

**Supplementary Table 2.** Comparisons of Substance for Self-Poisoning

	<b>Suicidal attempt (n=66)</b>	<b>Self-harm (no suicidal intent) (n=52)</b>
Substance (%)*		
Acetaminophen	19 (28.8)	11 (21.2)
Ibuprofen	4 (6.0)	11 (21.2)
Antidepressant	14 (21.2)	9 (17.3)
Benzodiazepine	18 (27.2)	9 (17.3)
Antipsychotics	13 (19.7)	9 (17.3)
Mood stabilizer	2 (3.0)	0
Propranolol	5 (7.6)	2 (3.8)
Other drugs prescribed	1 (1.5)	3 (5.8)
Chemicals	3 (4.5)	0
Etc.	6 (9.1)	10 (19.2)
Unknown	4 (6.0)	0
Source of substance (%)		
OTC	26 (39.4)	27 (51.9)
Family member	5 (7.6)	2 (3.8)
Prescription of doctor	28 (42.4)	22 (42.3)
Unknown	9 (13.6)	1 (1.9)

OTC, over-the-counter medication.

\*Multiple choices were allowed.