

Supplemental Table. Nutrition information of the DSNS used in the study

	Amount per serving	% Daily Value*
Serving size:	10 fl oz	
Calories:	180	
Total Fat, g	8	10%
Saturated Fat, g	1.5	7%
Trans Fat, g	0	
Polyunsaturated Fat, g	2.5	
Monounsaturated Fat, g	4	
Cholesterol, mg	10	3%
Total Carbohydrate, g	16	6%
Dietary Fiber, g	5	17%
Protein, g	15	30%