) Scatter plot of membrane-enriched proteins following CL-316,243 injections. (**D** and **E**) *Ucp1* and *Tfr1* mRNA and protein measured in iBAT, iWAT, and eWAT of *C57BL/6J* mice at steady state (n=6-8 mice/group), presented as mean \pm SD, pooled from 3 independent experiments. (**F** and **H**) qRT-PCR analysis of *Ucp1* and *Tfr1* mRNA in iWAT and iBAT of *C57BL/6J* mice 0, 2, 24, 72, and 120 hr after CL-316,243 injections (n=6 mice/group), presented as mean \pm SD, pooled from 3 independent experiments. (**G** and **I**) Ucp1, PGC1 α , Tfr1, and Tubulin protein in iWAT and iBAT of *C57BL/6J* mice 0, 2, 24, 72, and 120 hr after CL-316,243 injections (n=6 mice/group), presented as mean \pm SD, pooled from 3 independent experiments. **P*<0.05, ***P*<0.01, ****P*<0.001, and N.S., not significant. One-way ANOVA with a Bonferroni post-hoc analysis was used for comparison among multiple groups.



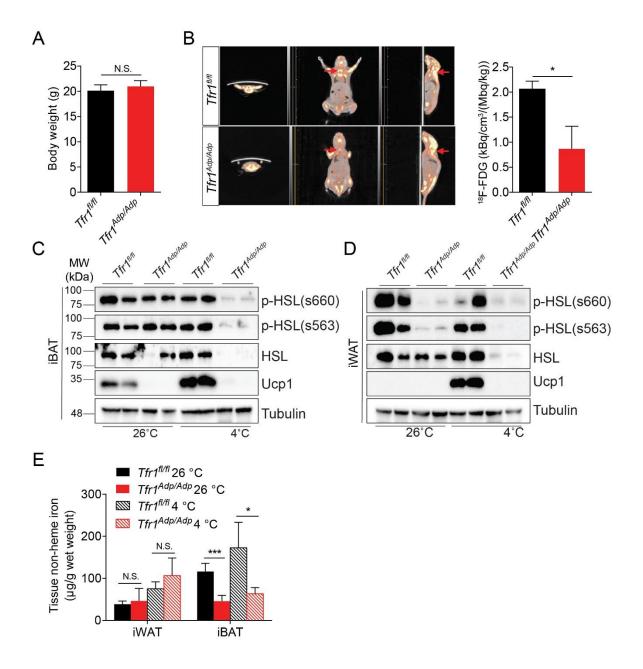


Figure S2. Related to Figure 2. Metabolic phenotype of control and $Tfr1^{Adp/Adp}$ mice. (A) Body weight of 8-week-old control ($Tfr1^{fl/fl}$) and $Tfr1^{Adp/Adp}$ mice (n=4-5 mice/group), presented as mean ± SD, pooled from 2 independent experiments. (B) Example ¹⁸F-FDG micro-PET/CT images of $Tfr1^{fl/fl}$ and $Tfr1^{Adp/Adp}$ mice after exposure to cold. The quantitative summary of FDG uptake is shown at the right (n=3 mice/group), presented as mean ± SD. (C) Representative western blot analysis of HSL, pHSL(s660), p-HSL(s563), Ucp1, and Tubulin proteins in iBAT of $Tfr1^{fl/fl}$ and $Tfr1^{Adp/Adp}$ housed at 26°C

or 4°C (n=4 mice/group). (**D**) Representative western blot analysis of HSL, pHSL(s660), p-HSL(s563), Ucp1, and Tubulin proteins in iWAT of $Tfr1^{fl/fl}$ and $Tfr1^{Adp/Adp}$ housed at 26°C or 4°C (n=4 mice/group). (**E**) The non-heme iron levels were detected in iBAT and iWAT of $Tfr1^{fl/fl}$ and $Tfr1^{Adp/Adp}$ mice housed for 7 days at 26°C or 4°C (n=4-6 mice/group), presented as mean ± SD, pooled from 2 independent experiments. **P*<0.05, ***P<0.001, and N.S., not significant. Unpaired Student's *t*-test was used for comparison between two groups. One-way ANOVA with a Bonferroni post-hoc analysis was used for comparison among multiple groups.

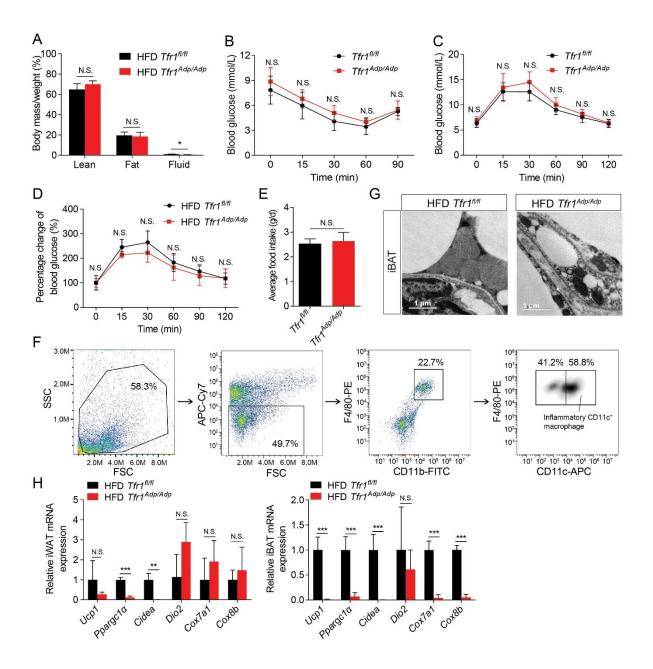


Figure S3. Related to Figure 3. Metabolic phenotype of HFD-fed control and $Tfr1^{Adp/Adp}$ mice. (A) Quantification of lean mass, fat mass and fluid of HFD-fed $Tfr1^{Adp/Adp}$ and control mice by Low-field NMR instrument (QMR06-090H, Suzhou Niumag Analytical Instrument Corporation, China) (n=4-6 mice/group), presented as mean \pm SD. (**B and C**) Blood glucose was measured during the glucose tolerance test (GTT, B) and insulin tolerance test (ITT, C) in 2-month-old $Tfr1^{fl/fl}$ and $Tfr1^{Adp/Adp}$ mice (n=7 mice/group), presented as mean \pm SD, pooled from 2 independent experiments. (**D**) The

percentage change of blood glucose of HFD-fed $Tfr1^{Adp/Adp}$ and control mice in GTT (n=7-8 mice/group). presented as mean ± SD, pooled from 2 independent experiments. (E) Average food intake of HFD-fed $Tfr1^{Adp/Adp}$ and control mice were measured for 5 days (n=6 mice/group), presented as mean ± SD, pooled from 2 independent experiments. (F) Flow cytometry results of antibody labeling and gating. FSC, forward scatter; SSC, side scatter. (G) Representative transmission electron microscopy images of iBAT in an HFD-fed $Tfr1^{fl/p}$ mouse and an HFD-fed $Tfr1^{Adp/Adp}$ mouse (n=3 mice/group). (H) qRT-PCR analysis of Ucp1, $Ppargc1\alpha$, Cidea, Dio2, Cox7a1 and Cox8b mRNA in iWAT (left) and iBAT (right) of HFD-fed $Tfr1^{Adp/Adp}$ and control mice (n=3-4 mice/group), presented as mean ± SD, pooled from 2 independent experiments. *P<0.05, ***P<0.001, and N.S., not significant. Unpaired Student's *t*-test was used for comparison between two groups. One-way ANOVA with a Bonferroni post-hoc analysis was used for comparison among multiple groups.

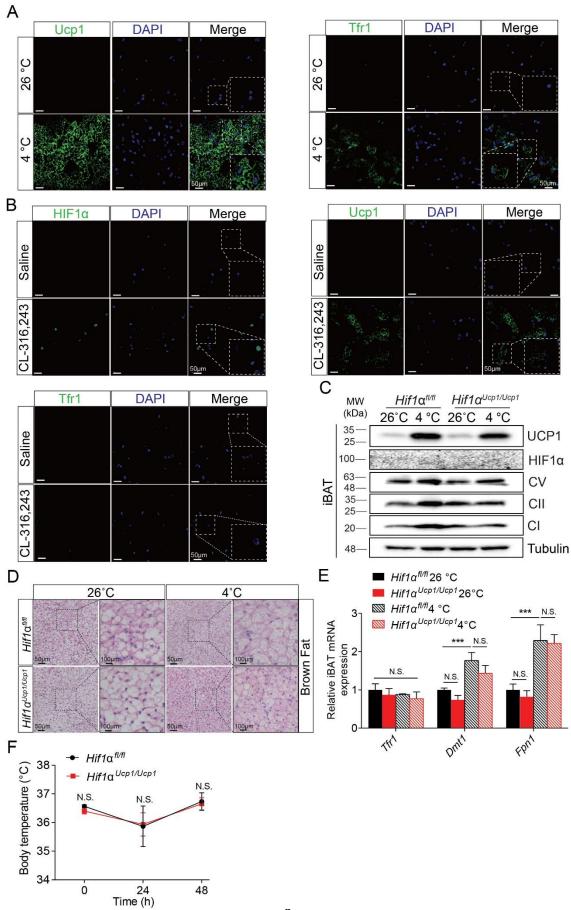


Figure S4. Related to Figure 4. Loss of Hif1α **in iBAT does not cause impaired thermogenesis.** (**A**) Representative images of white adipocytes obtained from C57BL/6J mice housed at 26°C or 4°C and immunostained for Tfr1 (left) or Ucp1 (right); the nuclei were counterstained with DAPI (n=6 mice/group). (**B**) Representative images of white adipocytes obtained from control-treated (saline) and CL-316,243–treated C57BL/6J mice and immunostained for HIF1α (top left), Tfr1 (top right), or Ucp1 (bottom left); the nuclei were counterstained with DAPI (n=6 mice/group). (**C**) Representative western blot analysis of Ucp1, HIF1α, Tubulin, and mitochondrial complex I, II, and V proteins in iBAT of $Hif1a^{I/fl}$ and $Hif1a^{I/cp1/Ucp1}$ mice housed at 26°C or 4°C (n=4 mice/group). (**D**) Representative images of H&E-stained iBAT sections from $Hif1a^{I/fl}$ and $Hif1a^{Ucp1/Ucp1}$ mice housed at 26°C or 4°C (n=4 mice/group). (**D**) Representative images of H&E-stained iBAT sections from $Hif1a^{I/fl}$ and $Hif1a^{Ucp1/Ucp1}$ mice housed at 26°C or 4°C (n=4 mice/group). (**E**) qRT-PCR analysis of Tfr1, Dmt1, and Fpn1 expression in iBAT of $Hif1a^{I/fl}$ and $Hif1a^{Ucp1/Ucp1}$ mice housed at 26°C or 4°C for 7 days (n=4 mice/group), presented as mean ± SD, pooled from 2 independent experiments. (**F**) Time course of rectal temperature of $Hif1a^{I/fl}$ and $Hif1a^{Ucp1/Ucp1}$ mice mice at 4°C (n=3 mice/group), presented as mean ± SD.****P*<0.001, and N.S., not significant. One-way ANOVA with a Bonferroni post-hoc analysis was used for comparison among multiple groups.



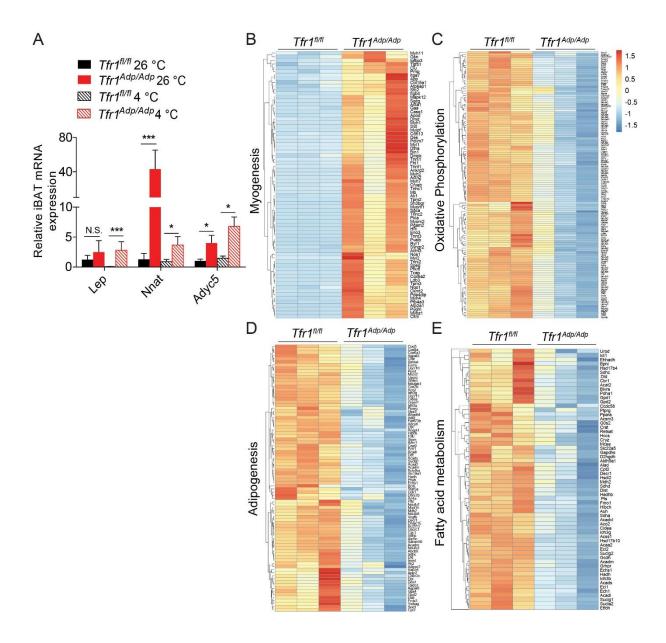


Figure S5. Related to Figure 5. White adipocyte marker genes are differentially expressed between $Tfr1^{Adp/Adp}$ and $Tfr1^{fl/fl}$ mice. (A) qRT-PCR analysis of the white adipocyte–related genes *Lep*, *Nnat*, and *Adcy5* in iBAT of $Tfr1^{fl/fl}$ and $Tfr1^{Adp/Adp}$ mice housed for 7 days at 26°C or 4°C n=6-8 mice/group, presented as mean ± SD, pooled from 2 independent experiments. (B-E) Heatmaps of differentially expressed genes associated with myogenesis, oxidative phosphorylation, adipogenesis, and fatty acid metabolism in iBAT of $Tfr1^{fl/fl}$ and $Tfr1^{Adp/Adp}$ mice; **P*<0.05, ****P*<0.001, and N.S., not significant.

One-way ANOVA with a Bonferroni post-hoc analysis was used for comparison among multiple groups.

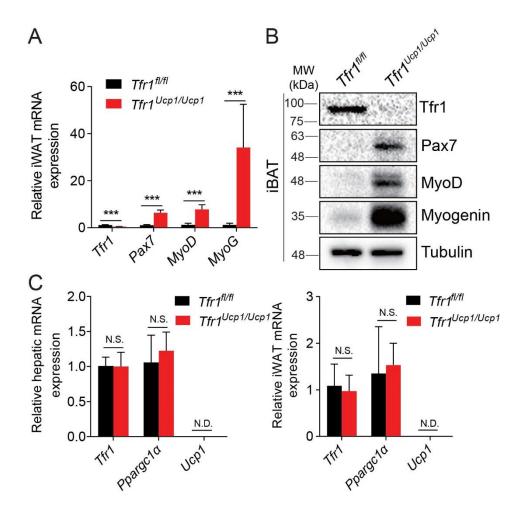


Figure S6. Related to Figure 5. Validation of thermogenic cell–specific *Tfr1* knockout and muscle cell marker gene expression. (A) qRT-PCR analysis of skeletal muscle–related gene expression in iBAT of *Tfr1*^{fi/fi} and *Tfr1*^{Ucp1/Ucp1} mice (n=6 mice/group), presented as mean \pm SD, pooled from 2 independent experiments. (B) Representative western blot analysis of Tfr1, Pax7, MyoD, Myogenin, and Tubulin protein in iBAT of *Tfr1*^{fi/fi} and *Tfr1*^{Ucp1/Ucp1} mice (n=6 mice/group). (C) qRT-PCR analysis of *Tfr1*, *Ppargc1* α , and *Ucp1* mRNA in the liver (left) and iWAT (right) of *Tfr1*^{fi/fi} and *Tfr1*^{Ucp1/Ucp1} mice

(n=6 mice/group), presented as mean \pm SD. ****P*<0.001, N.S., not significant, and N.D., not detectable. Unpaired Student's *t*-test was used for comparison between two groups.

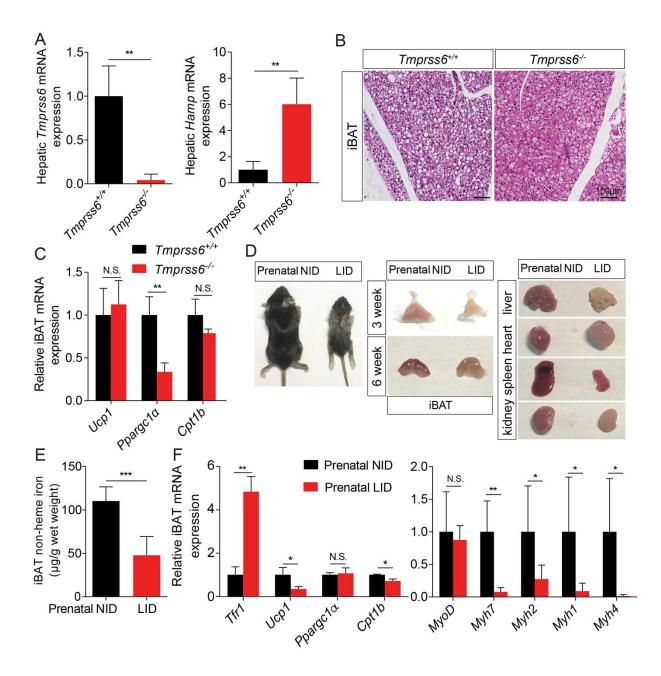


Figure S7. Related to Figure 6. Characterization of iron-deficient *Tmprss6* knockout mice and offspring exposed *in utero* and postnatally to a maternal low-iron diet. (A) qRT-PCR analysis of hepatic *Tmprss6* and *Hamp* mRNA in liver in control (*Tmprss6*^{+/+}) and *Tmprss6*^{-/-} mice (n=4-6 mice/group), presented as mean \pm SD, pooled from 2 independent experiments. (B) Representative images of H&E-stained iBAT from *Tmprss6*^{+/+} and *Tmprss6*^{-/-} mice (n=3 mice/group). (C) Representative images of iBAT, heart, liver, spleen, and kidney obtained from 3-week-old and 6-

week-old C57BL/6J mice that were exposed to either a normal-iron diet (NID) or a low-iron diet (LID) since conception and then maintained on that diet (n=6 mice/group), presented as mean \pm SD, pooled from 2 independent experiments. (**D**) Representative images of H&E-stained iBAT in prenatal NID-fed and LID-fed mice (n=3 mice/group). (**E**) Non-heme iron level was measured in iBAT of prenatal NID-fed and LID-fed mice (n=6 mice/group), presented as mean \pm SD, pooled from 2 independent experiments. (**F**) qRT-PCR analysis of thermogenic (left) and myogenic (right) genes in iBAT of prenatal NID-fed and LID-fed mice (n=6 mice/group), presented as mean \pm SD, pooled from 2 independent experiments. (**F**) qRT-PCR analysis of thermogenic (left) and myogenic (right) genes in iBAT of prenatal NID-fed and LID-fed mice (n=6 mice/group), presented as mean \pm SD, pooled from 2 independent experiments **P*<0.05, ***P*<0.01, ****P*<0.001, and N.S., not significant. Unpaired Student's *t*-test was used for comparison between two groups.

Knockout mouse line	Forward (5'→3')	Reverse (5'→3')
Tfr1 ^{fl/fl}	CAGTAATCCCAGAGGAATCATTAG	CTAAACCGGGTGTATGACAATG
$Hif1 \alpha^{fl/fl}$	TGCATGTGTATGGGTGTTTTG	GAAAACTGTCTGTAACTTCATTTCC
Tmprss6 ^{fl/fl}	CAAGGATCCCCTCAAACCCC	CACCTGGCTTACGGTCACTT
Ucp1-Cre	TGCTGTTTCACTGGTTATGCGG	TTGCCCCTGTTTCACTATCCAG
Adipoq-Cre	GGATGTGCCATGTGAGTCTG	ACGGACAGAAGCATTTTCCA
Cmv-Cre	ATTTGCCTGCATTACCGGTC	ATCAACGTTTTCTTTTCGG

Table S1. Primers used for genotyping the knockout mice used in this study

Table S2. Primers used for qRT-PCR and ChIP-qPCR

Stem cell markers		
Gene	Forward (5'→3')	Reverse (5'→3')
Dclk1	TGAGCATCCCTGGGTTAATGAT	GAAACTCCTGCTGCAGTGC
Cd44	TTCGATGGACCGGTTACCATAA	AGCTTTCTGGGGTGCTCTT
Ly6a	TCAATTACCTGCCCCTACCC	CAGAGGTCTTCCTGGCAACA
Cd34	CCAGGGTATCTGCCTGGAAC	TCAGCCTCCTCCTTTTCACA
Kit	AGAGATTTGGCAGCCAGGA	TCTCTGGTGCCATCCACTTC
EN1	ACAGCAACCCCTAGTGTGG	TAGCGGTTTGCCTGGAACT

Skeletal muscle markers

Gene	Forward (5'→3')	Reverse (5'→3')
Pax7	TGCCCTCAGTGAGTTCGATT	GAGGTCGGGTTCTGATTCCA
МуоD	CGCCACTCCGGGACATAG	GAAGTCGTCTGCTGTCTCAAAGG
MyoG	ATCCAGTACATTGAGCGCCT	GCAAATGATCTCCTGGGTTGG
Mstn	CCAGGACCAGGAGAAGATGG	AGTCCCATCCAAAGGCTTCA
Myh7(MYH I)	GCTGCAGCAGTTCTTCAACC	GGAACATGCACTCCTCCA
Myh2(MYH_IIA)	CCAAGGCCATGTATGAGAAGATGTT	AGCTGTTCCAGGCTGTTGA
Myh1(MYH_IIX)	CGCTGGCTTTGAGATCTTTGATT	CAGGTCCATCCCAAAGTCAATG

Myh4(MYH_IIB)	CCCTGGCCAAGTCCATGTAT

ACAGCTGCTCCAAGGTGT

Iron metabolism		
Gene	Forward (5'→3')	Reverse (5'→3')
Dmt1	CCAGGATGTGGAGCACCTA	GCTTGTGAACGTGAGGATGG
Fpn1	TTGTGGCAGGAGAAAACAGG	GCCAATGACTGGAGAACCAA
Tfr1	TCGTACAGCAGCGGAAGT	TCTCCACGAGCGGAATACAG
Tmprss6	CATGGCTCCAGGCCATTGAT	GGGCATCCTTCAAGAGTGGAA
Hif1a	CAGAATGCTCAGAGGAAGCG	CTGCATGCTAAATCGGAGGG

Thermogenic genes

Gene	Forward (5'→3')	Reverse (5'→3')
Ppargc1a	CTCTGGAACTGCAGGCCTAA	TGCCTTGGGTACCAGAACA
Ucp1	ATACTGGCAGATGACGTCCC	CGAGTCGCAGAAAAGAAGCC
Cidea	ATACATCCAGCTCGCCCTTT	ACTTACTACCCGGTGTCCAT
Dio2	CAGTGTGGTGCACGTCTC	TGAACCAAAGTTGACCACCAG
Cox7a1	AGCTGCTGAGGACGCA	GCTTCTGCTTCTCTGCCAC
Cox8b	TTCCCAAAGCCCATGTCTCT	GGCTAAGACCCATCCTGCT
Cpt1b	GAATCCTCGACGACCCTTCC	TGAAGAAGGTCTGACGTGCC

White adipocyte markers

Gene	Forward (5'→3')	Reverse (5'→3')
Lep	GTGTCGGTTCCTGTGGCT	AGCCCAGGAATGAAGTCCAA
Nnat	TGCTGCAGACCCTGTCC	GCGTTGGTCGCGATCG
Adcy5	TCTTCGTGCTGGCTCTGT	CTGCAGCTCCTCCATCTCC
	ChIP-qPCF	२
Gene	Forward (5'→3')	Reverse (5'→3')
Tfr1_HRE	TACTCCGCGCACGCACTGG	CGGCCCTCTGGATCTACG
Cav1_HRE	CCTTGGGGATGTGCCTAGA	AGGGGTTTGTTCTGCTCTCA
Pdk3_HRE	CCGCGACACCTACACAAG	TACCGGGGCTTTAAGGAAGC
	H3K9Ac14 bindi	ing site
Gene	Forward (5'→3')	Reverse (5'→3')
Int_Ctrl_Chr5	CCCGTCACTCAACCATTTCA	CTTATCAATGGGGGGCTCTGG
Tfr1	CTCCAAAGACACGGCGG	TAGAAAAGGCGCCAAGGC
Dmt1	CTGATCCGGAGGCGTGAT	GGGGATGGGAGTTGCCA
Fpn1	AGCGGCTTATAGGGAGCC	CGGACCTGGACGTCCAG