

Supplemental Table 1: Definitions of clinical outcomes

<u>Clinical Outcome</u>	<u>Definition</u>	<u>Source/Rationale</u>
<u>Ventilator-associated pneumonia (VAP)</u>	<p>The primary outcome is adjudicated VAP. Clinically suspected VAP at participating sites is being centrally adjudicated independently and in duplicate by 2 physicians blinded to allocation and center, informed by the following standardized definition: receiving invasive mechanical ventilation for > 2 days, when there is a new, progressive or persistent radiographic infiltrate on chest radiograph plus any 2 of the following:</p> <ol style="list-style-type: none"> 1) fever (temperature >38°C) or hypothermia (temperature <36°C); 2) relative leukopenia (<3.0 x 10⁶/L) or leukocytosis (>10 x 10⁶/L); 3) purulent sputum 	<p>The American College of Chest Physicians (ACCP) definition did not provide thresholds for leukopenia or leukocytosis. Therefore, the thresholds were obtained from Morrow et al [Morrow] as their VAP definition was also based on the ACCP definition [Grossman]. Any disagreement in adjudication will be resolved through discussion and consensus. Acknowledging that there is no universally accepted gold standard VAP definition [3], and that in non-immunocompromised patients, routine invasive testing is not associated with improved outcomes [Canadian Critical Care Trials Group], we are also collecting data to allow VAP reporting according to several other definitions [46–49].</p>
<u>Early VAP</u>	<p>Pneumonia arising on day 3, 4 or 5 after the initiation of mechanical ventilation.</p>	<p>We are classifying VAP by early VAP and late VAP, as the etiologic organisms may differ, the antimicrobials prescribed may differ, and the prognosis is often worse for late VAP [50,51]. We will also report a composite outcome of early VAP, late VAP, and post-extubation pneumonia, adjudicated independently and in duplicate by 2 physicians. For the timing of all pneumonia outcomes, we use days rather than hours to inform the classification.</p>
<u>Late VAP</u>	<p>Late VAP is defined as VAP arising on day 6 of mechanical ventilation or later, and including up to 2 days after</p>	

	discontinuation of mechanical ventilation (also relevant for patients with a tracheostomy)	
<u>Post-extubation pneumonia</u>	Pneumonia arising in the ICU following discontinuation of mechanical ventilation (3 or more days after discontinuation), labeled post-extubation pneumonia, to avoid suppressing potentially relevant lung infections that arise in ICU	
<u>Diarrhea</u>	Diarrhea in the ICU: <ul style="list-style-type: none"> • World Health Organization definition (≥ 3 loose or watery bowel movements per day) • Bristol Stool classification for loose or watery stool (type 6 or 7) 	We will record each bowel movement and define diarrhea incorporating 2 metrics [6,52]
<u>Clostridioides difficile-associated diarrhea (CDAD)</u>	Clostridioides difficile in the ICU and prior to discharge from hospital: diarrhea (as previously defined) and laboratory confirmation of C. difficile or colonoscopic or histopathologic findings demonstrating pseudomembranous colitis	Definition from Cohen et al. [53]. Will be adjudicated independently and in duplicate by 2 physicians
<u>Antibiotic-associated diarrhea (AAD)</u>	AAD: diarrhea (as above) defined as following the administration of antibiotics, any day antibiotics are administered or within 1 day after starting any antibiotic	Definition from Thibault et al. [54]
<u>Other healthcare-associated infections</u>	Any infection acquired during the ICU stay, including bloodstream infection, intravascular catheter-related bloodstream infection, intra-abdominal infection, C. difficile infection, urinary tract infection, skin and soft tissue infection, and others.	These individual infections are classified using definitions adapted from the International Sepsis Forum Consensus Conference on Definitions of Infection in the Intensive Care Unit [47], as adapted in prior studies [46]. We will also report a composite outcome of any infections (including pneumonia) acquired during the ICU stay. Secondary infectious outcomes (other than pneumonia and C. difficile) are being centrally adjudicated by 1 physician blinded to allocation and center, based on review of data collected at each participating site.
<u>Serious adverse events (SAE)</u>	Defined as isolation of Lactobacillus spp. in a culture from a sterile site or as the	The rationale for our approach to SAEs [Guidance

	sole or predominant organism cultured from a non-sterile site and results in: 1) persistent or significant disability or incapacity; 2) that is life-threatening, or; 3) that results in death	Document for Industry] accords with our guidelines for academic drug trials in critical care [55]. Any culture obtained by the ICU team and processed by the clinical microbiology laboratory as positive for <i>Lactobacillus</i> spp. is recorded. Any such bacterial sample is sent to a McMaster University research laboratory for strain genotyping to evaluate consistency with the administered <i>L. rhamnosus</i> GG strain
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