## **Appendix G: Order Publications Reviewed in Extraction Process**

The Shamatha publications reviewed for the Shamatha extraction table (Table S1) are set out in Table F1 in Appendix F. They were reviewed in the following order: (a) Wallace (2006a, 2011b), the two most recent of Wallace's books devoted principally to shamatha practice; (b) Wallace's other books besides Wallace (2018); (c) Wallace (1999a, 2001a), Wallace's two journal articles that are particularly information-rich with regard to the practice and its context; (d) Wallace's (2018) book; and (e) Wallace's book chapters and remaining journal articles. For category (a) the 2006a text was reviewed first, and for category (c) the 2001a text was reviewed first. Within each of categories (b) and (e), the publications were reviewed in the reverse of the order in which they are listed in Table F1.

The TM publications reviewed for the TM extraction table (Table S2) are set out in Table F2 in Appendix F. They were reviewed in the following order: (a) Pearson's (2013) book; (b) Roth's (2018) book; (c) Shear's (1990b) book; (d) Shear's journal articles and book chapters, other than Travis and Shear (2010a, 2010b); (e) Rosenthal's (2011/2012, 2016/2017) books; and (f) Travis' journal articles and book chapters, including Travis and Shear (2010a, 2010b). Within each of categories (d) and (f), the publications were reviewed in the order they are listed in Table F2. For category (e), the 2017 text was reviewed first.

The publications reviewed for the Stillness Meditation extraction table (Table S3) are set out in Table F3 in Appendix F. They were reviewed in the following order: (a) Meares (1967/1968, 1978/1986), Meares' two main books on Stillness Meditation; (b) Meares (1969c, 1973b, 1989, 1987/1991), another four of Meares' books with major presentations of the practice; (c) Meares' remaining books other than those in verse-style (as identified in Table F3); (d) Meares' journal articles; (e) Meares' verse-style books; and (f) McKinnon's books. Within each of categories (a) and (b), the publications were reviewed in the order listed for those categories above. Within each of categories (c), (d) and (e), the publications were reviewed in the order listed in Table F3. For category (f), the publications were reviewed in the following order: McKinnon (1983/2016, 2011, 1991, 2002/2008).

For the sections of each extraction table in which each row refers to a different publication, ordering of those rows/publications reflects the order in which the publications were reviewed, as described above.

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