

Description of Additional Supplementary Files

File Name: Supplementary Movie 1

Description: Evolution of shapes of the three model epithelial shells in Fig. 1c of the main text without active T1 transitions ($k_{T1}^{(0)} = 0$), $N_c = 300$, and $v_{\text{lumen}} = 100$. The simulations start from a spherical shape and result in a spherical ($\alpha = 1.2$, $\beta = 1.2$), stomatocyte ($\alpha = 0.5$, $\beta = 1.1$), and budded ($\alpha = 1.5$, $\beta = 0.3$) morphology.

File Name: Supplementary Movie 2

Description: Evolution of shapes of the four active T1 model epithelial shells in Fig. 1d of the main text, with $k_{T1}^{(0)} = 200$, $N_c = 300$, and $v_{\text{lumen}} = 100$. The simulations start from a spherical shape and result in a spherical ($\alpha = 1.2$, $\beta = 1.2$), stomatocyte ($\alpha = 0.5$, $\beta = 1.1$), budded ($\alpha = 1.1$, $\beta = 0.5$), and branched ($\alpha = 0.7$, $\beta = 0.5$) morphology.

File Name: Supplementary Movie 3

Description: Evolution of the branched model epithelial shell in Fig. 2d of the main text ($\alpha = 0.7$, $\beta = 0.5$). Cells with five neighbors are colored yellow, cells with seven neighbors are colored brown, and all other cells are white.

File Name: Supplementary Movie 4

Description: Evolution of shapes of the four growing model epithelial shells with $\tau_d = 2000$ in Figs. 4b-e of the main text. Note that while in the spherical ($\alpha = 1.2$, $\beta = 1.2$), stomatocyte ($\alpha = 0.5$, $\beta = 1.1$), budded ($\alpha = 1.1$, $\beta = 0.5$) epithelial shells the shapes resulting from growth and from junctional activity (Fig. 1d of the main text) belong to the same category, the ($\alpha = 0.7$, $\beta = 0.5$) growth-induced shape differs from the branched morphology in Fig. 1d as branching requires the presence of active T1 transitions, which are absent in the growing-shell model. u

File Name: Supplementary Movie 5

Description: Evolution of shapes of the two growing model epithelial shells with $\tau_d = 2000$ in Figs. 4f-g of the main text with ($\alpha = 0.7$, $\beta = 0.5$), without active T1 transitions ($k_{T1}^{(0)} = 0$; left), and with active T1 transitions ($k_{T1}^{(0)} = 200$; right).