

Online supplementary material for the following article:

Tomczyk, S.* , Schomerus, G., Stolzenburg, S., Muehlan, H., & Schmidt, S. (revised). Ready, Willing, and Able? An Investigation of the Theory of Planned Behaviour in Help-Seeking for a Community Sample with Current Untreated Depressive Symptoms. *Prevention Science*

* Corresponding author: samuel.tomczyk@uni-greifswald.de; University of Greifswald, Institute of Psychology, Department Health and Prevention, Robert-Blum-Str. 13, 17487 Greifswald (Germany); t +49 3834 420 3806, f +49 3834 420 3812

Supplementary Table S2

Standardized path coefficients of path models of the Theory of Planned Behaviour (TPB) regarding help-seeking from mental health professionals (psychologist, psychotherapist, or psychiatrist) for depressive symptoms in a German community sample (N = 188)

Variable	Model 1 (attitudes, subjective norms, perceived behavioural control)		Model 2 (attitudes, subjective norms, perceived self-efficacy, perceived controllability)	
	Intention	Behaviour	Intention	Behaviour
TPB ^a Attitudes towards treatment	.24***		.23**	
TPB Subjective norms	.26***		.25***	
TPB Perceived behavioural control	.09	.03		
Self-efficacy			.15*	.10
Controllability			-.03	-.05
Age	-.02	.11	-.02	.10
Gender (ref. ^b male)	-.02	.05	-.01	.06
Monthly income	-.04	-.01	-.05	-.02
Secondary education (ref. low)				

Average	-0.01	-0.16	-0.01	-0.15
Highest	-0.04	-0.03	-0.03	-0.03
Past treatment (ref. no)	.07	.10	.07	.09
Depression severity	.13	.16*	.12	.15

Note. ^aTPB = Theory of Planned Behaviour; ^bref. = reference category for binary variables;

* $p < .05$, ** $p < .01$, *** $p < .001$