Supplementary Information

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Supplementary Figure 1 lon competition and ion suppression effects in the metabolomics analysis induced by adding a series of increasing concentrations of five compounds, evaluated via different scan ranges. a The distribution of log₁₀ intensities of reproducible m/z features detected by FI-MS based metabolomics analysis of serum samples with 20 m/z scan ranges in negative ionization mode. The measured ion intensity of SDS (sodium dodecyl sulfate; [M-H]⁻ – 265.1479 m/z; in red), TC (taurocholic acid; [M-H]⁻ – 514.2844 *m/z*; in red, dotted line), caffeine ([M-H]+ – 195.0877 *m/z*; in green), MRFA (Met-Arg-Phe-Ala peptide; [M-H]+ – 524.2650 *m/z*; in green, dotted line) and NAD (βnicotinamide adenine dinucleotide; [M-H]+ – 664.1164 *m/z*; in green, dashed line) when adding a minimal concentration of 10 µM of each compound. **b-k** The number of significant *m/z* features found (within the narrower scan range) when scanning for the 20 *m/z* scan range (in blue) and for the 24 *m/z* scan range (in red), adding increasing concentrations of SDS (**b, d**), TC (**c, e**), Caffeine (**f, i**), MRFA (**g, j**) and NAD (**h, k**); black horizontal line represents the number of *m/z* features detected without adding these compounds. Source data are provided as a Source Data file.

Supplementary Figure 2 Ion competition and ion suppression effects in the lipidomics analysis induced by adding a series of increasing concentrations of two compounds, evaluated via different scan ranges. **a** The distribution of log₁₀ intensities of reproducible *m*/z features detected by FI-MS based lipidomics analysis of serum samples with 20 *m*/z scan ranges in negative ionization mode. The measured intensity of SDS (sodium dodecyl sulfate; [M-H] - 265.1479 m/z; in red) and of TC (taurocholic acid; [M-H] - 514.2844 m/z; in green), when adding a minimal concentration of 10 μM of SDS and TC. b-e The number of significant *m/z* features found (within the narrower scan range) when scanning for the 20 *m/z* scan range (in blue) and for the 24 *m/z* scan range (in red), adding increasing concentrations of SDS (**b, d**) and TC (**d, e**); black horizontal line represents the number of *m/z* features detected without adding SDS/TC. Source data are provided as a Source Data file.

Supplementary Figure 3 An experimental scheme for investigating ion suppression and ion competition effects in FI-MS analysis: Gradually inducing the ion flow by adding increasing concentrations of some compound to the analyte, while configuring the mass spectrometer to scan for two overlapping ranges that include or exclude the added compound; here, taurocholic acid (TC; [M-H]- – 514.2844 *m/z*) was added to metabolite extracts from serum samples, while a 20 *m/z* scan range, which excludes this compound and an overlapping 24 *m/z* scan range that includes it are scanned. We repeat the experiment twice: Once, limiting the mass-spec scan window to 20 *m/z* and 24 *m/z* ranges that start at the ion of added compound *m/z* minus 22 *m/z* (at *m/z* of 492); and second, in which the 20 *m/z* and 24 *m/z* ranges end at the ion of added compound *m/z* plus 22 Da (at *m/z* of 536). **a, b** The number of significant *m/z* features found (within the narrower scan range; y-axis) when scanning for the 20 *m/z* scan range (in blue) and for the 24 *m/z* scan range (in red), adding increasing concentrations of TC (x-axis).

Supplementary Figure 4 Molecular weight distributions of metabolites from the Human Metabolome Database¹ (HMDB; a) and of lipids from the LIPID MAPS Structure Database2 (LMSD; **b**).

Supplementary Figure 5 The optimized 8 scan ranges determined for FI-MS based metabolomics analysis of serum samples in negative (**a**) and positive (**b**) ionization modes, and for lipidomics analysis in negative (**c**) and positive (**d**) ionization modes. Source data are provided as a Source Data file.

Supplementary Figure 6 Reproducibility of the distribution of *m/z* features for different samples of the same type. **a** Distribution of reproducible *m/z* features based on 64 ranges exhaustive spectral-stitching experiment (see Methods) for 6 different serum samples of healthy individuals (in blue) and 6 extracts of brain tissue of mice (in red). **b** Sets of optimized ranges for FI-MS with 8 ranges in negative ionization mode based on the obtained reproducible *m/z* features distributions. Source data are provided as a Source Data file.

Supplementary Figure 7 Optimizing the sensitivity of rapid flow injection mass spectrometry based on total ion count (TIC) distribution. **a-b, d-e** Optimized sets of 8 scan ranges calculated based on the TIC distribution for metabolomics analysis of samples in negative (**a**) and positive (**b**) ionization modes; and for lipidomics analysis in negative (**d**) and positive (**e**) ionization modes. **c, f** The number of reproducible *m/z* features identified with FI-MS method using the latter TIC optimized scan ranges (in red), using the optimized sets of ranges based on the distribution of the number of reproducible *m/z* features (in green), and using uniform ranges (in blue) for metabolomics (**c**) and lipidomics (**f**) analysis. Data are mean ± SD, n = 5 independent repetitions of the FI-MS analysis. Source data are provided as a Source Data file.

Supplementary Figure 8 The number of putatively annotated *m/z* features for measurements performed with our optimized ranges FI-MS method (green), uniform ranges FI-MS (blue), and single range FI-MS (red). *P < 10⁻⁷ by two-sample t-test. Data are mean ± SD, n = 5 independent repetitions of the FI-MS analysis. Source data are provided as a Source Data file.

Supplementary Figure 9 Distribution of RSD values for reproducible *m/z* features measured across 98 serum samples of healthy individuals in negative (**a**) and positive (**b**) ionization modes. Source data are provided as a Source Data file.

Supplementary Figure 10 Accuracy of gender prediction across 98 serum samples of healthy individuals based on measurements performed with our optimized ranges FI-MS method (green), uniform ranges (blue), and using a single range (red), considering 1, 2, 3, and 4, repeated injections of each sample, in negative (**a**) and positive (**b**) ionization modes. Considering a single injection of each serum sample, the measured intensities provided a gender prediction accuracy of 82% and 80%, in negative and positive ionization modes; comparable to those reported with the LC-MS analysis³ (85% and 78%, in negative and positive modes, respectively). A lower accuracy of 75% and 74% was obtained with the uniform-range FI-MS; and 78% and 74% with a single-range FI-MS. The improved accuracy obtained with our optimized ranges FI-MS method is further observed when performing multiple injections of each sample to lower noise and considering the median intensity per sample. Source data are provided as a Source Data file.

Supplementary Figure 11 Number of *m/z* features (y-axis) detected by our optimized ranges FI-MS method (green), uniform range (spectral-stitching) FI-MS (blue), and single range FI-MS (red) across a panel of 10 cell lines (HeLa, Hek293, HepG2, MiaPaca2, HCT116, Panc-1, A549, WM266-4, Jurkat and CCRF-CEM) whose intensity profile across cell lines is significantly correlated with corresponding LC-MS measurements (FDR corrected Pearson $p < 0.05$), in negative and positive modes. Source data are provided as a Source Data file.

Supplementary Figure 12 The number of *m/z* clusters identified with metabolomics analysis of 98 serum samples (y-axis), performed with our optimized ranges FI-MS method (green), uniform ranges FI-MS (blue), and single range FI-MS (red); considering a range of thresholds on the minimal correlation between the measured intensity of *m/z* features across samples that are clustered together (x-axis). We repeated the clustering considering a range of thresholds for the minimal correlation between m/z features that are grouped together (from 0.7 to 0.95), finding a markedly higher number of m/z clusters for our optimized ranges FI-MS method versus for uniform ranges FI-MS and single range FI-MS for all thresholds tested. Source data are provided as a Source Data file.

Supplementary Figure 13 Extraction protocols of serum samples for metabolomics and lipidomics FI-MS analysis.

Supplementary Figure 14 Optimization of flow rate gradient for FI-MS analysis. **a** TIC chromatogram of FI-MS serum sample analysis in isocratic mode; high and stable TIC is obtained within a 0.3 min interval (in green). **b** Schematic representation of sheath (in blue) and aux (in red) gases flow dynamics achieved by switching between two mass spectrometer tune files; 1st on time zero, switching to low gases flow rates that stabilizes before the beginning of scanning (where eluent flow is low; in green), and 2nd, on time 0.32 min, switching to high gases flow rates for humidity control during a washing step (where eluent flow is high). **c** An optimal gradient of eluent flow minimizing the total injection cycle time (with 75 µL min⁻¹ flow rate during scanning; in green). **d** TIC chromatogram of FI-MS serum sample analysis with the optimal gradient elution flow; high and stable TIC is obtained within a 0.25 min interval (in green). Source data are provided as a Source Data file.

Supplementary Figure 15 The configured scan ranges (y-axis) and ionization modes (negative in blue; and positive in red) throughout the ~15 seconds data acquisition period (x axis) in our FI-MS method.

Supplementary Table 2a The concentrations of chemical standards used for quantifying the absolute concentration of serum amino based on the standard addition method

Supplementary Table 2b The concentration of isotopic chemical standards used for quantifying the absolute concentration of serum lipids based on internal calibration curves

Supplementary Table 3 Differences in FI-MS based measured intensity of intracellular metabolites in HCT116 cancer cells grown in hypoxia versus normoxia (see Methods); focusing on compounds previously shown to have increased concentration in hypoxia based on LC-MS analysis⁴. The column p_FDR shows the FDR corrected p-value for multiple hypothesis testing.

Supplementary References

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- 4. Frezza, C. *et al.* Metabolic profiling of hypoxic cells revealed a catabolic signature required for cell survival. *PLoS One* **6,** (2011).