

Online Resource 1. Consolidated criteria for reporting qualitative studies (COREQ): 32-item checklist

Item Number	Key Questions	Responses
<u>Domain 1: Research team and reflexivity</u>		
Personal Characteristics		
1. Interviewer/facilitator	Which author(s) conducted the interview or focus group?	Tatiana Requijo
2. Credentials	What were the researcher's credentials?	See Title page
3. Occupation	What was their occupation at the time of the study?	Medical student
4. Gender	Was the researcher male or female?	Female
5. Experience and training	What experience or training did the researcher have	The researcher was trained in qualitative methodologies using a pre-established training curriculum, mock interviews, and feedback sessions. She was also provide one-on-one feedback following each interview for the first five interviews to establish proper interviewing and probing techniques.
Relationship with participants		
6. Relationship established	Was a relationship established prior to study commencement?	No
7. Participant knowledge of the interviewer	What did the participants know about the researcher?	Participant information sheet and consent form
8. Interviewer characteristics	What characteristics were reported about the interviewer/facilitator?	To minimize bias, no characteristics were provided
<u>Domain 2: Study design</u>		
Theoretical framework		
9. Methodological orientation and theory	What methodological orientation was started to underpin the study?	See Methods
Participant selection		

10. Sampling	How were participants selected?	See Methods
11. Method of approach	How were participants approached?	See Methods
12. Sample size	How many participants were in the study?	See Methods
13. Non-participation	How many people refused to participate or drop-out? Reasons?	See Methods
Setting		
14. Setting of data collection	Where was the data collected?	See Methods
15. Presence of non-participants	Was anyone else present besides the participants and researchers?	No
16. Description of sample	What are the important characteristics of the sample?	See Methods
Data collection		
17. Interview guide	Were questions, prompts, guides provided by the authors? Was it pilot tested?	Yes. See Methods
18. Repeat interviews	Were repeat interviews carried out?	No
19. Audio/visual recording	Did the research use audio or visual recording to collect the data?	Yes. See Methods
20. Field notes	Were field notes made during and/or after the interviews?	Yes
21. Duration	What was the duration of the interviews?	See Methods
22. Data saturation	Was data saturation discussed?	Yes. See Methods
23. Transcripts returned	Were the transcripts returned to participants for comment and/or correction?	No
<u>Domain 3: analysis and findings</u>		
Data analysis		
24. Number of data coders	How many data coders coded the	See Methods

	data?	
25. Description of the coding tree	Did authors provide a description of the coding tree?	Yes. See Methods
26. Derivation of themes	Were themes identified in advance or derived from the data?	See Methods
27. Software	What software, if applicable, was used to manage the data	Microsoft Excel
28. Participant checking	Did participants provide feedback on the findings?	No
Reporting		
29. Quotations presented	Were participant quotations presented to illustrate the themes/findings? Was each quotation identified?	Yes. See Results
30. Data and findings consistent	Was there consistency between the data presented and the findings?	Yes. See Discussion
31. Clarify of major themes	Were major themes clearly presented in the findings?	Yes. See Results
32. Clarify of minor themes	Is there a description of diverse cases or discussion of minor themes?	Yes. See Results