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**Advance Care Planning: Promoting Effective and Aligned
Communication in the Elderly (ACP-PEACE)
Design and rationale for a pragmatic stepped-wedge trial of
older patients with cancer**

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Original Article

**Advance Care Planning: Promoting Effective and Aligned Communication in the Elderly
(ACP-PEACE)**

Design and rationale for a pragmatic stepped-wedge trial of older patients with cancer

Running Title: The ACP-PEACE pragmatic stepped-wedge trial

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15 necessarily represent the official views of the National Institutes of Health.
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20 **Patient and Public Involvement Statement:** Patients or the public were not involved in the
21 design, or conduct, or reporting, or dissemination plans of our research.
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ABSTRACT

Introduction: Advance Care Planning (ACP) is associated with improved health outcomes for patients with cancer and its absence is associated with unfavorable outcomes for patients and their caregivers. However, older adults do not complete ACP at expected rates due to patient and clinician barriers. We present the original design, methods, and rationale for a trial aimed at improving ACP for older patients with advanced cancer and the modified protocol in response to changes brought by the COVID-19 pandemic.

Methods and Analysis: The Advance Care Planning: Promoting Effective and Aligned Communication in the Elderly study is a pragmatic, stepped-wedge cluster randomized trial examining a Comprehensive ACP Program. The Program combines two complementary evidence-based interventions: clinician communication skills training (VitalTalk) and patient video decision aids (ACP Decisions). We will implement the Program at 36 oncology clinics across three unique U.S. health systems. Our primary outcome is the proportion of eligible patients with ACP documentation completed in the Electronic Health Record. Our secondary outcomes include resuscitation preferences, palliative care consultations, death, hospice use, and final cancer-directed therapy. From a subset of our patient population, we will collect surveys and video-based declarations of goals and preferences. We estimate 11,000 patients from the three sites will be enrolled in the study.

Ethics and Dissemination: Regulatory aspects of this trial include Institutional Review Board (IRB) approval via single IRB of record mechanism, Data Use Agreements among partners, and a Data Safety and Monitoring Board. We plan to present findings at national meetings and publish the results.

ARTICLE SUMMARY: STRENGTHS AND LIMITATIONS

- The strengths of this study lie in its pragmatic design, allowing for “real world” evidence for two interventions that have been previously tested in more controlled settings.
- The stepped wedge design is practical and considered the design of choice when it is logistically impractical to simultaneously roll out the intervention to half of the clusters.
- The biggest limitation we are facing at this time has to do with the possible notable change in secular trends due to the Coronavirus Disease 2019 and the impact that has on ACP. To address this issue, we have adjusted our analysis plan to account for these changes.

INTRODUCTION

More than half of newly diagnosed malignancies occur in patients over the age of 65¹ and that same population accounts for over two-thirds of all adult U.S. cancer deaths.² In addition to high mortality, older adults with cancer suffer disproportionately from receiving medical interventions that do not reflect their values and preferences.³⁻⁵ Advance care planning (ACP) seeks to align medical care with patients' values and preferences.^{6, 7} ACP is consistently associated with better outcomes^{8, 9} while a lack of ACP is associated with greater use of unwanted medical interventions, more terminal hospitalizations, lower hospice use, higher healthcare costs, and worse bereavement outcomes.^{3, 10-14} Despite evidence supporting ACP, participation rates remain low among older adults with serious illness, such as cancer.¹⁵

Effective ACP requires that patients experience accurate and comprehensible communication early in their illness,^{14, 16-18} a collaborative effort requiring education for both patients and clinicians. Unfortunately, studies suggest that traditional written ACP can be ineffective in sufficiently informing patients and often occurs late in the disease process,¹⁹⁻²⁴ with the risk that patients' understanding is clouded by pain, medication, or psychological distress.^{10, 20, 25} The heightened emotional state associated with hearing bad news late in a disease course interferes with patients' cognitive processing, and this reaction may be exacerbated by clinician inattention to affect.^{21, 26-29} Patients assign considerable importance to their physicians' statements regarding ACP and the quality of communication³⁰ and while 90% of patients say they want to talk to their doctors about their stress and concerns,^{31, 32} physicians generally, and oncologists specifically, often do not communicate effectively regarding ACP and end of life.^{30, 32-38} Therefore, an effective intervention should both prepare patients for shared decision making and improve clinicians' communication skills.

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3 We have developed a Comprehensive ACP Program to drive improved communication
4 and ACP for an aging U.S. cancer population using a combination of empirically proven patient
5 video decision aids and clinician communication skills training. This program integrates video
6 decision aids for patients (ACP Decisions) and a clinician communication training program
7 (VitalTalk) into 12 disease-based oncology clinics each across three health systems with the aim
8 of improving conversations and documentation of ACP. By providing both patients and
9 clinicians with the necessary tools and training, we create an inclusive approach to optimize ACP
10 before the toughest choices arise for patients.
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21 Most trials targeting older patients with serious illness evaluate interventions under ideal
22 conditions and involve few facilities.³⁹⁻⁴² Thus, we need research for this population using
23 pragmatic trials.⁴³ We sought to test this intervention in a manner that allows for improvements
24 in processes as we learn them.⁴⁴ Advance Care Planning: Promoting Effective and Aligned
25 Communication in the Elderly (ACP-PEACE) is a pragmatic stepped-wedge cluster randomized
26 trial (SW-CRT) that conducts a real-world test of the Comprehensive ACP Program in older
27 patients with cancer. In this paper, we present the design, methodology, and rationale for the
28 ACP-PEACE trial and discuss our adjustments for the novel coronavirus COVID 19 pandemic.
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42 **METHODS**

43 **Overview**

44 We are studying the combination of clinician training and patient videos via a pragmatic
45 SW-CRT and analyzing electronic health records (EHRs) for ACP outcomes for patients aged 65
46 and older. Utilizing small sub-samples of patients, we will also assess patient-centered outcomes
47 using surveys and video declarations in which patients discuss their values and preferences in
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3 their own words on video (Figure 1). We used the SPIRIT reporting guidelines for this
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5 manuscript.⁴⁵
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10 **Study Timeline**

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12 The ACP-PEACE study has two phases, a characteristic of the funding mechanism. The
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14 UG3 phase (year 1) of the study focused on developing and refining the intervention and data
15
16 acquisition. In this phase we established our organizational structure, developed the processes
17
18 and infrastructure needed to conduct the trial, and pilot-tested the study intervention in three
19
20 clinics, one from each participating health system. During the UH3 phase (years 2-5), we
21
22 planned to introduce the intervention to the 36 remaining oncology clinics in six-month waves;
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24 two clinics per system for a total of six clinics every six months (Figure 2).
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31 **Sites and randomization**

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33 We will draw participants from disease-based oncology clinics from three unique systems
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35 - Duke Health (North Carolina), Mayo Clinic (Minnesota), and Northwell Health (New York).
36
37 These sites are geographically, socioeconomically, and culturally distinct. Each participating
38
39 clinic has more than one practicing oncologist and to be eligible for randomization, at least 30%
40
41 of the patient population must be age 65 or older.
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45 For the UH3 phase, we have identified a total of 36 oncology clinics (12 per site) as
46
47 candidate clinics based on recent data from each system. The pilot clinics that participated in the
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49 UG3 phase tested the intervention process and will not be included in the final analysis. In the
50
51 UH3 phase, we will utilize stepped-wedge cluster randomization with the clinic as the unit of
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53 randomization. With the clinic as the unit of randomization, we avoid the contamination that can
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3 occur when randomizing individuals within each clinic. The sequence of randomization was
4 generated prior to initiation of the trial via random number generator. Every six months after the
5 baseline, two clinics from each system will be randomized to the intervention. (Figure 3a)
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10 During the original Step 2, COVID-19 spread throughout the country interrupting the
11 stepped-wedge design in two key respects: (1) The team was unable to conduct the in-person
12 trainings for the Step 2 intervention clinics; and, (2) ACP activities are likely to increase during
13 this period due to a response to the pandemic, irrespective of the study. Upon the
14 recommendation of the NIH Collaboratory Statistics Core, we modified the original design to
15 “restart” the trial for the remaining 30 clinics using the original Step 2 as the new baseline. The
16 training of the remaining 30 control clinics will be over four steps to keep the trial completion on
17 the same overall timeline (Figure 3b).
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31 **Population**

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33 We will evaluate the outcomes for patients aged 65 or older with advanced cancer across
34 all 36 clinics. As the intervention will be implemented clinic-wide, rather than targeted to
35 specific study patients, all intervention clinic patients can receive the intervention. We will
36 analyze data for patients with advanced cancer aged 65 or older; patients’ data will be counted
37 towards control or intervention based on the allocation of each clinic at the end of each period of
38 the stepped-wedge design. Therefore, a given patient could contribute data during more than one
39 period and could contribute data to both control and intervention periods.
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49 During the UH3 years, research assistants at each site will conduct in-person surveys with
50 450 randomly selected patients (150 per site) for our secondary exploratory patient-centered
51 outcomes. Patients selected for surveys will be distributed evenly among clinics within each
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3 system and will include an equal number of surveys of patients from clinics in the control and
4
5 intervention phases. Patients will be surveyed only once as patients surveyed in the control phase
6
7 will be excluded from completing the later intervention survey. Additionally, from among this
8
9 group of 450 surveyed patients, a sub-group of 240 will be randomly selected and asked to
10
11 conduct a video declaration activity. All patients selected for surveys or videos will be excluded
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13 from the primary study population to avoid bias rendered from additional contact with the study
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15 team.
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21 **Intervention design, implementation, and adherence monitoring**

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24 The Comprehensive ACP intervention combines VitalTalk and ACP Decisions, two
25
26 evidence-based interventions previously used separately, to create an innovative dual approach to
27
28 improving ACP. These interventions are complementary, as one targets improvement of
29
30 clinicians' skills and the other prepares patients for shared decision making. VitalTalk is the
31
32 most widely disseminated teaching method for effective communication skills training based on
33
34 practice and feedback on one's own communication skills. Supported by numerous previous
35
36 studies,⁴⁶⁻⁵² VitalTalk leverages didactics, demonstration, and small group sessions using role
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38 play with trained actors portraying patients through which clinicians learn effective delivery of
39
40 serious news, prognosis discussion, early and late goals-of-care conversations. For this study, the
41
42 VitalTalk course will be a half-day session that teaches a framework for late goals-of-care
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44 discussions, including skills around delivery of serious news, responding to emotion, assessing
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46 prognostic awareness, identifying what is most important to patients, and making
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48 recommendations.
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3 The ACP Decisions program uses short video decision aids to address the most common
4 issues facing older patients with serious illness. Videos in over 25 languages can be prescribed to
5 patients and caregivers and are easily accessed in a mobile app or through a web-based platform.
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7 The ACP Decisions videos have been shown to increase knowledge, decision certainty, and the
8 stability of preferences over time, and to better inform the way that patients choose health care
9 interventions towards the end of life.⁵³⁻⁷² The video collection includes certified video decision
10 aids,⁷³ regarding ACP, advance directives, health care agents, goals of care, cardiopulmonary
11 resuscitation, and hospice, that have been studied in a statewide implementation showing greater
12 patient-aligned medical care.⁷²

13
14 We will provide in-person training every six months at each new clinic added to the
15 intervention period of the trial. The Comprehensive ACP training program utilizes the VitalTalk
16 methodology and infrastructure and the ACP Decisions Program tools to instruct clinicians and
17 staff on how to (1) more effectively communicate with patients with cancer, (2) have ACP
18 conversations with patients, (3) introduce the videos to patients and families, (4) use the videos
19 as an adjunct to ACP counseling by clinicians, (5) select the appropriate video(s) according to
20 patient needs, and (6) use the application or electronic platform for viewing videos. The
21 combined program will involve a half-day face-to-face joint VitalTalk and ACP Decisions
22 training. Any staff member affiliated with the selected facilities will be eligible to participate in
23 training. As staff turnover among the sites is expected, training will be made available on an
24 ongoing basis throughout the trial.

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26 Immediately following the initial training at each site, we will deploy the remainder of
27 the intervention infrastructure. The ACP Decisions videos will be programmed into desktop
28 devices, tablets, and password-protected electronic platforms of each health system's intranet.
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3 When clinics initiate the intervention, they will implement the videos with all patients with
4 flexibility as to which providers (physician, nurse, social worker) introduce the videos and
5 exactly which videos are utilized to meet their patients' clinical needs. Additionally, the in-
6 person clinician training will be supplemented with emails, pocket cards, offers of coaching, and
7 online educational videos. The study team will facilitate dissemination of implementation
8 successes and challenges via a learning network by conducting one-hour webinars at each of the
9 practices randomized to the intervention every other month to discuss quality improvement
10 activities relating to the study. The intensity of the VitalTalk training implementation will be
11 assessed as the proportion of eligible staff trained, including new staff joining the practice over
12 the implementation period. The intensity of implementation of the ACP Decisions videos will be
13 assessed as the ratio of the number of videos viewed using the site-specific access codes captured
14 at the ACP Decisions website to the number of eligible patients at each site for each six-month
15 intervention period. Fidelity to the video component of the intervention will be monitored by
16 tracking of video use (which videos are used at each clinic, playthrough rate, and frequency).
17 Feedback on video viewing will be shared with each site at the end of each six-month
18 implementation phase. Last, we aim to evaluate the impact of the study with a novel video
19 declaration process, allowing patients to state their values and preferences in their own terms,
20 which is described in detail in the Appendix.⁵⁹

21 22 23 24 25 26 27 28 29 30 31 32 33 34 35 36 37 38 39 40 41 42 43 44 45 46 47 **Control condition**

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49 Clinics in the control phase will use whatever ACP procedures already exist in place at
50 their respective system. Although current ACP-improvement initiatives may be present and vary
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3 from clinic to clinic, this heterogeneity reflects the current dynamic state of “usual” care and is
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5 therefore appropriate in this pragmatic trial.⁴³
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8 9 10 **Outcomes**

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12 The outcomes of the ACP-PEACE trial can be divided into three main categories:
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14 patient-level, clinician-level, and system-level. Our primary outcome is the proportion of eligible
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16 patients with ACP documentation completed in the EHR. Presence of completed ACP
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18 documentation will be defined via one or both of the following two means: 1) Structured EHR
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20 data: scanned forms including advance directives, living wills, or Physician’s Orders for Life
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22 Sustaining Treatment (or state-specific equivalent) and code status orders indicating Do Not
23
24 Resuscitate Status (or similar site-specific codes for limitations on treatments) and 2) Natural
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26 Language Processing (NLP) extraction (described below in detail): clinical documentation that
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28 will include goals-of-care discussion, ACP, hospice discussion, discussion of palliative care, or
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30 limitations on code status. From the EHR or the local tumor registry, we are also determining
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32 demographic covariates and baseline data. Secondary outcomes include resuscitation
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34 preferences, palliative care consultations, death, hospice use/utilization at the end of life, and
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36 final cancer-directed therapy.
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42 We are deriving patient-centered outcomes from the patient survey and video
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44 declarations. The surveys measure our patient-centered secondary outcomes such as patient
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46 confidence that their future medical care will match their values, satisfaction with their
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48 clinicians’ communication,^{74, 75} satisfaction with their medical decision,⁷⁶ and regret about their
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50 medical decision (Appendix).^{77, 78} Finally, for each of the 450 surveyed patients who die during
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52 the study period, we will extract data, via a chart abstraction tool, regarding ACP preferences and
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care received in the final three months of life to explore whether patients receive goal-concordant care.

We are also collecting a small set of clinician data points. Participating clinicians provide information on demographics, clinical experience, prior communication training, and socioemotional orientation.⁵² Table 1 lists each data element, with its purpose, proposed source, and the target population from whom we need the data for successful completion of the study. System-level data measurement will include measurement of the training and video use as described above as well as exploratory analysis of coaching calls and implementation activities.

Table 1. Data Elements and Outcomes

| Data Element | Purpose | Source | Population |
|--|------------------------|----------------------------|--|
| A. Patient-Level | | | |
| 1. Demographics | Covariate (moderator) | EHR, Tumor Registry | Entire study population |
| 2. ACP documents | 1 ^o outcome | EHR | Entire study population |
| 3. Resuscitation Preference | 2 ^o outcome | EHR | Entire study population |
| 4. Palliative care consults | 2 ^o outcome | EHR | Entire study population |
| 5. Hospice use/ Utilization at the end of life | 2 ^o outcome | EHR, Tumor Registry, Other | Entire study population – for those patients who die |
| 6. Final Cancer-Directed Therapy | 2 ^o outcome | EHR, Tumor Registry | Entire study population – for those patients who die |
| 7. Death | Covariate | EHR, Tumor Registry, Other | Entire study population |
| 8. Patient confidence | 2 ^o outcome | Survey | Subgroup of 450 patients |
| 9. Communication satisfaction | 2 ^o outcome | Survey | Subgroup of 450 patients |
| 10. Decisional satisfaction | 2 ^o outcome | Survey | Subgroup of 450 patients |
| 11. Decisional regret | 2 ^o outcome | Survey | Subgroup of 450 patients |
| 12. Family Communication | Exploratory | Survey | Subgroup of 450 patients |
| 13. Goal-concordant care | Exploratory | EHR | Subgroup of 450 patients |
| 14. Video declaration | Exploratory | Video App | Subgroup of 240 patients |
| B. Clinician-Level | | | |
| 1. Demographic | Covariate (moderator) | Survey | All clinicians who participate |
| 2. Experience | Covariate | Survey | All clinicians who participate |
| 3. Communication training | Covariate | Survey | All clinicians who participate |
| 4. Socioemotional Orientation | Covariate | Survey | All clinicians who participate |
| C. System-Level | | | |
| 1. Practice variation | Exploratory | Audio Record | |
| 2. Leadership/Teamwork | Exploratory | Audio Record | |
| 3. Intervention/Video use | Monitoring fidelity | Video App | Entire study population |

Data sources, data elements, and linkage

Baseline (i.e., pre-intervention) data for all randomized clinics will include a six-month period prior to date of intervention delivery. Patients will be identified as having advanced cancer from each site's tumor registry and/or from clinical ICD codes, which have been studied in some cancers and have demonstrated strong specificities.⁷⁹ While these methods have lower sensitivity, they capture enough patients with advanced cancer with high specificity for outcome assessment without systematic bias towards intervention or control periods. Demographic information and baseline characteristics relevant to general oncology will be collected from the EHR. Our primary and secondary outcomes will be abstracted from the local EHRs and tumor registries as detailed below in outcomes.

We will also use NLP, a form of computer-assisted abstraction, to detect our primary and secondary outcomes. Our NLP software, ClinicalRegex, identifies predefined keywords or phrases within clinical notes, considering varieties in language and punctuation.⁸⁰⁻⁸² ClinicalRegex also allows for rapid semi-automated review that ensures that keywords have not been taken out of context. For each NLP process (i.e., goals-of-care discussion), we have built a keyword library that identifies relevant documentation within clinical notes. Each keyword library was refined and validated by manual review of clinical notes in local EHRs. With NLP, we will collect additional data on ACP documentation, goals-of-care discussions, limitation of life-sustaining treatment, palliative care consultation, and hospice assessment. Exploratory patient-centered outcomes and clinician outcomes will be derived from surveys collected through REDCap.^{83, 84}

Data Use Agreements between all systems are on file and each site maintains and adheres to the process and procedures for the protection of human subjects and protected health

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3 information (PHI) for their covered entities. Only the minimum amount of necessary PHI will be
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5 collected from participants. HIPAA compliant and password protected servers will be used to
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7 store all collected data. Individual password protected files will separate participant identifiers
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9 and a third password protected linking file will be maintained. This linking file has restricted
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11 access and utilizes a logging feature that identifies each user and instance of use. All data will be
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13 transmitted via secure methods approved by the respective institutions to the Dana-Farber Cancer
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15 Institute (DFCI) for data management and to Boston Medical Center for qualitative analysis and
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17 trial investigators will have access to the final data set and it will be made available upon
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19 reasonable request. The EHR data will undergo a review-adjudication process whereby DFCI
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21 data staff and key, unblinded investigators, review the raw data for each variable to identify out
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23 of range or unexpected values, a summary is sent to each site and conference calls are conducted
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25 with relevant investigators and programmers to adjudicate any issues. We will also validate a
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27 randomly selected subset of data, verifying key demographic characteristics and patient selection
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29 criteria against medical records. The EHR data is then uploaded to a REDCap database.
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38 **Masking**

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40 Blinding for this trial occurs at multiple levels. Research Co-Investigators at each site
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42 will be aware of the randomization order as well as which clinics receive the intervention and
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44 when. The investigators leading the trainings will likewise be aware of which clinics receive the
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46 intervention. Similarly, due to their roles in working with the data and generating video
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48 adherence reports for the intervention clinics, certain members of the implementation and data
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50 management teams will be unblinded to clinic assignments and outcomes. All other staff will
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52 remain blinded to randomization scheme and outcomes.
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Statistical Analysis

Our primary analytical approach uses an intention to treat analysis, with no special allowance for noncompliance or nonadherence. With the stepped-wedge design, the outcomes during the intervention (exposed) periods will be compared to outcomes during the control (unexposed) periods. We will conduct two analyses based on the observations included in the analysis: (1) Open cohort with repeated measures design: individuals may leave and others may join during the study and the same individuals are allowed to appear in multiple periods, (2) Repeated cross-sectional design: subjects will only be included in the period when they first enter the study. Characteristics of the individuals and clusters will be summarized by exposure status.⁸⁵ We will use generalized linear mixed models to compare outcomes between intervention and control periods. The basic model is depicted in this equation:

$$g(Y_{ijk}) = \mu + \alpha_i + \beta_j + \gamma_k + X_{ij}\theta$$

where Y_{ijk} denotes the response from individual k at time j from cluster i . To account for clustering within each clinic, the model includes a random effect α_i for cluster i . Under the stepped wedge design, calendar time is associated with the exposure to the intervention. We will include a fixed effect β_j to adjust for potential confounding factors from calendar time. In the case that time effect might not be the same for all clusters, we will change the term from a fixed effect β_j to a random effect β_{ij} . To account for repeated measures from the same subject from the first analysis, we will include a random subject effect γ_k . The term X_{ij} represents the treatment indicator in cluster i at time j with θ representing the overall treatment effect. If there is evidence of treatment effect heterogeneity, we will either change the fixed effect θ to a random effect θ_i or change the fixed effect θ to $\theta_{(s)}$ which allows different treatment effects for different strata. We will also explore heterogeneity of intervention effect for different subgroups by adding an

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3 interaction term between treatment status and subgroup to the models. These groups include site,
4 sex as a biological variable, race/ethnicity (white vs. non-white), and different types of cancer
5 diagnoses.
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10 If necessary, we will include additional terms $\delta_1 Z_{ijk}$ and $\delta_2 W_{ij}$ to the model, where Z and
11 W represent vectors of patient and cluster characteristics. The index j in the Z matrices allows us
12 to include the time-varying covariates, which correspond to any patient characteristics that could
13 change over time. We will use a logit link (g) for the binary outcomes which include our primary
14 outcome of ACP documentation and our secondary outcomes of resuscitation preference and
15 hospice use. Other outcomes such as number of palliative care consults and utilizations are
16 considered as Poisson variables and modeled with a log link.
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26 In adjustment for the COVID 19 pandemic, the analysis plan will remain the same for the
27 data collected from the 30 clinics randomized to intervention after the original Step 2 (Figure
28 3b). The data collected from the 6 clinics that received intervention during Step 1 will allow us to
29 examine the ACP Program intervention effect prior to COVID-19 by comparing the ACP rates
30 prior to the intervention (original baseline) and after the intervention (original Step 1).
31 Additionally, ACP rates from original baseline, Step 1 and Step 2 from the 30 clinics randomized
32 to intervention after the original Step 2 will be used to estimate the “COVID-19 effect” on ACP.
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43 We also have patient-centered secondary outcomes from survey results for analysis.
44 Since patients will be surveyed in the step immediately before and after the intervention is
45 initiated within each clinic, the number of intervention and control patients will be approximately
46 equal at each time point. We will use linear mixed models that treat time (i.e., before or after
47 intervention) as a fixed effect and clinic as a random effect to account for clustering of patients
48 within clinics.
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3 Finally, we will examine care delivery alignment with expressed goals from a subset of
4 deceased patients of those 450 surveyed. Using a chart abstraction tool, two blinded expert
5 investigators will judge whether patients received care concordant with their documented wishes.
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7 Coders will make determinations and discuss disagreements; final judgments will be determined
8 by consensus. For qualitative coding evaluation, we will summarize the extent of agreement
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10 using kappa statistics and will compare results between those who died before and after receiving
11 interventions.
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22 **Statistical power and sample size requirements**

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24 We used the Hooper et al.^{86, 87} approach to conduct the power analysis. We originally
25 estimated close to 5,000 patients from 36 oncology practices are eligible for the study at each
26 time point and approximately 20% are new patients at each step. With 7 time points (baseline
27 plus 6 steps), we anticipated a total of 11,000 unique patients will be included in the study. With
28 the modified design, we estimate 4,160 patients from 30 oncology practices are eligible for the
29 study at each time point and a total of 7,500 unique patients will be included in the stepped-
30 wedge design analysis. With each clinic contributing an average of 139 patients at each step from
31 the cohort design, the design effect due to clustering is 7.9 assuming an intra-cluster correlation
32 of 0.05, and the design effect due to repeated assessment is 0.12 assuming the cluster
33 autocorrelation coefficient is 0.7 and the individual autocorrelation coefficient is 0.9. These
34 estimates correspond to an effective sample size (i.e., sample size required for individual
35 randomization) of 4,405. For the repeated cross-sectional design, each clinic will contribute an
36 average of 23 new patients at each step, and the effective sample size is 1,628 with the same
37 assumptions on intra-cluster correlation and cluster autocorrelation. Preliminary estimates
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3 indicate the rate for ACP documentation (the primary outcome) ranges from 15% to 30% for the
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5 control periods, which requires an effective sample size of 500 to 954 for detecting a 10%
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7 absolute increase in our primary outcome with a two-sided significance level of 0.05. Therefore,
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9 the study will have more than 90% power for either analysis using the open cohort with repeated
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11 measures design or the repeated cross-sectional design.
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15 For the patient-centered survey outcomes, 225 patients will be surveyed during control
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17 periods and 225 will be surveyed during intervention periods. Assuming an ICC of 0.05 and an
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19 average cluster size of 12.5, the effective sample size is approximately 286. A sample of this size
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21 allows for 90% power to detect a small to moderate effect size (Cohen's *d*) of 0.39 and 99%
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23 power to detect a moderate effect size of 0.5 for outcomes such as patient confidence, decisional
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25 satisfaction and regret.
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31 **Regulatory considerations**

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33 Regulatory aspects of this trial include Institutional Review Board (IRB) approval, Data
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35 Use Agreements among partners, and an independent Data Safety and Monitoring Board. This
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37 study was approved via a single IRB of record mechanism as a multi-center trial with the DFCI
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39 as the lead site and registered on ClinicalTrials.gov (NCT03609177). Duke Health, Mayo Clinic,
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41 and Northwell Health are participatory sites and Boston Medical Center and Massachusetts
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43 General Hospital are non-participatory sites. Each site's own regulatory board established
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45 official "reliance agreements" to use the DFCI's Office of Human Research Subjects (OHRS) as
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47 their main regulatory agent. The three participating sites have formally designated via SMART
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49 IRB that the IRB of record is the DFCI IRB and agree to follow the rules and regulations set
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51 forth by the DFCI OHRS. All relevant parties are notified by email of any protocol
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3 modifications. This study presents minimal risk to participants. Investigators will monitor and
4 report any unforeseen adverse events to the IRB. We have proactively requested an audit to be
5 conducted by DFCI's OHRS before the trial end. Committees consisting of the various
6 investigators oversee overall project direction and administration, intervention implementation,
7 data quality and monitoring, stakeholder engagement, and regulatory and ethical considerations.
8 Data Use Agreements between all systems are on file and each site maintains and adheres to the
9 process and procedures for the protection of human subjects and PHI for their covered entities.
10 Patients will be notified of the study and their participation via broadcast notifications in the
11 form of posters in each of the clinics and will have the option to opt out. A waiver of consent
12 was approved for the EHR review of the primary study subjects who are not contacted by study
13 staff unless a specific research declination is on file at that site. Waivers of consent were also
14 approved for engaging participating clinicians and surveyed patients not completing the video
15 declaration as their participation is confidential and voluntary giving implied consent and there is
16 minimal risk with the study. Those surveyed patients who also elect to complete the video
17 declaration first need to sign an approved written consent form obtained by RAs at each site.
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40 **RELEVANCE AND DISSEMINATION**

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42 The ACP-PEACE trial will be the first to study combining two evidence-based
43 interventions in a pragmatic setting. The work combines clinician training in responding to
44 emotion and handling difficult conversations with decision video aids for patients. The strengths
45 of the study include the complementary nature of these approaches: targeting both clinicians and
46 patients in a novel way. Additionally, the pragmatic nature of the trial allows us to collect
47 evidence of the effect of these interventions in a "real-world" setting and provides rich
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3 information on the implementation of ACP interventions. This study has the potential to add to a
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5 growing literature informing large systematic ways of improving ACP for older adults with
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7 cancer. We plan to publish the primary outcome related to ACP documentation and our
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9 secondary outcomes in a single paper. We will also perform further analyses of our NLP
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11 methods, exploratory outcomes, chart review, implementation outcomes, and video declarations
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13 and present these in publication and at national meetings.
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17
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19
20 has a financial interest in ACP Decisions Nous, a non-profit organization developing ACP video
21
22 decision support tools. His interests were reviewed and are managed by Massachusetts General
23
24 Hospital and Partners HealthCare in accordance with their conflict of interest policies.
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30 **Author Contributions**

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36 Peace Investigators
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8 Study supervision: Angelo Volandes, James Tulskey
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APPENDIX

VIDEO DECLARATION PROCEDURES

For the video declarations, the RA introduces the concept to patients with a standardized introduction that is piloted during the UG3 phase and modified as needed. The RA uses the camera on a tablet computer, ensuring that the tablet is situated in such a way that the patient cannot see themselves on screen while they are talking, and records the subject. The RA will then guide the subject to create a video declaration through a series of prompting questions. The subject answers each prompt, and at the end, the RA will merge all responses to create a continuous video, removing the RA's voice. The prompts include: 1) What's most important to you? 2) What concerns do you have about getting sick? 3) If you were very sick, are there any specific medical treatments that you do or do not want? Please think about things like having CPR if your heart stopped beating or having a breathing tube if you stopped breathing. 4) What spiritual beliefs do you have that might influence your medical decisions? In the UG3 phase, half of patients will be asked to answer question 3 without the second half of the prompt – specifically naming medical treatments with the aim of helping to inform our decisions about the usefulness of providing information on treatment decisions for the video declarations in the UH3 phase. After the recording is completed, the RA plays the video for the subject to ensure they feel it accurately represents their preferences. Patients may re-film their video declaration as many times as they want to ensure their preferences are accurately described. Once the patient approves the video, the RA discusses the process by which patients will share it with clinicians, family, or whomever else they wish to include. Patients have the option of receiving the video on a USB drive, through DropBox, or as an unlisted video on YouTube.

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2
3 We will qualitatively analyze video declarations by first transcribing recordings verbatim
4 and adding in any relevant non-verbal information, such as expressions of hesitation or sadness.
5
6 We then draft a preliminary coding framework using an existing framework of cancer-specific
7 palliative care.⁸⁸ We plan to include the following among our primary coding categories: 1)
8 advance care planning; 2) acute issues; 3) psychosocial issues; 4) after death wishes; and 5)
9 existential and spiritual issues. We begin by coding 15 videos (5 from each site) using this
10 preliminary framework and then add further codes to include other emerging themes. Members
11 from the entire research team review the revised coding structure and approve the final coding
12 framework for coding the remaining transcripts, which is done independently by RAs at each
13 site. Coders attend monthly phone meetings to review coding progress and resolve discrepancies
14 until coding is complete. To enhance the trustworthiness of the analysis,⁸⁹ we will hold at least
15 two peer debriefing meetings with the entire research team to show them the transcripts and the
16 codes applied and ask for their feedback. Results from these meetings will be incorporated into
17 the ongoing coding process. Finalized codes will be summarized into themes to be presented
18 descriptively and accompanied by illustrative quotations highlighting the content. We are using
19 NVIVO version 11 qualitative software to assist in data management. We anticipate that we will
20 use the coding structure developed during the UG3 phase, but we will continue our plan of
21 group-based coding with peer debriefing during the UH3 phase as well. Further analysis of the
22 video declarations will examine the clarity and comprehensiveness with which the patients
23 communicate their preferences (i.e., would a clinician watching the video understand how to
24 enact this patient's advance directive) and will compare what is presented in the video
25 declaration with preferences as codified in the patient's medical record documentation.
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SURVEY INSTRUMENTS

Clinician Survey**1. Age:****2. Gender:** Male Female Transgender I prefer not to answer**3. What is your ethnic/race background:** American Indian or Alaska Native White Asian More than one race _____ Black or African American Other (specify) _____ Native Hawaiian or other Pacific Islander Unknown or not reported**4. Do you consider yourself to be Hispanic or Latino?** Yes No**5. What is your religion?** Christian Buddhist/Hindu/Eastern Jewish No Affiliation Islamic/Muslim Other (specify) _____**6. On a scale of 0-100, (0 being not strong at all, 100 being very strong), how strong an influence do you consider your religious/spiritual beliefs and practices to be in your life?****7. How many years have you been in practice since completing your training?** 0-5 6-10 11-15 16-20 20+**8. How many hours do you spend per week in direct patient care?**

- 1
2
3 0-10
4 11-20
5 21-30
6 31-40
7 > 40
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11 **9. Prior to this study, and during any of the following stages of your career, have you**
12 **participated in clinician-patient communication skills training? Please respond**
13 **below for...** (We refer here to any kind of workshop, seminar, or interactive on-line
14 training that specifically instructed you on effective ways or talking to your patients. We
15 do not include attending single lectures without interactive or practice elements.)
16

- 17 **A) Professional school (PA, nursing, medical school, etc.)?** Y/N
18 **B) Residency (if applicable)?** Y/N
19 **C) Fellowship (if applicable)?** Y/N
20 **D) Post-training clinical practice?** Y/N
21
22

23 **10. Have you ever attended a VitalTalk course?** Y/N
24

25 **Health care providers commonly try to balance all aspects of patient care, including the**
26 **social and emotional aspects of patient care and the technological and scientific aspects.**
27 **Virtually no one is exactly equal on these two aspects.**
28

29
30 **11. Do you think you are more inclined toward social and emotional aspects of patient**
31 **care or more inclined toward the technological and scientific aspects?**

- 32 Social & emotional
33 Technological & scientific
34

35 **12. Are you a little more inclined to the aspects you chose in the last question or a lot**
36 **more inclined?**

- 37 A little more inclined
38 A lot more inclined
39
40

41
42 **Thank you again for your time. The survey is complete.**

43 **Patient Survey**

44
45 Verbally Administered by Research Assistant

46
47
48 **1. How confident are you that you will get the type of medical care you want if you**
49 **become seriously ill and could no longer communicate your preferences?**

- 50 Not at all confident
51 Slightly confident
52 Somewhat confident
53 Fairly confident
54 Very confident
55
56

When answering the following questions, please think about the primary provider who has been treating your cancer.

2. Who do you consider to be your primary cancer provider?
 - 1 Oncologist
 - 2 Oncology Nurse Practitioner
 - 3 Oncology Physician Assistant
 - 4 Other (What is the role of that provider: _____)

3. In general, how often does this provider explain things in a way that is easy to understand?
 - 1 Never
 - 2 Sometimes
 - 3 Usually
 - 4 Always

4. In general, how often does this provider listen carefully to you?
 - 1 Never
 - 2 Sometimes
 - 3 Usually
 - 4 Always

5. In general, how often does this provider seem to know the important information about your medical history?
 - 1 Never
 - 2 Sometimes
 - 3 Usually
 - 4 Always

6. In general, how often does this provider show respect for what you have to say?
 - 1 Never
 - 2 Sometimes
 - 3 Usually
 - 4 Always

7. In general, how often does this provider spend enough time with you?
 - 1 Never
 - 2 Sometimes
 - 3 Usually
 - 4 Always

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5 8. Using any number from 0 to 10, where 0 is the worst provider possible and 10 is the
6 best provider possible, what number would you use to rate this provider?

7 0 Worst provider possible

8 1

9 2

10 3

11 4

12 5

13 6

14 7

15 8

16 9

17 10 Best provider possible

18
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22
23 9. Has your oncology team discussed with you what to expect with your illness in the
24 future?

25 ¹ Yes, definitely

26 ² Yes, somewhat

27 ³ No

28
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31 10. Has your oncology team ever asked what's most important to you?

32 ¹ Yes, definitely

33 ² Yes, somewhat

34 ³ No

35
36
37 11. Has your oncology team talked about how the treatment plan should match what is
38 most important to you?

39 ¹ Yes, definitely

40 ² Yes, somewhat

41 ³ No

42
43
44
45 When answering the following questions, please think about the last decision about your
46 cancer treatment you made together with a health care provider.

47
48
49 12. I am satisfied that I was adequately informed about the issues important to my
50 decision.

51 ¹ Strongly disagree

52 ² Disagree

53 ³ Neither agree nor disagree

54 ⁴ Agree

1
2
3 Strongly agree
4
5

6 13. The decision I made was the best decision possible for me personally.

- 7 Strongly disagree
8 Disagree
9 Neither agree nor disagree
10 Agree
11 Strongly agree
12
13

14 14. I am satisfied that my decision was consistent with my personal values.

- 15 Strongly disagree
16 Disagree
17 Neither agree nor disagree
18 Agree
19 Strongly agree
20
21
22

23
24 15. I expect to successfully carry out (or continue to carry out) the decision I made.

- 25 Strongly disagree
26 Disagree
27 Neither agree nor disagree
28 Agree
29 Strongly agree
30
31
32

33
34 16. I am satisfied that this was my decision to make.

- 35 Strongly disagree
36 Disagree
37 Neither agree nor disagree
38 Agree
39 Strongly agree
40
41
42

43 17. I am satisfied with my decision.

- 44 Strongly disagree
45 Disagree
46 Neither agree nor disagree
47 Agree
48 Strongly agree
49
50
51

52 When answering the following questions, please think about the last decision about your cancer
53 treatment you made together with a health care provider.
54

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56 18. It was the right decision.
57
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- Strongly disagree
- Disagree
- Neither agree nor disagree
- Agree
- Strongly agree

19. I regret the choice that was made.

- Strongly disagree
- Disagree
- Neither agree nor disagree
- Agree
- Strongly agree

20. I would go for the same choice if I had to do it over again.

- Strongly disagree
- Disagree
- Neither agree nor disagree
- Agree
- Strongly agree

21. The choice did me a lot of harm.

- Strongly disagree
- Disagree
- Neither agree nor disagree
- Agree
- Strongly agree

22. The decision was a wise one.

- Strongly disagree
- Disagree
- Neither agree nor disagree
- Agree
- Strongly agree

23. Have you talked with a family member or close friend about the types of medical care you want or don't want if you become seriously ill in the future and could no longer communicate your preferences?

1
2
3 No

4 Yes

5
6
7 20a. Of those listed below, who was that person/those people? (Select all that apply)

8 Spouse/partner

9 Daughter

10 Son

11 Daughter-in-law

12 Son-in-law

13 Stepdaughter

14 Stepson

15 Sister

16 Brother

17 Sister-in-law

18 Brother-in-law

19 Mother

20 Stepmother

21 Mother-in-law

22 Father

23 Father-in-law

24 Granddaughter

25 Grandson

26 Niece

27 Nephew

28 Aunt

29 Cousin

30 Stepdaughter's son/daughter

31 Stepson's son/daughter

32 Daughter-in-law's son/daughter

33 Son-in-law's son/daughter

34 Boarder/renter

35 Paid aide/Housekeeper/Employee

36 Roommate

37 Ex-wife/Ex-husband

38 Boyfriend/girlfriend

39 Neighbor

40 Friend

41 Service/Someone from the place you live

42 Co-worker

43 Minister, Priest, or other Clergy

44 Psychiatrist, Psychologist, Counselor, or Therapist

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³⁸ Other Relative
³⁹ Other Non-Relative

For peer review only

Research Consent Form for Non-Clinical Research

Dana-Farber/ Harvard Cancer Center
BIDMC/BCH/BWH/DFCI/MGH/Partners Network Affiliates

OHRs 10.02.2017

Protocol Title: Advance Care Planning: Promoting Effective and Aligned Communication in the Elderly

DF/HCC Principal Research Investigator / Institution: James Tulsky, MD/DFCI

DF/HCC Site-Responsible Research Investigator(s) / Institution(s):

James Tulsky, MD/DFCI

Angelo Volandes, MD/MGH

A. INTRODUCTION

We are inviting you to take part in a research study. Research is a way of gaining new knowledge. A person who participates in a research study is called a “participant.” In this research study, we are working to help oncologists better serve patients by delivering more patient-centered medical care that is consistent with what patients want and their underlying goals and values.

The goal of this study is to test an intervention that seeks to increase the likelihood that older patients’ values and goals are incorporated into cancer care decision-making.

It is expected that about 12,000 people will take part in this research study. An institution that is supporting a research study either by giving money or supplying something that is important for the research is called the “sponsor.” The sponsor of this protocol is the National Institutes of Health (NIH) and the study will run for 5 years. This research consent form explains why this research study is being done, what is involved in participating in the research study, the possible risks and benefits of participation, alternatives to participation, and your rights as a research participant. The decision to participate is yours. If you decide to participate, please sign and date at the end of the form. We will give you a copy so that you can refer to it while you are involved in this research study.

You have been chosen to participate in this study, based on your doctor’s recommendation and because you are an older adult with advanced cancer.

Research Consent Form for Non-Clinical Research

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Your doctor felt that you might be willing to talk about your goals and wishes related to your medical care so your doctors and family can understand what is most important for you. You have been chosen to participate in this study, based on your doctor's recommendation. (Some de-identified information was provided to us through your medical records).

We encourage you to take some time to think this over and to discuss it with other people and to ask questions now and at any time in the future.

Dr. Angelo Volandes, a Massachusetts General Hospital (MGH) Investigator on this study, and his spouse are co-founders of and receive income from ACP Decisions Nous, a nonprofit organization developing the advanced care planning video decision support tools being evaluated in this study. Dr. Volandes' financial interests have been reviewed and are managed by Massachusetts General Hospital and Partners HealthCare in accordance with their conflict of interest policies. MGH will only be receiving de-identified data.

B. WHY IS THIS RESEARCH STUDY BEING DONE?

The purpose of this study is to improve the quality of care provided to older Americans with cancer. We are working to help oncologists better serve patients by delivering more patient-centered medical care that is consistent with what patients want.

C. WHAT OTHER OPTIONS ARE THERE?

Taking part in this research study is voluntary. You may choose not to be in the study, or, if you agree to be in the study, you may withdraw from the study at any time. If you withdraw from the study, no new data about you will be collected for study purposes.

If you participate, we will also ask if you wish to create a video of yourself describing what is important to you, any worries you have, and your preferences for medical care. We call these "video declarations."

- A Research Assistant will also ask you to complete a written video declaration.

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OHSR 10.02.2017

- If you agree, we will record that declaration.
- We will ask you to talk about your Advance Care Planning preferences, for medical care so your doctors and family can understand what is most important for you.
- We will show your video to you when you are done.
- If you aren't happy with the video, you can record it again.
- When the recording is complete, the RA will play the video for you to see if you feel it accurately represents your preferences.
- There might be occasions when we would like to publicly share the information that we have learned through this research for demonstration purposes and at similar venues. We will provide you with an option to let us know if you are willing to publicly share your video via in-person or online webinar/lecture.

This visit will involve the following:

- **Recording a personal video declaration that includes both video and audio recording**

D. HOW LONG WILL I BE IN THIS RESEARCH STUDY?

You will be in this research study for the length of time that your scheduled appointment will take. After you complete the interview and video recording, investigators will continue to have access to your medical record and video for the purpose of analyzing the study outcomes.

You may be taken off the research study for reasons such as:

- It is considered to be in your best interest
- There is any problem with following study procedures
- There are any problems with research funding
- Or for any other reason

If you are removed from the research study, the research Investigator will explain to you why you were removed.

In addition, you can stop participating in the research study at any time.

Research Consent Form for Non-Clinical Research

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OHRS 10.02.2017

E. WHAT ARE THE RISKS OR DISCOMFORTS OF THE RESEARCH STUDY?

There are risks to taking part in any research study, but the risks in this study are small and non-medical. The main risk is loss of confidentiality. You might become a little uncomfortable, sad, or even distressed as you contemplate serious illness with your provider, and there will be clinicians trained to help you with any discomfort you might feel.

During the research study, you will be provided with any new information that may affect your health or willingness to participate. You may be asked to sign a new consent form that shows that you have been informed of new information relating to this research study.

F. WHAT ARE THE BENEFITS OF THE RESEARCH STUDY?

Taking part in this research study may or may not benefit you. We hope the information learned from this research study will help you and your doctors in the clinics to benefit from the study by having your treatments better aligned with your preferences. There is the potential for the results learned from the study to help us to improve the Advance Care Planning of the overall outpatient clinic population, and particularly those with advanced cancer. There is the potential to validate an intervention that could ensure that treatments are better aligned with patients' preferences.

G. CAN I STOP BEING IN THE RESEARCH STUDY AND WHAT ARE MY RIGHTS?

You have the right to choose not to sign this form. If you decide not to sign this form, you cannot participate in this research study.

You can stop being in the research study at any time. Tell the research doctor if you are thinking about stopping or decide to stop. Leaving the research study will not affect your medical care. You can still get your medical care from your hospital or Investigator.

If you choose to not participate, or if you are not eligible to participate, or if you withdraw from this research study, this will not affect your present or future care and will not cause any penalty or loss of benefits to which you are otherwise entitled.

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H. WHAT ARE THE COSTS?

There is no cost to you for participating in this study.

I. WHAT ABOUT CONFIDENTIALITY?

We will take measures to protect the privacy and security of all your personal information, but we cannot guarantee complete confidentiality of study data. All staff with access to information will be trained in privacy protection rules. Any personal information will be kept on a single central protected server with 24/7 security monitoring.

Applications will be designed with data security as the first goal and will be carefully reviewed for security prior to usage in the study. Participating oncologists will also be instructed on strict procedures to ensure the privacy and security of the video recordings at all levels of the data collection and storage process. The only people who will see this information will be study staff, investigators, other investigators who have been authorized by the research team to conduct analyses, and also those who have a contractual relationship with us in service of the research.

The results of this research study may be published. You will not be identified in publications without your permission.

This trial may be registered on <https://www.clinicaltrials.gov>, a publicly available registry of clinical trials. This website will not include information that can identify you. At most, the website will include a summary of the results. You can search this website at any time.

J. WHOM DO I CONTACT IF I HAVE QUESTIONS ABOUT THE RESEARCH STUDY?

If you have questions about the study, please contact your local research investigator or study staff as listed below:

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DFCI

- Dr. James Tulsy, PI [Contact Information]
- Julie Goldman, Study Staff [Contact Information]

MGH

- Dr. Angelo Volandes, [Contact Information]

For questions about your rights as a research participant, please contact a representative of the Office for Human Research Studies at [Insert site name and phone number here] This can include questions about your participation in the study, concerns about the study, a research related injury, or if you feel/felt under pressure to enroll in this research study or to continue to participate in this research study.

K. PRIVACY OF PROTECTED HEALTH INFORMATION

Federal law requires Dana-Farber/Harvard Cancer Center (DF/HCC) and its affiliated research doctors, health care providers, and physician network to protect the privacy of information that identifies you and relates to your past, present, and future physical and mental health conditions (“protected health information”). If you enroll in this research study, your “protected health information” will be used and shared with others as explained below.

1. What protected health information about me will be used or shared with others during this research?

- Existing medical records, including mental health records.
- New health information created from study-related tests, procedures, visits, and/or questionnaires

2. Why will protected information about me be used or shared with others?

The main reasons include the following:

- To conduct and oversee the research described earlier in this form;
- To ensure the research meets legal, institutional, and accreditation requirements;

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- To conduct public health activities (including reporting of adverse events or situations where you or others may be at risk of harm); and
- To provide the study sponsor with information arising from an adverse event or other event that relates to the safety or toxicity of the drug(s) used in the study and for the purpose of this or other research relating the study drug and its use in cancer; and,
- To better understand the diseases being studied and to improve the design of future studies; and,
- Other reasons may include for treatment, payment, or health care operations. For example, some medical information produced by this research study may become part of your hospital medical record because the information may be necessary for your medical care. (You will also be given a notice for use and sharing of protected health information.)

3. Who will use or share protected health information about me?

- DF/HCC and its affiliated research doctors and entities participating in the research will use and share your protected health information. In addition, other DF/HCC offices that deal with research oversight, billing or quality assurance will be able to use and share your protected health information.

4. With whom outside of DF/HCC may my protected health information be shared?

While all reasonable efforts will be made to protect the confidentiality of your protected health information, it may also be shared with the following entities:

- Outside individuals or entities that have a need to access this information to perform functions relating to the conduct of this research such as analysis by outside laboratories on behalf of DF/HCC and its affiliates (for example, data storage companies, insurers, or legal advisors).
- The sponsor(s) of the study, its subcontractors, representatives, business partners, and its agent(s): NIH
- Other research doctors and medical centers participating in this research, if applicable
- Federal and state agencies (for example, the Department of Health and Human Services, the Food and Drug Administration, the National

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Institutes of Health, and/or the Office for Human Research Protections), or other domestic or foreign government bodies if required by law and/or necessary for oversight purposes.

- Hospital accrediting agencies
- A data safety monitoring board organized to oversee this research, if applicable

Some who may receive your protected health information may not have to satisfy the privacy rules and requirements. They, in fact, may share your information with others without your permission.

5. For how long will protected health information about me be used or shared with others?

- There is no scheduled date at which your protected health information that is being used or shared for this research will be destroyed, because research is an ongoing process.

6. Statement of privacy rights:

- You have the right to withdraw your permission for the research doctors and participating DF/HCC entities to use or share your protected health information. We will not be able to withdraw all the information that already has been used or shared with others to carry out related activities such as oversight, or that is needed to ensure quality of the study. To withdraw your permission, you must do so in writing by contacting the researcher listed above in the section: "Whom do I contact if I have questions about the research study?"
- You have the right to request access to your protected health information that is used or shared during this research and that is related to your treatment or payment for your treatment, but you may access this information only after the study is completed. To request this information, please contact the researcher listed above in the section: "Whom do I contact if I have questions about the research study?"

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L. CONSENT TO OPTIONAL RESEARCH STUDIES:

You are being asked to participate in some optional studies. If you decide not to participate in any of the optional studies, you can still participate in the main research study. Please take your time to make your decision and discuss it with others and your primary care physician.

Your participation in these optional research studies is voluntary, and you will not be penalized or lose any benefits if you refuse to participate or decide to stop.

Optional Study #1:

We can share your declaration video with you if you wish to have a copy of it. There are multiple ways we can share your declaration video with you. The options available to you are dependent on the site where you receive your medical care. The safest and most secure way to share the video is either through an encrypted flash drive or through a tool called Dropbox for Business.

- Option 1: We can put your declaration video on an encrypted flash drive which is password protected and provide the flash drive to you; or
- Option 2: We can post your declaration video on a website called Dropbox for Business. You would be provided web link to view your video online. Dana-Farber has more privacy control over this site and can remove your video at any time. Dropbox for Business would require you to follow multiple steps to view your video.

If you prefer to not use Dropbox for Business or receive through an encrypted flash drive, we can still share your declaration video with you.

- Option 3: We can put your declaration video on an unencrypted flash drive which is not password protected and provide the flash drive to you; or
- Option 4: We can post your declaration video on a YouTube unlisted video setting under the study's YouTube account and provide the web link to you. An unlisted video can only be seen and shared by a web link. The

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unlisted video should not be available on YouTube's search results or for people who do not have access to the web link. YouTube is user friendly, and would not require multiple steps to view your video

Please note, for Option 3 and Option 4, we cannot guarantee the confidentiality of your information. For example:

- a. If you lose the unencrypted flash drive it may be recovered and accessible by someone else; or
- b. If the YouTube web link is shared with another person, it may be possible for that person to post your unlisted video to a public playlist or to re-disclose the web link which would then be accessible by others.

I understand if my health information is disclosed to the media or the general public pursuant to this authorization, it is no longer protected by federal or state privacy regulations and may be re-disclosed by the recipient. I further understand that once such materials are in the possession of media or members of the general public, Dana-Farber will have no control over their use.

Please indicate whether or not you want to take part in this optional research study. If you would like to participate in this optional study and receive a copy of your video declaration, please indicate below and also check off the method above which you would like to receive it by.

Not applicable

Yes _____ Initials _____ Date

No _____ Initials _____ Date

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Optional Study #2:

There are times when the research team would like to share patients' videos with their colleagues, in scientific presentations or to train study staff. Would you be comfortable in sharing your video publicly for purposes like this? The risk is that the video could be widely shared, depending on the venue, and we will not have any control over this. We will not be analyzing anything so there will be no results.

I understand if my health information is disclosed to the media or the general public pursuant to this authorization, it is no longer protected by federal or state privacy regulations and may be re-disclosed by the recipient. I further understand that once such materials are in the possession of media or members of the general public, Dana-Farber will have no control over their use.

Please indicate whether or not you want to take part in this optional research study.

Not applicable

Yes _____ Initials _____ Date

No _____ Initials _____ Date

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N. Documentation of Consent

My signature below indicates:

- I have had enough time to read the consent and think about participating in this study;
- I have had all of my questions answered to my satisfaction;
- I am willing to participate in this study;
- I have been told that my participation is voluntary and I can withdraw at any time

Signature of Participant
or Legally Authorized Representative

Date

Relationship of Legally Authorized Representative to Participant

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Adult Participants

To be completed by person obtaining consent:

The consent discussion was initiated on _____ (date).

Signature of individual obtaining consent: _____

Printed name of above: _____

Date: _____

- A copy of this signed consent form will be given to the participant or legally authorized representative, or, where the participant is a minor, the participant's parent or legal guardian.

For Adult Participants

- 1) The participant is an adult and provided consent to participate.
- 1a) Participant (or legally authorized representative) is a non-English speaker and signed the translated Short Form in lieu of English consent document:

As someone who understands both English and the language spoken by the participant, I interpreted and/or witnessed, in the participant's language, the researcher's presentation of the English consent form. The participant was given the opportunity to ask questions.

Signature of Interpreter/Witness: _____

Printed Name of Interpreter/Witness: _____

Date: _____

- 1b) Participant is physically unable to sign the consent form because:
- The participant is illiterate.
- The participant has a physical disability.
- Other (please describe): _____

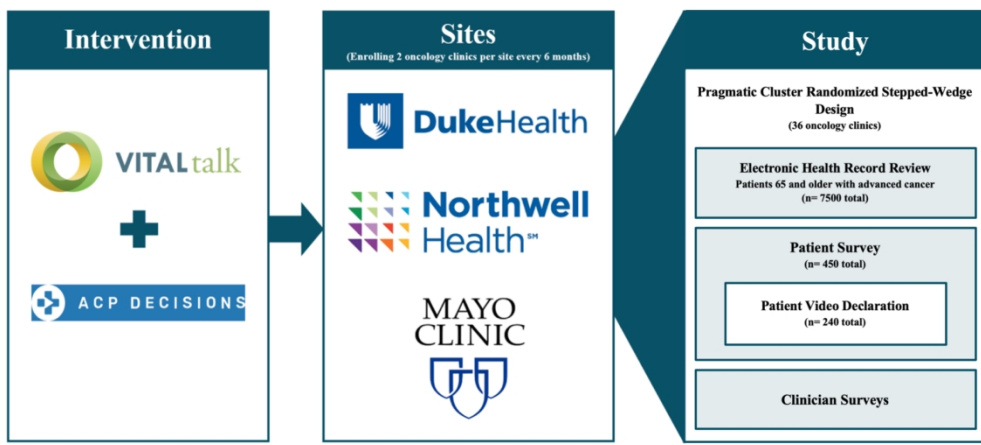
The consent form was read to the participant who was given the opportunity to ask questions and who communicated agreement to participate in the research.

Signature of Witness: _____

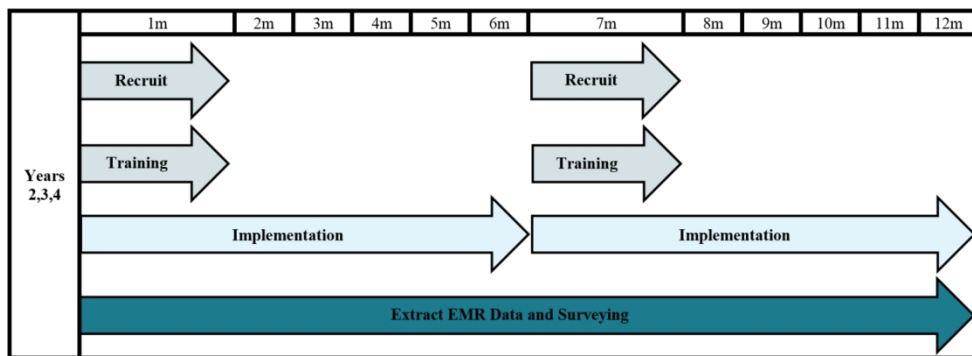
Printed Name of Witness: _____

Date: _____

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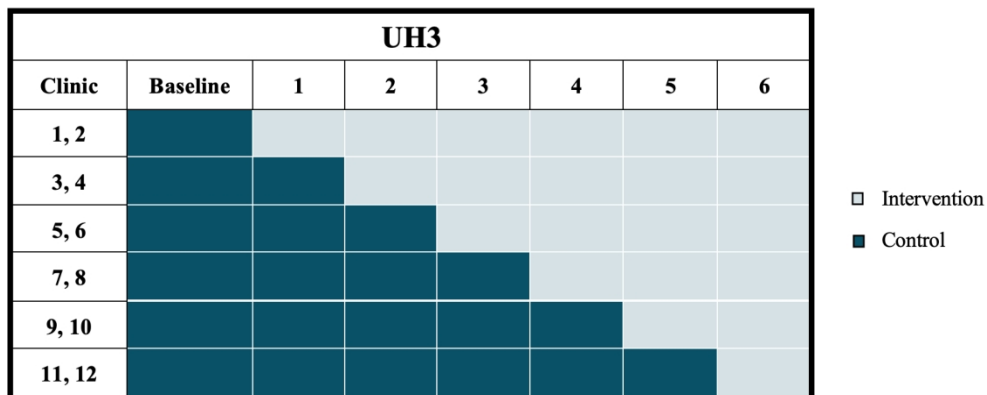


ACP Peace Model



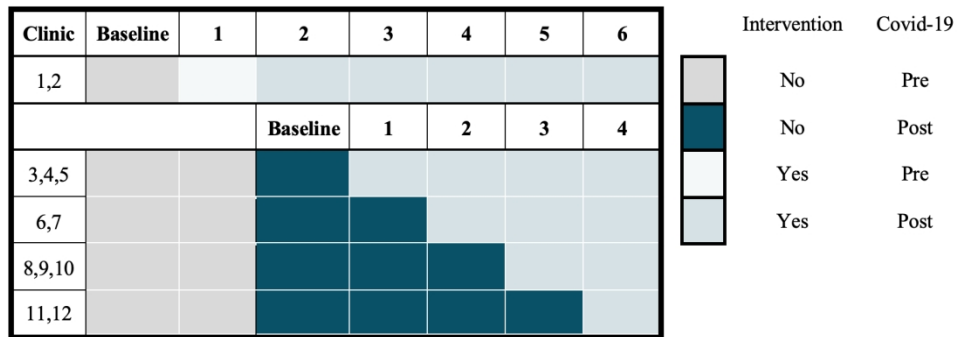
Stepped-Wedge Recruitment and Implementation Yearly Timeline (repeated each year)

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Original Stepped-wedge Cluster Randomization Scheme within Each Health Care System

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Modified Stepped-wedge Cluster Randomization Scheme within Each Health Care System

Reporting checklist for protocol of a clinical trial.

Based on the SPIRIT guidelines.

Instructions to authors

Complete this checklist by entering the page numbers from your manuscript where readers will find each of the items listed below.

Your article may not currently address all the items on the checklist. Please modify your text to include the missing information. If you are certain that an item does not apply, please write "n/a" and provide a short explanation.

Upload your completed checklist as an extra file when you submit to a journal.

In your methods section, say that you used the SPIRIT reporting guidelines, and cite them as:

Chan A-W, Tetzlaff JM, Altman DG, Laupacis A, Gøtzsche PC, Krleža-Jerić K, Hróbjartsson A, Mann H, Dickersin K, Berlin J, Doré C, Parulekar W, Summerskill W, Groves T, Schulz K, Sox H, Rockhold FW, Rennie D, Moher D. SPIRIT 2013 Statement: Defining standard protocol items for clinical trials. *Ann Intern Med.* 2013;158(3):200-207

| | Reporting Item | Page Number |
|-----------------------------------|---|-------------|
| Administrative information | | |
| Title | #1 Descriptive title identifying the study design, population, interventions, and, if applicable, trial acronym | 1 |
| Trial registration | #2a Trial identifier and registry name. If not yet registered, name of intended registry | 19 |
| Trial registration: data set | #2b All items from the World Health Organization Trial Registration Data Set | 1, 19 |
| Protocol version | #3 Date and version identifier | 2 |
| Funding | #4 Sources and types of financial, material, and other support | 2 |

| | | | | |
|----|----------------------|---------------------|--|----------|
| 1 | Roles and | #5a | Names, affiliations, and roles of protocol | 1, 22-23 |
| 2 | responsibilities: | | contributors | |
| 3 | contributorship | | | |
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| 5 | | | | |
| 6 | Roles and | #5b | Name and contact information for the trial | 1 |
| 7 | responsibilities: | | sponsor | |
| 8 | sponsor contact | | | |
| 9 | information | | | |
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| 12 | | | | |
| 13 | Roles and | #5c | Role of study sponsor and funders, if any, in | 2 |
| 14 | responsibilities: | | study design; collection, management, | |
| 15 | sponsor and funder | | analysis, and interpretation of data; writing | |
| 16 | | | of the report; and the decision to submit the | |
| 17 | | | report for publication, including whether | |
| 18 | | | they will have ultimate authority over any of | |
| 19 | | | these activities | |
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| 24 | Roles and | #5d | Composition, roles, and responsibilities of | 20 |
| 25 | responsibilities: | | the coordinating centre, steering committee, | |
| 26 | committees | | endpoint adjudication committee, data | |
| 27 | | | management team, and other individuals or | |
| 28 | | | groups overseeing the trial, if applicable (see | |
| 29 | | | Item 21a for data monitoring committee) | |
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| 34 | Introduction | | | |
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| 36 | Background and | #6a | Description of research question and | 5-6 |
| 37 | rationale | | justification for undertaking the trial, | |
| 38 | | | including summary of relevant studies | |
| 39 | | | (published and unpublished) examining | |
| 40 | | | benefits and harms for each intervention | |
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| 45 | Background and | #6b | Explanation for choice of comparators | 6-8 |
| 46 | rationale: choice of | | | |
| 47 | comparators | | | |
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| 50 | Objectives | #7 | Specific objectives or hypotheses | 6 |
| 51 | | | | |
| 52 | Trial design | #8 | Description of trial design including type of | 6 |
| 53 | | | trial (eg, parallel group, crossover, factorial, | |
| 54 | | | single group), allocation ratio, and | |
| 55 | | | framework (eg, superiority, equivalence, | |
| 56 | | | non-inferiority, exploratory) | |
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Methods:**Participants,
interventions, and
outcomes**

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|------------------------------------|----------------------|--|--|
| Study setting | #9 | Description of study settings (eg, community clinic, academic hospital) and list of countries where data will be collected. Reference to where list of study sites can be obtained | 7-8 |
| Eligibility criteria | #10 | Inclusion and exclusion criteria for participants. If applicable, eligibility criteria for study centres and individuals who will perform the interventions (eg, surgeons, psychotherapists) | 8-9 |
| Interventions: description | #11a | Interventions for each group with sufficient detail to allow replication, including how and when they will be administered | 7, 9-11 |
| Interventions: modifications | #11b | Criteria for discontinuing or modifying allocated interventions for a given trial participant (eg, drug dose change in response to harms, participant request, or improving / worsening disease) | 9-11 |
| Interventions: adherence | #11c | Strategies to improve adherence to intervention protocols, and any procedures for monitoring adherence (eg, drug tablet return; laboratory tests) | 9-11 |
| Interventions: concomitant care | #11d | Relevant concomitant care and interventions that are permitted or prohibited during the trial | <i>N/A: Patients are receiving the standard of care, non-controlled trial.</i> |
| Outcomes | #12 | Primary, secondary, and other outcomes, including the specific measurement variable (eg, systolic blood pressure), analysis metric (eg, change from baseline, final value, time to event), method of aggregation (eg, median, proportion), and time point for each | 12-13 |

outcome. Explanation of the clinical relevance of chosen efficacy and harm outcomes is strongly recommended

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| 5 | Participant timeline | #13 | Time schedule of enrolment, interventions (including any run-ins and washouts), assessments, and visits for participants. A schematic diagram is highly recommended (see Figure) |
| 6 | | | 7-8, See Figure 3a,b |
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| 14 | Sample size | #14 | Estimated number of participants needed to achieve study objectives and how it was determined, including clinical and statistical assumptions supporting any sample size calculations |
| 15 | | | 18-19 |
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| 22 | Recruitment | #15 | Strategies for achieving adequate participant enrolment to reach target sample size |
| 23 | | | <i>N/A: In this pragmatic trial, all individuals who meet criteria and do not opt out are included in the analysis rather than individual patient recruitment. We have included the description of our population on page 8.</i> |
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Methods:

Assignment of interventions (for controlled trials)

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| 42 | Allocation: | #16a | Method of generating the allocation sequence (eg, computer-generated random numbers), and list of any factors for stratification. To reduce predictability of a random sequence, details of any planned restriction (eg, blocking) should be provided in a separate document that is unavailable to those who enrol participants or assign interventions |
| 43 | sequence generation | | 7-8 |
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| 1 | Allocation | #16b | Mechanism of implementing the allocation | 7-8 |
| 2 | concealment | | sequence (eg, central telephone; sequentially | |
| 3 | | | numbered, opaque, sealed envelopes), | |
| 4 | mechanism | | describing any steps to conceal the sequence | |
| 5 | | | until interventions are assigned | |
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| 9 | Allocation: | #16c | Who will generate the allocation sequence, | 7-9 |
| 10 | implementation | | who will enrol participants, and who will | |
| 11 | | | assign participants to interventions | |
| 12 | | | | |
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| 14 | Blinding (masking) | #17a | Who will be blinded after assignment to | 15 |
| 15 | | | interventions (eg, trial participants, care | |
| 16 | | | providers, outcome assessors, data analysts), | |
| 17 | | | and how | |
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| 21 | Blinding (masking): | #17b | If blinded, circumstances under which | 15 |
| 22 | emergency | | unblinding is permissible, and procedure for | |
| 23 | unblinding | | revealing a participant's allocated | |
| 24 | | | intervention during the trial | |
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| 28 | Methods: Data | | | |
| 29 | collection, | | | |
| 30 | management, and | | | |
| 31 | analysis | | | |
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| 35 | Data collection plan | #18a | Plans for assessment and collection of | 8-9, 12-15 |
| 36 | | | outcome, baseline, and other trial data, | |
| 37 | | | including any related processes to promote | |
| 38 | | | data quality (eg, duplicate measurements, | |
| 39 | | | training of assessors) and a description of | |
| 40 | | | study instruments (eg, questionnaires, | |
| 41 | | | laboratory tests) along with their reliability | |
| 42 | | | and validity, if known. Reference to where | |
| 43 | | | data collection forms can be found, if not in | |
| 44 | | | the protocol | |
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| 51 | Data collection | #18b | Plans to promote participant retention and | <i>N/A; The unit of randomization</i> |
| 52 | plan: retention | | complete follow-up, including list of any | <i>is the clinic and all eligible</i> |
| 53 | | | outcome data to be collected for participants | <i>individuals who do not choose</i> |
| 54 | | | who discontinue or deviate from intervention | <i>to opt out are included and are</i> |
| 55 | | | protocols | <i>not followed up over time.</i> |
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| 1 | Data management | #19 | Plans for data entry, coding, security, and storage, including any related processes to promote data quality (eg, double data entry; range checks for data values). Reference to where details of data management procedures can be found, if not in the protocol | 8, 13-15 |
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| 12 | Statistics: outcomes | #20a | Statistical methods for analysing primary and secondary outcomes. Reference to where other details of the statistical analysis plan can be found, if not in the protocol | 15-18 |
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| 19 | Statistics: additional analyses | #20b | Methods for any additional analyses (eg, subgroup and adjusted analyses) | 15-18 |
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| 23 | Statistics: analysis population and missing data | #20c | Definition of analysis population relating to protocol non-adherence (eg, as randomised analysis), and any statistical methods to handle missing data (eg, multiple imputation) | 15-18 |
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| 31 | Methods: | | | |
| 32 | Monitoring | | | |
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| 35 | Data monitoring: formal committee | #21a | Composition of data monitoring committee (DMC); summary of its role and reporting structure; statement of whether it is independent from the sponsor and competing interests; and reference to where further details about its charter can be found, if not in the protocol. Alternatively, an explanation of why a DMC is not needed | 15, 19-20 |
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| 48 | Data monitoring: interim analysis | #21b | Description of any interim analyses and stopping guidelines, including who will have access to these interim results and make the final decision to terminate the trial | 14 |
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| 54 | Harms | #22 | Plans for collecting, assessing, reporting, and managing solicited and spontaneously | 19 |
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|----|----------------------|---|--------------|
| 1 | | reported adverse events and other unintended | |
| 2 | | effects of trial interventions or trial conduct | |
| 3 | | | |
| 4 | Auditing | #23 Frequency and procedures for auditing trial | 19-20 |
| 5 | | conduct, if any, and whether the process will | |
| 6 | | be independent from investigators and the | |
| 7 | | sponsor | |
| 8 | | | |
| 9 | | | |
| 10 | | | |
| 11 | Ethics and | | |
| 12 | dissemination | | |
| 13 | | | |
| 14 | Research ethics | #24 Plans for seeking research ethics committee / | 19-20 |
| 15 | approval | institutional review board (REC / IRB) | |
| 16 | | approval | |
| 17 | | | |
| 18 | | | |
| 19 | | | |
| 20 | Protocol | #25 Plans for communicating important protocol | 19-20 |
| 21 | amendments | modifications (eg, changes to eligibility | |
| 22 | | criteria, outcomes, analyses) to relevant | |
| 23 | | parties (eg, investigators, REC / IRBs, trial | |
| 24 | | participants, trial registries, journals, | |
| 25 | | regulators) | |
| 26 | | | |
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| 29 | | | |
| 30 | Consent or assent | #26a Who will obtain informed consent or assent | 20 |
| 31 | | from potential trial participants or authorised | |
| 32 | | surrogates, and how (see Item 32) | |
| 33 | | | |
| 34 | | | |
| 35 | Consent or assent: | #26b Additional consent provisions for collection | N/A |
| 36 | ancillary studies | and use of participant data and biological | |
| 37 | | specimens in ancillary studies, if applicable | |
| 38 | | | |
| 39 | | | |
| 40 | Confidentiality | #27 How personal information about potential | 14-15, 19-20 |
| 41 | | and enrolled participants will be collected, | |
| 42 | | shared, and maintained in order to protect | |
| 43 | | confidentiality before, during, and after the | |
| 44 | | trial | |
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| 48 | | | |
| 49 | Declaration of | #28 Financial and other competing interests for | 22 |
| 50 | interests | principal investigators for the overall trial | |
| 51 | | and each study site | |
| 52 | | | |
| 53 | | | |
| 54 | Data access | #29 Statement of who will have access to the | 15 |
| 55 | | final trial dataset, and disclosure of | |
| 56 | | contractual agreements that limit such access | |
| 57 | | for investigators | |
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|----|-----------------------|----------------------|---|-----------------|
| 1 | Ancillary and post | #30 | Provisions, if any, for ancillary and post-trial | <i>N/A</i> |
| 2 | trial care | | care, and for compensation to those who | |
| 3 | | | suffer harm from trial participation | |
| 4 | | | | |
| 5 | | | | |
| 6 | Dissemination | #31a | Plans for investigators and sponsor to | <i>20-21</i> |
| 7 | policy: trial results | | communicate trial results to participants, | |
| 8 | | | healthcare professionals, the public, and | |
| 9 | | | other relevant groups (eg, via publication, | |
| 10 | | | reporting in results databases, or other data | |
| 11 | | | sharing arrangements), including any | |
| 12 | | | publication restrictions | |
| 13 | | | | |
| 14 | | | | |
| 15 | | | | |
| 16 | | | | |
| 17 | Dissemination | #31b | Authorship eligibility guidelines and any | <i>22-23</i> |
| 18 | policy: authorship | | intended use of professional writers | |
| 19 | | | | |
| 20 | | | | |
| 21 | Dissemination | #31c | Plans, if any, for granting public access to | <i>N/A</i> |
| 22 | policy: reproducible | | the full protocol, participant-level dataset, | |
| 23 | research | | and statistical code | |
| 24 | | | | |
| 25 | | | | |
| 26 | | | | |
| 27 | Appendices | | | |
| 28 | | | | |
| 29 | Informed consent | #32 | Model consent form and other related | <i>Appendix</i> |
| 30 | materials | | documentation given to participants and | |
| 31 | | | authorised surrogates | |
| 32 | | | | |
| 33 | | | | |
| 34 | Biological | #33 | Plans for collection, laboratory evaluation, | <i>N/A</i> |
| 35 | specimens | | and storage of biological specimens for | |
| 36 | | | genetic or molecular analysis in the current | |
| 37 | | | trial and for future use in ancillary studies, if | |
| 38 | | | applicable | |
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BMJ Open

Advance Care Planning: Promoting Effective and Aligned Communication in the Elderly (ACP-PEACE)
The study protocol for a pragmatic stepped-wedge trial of older patients with cancer

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Original Article

**Advance Care Planning: Promoting Effective and Aligned Communication in the Elderly
(ACP-PEACE)**

The study protocol for a pragmatic stepped-wedge trial of older patients with cancer

Running Title: Protocol for the ACP-PEACE pragmatic stepped-wedge trial

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2
3 **Keywords (3-10):** Advance Care Planning, Palliative Care, Shared Decision Making, Cancer,
4
5 Video Aids, Clinician Education, Communication, End-of-Life Care
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8 **IRB Protocol Version:** 10
9

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15 necessarily represent the official views of the National Institutes of Health.
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20 **Patient and Public Involvement Statement:** Patients or the public were not involved in the
21 design, or conduct, or reporting, or dissemination plans of our research.
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ABSTRACT

Introduction: Advance Care Planning (ACP) is associated with improved health outcomes for patients with cancer and its absence is associated with unfavorable outcomes for patients and their caregivers. However, older adults do not complete ACP at expected rates due to patient and clinician barriers. We present the original design, methods, and rationale for a trial aimed at improving ACP for older patients with advanced cancer and the modified protocol in response to changes brought by the COVID-19 pandemic.

Methods and Analysis: The Advance Care Planning: Promoting Effective and Aligned Communication in the Elderly study is a pragmatic, stepped-wedge cluster randomized trial examining a Comprehensive ACP Program. The Program combines two complementary evidence-based interventions: clinician communication skills training (VitalTalk) and patient video decision aids (ACP Decisions). We will implement the Program at 36 oncology clinics across three unique U.S. health systems. Our primary outcome is the proportion of eligible patients with ACP documentation completed in the Electronic Health Record. Our secondary outcomes include resuscitation preferences, palliative care consultations, death, hospice use, and final cancer-directed therapy. From a subset of our patient population, we will collect surveys and video-based declarations of goals and preferences. We estimate 11,000 patients from the three sites will be enrolled in the study.

Ethics and Dissemination: Regulatory and ethical aspects of this trial include Institutional Review Board (IRB) approval via single IRB of record mechanism at Dana-Farber Cancer Institute, Data Use Agreements among partners, and a Data Safety and Monitoring Board. We plan to present findings at national meetings and publish the results. Trial registered at ClinicalTrials.gov (NCT03609177).

ARTICLE SUMMARY: STRENGTHS AND LIMITATIONS

- The strengths of this study lie in its pragmatic design, allowing for “real world” evidence for two interventions that have been previously tested in more controlled settings.
- The stepped wedge design is practical and considered the design of choice when it is logistically impractical to simultaneously roll out the intervention to half of the clusters.
- The biggest limitation we are currently facing has to do with the possible notable change in secular trends due to the Coronavirus Disease 2019 and the impact that has on Advance Care Planning. To address this issue, we have adjusted our analysis plan to account for these changes.
- We are limited by the quality of structured and present variables in the electronic health records of each site, especially for Advance Care Planning, however our use of Natural Language Processing helps to rectify for lack in accuracy.
- In addition to the above change in secular trends due to COVID, this trial design can be affected by ongoing innovation in cancer care delivery, such as the continuing growth of immunotherapy changing prognosis for some of these advanced cancers in significant ways, thus affecting our results.

INTRODUCTION

More than half of newly diagnosed malignancies occur in patients over the age of 65¹ and that same population accounts for over two-thirds of all adult U.S. cancer deaths.² In addition to high mortality, older adults with cancer suffer disproportionately from receiving medical interventions that do not reflect their values and preferences.³⁻⁵ Advance care planning (ACP) seeks to align medical care with patients' values and preferences.^{6,7} ACP is consistently associated with better outcomes^{8,9} while a lack of ACP is associated with greater use of unwanted medical interventions, more terminal hospitalizations, lower hospice use, higher healthcare costs, and worse bereavement outcomes.^{3,10-14} Despite evidence supporting ACP, participation rates remain low among older adults with serious illness, such as cancer.¹⁵

Effective ACP requires that patients experience accurate and comprehensible communication early in their illness,^{14,16-18} a collaborative effort requiring education for both patients and clinicians. Unfortunately, studies suggest that traditional written ACP can be ineffective in sufficiently informing patients and often occurs late in the disease process,¹⁹⁻²⁴ with the risk that patients' understanding is clouded by pain, medication, or psychological distress.^{10,20} ²⁵ The heightened emotional state associated with hearing bad news late in a disease course interferes with patients' cognitive processing, and this reaction may be exacerbated by clinician inattention to affect.^{21,26-29} Patients assign considerable importance to their physicians' statements regarding ACP and the quality of communication³⁰ and while 90% of patients say they want to talk to their doctors about their stress and concerns,^{31,32} physicians generally, and oncologists specifically, often do not communicate effectively regarding ACP and end of life.^{30,32-38} Therefore, an effective intervention should both prepare patients for shared decision making and improve clinicians' communication skills.

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2
3 We have developed a Comprehensive ACP Program to drive improved communication
4 and ACP for an aging U.S. cancer population using a combination of empirically proven patient
5 video decision aids and clinician communication skills training. This program integrates video
6 decision aids for patients (ACP Decisions) and a clinician communication training program
7 (VitalTalk) into 12 disease-based oncology clinics each across three health systems with the aim
8 of improving conversations and documentation of ACP. By providing both patients and
9 clinicians with the necessary tools and training, we create an inclusive approach to optimize ACP
10 before the toughest choices arise for patients.
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21 Most trials targeting older patients with serious illness evaluate interventions under ideal
22 conditions and involve few facilities.³⁹⁻⁴² Thus, we need research for this population using
23 pragmatic trials.⁴³ We sought to test this intervention in a manner that allows for improvements
24 in processes as we learn them.⁴⁴ Advance Care Planning: Promoting Effective and Aligned
25 Communication in the Elderly (ACP-PEACE) is a pragmatic stepped-wedge cluster randomized
26 trial (SW-CRT) that conducts a real-world test of the Comprehensive ACP Program in older
27 patients with cancer. In this paper, we present the design, methodology, and rationale for the
28 ACP-PEACE trial and discuss our adjustments for the novel coronavirus COVID 19 pandemic.
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42 **METHODS**

43 **Overview**

44 We are studying the combination of clinician training and patient videos via a pragmatic
45 SW-CRT and analyzing electronic health records (EHRs) for ACP outcomes for patients aged 65
46 and older. Utilizing small sub-samples of patients, we will also assess patient-centered outcomes
47 using surveys and video declarations in which patients discuss their values and preferences in
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3 their own words on video (Figure 1). We used the SPIRIT reporting guidelines for this
4
5 manuscript.⁴⁵
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10 **Study Timeline**

11
12 The ACP-PEACE study has two phases, a characteristic of the funding mechanism. The
13
14 UG3 phase (year 1) of the study focused on developing and refining the intervention and data
15
16 acquisition. In this phase we established our organizational structure, developed the processes
17
18 and infrastructure needed to conduct the trial, and pilot-tested the study intervention in three
19
20 clinics, one from each participating health system. During the UH3 phase (years 2-5), we
21
22 planned to introduce the intervention to the 36 remaining oncology clinics in six-month waves;
23
24 two clinics per system for a total of six clinics every six months (Figure 2).
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31 **Sites and randomization**

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33 We will draw participants from disease-based oncology clinics from three unique systems
34
35 - Duke Health (North Carolina), Mayo Clinic (Minnesota), and Northwell Health (New York).
36
37 These sites are geographically, socioeconomically, and culturally distinct. Each participating
38
39 clinic has more than one practicing oncologist and to be eligible for randomization, at least 30%
40
41 of the patient population must be age 65 or older.
42
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44

45 For the UH3 phase, we have identified a total of 36 oncology clinics (12 per site) as
46
47 candidate clinics based on recent data from each system. The pilot clinics that participated in the
48
49 UG3 phase tested the intervention process and will not be included in the final analysis. In the
50
51 UH3 phase, we will utilize stepped-wedge cluster randomization with the clinic as the unit of
52
53 randomization. With the clinic as the unit of randomization, we avoid the contamination that can
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3 occur when randomizing individuals within each clinic. The sequence of randomization was
4 generated prior to initiation of the trial via random number generator. Every six months after the
5 baseline, two clinics from each system will be randomized to the intervention. (Figure 3a)
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10 During the original Step 2, COVID-19 spread throughout the country interrupting the
11 stepped-wedge design in two key respects: 1. The team was unable to conduct the in-person
12 trainings for the Step 2 intervention clinics; and, 2. ACP activities are likely to increase during
13 this period due to a response to the pandemic, irrespective of the study. Upon the
14 recommendation of the NIH Collaboratory Statistics Core, we modified the original design to
15 “restart” the trial for the remaining 30 clinics using the original Step 2 as the new baseline. The
16 training of the remaining 30 control clinics will be over four steps to keep the trial completion on
17 the same overall timeline (Figure 3b).
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31 **Population**

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33 We will evaluate the outcomes for patients aged 65 or older with advanced cancer across
34 all 36 clinics. As the intervention will be implemented clinic-wide, rather than targeted to
35 specific study patients, all intervention clinic patients can receive the intervention. We will
36 analyze data for patients with advanced cancer aged 65 or older; patients’ data will be counted
37 towards control or intervention based on the allocation of each clinic at the end of each period of
38 the stepped-wedge design. Therefore, a given patient could contribute data during more than one
39 period and could contribute data to both control and intervention periods.
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49 During the UH3 years, research assistants at each site will conduct in-person surveys with
50 450 randomly selected patients (150 per site) for our secondary exploratory patient-centered
51 outcomes. Patients selected for surveys will be distributed evenly among clinics within each
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3 system and will include an equal number of surveys of patients from clinics in the control and
4
5 intervention phases. Patients will be surveyed only once as patients surveyed in the control phase
6
7 will be excluded from completing the later intervention survey. Additionally, from among this
8
9 group of 450 surveyed patients, a sub-group of 240 will be randomly selected and asked to
10
11 conduct a video declaration activity. All patients selected for surveys or videos will be excluded
12
13 from the primary study population to avoid bias rendered from additional contact with the study
14
15 team.
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21 **Intervention design, implementation, and adherence monitoring**

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23
24 The Comprehensive ACP intervention combines VitalTalk and ACP Decisions, two
25
26 evidence-based interventions previously used separately, to create an innovative dual approach to
27
28 improving ACP. These interventions are complementary, as one targets improvement of
29
30 clinicians' skills and the other prepares patients for shared decision making. VitalTalk is the
31
32 most widely disseminated teaching method for effective communication skills training based on
33
34 practice and feedback on one's own communication skills. Supported by numerous previous
35
36 studies,⁴⁶⁻⁵² VitalTalk leverages didactics, demonstration, and small group sessions using role
37
38 play with trained actors portraying patients through which clinicians learn effective delivery of
39
40 serious news, prognosis discussion, early and late goals-of-care conversations. For this study, the
41
42 VitalTalk course will be a half-day session that teaches a framework for late goals-of-care
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44 discussions, including skills around delivery of serious news, responding to emotion, assessing
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46 prognostic awareness, identifying what is most important to patients, and making
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48 recommendations.
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3 The ACP Decisions program uses short video decision aids to address the most common
4 issues facing older patients with serious illness. Videos in over 25 languages can be prescribed to
5 patients and caregivers and are easily accessed in a mobile app or through a web-based platform.
6
7 The ACP Decisions videos have been shown to increase knowledge, decision certainty, and the
8 stability of preferences over time, and to better inform the way that patients choose health care
9 interventions towards the end of life.⁵³⁻⁷² The video collection includes certified video decision
10 aids,⁷³ regarding ACP, advance directives, health care agents, goals of care, cardiopulmonary
11 resuscitation, and hospice, that have been studied in a statewide implementation showing greater
12 patient-aligned medical care.⁷²

13
14 We will provide in-person training every six months at each new clinic added to the
15 intervention period of the trial. The Comprehensive ACP training program utilizes the VitalTalk
16 methodology and infrastructure and the ACP Decisions Program tools to instruct clinicians and
17 staff on how to (1) more effectively communicate with patients with cancer, (2) have ACP
18 conversations with patients, (3) introduce the videos to patients and families, (4) use the videos
19 as an adjunct to ACP counseling by clinicians, (5) select the appropriate video(s) according to
20 patient needs, and (6) use the application or electronic platform for viewing videos. The
21 combined program will involve a half-day face-to-face joint VitalTalk and ACP Decisions
22 training. Any staff member affiliated with the selected facilities will be eligible to participate in
23 training. As staff turnover among the sites is expected, training will be made available on an
24 ongoing basis throughout the trial.

25
26 Immediately following the initial training at each site, we will deploy the remainder of
27 the intervention infrastructure. The ACP Decisions videos will be programmed into desktop
28 devices, tablets, and password-protected electronic platforms of each health system's intranet.
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3 When clinics initiate the intervention, they will implement the videos with all patients with
4 flexibility as to which providers (physician, nurse, social worker) introduce the videos and
5 exactly which videos are utilized to meet their patients' clinical needs. Additionally, the in-
6 person clinician training will be supplemented with emails, pocket cards, offers of coaching, and
7 online educational videos. The study team will facilitate dissemination of implementation
8 successes and challenges via a learning network by conducting one-hour webinars at each of the
9 practices randomized to the intervention every other month to discuss quality improvement
10 activities relating to the study. The intensity of the VitalTalk training implementation will be
11 assessed as the proportion of eligible staff trained, including new staff joining the practice over
12 the implementation period. The intensity of implementation of the ACP Decisions videos will be
13 assessed as the ratio of the number of videos viewed using the site-specific access codes captured
14 at the ACP Decisions website to the number of eligible patients at each site for each six-month
15 intervention period. Fidelity to the video component of the intervention will be monitored by
16 tracking of video use (which videos are used at each clinic, playthrough rate, and frequency).
17 Feedback on video viewing will be shared with each site at the end of each six-month
18 implementation phase. Last, we aim to evaluate the impact of the study with a novel video
19 declaration process, allowing patients to state their values and preferences in their own terms,
20 which is described in detail in the Appendix.⁵⁹

21 22 23 24 25 26 27 28 29 30 31 32 33 34 35 36 37 38 39 40 41 42 43 44 45 46 47 **Control condition**

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49 Clinics in the control phase will use whatever ACP procedures already exist in place at
50 their respective system. Although current ACP-improvement initiatives may be present and vary
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3 from clinic to clinic, this heterogeneity reflects the current dynamic state of “usual” care and is
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5 therefore appropriate in this pragmatic trial.⁴³
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8 9 10 **Outcomes**

11
12 The outcomes of the ACP-PEACE trial can be divided into three main categories:
13
14 patient-level, clinician-level, and system-level. Our primary outcome is the proportion of eligible
15
16 patients with ACP documentation completed in the EHR. Presence of completed ACP
17
18 documentation will be defined via one or both of the following two means: 1) Structured EHR
19
20 data: scanned forms including advance directives, living wills, or Physician’s Orders for Life
21
22 Sustaining Treatment (or state-specific equivalent) and code status orders indicating Do Not
23
24 Resuscitate Status (or similar site-specific codes for limitations on treatments) and 2) Natural
25
26 Language Processing (NLP) extraction (described below in detail): clinical documentation that
27
28 will include goals-of-care discussion, ACP, hospice discussion, discussion of palliative care, or
29
30 limitations on code status. From the EHR or the local tumor registry, we are also determining
31
32 demographic covariates and baseline data. Secondary outcomes include resuscitation
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34 preferences, palliative care consultations, death, hospice use/utilization at the end of life, and
35
36 final cancer-directed therapy.
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42 We are deriving patient-centered outcomes from the patient survey and video
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44 declarations. The surveys measure our patient-centered secondary outcomes such as patient
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46 confidence that their future medical care will match their values, satisfaction with their
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48 clinicians’ communication,^{74 75} satisfaction with their medical decision,⁷⁶ and regret about their
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50 medical decision (Appendix).^{77 78} Finally, for each of the 450 surveyed patients who die during
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52 the study period, we will extract data, via a chart abstraction tool, regarding ACP preferences and
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care received in the final three months of life to explore whether patients receive goal-concordant care.

We are also collecting a small set of clinician data points. Participating clinicians provide information on demographics, clinical experience, prior communication training, and socioemotional orientation.⁵² Table 1 lists each data element, with its purpose, proposed source, and the target population from whom we need the data for successful completion of the study. System-level data measurement will include measurement of the training and video use as described above as well as exploratory analysis of coaching calls and implementation activities.

Table 1. Data Elements and Outcomes

| Data Element | Purpose | Source | Population |
|--|------------------------|----------------------------|--|
| A. Patient-Level | | | |
| 1. Demographics | Covariate (moderator) | EHR, Tumor Registry | Entire study population |
| 2. ACP documents | 1 ^o outcome | EHR | Entire study population |
| 3. Resuscitation Preference | 2 ^o outcome | EHR | Entire study population |
| 4. Palliative care consults | 2 ^o outcome | EHR | Entire study population |
| 5. Hospice use/ Utilization at the end of life | 2 ^o outcome | EHR, Tumor Registry, Other | Entire study population – for those patients who die |
| 6. Final Cancer-Directed Therapy | 2 ^o outcome | EHR, Tumor Registry | Entire study population – for those patients who die |
| 7. Death | Covariate | EHR, Tumor Registry, Other | Entire study population |
| 8. Patient confidence | 2 ^o outcome | Survey | Subgroup of 450 patients |
| 9. Communication satisfaction | 2 ^o outcome | Survey | Subgroup of 450 patients |
| 10. Decisional satisfaction | 2 ^o outcome | Survey | Subgroup of 450 patients |
| 11. Decisional regret | 2 ^o outcome | Survey | Subgroup of 450 patients |
| 12. Family Communication | Exploratory | Survey | Subgroup of 450 patients |
| 13. Goal-concordant care | Exploratory | EHR | Subgroup of 450 patients |
| 14. Video declaration | Exploratory | Video App | Subgroup of 240 patients |
| B. Clinician-Level | | | |
| 1. Demographic | Covariate (moderator) | Survey | All clinicians who participate |
| 2. Experience | Covariate | Survey | All clinicians who participate |
| 3. Communication training | Covariate | Survey | All clinicians who participate |
| 4. Socioemotional Orientation | Covariate | Survey | All clinicians who participate |
| C. System-Level | | | |
| 1. Practice variation | Exploratory | Audio Record | |
| 2. Leadership/Teamwork | Exploratory | Audio Record | |
| 3. Intervention/Video use | Monitoring fidelity | Video App | Entire study population |

Data sources, data elements, and linkage

Baseline (i.e., pre-intervention) data for all randomized clinics will include a six-month period prior to date of intervention delivery. Patients will be identified as having advanced cancer from each site's tumor registry and/or from clinical ICD codes, which have been studied in some cancers and have demonstrated strong specificities.⁷⁹ While these methods have lower sensitivity, they capture enough patients with advanced cancer with high specificity for outcome assessment without systematic bias towards intervention or control periods. Demographic information and baseline characteristics relevant to general oncology will be collected from the EHR. Our primary and secondary outcomes will be abstracted from the local EHRs and tumor registries as detailed below in outcomes.

We will also use NLP, a form of computer-assisted abstraction, to detect our primary and secondary outcomes. Our NLP software, ClinicalRegex, identifies predefined keywords or phrases within clinical notes, considering varieties in language and punctuation.⁸⁰⁻⁸² ClinicalRegex also allows for rapid semi-automated review that ensures that keywords have not been taken out of context. For each NLP process (i.e., goals-of-care discussion), we have built a keyword library that identifies relevant documentation within clinical notes. Each keyword library was refined and validated by manual review of clinical notes in local EHRs. With NLP, we will collect additional data on ACP documentation, goals-of-care discussions, limitation of life-sustaining treatment, palliative care consultation, and hospice assessment. Exploratory patient-centered outcomes and clinician outcomes will be derived from surveys collected through REDCap.^{83 84}

Data Use Agreements between all systems are on file and each site maintains and adheres to the process and procedures for the protection of human subjects and protected health

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3 information (PHI) for their covered entities. Only the minimum amount of necessary PHI will be
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5 collected from participants. HIPAA compliant and password protected servers will be used to
6
7 store all collected data. Individual password protected files will separate participant identifiers
8
9 and a third password protected linking file will be maintained. This linking file has restricted
10
11 access and utilizes a logging feature that identifies each user and instance of use. All data will be
12
13 transmitted via secure methods approved by the respective institutions to the Dana-Farber Cancer
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15 Institute (DFCI) for data management and to Boston Medical Center for qualitative analysis and
16
17 trial investigators will have access to the final data set and it will be made available upon
18
19 reasonable request. The EHR data will undergo a review-adjudication process whereby DFCI
20
21 data staff and key, unblinded investigators, review the raw data for each variable to identify out
22
23 of range or unexpected values, a summary is sent to each site and conference calls are conducted
24
25 with relevant investigators and programmers to adjudicate any issues. We will also validate a
26
27 randomly selected subset of data, verifying key demographic characteristics and patient selection
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29 criteria against medical records. The EHR data is then uploaded to a REDCap database.
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38 **Masking**

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40 Blinding for this trial occurs at multiple levels. Research Co-Investigators at each site
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42 will be aware of the randomization order as well as which clinics receive the intervention and
43
44 when. The investigators leading the trainings will likewise be aware of which clinics receive the
45
46 intervention. Similarly, due to their roles in working with the data and generating video
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48 adherence reports for the intervention clinics, certain members of the implementation and data
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50 management teams will be unblinded to clinic assignments and outcomes. All other staff will
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52 remain blinded to randomization scheme and outcomes.
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Statistical Analysis

Our primary analytical approach uses an intention to treat analysis, with no special allowance for noncompliance or nonadherence. With the stepped-wedge design, the outcomes during the intervention (exposed) periods will be compared to outcomes during the control (unexposed) periods. We will conduct two analyses based on the observations included in the analysis: (1) Open cohort with repeated measures design: individuals may leave and others may join during the study and the same individuals are allowed to appear in multiple periods, (2) Repeated cross-sectional design: subjects will only be included in the period when they first enter the study. Characteristics of the individuals and clusters will be summarized by exposure status.⁸⁵ We will use generalized linear mixed models to compare outcomes between intervention and control periods. The basic model is depicted in this equation:

$$g(Y_{ijk}) = \mu + \alpha_i + \beta_j + \gamma_k + X_{ij}\theta$$

where Y_{ijk} denotes the response from individual k at time j from cluster i . To account for clustering within each clinic, the model includes a random effect α_i for cluster i . Under the stepped wedge design, calendar time is associated with the exposure to the intervention. We will include a fixed effect β_j to adjust for potential confounding factors from calendar time. In the case that time effect might not be the same for all clusters, we will change the term from a fixed effect β_j to a random effect β_{ij} . To account for repeated measures from the same subject from the first analysis, we will include a random subject effect γ_k . The term X_{ij} represents the treatment indicator in cluster i at time j with θ representing the overall treatment effect. If there is evidence of treatment effect heterogeneity, we will either change the fixed effect θ to a random effect θ_i or change the fixed effect θ to $\theta_{(s)}$ which allows different treatment effects for different strata. We will also explore heterogeneity of intervention effect for different subgroups by adding an

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3 interaction term between treatment status and subgroup to the models. These groups include site,
4 sex as a biological variable, race/ethnicity (white vs. non-white), and different types of cancer
5 diagnoses.
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10 If necessary, we will include additional terms $\delta_1 Z_{ijk}$ and $\delta_2 W_{ij}$ to the model, where Z and
11 W represent vectors of patient and cluster characteristics. The index j in the Z matrices allows us
12 to include the time-varying covariates, which correspond to any patient characteristics that could
13 change over time. We will use a logit link (g) for the binary outcomes which include our primary
14 outcome of ACP documentation and our secondary outcomes of resuscitation preference and
15 hospice use. Other outcomes such as number of palliative care consults and utilizations are
16 considered as Poisson variables and modeled with a log link.
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26 In adjustment for the COVID 19 pandemic, the analysis plan will remain the same for the
27 data collected from the 30 clinics randomized to intervention after the original Step 2 (Figure
28 3b). The data collected from the 6 clinics that received intervention during Step 1 will allow us to
29 examine the ACP Program intervention effect prior to COVID-19 by comparing the ACP rates
30 prior to the intervention (original baseline) and after the intervention (original Step 1).
31 Additionally, ACP rates from original baseline, Step 1 and Step 2 from the 30 clinics randomized
32 to intervention after the original Step 2 will be used to estimate the “COVID-19 effect” on ACP.
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43 We also have patient-centered secondary outcomes from survey results for analysis.
44 Since patients will be surveyed in the step immediately before and after the intervention is
45 initiated within each clinic, the number of intervention and control patients will be approximately
46 equal at each time point. We will use linear mixed models that treat time (i.e., before or after
47 intervention) as a fixed effect and clinic as a random effect to account for clustering of patients
48 within clinics.
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3 Finally, we will examine care delivery alignment with expressed goals from a subset of
4 deceased patients of those 450 surveyed. Using a chart abstraction tool, two blinded expert
5 investigators will judge whether patients received care concordant with their documented wishes.
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7 Coders will make determinations and discuss disagreements; final judgments will be determined
8 by consensus. For qualitative coding evaluation, we will summarize the extent of agreement
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10 using kappa statistics and will compare results between those who died before and after receiving
11 interventions.
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22 **Statistical power and sample size requirements**

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24 We used the Hooper et al.^{86 87} approach to conduct the power analysis. We originally
25 estimated close to 5,000 patients from 36 oncology practices are eligible for the study at each
26 time point and approximately 20% are new patients at each step. With 7 time points (baseline
27 plus 6 steps), we anticipated a total of 11,000 unique patients will be included in the study. With
28 the modified design, we estimate 4,160 patients from 30 oncology practices are eligible for the
29 study at each time point and a total of 7,500 unique patients will be included in the stepped-
30 wedge design analysis. With each clinic contributing an average of 139 patients at each step from
31 the cohort design, the design effect due to clustering is 7.9 assuming an intra-cluster correlation
32 of 0.05, and the design effect due to repeated assessment is 0.12 assuming the cluster
33 autocorrelation coefficient is 0.7 and the individual autocorrelation coefficient is 0.9. These
34 estimates correspond to an effective sample size (i.e., sample size required for individual
35 randomization) of 4,405. For the repeated cross-sectional design, each clinic will contribute an
36 average of 23 new patients at each step, and the effective sample size is 1,628 with the same
37 assumptions on intra-cluster correlation and cluster autocorrelation. Preliminary estimates
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3 indicate the rate for ACP documentation (the primary outcome) ranges from 15% to 30% for the
4 control periods, which requires an effective sample size of 500 to 954 for detecting a 10%
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6 absolute increase in our primary outcome with a two-sided significance level of 0.05. Therefore,
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8 the study will have more than 90% power for either analysis using the open cohort with repeated
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10 measures design or the repeated cross-sectional design.
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15 For the patient-centered survey outcomes, 225 patients will be surveyed during control
16 periods and 225 will be surveyed during intervention periods. Assuming an ICC of 0.05 and an
17 average cluster size of 12.5, the effective sample size is approximately 286. A sample of this size
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19 allows for 90% power to detect a small to moderate effect size (Cohen's *d*) of 0.39 and 99%
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21 power to detect a moderate effect size of 0.5 for outcomes such as patient confidence, decisional
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23 satisfaction and regret.
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30 31 **ETHICS AND DISSEMINATION**

32 33 **Regulatory considerations**

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35 Regulatory aspects of this trial include Institutional Review Board (IRB) approval, Data
36 Use Agreements among partners, and an independent Data Safety and Monitoring Board. This
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38 study was approved via a single IRB of record mechanism as a multi-center trial with the DFCI
39
40 as the lead site and registered on ClinicalTrials.gov (NCT03609177). Duke Health, Mayo Clinic,
41
42 and Northwell Health are participatory sites and Boston Medical Center and Massachusetts
43
44 General Hospital are non-participatory sites. Each site's own regulatory board established
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46 official "reliance agreements" to use the DFCI's Office of Human Research Subjects (OHRS) as
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48 their main regulatory agent. The three participating sites have formally designated via SMART
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50 IRB that the IRB of record is the DFCI IRB and agree to follow the rules and regulations set
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3 forth by the DFCI OHRS. All relevant parties are notified by email of any protocol
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5 modifications. This study presents minimal risk to participants. Investigators will monitor and
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7 report any unforeseen adverse events to the IRB. We have proactively requested an audit to be
8
9 conducted by DFCI's OHRS before the trial end. Committees consisting of the various
10
11 investigators oversee overall project direction and administration, intervention implementation,
12
13 data quality and monitoring, stakeholder engagement, and regulatory and ethical considerations.
14
15 Data Use Agreements between all systems are on file and each site maintains and adheres to the
16
17 process and procedures for the protection of human subjects and PHI for their covered entities.
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19 Patients will be notified of the study and their participation via broadcast notifications in the
20
21 form of posters in each of the clinics and will have the option to opt out. A waiver of consent
22
23 was approved for the EHR review of the primary study subjects who are not contacted by study
24
25 staff unless a specific research declination is on file at that site. Waivers of consent were also
26
27 approved for engaging participating clinicians and surveyed patients not completing the video
28
29 declaration as their participation is confidential and voluntary giving implied consent and there is
30
31 minimal risk with the study. Those surveyed patients who also elect to complete the video
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33 declaration first need to sign an approved written consent form obtained by RAs at each site.
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42 **Relevance and dissemination**

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44 The ACP-PEACE trial will be the first to study combining two evidence-based
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46 interventions in a pragmatic setting. The work combines clinician training in responding to
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48 emotion and handling difficult conversations with decision video aids for patients. The strengths
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50 of the study include the complementary nature of these approaches: targeting both clinicians and
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52 patients in a novel way. Additionally, the pragmatic nature of the trial allows us to collect
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3 evidence of the effect of these interventions in a “real-world” setting and provides rich
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5 information on the implementation of ACP interventions. This study has the potential to add to a
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7 growing literature informing large systematic ways of improving ACP for older adults with
8
9 cancer. We plan to publish the primary outcome related to ACP documentation and our
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11 secondary outcomes in a single paper. We will also perform further analyses of our NLP
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13 methods, exploratory outcomes, chart review, implementation outcomes, and video declarations
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15 and present these in publication and at national meetings.
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17
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19
20 has a financial interest in ACP Decisions Nous, a non-profit organization developing ACP video
21
22 decision support tools. His interests were reviewed and are managed by Massachusetts General
23
24 Hospital and Partners HealthCare in accordance with their conflict of interest policies.
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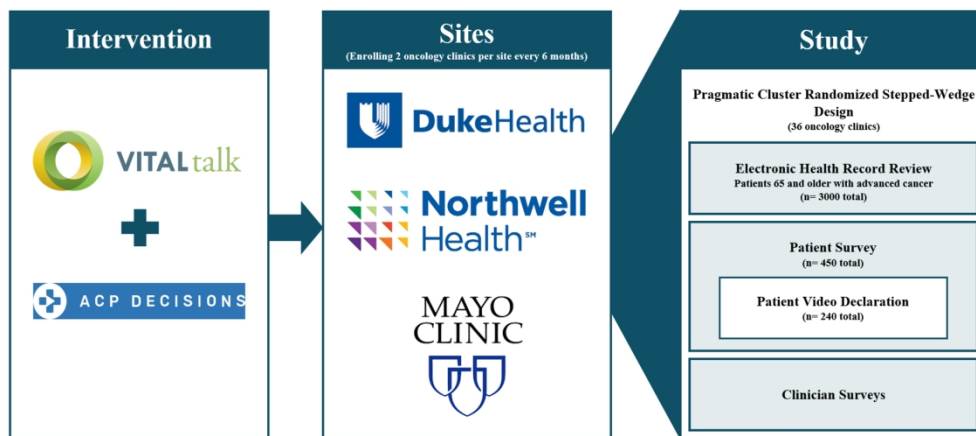


Figure 1. ACP-PEACE Model

157x70mm (300 x 300 DPI)

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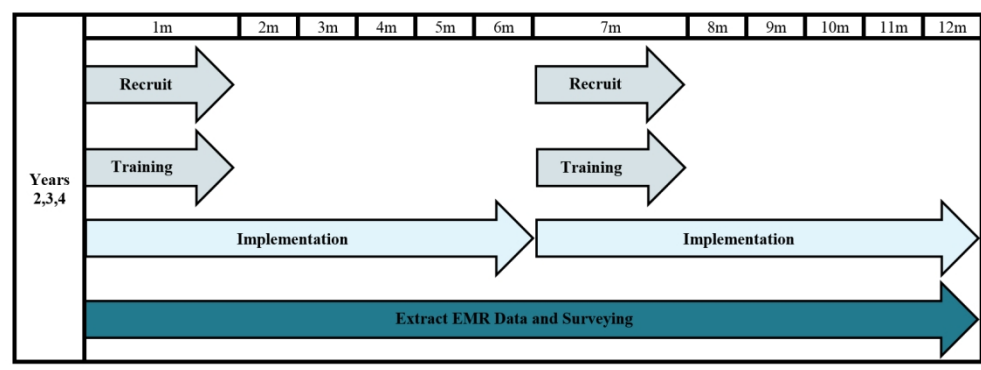


Figure 2. Stepped-Wedge Recruitment and Implementation Yearly Timeline (repeated each year)

144x53mm (300 x 300 DPI)

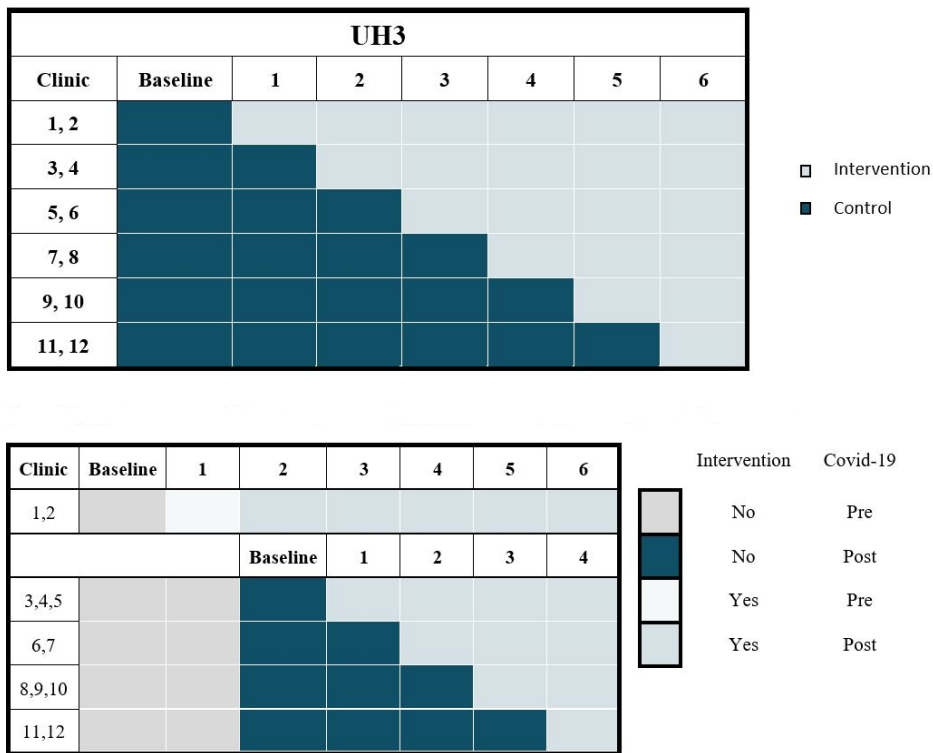


Figure 3a. Original Stepped-Wedge Cluster Randomization Scheme within Each Health Care System
 Figure 3b. Modified Stepped-Wedge Cluster Randomization Scheme within Each Health Care System

291x242mm (96 x 96 DPI)

APPENDIX

VIDEO DECLARATION PROCEDURES

For the video declarations, the RA introduces the concept to patients with a standardized introduction that is piloted during the UG3 phase and modified as needed. The RA uses the camera on a tablet computer, ensuring that the tablet is situated in such a way that the patient cannot see themselves on screen while they are talking, and records the subject. The RA will then guide the subject to create a video declaration through a series of prompting questions. The subject answers each prompt, and at the end, the RA will merge all responses to create a continuous video, removing the RA's voice. The prompts include: 1) What's most important to you? 2) What concerns do you have about getting sick? 3) If you were very sick, are there any specific medical treatments that you do or do not want? Please think about things like having CPR if your heart stopped beating or having a breathing tube if you stopped breathing. 4) What spiritual beliefs do you have that might influence your medical decisions? In the UG3 phase, half of patients will be asked to answer question 3 without the second half of the prompt – specifically naming medical treatments with the aim of helping to inform our decisions about the usefulness of providing information on treatment decisions for the video declarations in the UH3 phase. After the recording is completed, the RA plays the video for the subject to ensure they feel it accurately represents their preferences. Patients may re-film their video declaration as many times as they want to ensure their preferences are accurately described. Once the patient approves the video, the RA discusses the process by which patients will share it with clinicians, family, or whomever else they wish to include. Patients have the option of receiving the video on a USB drive, through DropBox, or as an unlisted video on YouTube.

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3 We will qualitatively analyze video declarations by first transcribing recordings verbatim
4 and adding in any relevant non-verbal information, such as expressions of hesitation or sadness.
5
6 We then draft a preliminary coding framework using an existing framework of cancer-specific
7
8 palliative care.⁸⁸ We plan to include the following among our primary coding categories: 1)
9
10 advance care planning; 2) acute issues; 3) psychosocial issues; 4) after death wishes; and 5)
11
12 existential and spiritual issues. We begin by coding 15 videos (5 from each site) using this
13
14 preliminary framework and then add further codes to include other emerging themes. Members
15
16 from the entire research team review the revised coding structure and approve the final coding
17
18 framework for coding the remaining transcripts, which is done independently by RAs at each
19
20 site. Coders attend monthly phone meetings to review coding progress and resolve discrepancies
21
22 until coding is complete. To enhance the trustworthiness of the analysis,⁸⁹ we will hold at least
23
24 two peer debriefing meetings with the entire research team to show them the transcripts and the
25
26 codes applied and ask for their feedback. Results from these meetings will be incorporated into
27
28 the ongoing coding process. Finalized codes will be summarized into themes to be presented
29
30 descriptively and accompanied by illustrative quotations highlighting the content. We are using
31
32 NVIVO version 11 qualitative software to assist in data management. We anticipate that we will
33
34 use the coding structure developed during the UG3 phase, but we will continue our plan of
35
36 group-based coding with peer debriefing during the UH3 phase as well. Further analysis of the
37
38 video declarations will examine the clarity and comprehensiveness with which the patients
39
40 communicate their preferences (i.e., would a clinician watching the video understand how to
41
42 enact this patient's advance directive) and will compare what is presented in the video
43
44 declaration with preferences as codified in the patient's medical record documentation.
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SURVEY INSTRUMENTS

Clinician Survey

1. Age:

2. Gender:

 Male Female Transgender I prefer not to answer

3. What is your ethnic/race background:

 American Indian or Alaska Native White Asian More than one race _____ Black or African American Other (specify) _____ Native Hawaiian or other Pacific Islander Unknown or not reported

4. Do you consider yourself to be Hispanic or Latino?

 Yes No

5. What is your religion?

 Christian Buddhist/Hindu/Eastern Jewish No Affiliation Islamic/Muslim Other (specify) _____

6. On a scale of 0-100, (0 being not strong at all, 100 being very strong), how strong an influence do you consider your religious/spiritual beliefs and practices to be in your life?



7. How many years have you been in practice since completing your training?

 0-5 6-10 11-15 16-20 20+

8. How many hours do you spend per week in direct patient care?

- 1
2
3 0-10
4 11-20
5
6 21-30
7 31-40
8 > 40
9

10
11 **9. Prior to this study, and during any of the following stages of your career, have you**
12 **participated in clinician-patient communication skills training? Please respond**
13 **below for...** (We refer here to any kind of workshop, seminar, or interactive on-line
14 training that specifically instructed you on effective ways or talking to your patients. We
15 do not include attending single lectures without interactive or practice elements.)
16

- 17
18 **A) Professional school (PA, nursing, medical school, etc.)?** Y/N
19 **B) Residency (if applicable)?** Y/N
20 **C) Fellowship (if applicable)?** Y/N
21 **D) Post-training clinical practice?** Y/N
22

23 **10. Have you ever attended a VitalTalk course?** Y/N
24

25 **Health care providers commonly try to balance all aspects of patient care, including the**
26 **social and emotional aspects of patient care and the technological and scientific aspects.**
27 **Virtually no one is exactly equal on these two aspects.**
28

29
30 **11. Do you think you are more inclined toward social and emotional aspects of patient**
31 **care or more inclined toward the technological and scientific aspects?**

- 32 Social & emotional
33 Technological & scientific
34

35
36 **12. Are you a little more inclined to the aspects you chose in the last question or a lot**
37 **more inclined?**

- 38 A little more inclined
39 A lot more inclined
40

41
42 **Thank you again for your time. The survey is complete.**
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Patient Survey

Verbally Administered by Research Assistant

1. How confident are you that you will get the type of medical care you want if you become seriously ill and could no longer communicate your preferences?

- ¹ Not at all confident
² Slightly confident
³ Somewhat confident
⁴ Fairly confident
⁵ Very confident

When answering the following questions, please think about the primary provider who has been treating your cancer.

2. Who do you consider to be your primary cancer provider?

- ¹ Oncologist
² Oncology Nurse Practitioner
³ Oncology Physician Assistant
⁴ Other (What is the role of that provider: _____)

3. In general, how often does this provider explain things in a way that is easy to understand?

- ¹ Never
² Sometimes
³ Usually
⁴ Always

4. In general, how often does this provider listen carefully to you?

- ¹ Never
² Sometimes
³ Usually
⁴ Always

5. In general, how often does this provider seem to know the important information about your medical history?

- ¹ Never
² Sometimes
³ Usually
⁴ Always

6. In general, how often does this provider show respect for what you have to say?

- 1
2
3 Never
4 Sometimes
5 Usually
6 Always
7
8
9

10 7. In general, how often does this provider spend enough time with you?

- 11 Never
12 Sometimes
13 Usually
14 Always
15
16

17 8. Using any number from 0 to 10, where 0 is the worst provider possible and 10 is the
18 best provider possible, what number would you use to rate this provider?

- 19 0 Worst provider possible
20 1
21 2
22 3
23 4
24 5
25 6
26 7
27 8
28 9
29 10 Best provider possible
30
31
32
33
34
35

36 9. Has your oncology team discussed with you what to expect with your illness in the
37 future?

- 38 Yes, definitely
39 Yes, somewhat
40 No
41
42
43

44 10. Has your oncology team ever asked what's most important to you?

- 45 Yes, definitely
46 Yes, somewhat
47 No
48
49

50 11. Has your oncology team talked about how the treatment plan should match what is
51 most important to you?
52
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- 1
2
3 Yes, definitely
4 Yes, somewhat
5
6 No
7

8
9 When answering the following questions, please think about the last decision about your
10 cancer treatment you made together with a health care provider.
11

12 12. I am satisfied that I was adequately informed about the issues important to my
13 decision.

- 14 Strongly disagree
15 Disagree
16 Neither agree nor disagree
17 Agree
18 Strongly agree
19
20
21

22
23 13. The decision I made was the best decision possible for me personally.

- 24 Strongly disagree
25 Disagree
26 Neither agree nor disagree
27 Agree
28 Strongly agree
29
30
31

32 14. I am satisfied that my decision was consistent with my personal values.

- 33 Strongly disagree
34 Disagree
35 Neither agree nor disagree
36 Agree
37 Strongly agree
38
39
40

41 15. I expect to successfully carry out (or continue to carry out) the decision I made.

- 42 Strongly disagree
43 Disagree
44 Neither agree nor disagree
45 Agree
46 Strongly agree
47
48
49

50 16. I am satisfied that this was my decision to make.

- 51 Strongly disagree
52 Disagree
53 Neither agree nor disagree
54 Agree
55
56
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1
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3 Strongly agree
4
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6 17. I am satisfied with my decision.

7 Strongly disagree

8 Disagree

9 Neither agree nor disagree

10 Agree

11 Strongly agree
12
13
14

15 When answering the following questions, please think about the last decision about your cancer
16 treatment you made together with a health care provider.
17
18

19 18. It was the right decision.

20 Strongly disagree

21 Disagree

22 Neither agree nor disagree

23 Agree

24 Strongly agree
25
26
27

28 19. I regret the choice that was made.

29 Strongly disagree

30 Disagree

31 Neither agree nor disagree

32 Agree

33 Strongly agree
34
35
36

37 20. I would go for the same choice if I had to do it over again.

38 Strongly disagree

39 Disagree

40 Neither agree nor disagree

41 Agree

42 Strongly agree
43
44
45

46 21. The choice did me a lot of harm.

47 Strongly disagree

48 Disagree

49 Neither agree nor disagree

50 Agree

51 Strongly agree
52
53
54

55 22. The decision was a wise one.
56
57
58
59
60

- 1
2
3 Strongly disagree
4 Disagree
5
6 Neither agree nor disagree
7 Agree
8 Strongly agree
9

10
11 23. Have you talked with a family member or close friend about the types of medical care
12 you want or don't want if you become seriously ill in the future and could no longer
13 communicate your preferences?
14

- 15 No
16 Yes
17

18
19 20a. Of those listed below, who was that person/those people? (Select all that apply)

- 20 Spouse/partner
21 Daughter
22 Son
23 Daughter-in-law
24 Son-in-law
25 Stepdaughter
26 Stepson
27 Sister
28 Brother
29 Sister-in-law
30 Brother-in-law
31 Mother
32 Stepmother
33 Mother-in-law
34 Father
35 Father-in-law
36 Granddaughter
37 Grandson
38 Niece
39 Nephew
40 Aunt
41 Cousin
42 Stepdaughter's son/daughter
43 Stepson's son/daughter
44 Daughter-in-law's son/daughter
45 Son-in-law's son/daughter
46 Boarder/renter
47 Paid aide/Housekeeper/Employee
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- 1
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3 29 Roommate
4 30 Ex-wife/Ex-husband
5 31 Boyfriend/girlfriend
6 32 Neighbor
7 33 Friend
8 34 Service/Someone from the place you live
9 35 Co-worker
10 36 Minister, Priest, or other Clergy
11 37 Psychiatrist, Psychologist, Counselor, or Therapist
12 38 Other Relative
13 39 Other Non-Relative
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Protocol Title: Advance Care Planning: Promoting Effective and Aligned Communication in the Elderly

DF/HCC Principal Research Investigator / Institution: James Tulsky, MD/DFCI

DF/HCC Site-Responsible Research Investigator(s) / Institution(s):

James Tulsky, MD/DFCI

Angelo Volandes, MD/MGH

A. INTRODUCTION

We are inviting you to take part in a research study. Research is a way of gaining new knowledge. A person who participates in a research study is called a “participant.” In this research study, we are working to help oncologists better serve patients by delivering more patient-centered medical care that is consistent with what patients want and their underlying goals and values.

The goal of this study is to test an intervention that seeks to increase the likelihood that older patients’ values and goals are incorporated into cancer care decision-making.

It is expected that about 12,000 people will take part in this research study. An institution that is supporting a research study either by giving money or supplying something that is important for the research is called the “sponsor.” The sponsor of this protocol is the National Institutes of Health (NIH) and the study will run for 5 years. This research consent form explains why this research study is being done, what is involved in participating in the research study, the possible risks and benefits of participation, alternatives to participation, and your rights as a research participant. The decision to participate is yours. If you decide to participate, please sign and date at the end of the form. We will give you a copy so that you can refer to it while you are involved in this research study.

You have been chosen to participate in this study, based on your doctor’s recommendation and because you are an older adult with advanced cancer.

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Your doctor felt that you might be willing to talk about your goals and wishes related to your medical care so your doctors and family can understand what is most important for you. You have been chosen to participate in this study, based on your doctor's recommendation. (Some de-identified information was provided to us through your medical records).

We encourage you to take some time to think this over and to discuss it with other people and to ask questions now and at any time in the future.

Dr. Angelo Volandes, a Massachusetts General Hospital (MGH) Investigator on this study, and his spouse are co-founders of and receive income from ACP Decisions Nous, a nonprofit organization developing the advanced care planning video decision support tools being evaluated in this study. Dr. Volandes' financial interests have been reviewed and are managed by Massachusetts General Hospital and Partners HealthCare in accordance with their conflict of interest policies. MGH will only be receiving de-identified data.

B. WHY IS THIS RESEARCH STUDY BEING DONE?

The purpose of this study is to improve the quality of care provided to older Americans with cancer. We are working to help oncologists better serve patients by delivering more patient-centered medical care that is consistent with what patients want.

C. WHAT OTHER OPTIONS ARE THERE?

Taking part in this research study is voluntary. You may choose not to be in the study, or, if you agree to be in the study, you may withdraw from the study at any time. If you withdraw from the study, no new data about you will be collected for study purposes.

If you participate, we will also ask if you wish to create a video of yourself describing what is important to you, any worries you have, and your preferences for medical care. We call these "video declarations."

- A Research Assistant will also ask you to complete a written video declaration.

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- If you agree, we will record that declaration.
- We will ask you to talk about your Advance Care Planning preferences, for medical care so your doctors and family can understand what is most important for you.
- We will show your video to you when you are done.
- If you aren't happy with the video, you can record it again.
- When the recording is complete, the RA will play the video for you to see if you feel it accurately represents your preferences.
- There might be occasions when we would like to publicly share the information that we have learned through this research for demonstration purposes and at similar venues. We will provide you with an option to let us know if you are willing to publicly share your video via in-person or online webinar/lecture.

This visit will involve the following:

- **Recording a personal video declaration that includes both video and audio recording**

D. HOW LONG WILL I BE IN THIS RESEARCH STUDY?

You will be in this research study for the length of time that your scheduled appointment will take. After you complete the interview and video recording, investigators will continue to have access to your medical record and video for the purpose of analyzing the study outcomes.

You may be taken off the research study for reasons such as:

- It is considered to be in your best interest
- There is any problem with following study procedures
- There are any problems with research funding
- Or for any other reason

If you are removed from the research study, the research Investigator will explain to you why you were removed.

In addition, you can stop participating in the research study at any time.

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E. WHAT ARE THE RISKS OR DISCOMFORTS OF THE RESEARCH STUDY?

There are risks to taking part in any research study, but the risks in this study are small and non-medical. The main risk is loss of confidentiality. You might become a little uncomfortable, sad, or even distressed as you contemplate serious illness with your provider, and there will be clinicians trained to help you with any discomfort you might feel.

During the research study, you will be provided with any new information that may affect your health or willingness to participate. You may be asked to sign a new consent form that shows that you have been informed of new information relating to this research study.

F. WHAT ARE THE BENEFITS OF THE RESEARCH STUDY?

Taking part in this research study may or may not benefit you. We hope the information learned from this research study will help you and your doctors in the clinics to benefit from the study by having your treatments better aligned with your preferences. There is the potential for the results learned from the study to help us to improve the Advance Care Planning of the overall outpatient clinic population, and particularly those with advanced cancer. There is the potential to validate an intervention that could ensure that treatments are better aligned with patients' preferences.

G. CAN I STOP BEING IN THE RESEARCH STUDY AND WHAT ARE MY RIGHTS?

You have the right to choose not to sign this form. If you decide not to sign this form, you cannot participate in this research study.

You can stop being in the research study at any time. Tell the research doctor if you are thinking about stopping or decide to stop. Leaving the research study will not affect your medical care. You can still get your medical care from your hospital or Investigator.

If you choose to not participate, or if you are not eligible to participate, or if you withdraw from this research study, this will not affect your present or future care and will not cause any penalty or loss of benefits to which you are otherwise entitled.

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H. WHAT ARE THE COSTS?

There is no cost to you for participating in this study.

I. WHAT ABOUT CONFIDENTIALITY?

We will take measures to protect the privacy and security of all your personal information, but we cannot guarantee complete confidentiality of study data. All staff with access to information will be trained in privacy protection rules. Any personal information will be kept on a single central protected server with 24/7 security monitoring.

Applications will be designed with data security as the first goal and will be carefully reviewed for security prior to usage in the study. Participating oncologists will also be instructed on strict procedures to ensure the privacy and security of the video recordings at all levels of the data collection and storage process. The only people who will see this information will be study staff, investigators, other investigators who have been authorized by the research team to conduct analyses, and also those who have a contractual relationship with us in service of the research.

The results of this research study may be published. You will not be identified in publications without your permission.

This trial may be registered on <https://www.clinicaltrials.gov>, a publicly available registry of clinical trials. This website will not include information that can identify you. At most, the website will include a summary of the results. You can search this website at any time.

J. WHOM DO I CONTACT IF I HAVE QUESTIONS ABOUT THE RESEARCH STUDY?

If you have questions about the study, please contact your local research investigator or study staff as listed below:

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DFCI

- Dr. James Tulsy, PI [Contact Information]
- Julie Goldman, Study Staff [Contact Information]

MGH

- Dr. Angelo Volandes, [Contact Information]

For questions about your rights as a research participant, please contact a representative of the Office for Human Research Studies at [Insert site name and phone number here] This can include questions about your participation in the study, concerns about the study, a research related injury, or if you feel/felt under pressure to enroll in this research study or to continue to participate in this research study.

K. PRIVACY OF PROTECTED HEALTH INFORMATION

Federal law requires Dana-Farber/Harvard Cancer Center (DF/HCC) and its affiliated research doctors, health care providers, and physician network to protect the privacy of information that identifies you and relates to your past, present, and future physical and mental health conditions (“protected health information”). If you enroll in this research study, your “protected health information” will be used and shared with others as explained below.

1. What protected health information about me will be used or shared with others during this research?

- Existing medical records, including mental health records.
- New health information created from study-related tests, procedures, visits, and/or questionnaires

2. Why will protected information about me be used or shared with others?

The main reasons include the following:

- To conduct and oversee the research described earlier in this form;
- To ensure the research meets legal, institutional, and accreditation requirements;

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- To conduct public health activities (including reporting of adverse events or situations where you or others may be at risk of harm); and
- To provide the study sponsor with information arising from an adverse event or other event that relates to the safety or toxicity of the drug(s) used in the study and for the purpose of this or other research relating the study drug and its use in cancer; and,
- To better understand the diseases being studied and to improve the design of future studies; and,
- Other reasons may include for treatment, payment, or health care operations. For example, some medical information produced by this research study may become part of your hospital medical record because the information may be necessary for your medical care. (You will also be given a notice for use and sharing of protected health information.)

3. Who will use or share protected health information about me?

- DF/HCC and its affiliated research doctors and entities participating in the research will use and share your protected health information. In addition, other DF/HCC offices that deal with research oversight, billing or quality assurance will be able to use and share your protected health information.

4. With whom outside of DF/HCC may my protected health information be shared?

While all reasonable efforts will be made to protect the confidentiality of your protected health information, it may also be shared with the following entities:

- Outside individuals or entities that have a need to access this information to perform functions relating to the conduct of this research such as analysis by outside laboratories on behalf of DF/HCC and its affiliates (for example, data storage companies, insurers, or legal advisors).
- The sponsor(s) of the study, its subcontractors, representatives, business partners, and its agent(s): NIH
- Other research doctors and medical centers participating in this research, if applicable
- Federal and state agencies (for example, the Department of Health and Human Services, the Food and Drug Administration, the National

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Institutes of Health, and/or the Office for Human Research Protections), or other domestic or foreign government bodies if required by law and/or necessary for oversight purposes.

- Hospital accrediting agencies
- A data safety monitoring board organized to oversee this research, if applicable

Some who may receive your protected health information may not have to satisfy the privacy rules and requirements. They, in fact, may share your information with others without your permission.

5. For how long will protected health information about me be used or shared with others?

- There is no scheduled date at which your protected health information that is being used or shared for this research will be destroyed, because research is an ongoing process.

6. Statement of privacy rights:

- You have the right to withdraw your permission for the research doctors and participating DF/HCC entities to use or share your protected health information. We will not be able to withdraw all the information that already has been used or shared with others to carry out related activities such as oversight, or that is needed to ensure quality of the study. To withdraw your permission, you must do so in writing by contacting the researcher listed above in the section: "Whom do I contact if I have questions about the research study?"
- You have the right to request access to your protected health information that is used or shared during this research and that is related to your treatment or payment for your treatment, but you may access this information only after the study is completed. To request this information, please contact the researcher listed above in the section: "Whom do I contact if I have questions about the research study?"

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L. CONSENT TO OPTIONAL RESEARCH STUDIES:

You are being asked to participate in some optional studies. If you decide not to participate in any of the optional studies, you can still participate in the main research study. Please take your time to make your decision and discuss it with others and your primary care physician.

Your participation in these optional research studies is voluntary, and you will not be penalized or lose any benefits if you refuse to participate or decide to stop.

Optional Study #1:

We can share your declaration video with you if you wish to have a copy of it. There are multiple ways we can share your declaration video with you. The options available to you are dependent on the site where you receive your medical care. The safest and most secure way to share the video is either through an encrypted flash drive or through a tool called Dropbox for Business.

- ┌ Option 1: We can put your declaration video on an encrypted flash drive which is password protected and provide the flash drive to you; or
- ┌ Option 2: We can post your declaration video on a website called Dropbox for Business. You would be provided web link to view your video online. Dana-Farber has more privacy control over this site and can remove your video at any time. Dropbox for Business would require you to follow multiple steps to view your video.

If you prefer to not use Dropbox for Business or receive through an encrypted flash drive, we can still share your declaration video with you.

- ┌ Option 3: We can put your declaration video on an unencrypted flash drive which is not password protected and provide the flash drive to you; or
- ┌ Option 4: We can post your declaration video on a YouTube unlisted video setting under the study's YouTube account and provide the web link to you. An unlisted video can only be seen and shared by a web link. The

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unlisted video should not be available on YouTube's search results or for people who do not have access to the web link. YouTube is user friendly, and would not require multiple steps to view your video

Please note, for Option 3 and Option 4, we cannot guarantee the confidentiality of your information. For example:

- a. If you lose the unencrypted flash drive it may be recovered and accessible by someone else; or
- b. If the YouTube web link is shared with another person, it may be possible for that person to post your unlisted video to a public playlist or to re-disclose the web link which would then be accessible by others.

I understand if my health information is disclosed to the media or the general public pursuant to this authorization, it is no longer protected by federal or state privacy regulations and may be re-disclosed by the recipient. I further understand that once such materials are in the possession of media or members of the general public, Dana-Farber will have no control over their use.

Please indicate whether or not you want to take part in this optional research study. If you would like to participate in this optional study and receive a copy of your video declaration, please indicate below and also check off the method above which you would like to receive it by.

Not applicable

Yes _____ Initials _____ Date

No _____ Initials _____ Date

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Optional Study #2:

There are times when the research team would like to share patients' videos with their colleagues, in scientific presentations or to train study staff. Would you be comfortable in sharing your video publicly for purposes like this? The risk is that the video could be widely shared, depending on the venue, and we will not have any control over this. We will not be analyzing anything so there will be no results.

I understand if my health information is disclosed to the media or the general public pursuant to this authorization, it is no longer protected by federal or state privacy regulations and may be re-disclosed by the recipient. I further understand that once such materials are in the possession of media or members of the general public, Dana-Farber will have no control over their use.

Please indicate whether or not you want to take part in this optional research study.

 Not applicable Yes _____ Initials _____ Date No _____ Initials _____ Date

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N. Documentation of Consent

My signature below indicates:

- I have had enough time to read the consent and think about participating in this study;
- I have had all of my questions answered to my satisfaction;
- I am willing to participate in this study;
- I have been told that my participation is voluntary and I can withdraw at any time

Signature of Participant
or Legally Authorized Representative

Date

Relationship of Legally Authorized Representative to Participant

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Adult Participants

To be completed by person obtaining consent:

The consent discussion was initiated on _____ (date).

Signature of individual obtaining consent: _____

Printed name of above: _____

Date: _____

- A copy of this signed consent form will be given to the participant or legally authorized representative, or, where the participant is a minor, the participant's parent or legal guardian.

For Adult Participants

- 1) The participant is an adult and provided consent to participate.
- 1a) Participant (or legally authorized representative) is a non-English speaker and signed the translated Short Form in lieu of English consent document:

As someone who understands both English and the language spoken by the participant, I interpreted and/or witnessed, in the participant's language, the researcher's presentation of the English consent form. The participant was given the opportunity to ask questions.

Signature of Interpreter/Witness: _____

Printed Name of Interpreter/Witness: _____

Date: _____

- 1b) Participant is physically unable to sign the consent form because:
- The participant is illiterate.
- The participant has a physical disability.
- Other (please describe): _____

The consent form was read to the participant who was given the opportunity to ask questions and who communicated agreement to participate in the research.

Signature of Witness: _____

Printed Name of Witness: _____

Date: _____

Reporting checklist for protocol of a clinical trial.

Based on the SPIRIT guidelines.

Instructions to authors

Complete this checklist by entering the page numbers from your manuscript where readers will find each of the items listed below.

Your article may not currently address all the items on the checklist. Please modify your text to include the missing information. If you are certain that an item does not apply, please write "n/a" and provide a short explanation.

Upload your completed checklist as an extra file when you submit to a journal.

In your methods section, say that you used the SPIRIT reporting guidelines, and cite them as:

Chan A-W, Tetzlaff JM, Altman DG, Laupacis A, Gøtzsche PC, Krleža-Jerić K, Hróbjartsson A, Mann H, Dickersin K, Berlin J, Doré C, Parulekar W, Summerskill W, Groves T, Schulz K, Sox H, Rockhold FW, Rennie D, Moher D. SPIRIT 2013 Statement: Defining standard protocol items for clinical trials. *Ann Intern Med.* 2013;158(3):200-207

| | Reporting Item | Page Number |
|-----------------------------------|---|-------------|
| Administrative information | | |
| Title | #1 Descriptive title identifying the study design, population, interventions, and, if applicable, trial acronym | 1 |
| Trial registration | #2a Trial identifier and registry name. If not yet registered, name of intended registry | 19 |
| Trial registration: data set | #2b All items from the World Health Organization Trial Registration Data Set | 1, 19 |
| Protocol version | #3 Date and version identifier | 2 |
| Funding | #4 Sources and types of financial, material, and other support | 2 |

| | | | | |
|----|----------------------|---------------------|--|----------|
| 1 | Roles and | #5a | Names, affiliations, and roles of protocol | 1, 22-23 |
| 2 | responsibilities: | | contributors | |
| 3 | contributorship | | | |
| 4 | | | | |
| 5 | | | | |
| 6 | Roles and | #5b | Name and contact information for the trial | 1 |
| 7 | responsibilities: | | sponsor | |
| 8 | sponsor contact | | | |
| 9 | information | | | |
| 10 | | | | |
| 11 | | | | |
| 12 | | | | |
| 13 | Roles and | #5c | Role of study sponsor and funders, if any, in | 2 |
| 14 | responsibilities: | | study design; collection, management, | |
| 15 | sponsor and funder | | analysis, and interpretation of data; writing | |
| 16 | | | of the report; and the decision to submit the | |
| 17 | | | report for publication, including whether | |
| 18 | | | they will have ultimate authority over any of | |
| 19 | | | these activities | |
| 20 | | | | |
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| 23 | | | | |
| 24 | Roles and | #5d | Composition, roles, and responsibilities of | 20 |
| 25 | responsibilities: | | the coordinating centre, steering committee, | |
| 26 | committees | | endpoint adjudication committee, data | |
| 27 | | | management team, and other individuals or | |
| 28 | | | groups overseeing the trial, if applicable (see | |
| 29 | | | Item 21a for data monitoring committee) | |
| 30 | | | | |
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| 32 | | | | |
| 33 | | | | |
| 34 | Introduction | | | |
| 35 | | | | |
| 36 | Background and | #6a | Description of research question and | 5-6 |
| 37 | rationale | | justification for undertaking the trial, | |
| 38 | | | including summary of relevant studies | |
| 39 | | | (published and unpublished) examining | |
| 40 | | | benefits and harms for each intervention | |
| 41 | | | | |
| 42 | | | | |
| 43 | | | | |
| 44 | | | | |
| 45 | Background and | #6b | Explanation for choice of comparators | 6-8 |
| 46 | rationale: choice of | | | |
| 47 | comparators | | | |
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| 50 | Objectives | #7 | Specific objectives or hypotheses | 6 |
| 51 | | | | |
| 52 | Trial design | #8 | Description of trial design including type of | 6 |
| 53 | | | trial (eg, parallel group, crossover, factorial, | |
| 54 | | | single group), allocation ratio, and | |
| 55 | | | framework (eg, superiority, equivalence, | |
| 56 | | | non-inferiority, exploratory) | |
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1 **Methods:**

2 **Participants,**

3 **interventions, and**

4 **outcomes**

| | | | |
|----|----------------------|----------------------|---|
| 5 | | | |
| 6 | | | |
| 7 | | | |
| 8 | Study setting | #9 | Description of study settings (eg, community 7-8 clinic, academic hospital) and list of countries where data will be collected. Reference to where list of study sites can be obtained |
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| 16 | Eligibility criteria | #10 | Inclusion and exclusion criteria for 8-9 participants. If applicable, eligibility criteria for study centres and individuals who will perform the interventions (eg, surgeons, psychotherapists) |
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| 24 | Interventions: | #11a | Interventions for each group with sufficient 7, 9-11 description detail to allow replication, including how and when they will be administered |
| 25 | | | |
| 26 | | | |
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| 30 | Interventions: | #11b | Criteria for discontinuing or modifying 9-11 modifications allocated interventions for a given trial participant (eg, drug dose change in response to harms, participant request, or improving / worsening disease) |
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| 37 | | | |
| 38 | Interventions: | #11c | Strategies to improve adherence to 9-11 adherence intervention protocols, and any procedures for monitoring adherence (eg, drug tablet return; laboratory tests) |
| 39 | | | |
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| 44 | | | |
| 45 | Interventions: | #11d | Relevant concomitant care and interventions <i>N/A: Patients are receiving the</i> concomitant care that are permitted or prohibited during the <i>standard of care, non-controlled</i> trial <i>trial.</i> |
| 46 | | | |
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| 50 | Outcomes | #12 | Primary, secondary, and other outcomes, 12-13 including the specific measurement variable (eg, systolic blood pressure), analysis metric (eg, change from baseline, final value, time to event), method of aggregation (eg, median, proportion), and time point for each |
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1 outcome. Explanation of the clinical
 2 relevance of chosen efficacy and harm
 3 outcomes is strongly recommended
 4

5 Participant timeline [#13](#) Time schedule of enrolment, interventions 7-8, See Figure 3a,b
 6 (including any run-ins and washouts),
 7 assessments, and visits for participants. A
 8 schematic diagram is highly recommended
 9 (see Figure)
 10
 11
 12

13 Sample size [#14](#) Estimated number of participants needed to 18-19
 14 achieve study objectives and how it was
 15 determined, including clinical and statistical
 16 assumptions supporting any sample size
 17 calculations
 18
 19
 20

21 Recruitment [#15](#) Strategies for achieving adequate participant *N/A: In this pragmatic trial, all*
 22 enrolment to reach target sample size *individuals who meet criteria*
 23 *and do not opt out are included*
 24 *in the analysis rather than*
 25 *individual patient recruitment.*
 26 *We have included the*
 27 *description of our population on*
 28 *page 8.*
 29
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35 **Methods:**

36 **Assignment of** 37 **interventions (for** 38 **controlled trials)** 39 40

41 Allocation: [#16a](#) Method of generating the allocation 7-8
 42 sequence generation sequence (eg, computer-generated random
 43 numbers), and list of any factors for
 44 stratification. To reduce predictability of a
 45 random sequence, details of any planned
 46 restriction (eg, blocking) should be provided
 47 in a separate document that is unavailable to
 48 those who enrol participants or assign
 49 interventions
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| 1 | Allocation | #16b | Mechanism of implementing the allocation | 7-8 |
| 2 | concealment | | sequence (eg, central telephone; sequentially | |
| 3 | mechanism | | numbered, opaque, sealed envelopes), | |
| 4 | | | describing any steps to conceal the sequence | |
| 5 | | | until interventions are assigned | |
| 6 | | | | |
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| 8 | | | | |
| 9 | Allocation: | #16c | Who will generate the allocation sequence, | 7-9 |
| 10 | implementation | | who will enrol participants, and who will | |
| 11 | | | assign participants to interventions | |
| 12 | | | | |
| 13 | | | | |
| 14 | Blinding (masking) | #17a | Who will be blinded after assignment to | 15 |
| 15 | | | interventions (eg, trial participants, care | |
| 16 | | | providers, outcome assessors, data analysts), | |
| 17 | | | and how | |
| 18 | | | | |
| 19 | | | | |
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| 21 | Blinding (masking): | #17b | If blinded, circumstances under which | 15 |
| 22 | emergency | | unblinding is permissible, and procedure for | |
| 23 | unblinding | | revealing a participant's allocated | |
| 24 | | | intervention during the trial | |
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| 28 | Methods: Data | | | |
| 29 | collection, | | | |
| 30 | management, and | | | |
| 31 | analysis | | | |
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| 35 | Data collection plan | #18a | Plans for assessment and collection of | 8-9, 12-15 |
| 36 | | | outcome, baseline, and other trial data, | |
| 37 | | | including any related processes to promote | |
| 38 | | | data quality (eg, duplicate measurements, | |
| 39 | | | training of assessors) and a description of | |
| 40 | | | study instruments (eg, questionnaires, | |
| 41 | | | laboratory tests) along with their reliability | |
| 42 | | | and validity, if known. Reference to where | |
| 43 | | | data collection forms can be found, if not in | |
| 44 | | | the protocol | |
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| 51 | Data collection | #18b | Plans to promote participant retention and | <i>N/A; The unit of randomization</i> |
| 52 | plan: retention | | complete follow-up, including list of any | <i>is the clinic and all eligible</i> |
| 53 | | | outcome data to be collected for participants | <i>individuals who do not choose</i> |
| 54 | | | who discontinue or deviate from intervention | <i>to opt out are included and are</i> |
| 55 | | | protocols | <i>not followed up over time.</i> |
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| 1 | Data management | #19 | Plans for data entry, coding, security, and storage, including any related processes to promote data quality (eg, double data entry; range checks for data values). Reference to where details of data management procedures can be found, if not in the protocol | 8, 13-15 |
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| 12 | Statistics: outcomes | #20a | Statistical methods for analysing primary and secondary outcomes. Reference to where other details of the statistical analysis plan can be found, if not in the protocol | 15-18 |
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| 19 | Statistics: additional analyses | #20b | Methods for any additional analyses (eg, subgroup and adjusted analyses) | 15-18 |
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| 22 | | | | |
| 23 | Statistics: analysis population and missing data | #20c | Definition of analysis population relating to protocol non-adherence (eg, as randomised analysis), and any statistical methods to handle missing data (eg, multiple imputation) | 15-18 |
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| 31 | Methods: | | | |
| 32 | Monitoring | | | |
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| 35 | Data monitoring: formal committee | #21a | Composition of data monitoring committee (DMC); summary of its role and reporting structure; statement of whether it is independent from the sponsor and competing interests; and reference to where further details about its charter can be found, if not in the protocol. Alternatively, an explanation of why a DMC is not needed | 15, 19-20 |
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| 48 | Data monitoring: interim analysis | #21b | Description of any interim analyses and stopping guidelines, including who will have access to these interim results and make the final decision to terminate the trial | 14 |
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| 54 | Harms | #22 | Plans for collecting, assessing, reporting, and managing solicited and spontaneously | 19 |
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| | | reported adverse events and other unintended effects of trial interventions or trial conduct | |
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| 4 | Auditing | #23 Frequency and procedures for auditing trial conduct, if any, and whether the process will be independent from investigators and the sponsor | 19-20 |
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| 11 | Ethics and | | |
| 12 | dissemination | | |
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| 15 | Research ethics approval | #24 Plans for seeking research ethics committee / institutional review board (REC / IRB) approval | 19-20 |
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| 20 | Protocol amendments | #25 Plans for communicating important protocol modifications (eg, changes to eligibility criteria, outcomes, analyses) to relevant parties (eg, investigators, REC / IRBs, trial participants, trial registries, journals, regulators) | 19-20 |
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| 30 | Consent or assent | #26a Who will obtain informed consent or assent from potential trial participants or authorised surrogates, and how (see Item 32) | 20 |
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| 35 | Consent or assent: ancillary studies | #26b Additional consent provisions for collection and use of participant data and biological specimens in ancillary studies, if applicable | N/A |
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| 40 | Confidentiality | #27 How personal information about potential and enrolled participants will be collected, shared, and maintained in order to protect confidentiality before, during, and after the trial | 14-15, 19-20 |
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| 49 | Declaration of interests | #28 Financial and other competing interests for principal investigators for the overall trial and each study site | 22 |
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| 54 | Data access | #29 Statement of who will have access to the final trial dataset, and disclosure of contractual agreements that limit such access for investigators | 15 |
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| 1 | Ancillary and post | #30 | Provisions, if any, for ancillary and post-trial | <i>N/A</i> |
| 2 | trial care | | care, and for compensation to those who | |
| 3 | | | suffer harm from trial participation | |
| 4 | | | | |
| 5 | | | | |
| 6 | Dissemination | #31a | Plans for investigators and sponsor to | <i>20-21</i> |
| 7 | policy: trial results | | communicate trial results to participants, | |
| 8 | | | healthcare professionals, the public, and | |
| 9 | | | other relevant groups (eg, via publication, | |
| 10 | | | reporting in results databases, or other data | |
| 11 | | | sharing arrangements), including any | |
| 12 | | | publication restrictions | |
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| 17 | Dissemination | #31b | Authorship eligibility guidelines and any | <i>22-23</i> |
| 18 | policy: authorship | | intended use of professional writers | |
| 19 | | | | |
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| 21 | Dissemination | #31c | Plans, if any, for granting public access to | <i>N/A</i> |
| 22 | policy: reproducible | | the full protocol, participant-level dataset, | |
| 23 | research | | and statistical code | |
| 24 | | | | |
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| 27 | Appendices | | | |
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| 29 | Informed consent | #32 | Model consent form and other related | <i>Appendix</i> |
| 30 | materials | | documentation given to participants and | |
| 31 | | | authorised surrogates | |
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| 34 | Biological | #33 | Plans for collection, laboratory evaluation, | <i>N/A</i> |
| 35 | specimens | | and storage of biological specimens for | |
| 36 | | | genetic or molecular analysis in the current | |
| 37 | | | trial and for future use in ancillary studies, if | |
| 38 | | | applicable | |
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