

SUPPLEMENTARY INFORMATION

Supplementary Information Table 1: Details of Ethical Approval

Country	Region	Name of Ethics Committee	Reference
UK	London	NRES Committee London - Camberwell St Giles	14/LO/1049
UK	West Midlands	NRES Committee West Midlands - South Birmingham	15/WM/0052
Belgium	Leuven	Ethics Committee Research UZ / KU Leuven	B322201526220
Croatia	Split	Clinical Hospital Center Split Ethics Committee	500-03/15-01/01
France	Montpellier	The South Mediterranean People Protection Committee	RCB: 2015-A01029-40
Germany	Augsburg	Ethics Committee of the LMU Munich	479-15
Germany	Ulm	Ethics Committee of Ulm University	214/15
Germany	Ulm	Ethics Committee of Ulm University	22/15
Ireland	Dublin	Saint John of God Hospitaller Ministries Research Ethics Committee	ID 604
Ireland	Dublin	UCD Office of Research Ethics	LS-E-15-95-Ohara
Italy	Bari	Independent Ethics Committee of A.O.U. of Cagliari	4736
Italy	Bari	Independent Ethics Committee of A.O.U. of Cagliari	4696
Italy	Brescia	Provincial Ethic Committee of Brescia	1967
Italy	Brescia	Ethics Committee IRCCS San Giovanni di Dio, Fatebenefratelli	60/2015
Italy	Brescia	Ethics Committee IRCCS San Giovanni di Dio, Fatebenefratelli	19/2015
Italy	Brescia	Ethics Committee IRCCS San Giovanni di Dio, Fatebenefratelli	70/2014
Italy	Esine	Provincial Ethic Committee of Brescia province	NP 1987
Italy	Lecco	Intercompany Ethics Committee of Lecco, Como, Sondrio provinces	157/2015
Italy	Milan	Ethics Committee of Milano Area C	396-062015
Italy	Milan	Intercompany Ethics Committee of Milano Area A	17931
Italy	Modena	Provincial Ethic Committee	2932
Italy	Modena	Provincial Ethic Committee	2931
Italy	Monza	Ethics Committee of Monza Brianza province	MILESTONE
Italy	Padova	Ethical Committee for Clinical Trials in the Province of Padova	3547/U16/15
Italy	Padova	Ethical Committee for Clinical Trials in the Province of Padova	3546/U16/15
Italy	Parma	Ethics Committee for Parma	29427
Italy	Rome	Ethics Committee	338 RA
Italy	Rome	Ethics Committee	748 LB
Netherlands	Rotterdam	Erasmus MC Medical Ethics Review Committee	MEC-2015-456

Supplementary Information Table 2: Clinical Profile of Patients in whom TRAM was completed

	Diagnoses of Adolescents who completed TRAM (n=932)	Diagnoses of Adolescents with Parent-completed TRAM (n=752)	Diagnoses of Adolescents with Clinician-completed TRAM (n=849)
Neurodevelopmental	340	297	320
Personality	53	35	52
Eating	69	59	66
Somatic	15	9	14
Dissociative	-	1	1
Trauma / Stress	71	48	65
OCD	32	27	31
Anxiety	150	126	134
Depressive	225	165	195
Schizophrenia	28	24	25
Substance Use	9	5	12
Other Adult/Unspecified	34	24	21
Gender Dysphoria	8	6	6

Notes: The diagnoses were grouped according to the diagnostic categories which were sensitive and relevant in transition making as part of the MILESTONE project. For this reason, the diagnostic categories did not follow the DSM-V or ICD-11 nomenclature and instead patients were grouped according to psychiatric diagnosis that also considered other factors relevant to patient well-being. *As many patients had more than one diagnosis, the total number of diagnoses in each column is larger than the number of patients.*

Supplementary Information Table 3: Gender, Ethnicity, and Country of Recruitment of Adolescents

	Gender of Adolescents who completed TRAM	Gender of Adolescents with Parent-completed TRAM	Gender of Adolescents with Clinician-completed TRAM
Female	572	443	511
Male	357	309	337
Not Declared or coded	3	-	1
Total	932	752	849
	Ethnicity of Adolescents who completed TRAM	Ethnicity of Adolescents with Parent-completed TRAM	Ethnicity of Adolescents with Clinician-completed TRAM
Caucasian	741	610	681
Not Declared or coded	101	95	99
European	18	12	15
Hispanic	11	7	8
Other Mixed background	10	6	8
Any other Asian background	8	6	8
Asian Indian	6	3	5
Black African	6	1	5
Black Caribbean	5	1	1
Mixed White and Asian	5	3	4
Mixed White and Black Caribbean	5	3	5
Mixed White and Black African	3	2	1
Other Black background	3	1	2
Asian Pakistani	2	-	2
Asian Bangladeshi	1	-	-
Dutch with Lebanese Parents	1	-	1
Gypsy/Traveller	1	1	1
Kurdish	1	-	-
Latin American	1	-	1
Moroccan	1	-	1
Polish descent	1	-	1
Surinamese	1	1	-
Total	932	752	849
	Country of Recruitment of Adolescents who completed TRAM	Country of Recruitment of Adolescents with Parent-completed TRAM	Country of Recruitment of Adolescents with Clinician-completed TRAM
Italy	217	207	212
Netherlands	152	108	139

UK West	122	98	99
Belgium	95	69	81
Germany	91	68	97
France	85	85	87
UK London	74	21	41
Croatia	52	52	52
Ireland	44	44	41
Total	932	752	849