

Supplemental Table 1. Prevalence rates of low back pain from studies with high risk of bias

Study	Occupation	Prevalence period and rate			
		Week	Year	Career	Lifetime
Al Dajah and Al Daghdhi 2013 ⁸	Nurses	61.3%	-	-	-
Aseri et al. 2019 ¹⁴	Physicians	-	-	69%	84.9%
Abduljabbar 2008 ²²	Dentists	-	52.1%	-	-
Alamri et al. 2018 ²⁵	Physicians	-	-	-	47.8%
Alghadir et al. 2015 ²⁶	Dental professionals ^a	-	-	50.6%	-
Almalki et al. 2016 ²⁹	Physicians	-	-	-	87.7%
AlNekhlan et al. 2020 ³¹	MLT	-	60.9%	-	-
Gaowgzeh 2019 ³⁸	Nurses	-	-	66.7%	-

^aInclude dentists, dental assistants, dental hygienists, and dental technicians.

Abbreviations: MLT, medical laboratory technologists.