



IDEAL Study

Improved cardiovascular
Disease hEALth service
delivery in Australia



UNIVERSITY of
TASMANIA

MENZIES 
Institute for Medical Research

IDEAL Study

The IDEAL study aims to lower the risk of people developing cardiovascular disease, including heart attack and stroke.

Patients attending Hobart Pathology, 20-22 Gregory St, Sandy Bay, for a cholesterol test may be eligible to participate.

If you wish to participate, medical health information and blood pressure will be recorded in a specially built booth.

A risk score on the chances of having a cardiovascular event in the next five years will be calculated and sent to your GP.

This risk score is based on best-practice medicine and is designed to help doctors

make better-informed decisions to manage the risk of cardiovascular disease.

You may also be invited to attend optional follow-up studies, which include a full cardiovascular assessment or attending a focus group on cardiovascular disease and primary healthcare.

For further information

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CRICOS Provider Code: 00586B