

Supplementary Table 1: Ethics committee approvals

EC Name	Date of Approval	Type of EC	Investigator approved
Supe Hospital Ethics committee - Nasik	15-Feb-16	Institutional	1
Yalamanchi Hospital Yalamanchi Hospital and Research Centre Pvt Ltd - Vijaywada	20-Feb-16	Institutional	1
IECCS of Apollo Hospital Office of Institutional Ethics Committee Bannerghatta Road Bangalore Karnataka	2-Mar-16	Institutional	1
Kovai Diabetes Speciality Centre and Hospital Vivekananda Road Ramnagar Coimbatore - Tamil Nadu	7-Mar-16	Institutional	1
Regional Ethics committee - Coimbatore	14-Mar-16	Institutional	1
Ethics Committee Jehangir Clinical Development Center - Pune	29-Mar-16	Central EC	17
Ethics Committee Jehangir Clinical Development Center - Pune	4-Mar-16	Central EC	19
Ethics Committee Jehangir Clinical Development Center - Pune	10-Mar-16	Central EC	7
Ethics Committee Jehangir Clinical Development Center - Pune	16-Mar-16	Central EC	7