## **Supporting Information**

## **Supplementary Figures**

## A simple method to quantify protein abundances from one thousand cells

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Figure S1: We optimized the buffer composition and cell lysis method; the graph shows the numbers of Protein groups (a.) and Peptides (b.) detected by label-free mass spectrometry using 5,000 embryonic stem cells. The error bars show standard variation.



Figure S2. Different sample preparation techniques correlate between each other and are highly reproducible (Spearman correlation coefficient). ESC - embryonic stem cells, MN - motor neurons



Figure S3. We compared the number of protein groups identified using 1,000 and 5,000 embryonic stem cells using label-free quantification and observed no significant differences. The data were acquired on the same run sequence and using the same conditions. They both have similar numbers of unique peptides and similar numbers of protein groups identified from unique peptides (5,000 and 1,000 cells: 900 and 777 vs 863 and 874, respectively). Increasing column loading is a common method to increase protein identification. In our case, using 5 times the amount of sample did not increase identifications. We speculate based on the fact that both 1,000 and 5,000 cell samples are very small, the number of protein identifications may have plateaued.



Figure S4. We optimized the size of the carrier channel, and to do so we used samples from 60,000, 20,000, and 10,000 cells as carrier and 1,000 in the sample channels. The graphs show that the experiment with the 10,000 cell carrier channel has the most consistent quantification (Spearman correlation) at similar numbers of total protein identification (see main text). ESC - embryonic stem cells, MN - motor neurons



Figure S5. The replicates of minimal input MN (left) and ESC (right) show high Spearman correlation coefficients of 0.99 and 0.98, respectively. ESC - embryonic stem cells, MN - motor neurons



Figure S6. Correlations coefficients (Spearman) of quadruplicates resulting from minimal and standard input embryonic stem cells (ESCs).

		rd ESC	Standar	1		al ESC)	Minim	
	ESC.04	ESC.03	ESC.02	ESC.01	ESC.4	ESC.3	ESC.2	ESC.1
ESC.1	Corr: 0.735	Corr: 0.748	Corr: 0.718	Corr: 0.731	Corr: 0.984	Corr: 0.987	Corr: 0.985	$ \land $
Minimal I ESC.2	Corr: 0.771	Corr: 0.783	Corr: 0.748	Corr: 0.766	Corr: 0.99	Corr: 0.998	$ \land $	1
ESC.3	Corr: 0.769	Corr: 0.781	Corr: 0.746	Corr: 0.764	Corr: 0.99		/	1
ESC.4	Corr: 0.761	Corr: 0.772	Corr: 0.738	Corr: 0.755	$ \land $	/	/	/
ESC.01	Corr: 0.982	Corr: 0.979	Corr: 0.956	$ \land $	1	1	đ.	1
Stand	Corr: 0.955	Corr: 0.958		/	1	1	1	1
ard ESC.03	Corr: 0.983	$ \land $	/	1	1	1	1	1
ESC.04	$ \land $	/	1	1	1	1	1	1

Figure S7. Correlations coefficients (Spearman) of quadruplicates resulting from minimal and standard input motor neurons (MNs).

-	Minima	al MN )			Standa	ard MN			
NIL.1	NIL.2	NIL.3	NIL.4	NIL.01	NIL.02	NIL.O3	NIL.04		
$ \land $	Corr: 0.988	Corr: 0.998	Corr: 0.992	Corr: 0.778	Corr: 0.779	Corr: 0.78	Corr: 0.776	NIL1	
	$\square$	Corr: 0.99	Corr: 0.997	Corr: 0.763	Corr: 0.764	Corr: 0.766	Corr: 0.761	NIL.2	Minim
/		$\square$	Corr: 0.993	Corr: 0.779	Corr: 0.78	Corr: 0.78	Corr: 0.777	NIL.3	al MN
/	/		$\square$	Corr: 0.77	Corr: 0.771	Corr: 0.772	Corr: 0.768	NIL.4	
	1	1	1	$\square$	Corr: 0.991	Corr: 0.985	Corr: 0.99	NIL.01	
					$\bigwedge$	Corr: 0.983	Corr: 0.993	NIL.02	Standa
		1		J		$\square$	Corr: 0.98	NIL.O3	rd MN
1	1			1	/		$\bigwedge$	NIL.04	

Figure S8. The distributions of the number of peptides per protein (left) and the number of unique peptides per protein (right) are similar for standard (top) and minimal input (bottom) sample preparations. In both preparations, the percentation of proteins quantified based on one peptide is similar: minimal input: 26%, standard input: 27%.



Figure S9. Proteins quantified by a single peptide are overall comparable to the proteins detected by 2 or more peptides regarding abundance correlations.



Figure S10. The graph shows the second and third principal components (without the outlier ESC-2 from the standard prep). The analysis was done using 1,763 protein groups that were identified in both minimal and standard preparations.



Figure S11. Minimal (top) and standard (bottom) input preparations show similar correlation with corresponding transcript abundances, with Spearman coefficients ranging from 0.39 to 0.43. ESC - embryonic stem cells, MN - motor neurons



## Figure S12. Differentially expressed proteins have similar function enrichments (GO Slim) between the minimal input and standard protocol (p-value<0.05). ESC - embryonic stem cells, MN - motor neurons



Figure S13. Volcanos plot showing in red the significantly different genes in experimental conditions (Student t-test, q-value<0.05). ESC - embryonic stem cells, MN - motor neurons



Figure S14. Differentially expressed proteins identified by the minimal input preparation agree with results from standard input preparations. The differentially expressed protein groups from the minimal input data are plotted as a volcano plot (top) and intensity scatter plot (bottom) showing the protein groups that are specific to the minimal input prep in grey, identified and significantly differentially expressed in both minimal and standard input preparations in red and not significantly differentially expressed in the minimal input preparation in blue. We find that 552, 265, and 135 proteins are significantly differentially expressed in both, specifically in the minimal input, and specifically in the standard input sample, respectively. ESC - embryonic stem cells, MN - motor neurons



Figure S15. Proteomics data obtained from minimal input protocol using sorted *Ciona robusta* cardiopharyngeal lineage. a. We tested two experimental designs. Experiment 1 used 1,000 cells for each experimental channel with 4 carrier channels of 20,000 whole embryo cells. It identified 1,904 proteins. Experiment 2 used 5,000 cells for each experimental condition with leaving channel 8 empty. It identified 732 identified proteins. b. Experiment 1: reproducibility between protein intensity measurements across replicates. Pearson's correlation coefficients range between 0.95 and 0.98. c. Experiment 2: reproducibility between protein intensity measurements. Pearson's correlation coefficients range between 0.95 and 0.98. c. ondition electroporated  $Mesp>Mek^{S216D,S220E}$ . Heart: condition electroporated  $Mesp>Fgfr^{DN}$ . Mixed: condition electroporated Mesp>LacZ.

a.





ASM.1	ASM.2	ASM.3	Heart.1	Heart.2	Heart.3	Mixed.1	Mixed.2	Mixed.3	Mixed.4	
$\bigwedge$	Corr: 0.963	Corr: 0.96	Corr: 0.96	Corr: 0.951	Corr: 0.972	Corr: 0.948	Corr: 0.946	Corr: 0.964	Corr: 0.959	ASM.1
/		Corr: 0.983	Corr: 0.977	Corr: 0.973	Corr: 0.98	Corr: 0.975	Corr: 0.968	Corr: 0.979	Corr: 0.981	ASM.2
1	Ĺ	$ \land $	Corr: 0.977	Corr: 0.974	Corr: 0.981	Corr: 0.973	Corr: 0.974	Corr: 0.981	Corr: 0.981	ASM.3
		<i>.</i>	$ \wedge $	Corr: 0.969	Corr: 0.973	Corr: 0.978	Corr: 0.972	Corr: 0.98	Corr: 0.984	Heart. 1
1	1	1	1	$\triangle$	Corr: 0.974	Corr: 0.963	Corr: 0.967	Corr: 0.976	Corr: 0.975	Heart.2
/	Ĺ	1	L	Ĺ	$ \land $	Corr: 0.964	Corr: 0.97	Corr: 0.979	Corr: 0.975	Heart.3
1	Ĺ	Ĺ	1		1	$ \land $	Corr: 0.962	Corr: 0.971	Corr: 0.975	Mixed.1
-	1			-	Ļ		$ \land $	Corr: 0.969	Corr: 0.973	Mixed.2
	. · · ·	1			/	ļ	1	$ \land $	Corr: 0.982	Mixed.3
	1	1	1	1	, K	Ļ	1	1	$ \wedge $	Mixed.4

Figure S16. Transcriptomic data obtained from the sorted *Ciona robusta* cardiopharyngeal lineage. Experimental design as in Figure S15a. a. Experiment 1: reproducibility between RNA count data measurements across replicates. Pearson's correlation coefficients range between 0.93 and 0.99. b. Experiment 2: reproducibility between RNA count data measurements across replicates. Pearson's correlation coefficients range between 0.93 and 0.99. b. Experiment 2: reproducibility between RNA count data measurements across replicates. Pearson's correlation coefficients range between 0.94 and 0.99. ASM: Atrial Siphon Muscle, condition electroporated *Mesp>Mek*<sup>S216D,S220E</sup>. Heart: condition electroporated *Mesp>Fgfr*<sup>DN</sup>. Mixed: condition electroporated *Mesp>LacZ*.



b.

a.



Figure S17. Comparison of transcriptomic and proteomic data obtained from sorted *Ciona robusta* cardiopharyngeal lineage (Spearman correlation coefficients between log base 2 transformed measurements). Experimental design as in Figure S15a. a. Experiment 1: Protein on x-axis, RNA on y-axis. All correlations are significant at p-value<0.01. b. Experiment 2: protein on x-axis, RNA on y-axis. All correlations are positive. ASM: Atrial Siphon Muscle, condition electroporated *Mesp>Mek*<sup>S216D,S220E</sup>. Heart: condition electroporated *Mesp>LacZ*.

a.



ASM.1_RNA	ASM.2_RNA	Heart.1_RNA	Heart.2_RNA	Mixed.1_RNA	Mixed.2_RNA	
Corr:	Corr:	Corr:	Corr:	Corr:	Corr:	ASM.1
0.277	0.295	0.276	0.295	0.288	0.292	
Corr:	Corr:	Corr:	Corr:	Corr:	Corr:	ASM.2
0.279	0.295	0.277	0.296	0.29	0.294	
Corr:	Corr:	Corr:	Corr:	Corr:	Corr:	Heart.1
0.258	0.28	0.256	0.28	0.271	0.273	
Corr:	Corr:	Corr:	Corr:	Corr:	Corr:	Heart.2
0.248	0.277	0.248	0.277	0.267	0.265	
Corr:	Corr:	Corr:	Corr:	Corr:	Corr:	Mixed.1
0.27	0.286	0.268	0.287	0.283	0.283	
Corr:	Corr:	Corr:	Corr:	Corr:	Corr:	Mixed.2
0.272	0.294	0.271	0.295	0.285	0.288	

b.

ASM.1	ASM.2	ASM.3	Heart.1	Heart.2	Heart.3	Mixed.1	Mixed.2	Mixed.3	Mixed.4
		***	<b>99</b> 8					-	-
	-				-				
	1							-	

RNA

ASM.1_RNA	ASM.2_RNA	Heart.1_RN/	leart.2_RN/	Aixed.1_RN/	Aixed.2_RN/	
Corr:	Corr:	Corr:	Corr:	Corr:	Corr:	AS
0.11	0.108	0.103	0.0953	0.108	0.11	M
Corr:	Corr:	Corr:	Corr:	Corr:	Corr:	AS
0.107	0.105	0.101	0.0912	0.104	0.106	M2
Corr:	Corr:	Corr:	Corr:	Corr:	Corr:	AS
0.107	0.105	0.103	0.0937	0.106	0.106	M.3
Corr:	Corr:	Corr:	Corr:	Corr:	Corr:	Hes
0.0978	0.0967	0.0978	0.0899	0.0954	0.0989	art.1
Corr:	Corr:	Corr:	Corr:	Corr:	Corr:	Hea
0.119	0.119	0.115	0.109	0.119	0.121	art
Corr:	Corr:	Corr:	Corr:	Corr:	Corr:	Hea
0.121	0.119	0.114	0.107	0.117	0.122	art
Corr:	Corr:	Corr:	Corr:	Corr:	Corr:	Mix
0.137	0.135	0.128	0.117	0.134	0.138	B
Corr:	Corr:	Corr:	Corr:	Corr:	Corr:	Mix
0.12	0.117	0.106	0.098	0.116	0.116	ed.
Corr:	Corr:	Corr:	Corr:	Corr:	Corr:	viix
0.0964	0.0928	0.0901	0.0796	0.0938	0.0951	ed.
Corr:	Corr:	Corr:	Corr:	Corr:	Corr:	Mix
0.114	0.111	0.107	0.101	0.112	0.114	ed.

RNA

protein