

Online Supplemental Material

e Table 1. PubMed search strategy

| N | Search Terms | Records |
|----|---|---------|
| 1 | Lipid AND Lowering | 4809 |
| 2 | LDL AND Lowering | 2491 |
| 3 | Cholesterol AND Lowering | 3663 |
| 4 | Statin AND Cholesterol | 4139 |
| 5 | Statin AND LDL | 3152 |
| 6 | Statin AND Lipid | 5022 |
| 7 | Ezetimibe AND Cholesterol | 471 |
| 8 | Ezetimibe AND LDL | 423 |
| 9 | Ezetimibe AND Lipid | 493 |
| 10 | Proprotein convertase subtilisin/kexin type 9 AND Cholesterol | 102 |
| 11 | Proprotein convertase subtilisin/kexin type 9 AND LDL | 96 |
| 12 | Proprotein convertase subtilisin/kexin type 9 AND Lipid | 97 |

e Table 2. Risk of bias in the included trials as assessed by the Cochrane risk of bias assessment scale

| Studies | Randomization | Allocation concealment | Blinding (Physician/Patient) | Adjudication of outcomes | Selective outcome reporting | Incomplete data reporting addressed ? | Free of other bias ? |
|--------------------------------|---------------|------------------------|------------------------------|--------------------------|-----------------------------|---------------------------------------|----------------------|
| STATIN | | | | | | | |
| 4S | Yellow | Green | Green | Green | Green | Green | Red |
| WOSCOPS ¹ | Green | Yellow | Green | Green | Green | Green | Green |
| CARE ² | Green | Yellow | Green | Green | Green | Green | Yellow |
| AFCAPS/TexCAPS ³ | Green | Yellow | Green | Green | Green | Green | Green |
| GISSI-P ⁴ | Yellow | Yellow | Yellow | Yellow | Yellow | Green | Red |
| ALLHAT-LLT ⁵ | Green | Red | Red | Red | Green | Green | Red |
| GREACE ⁶ | Yellow | Red | Red | Red | Green | Yellow | Red |
| HPS ⁷ | Green | Green | Green | Green | Green | Green | Red |
| PROSPER ⁸ | Green | Green | Green | Green | Yellow | Green | Green |
| ALERT ⁹ | Green | Yellow | Green | Green | Green | Green | Red |
| ASCOT-LLA ¹⁰ | Green | Yellow | Green | Green | Green | Yellow | Red |
| PROVE-IT TIMI 22 ¹¹ | Yellow | Green | Green | Green | Green | Green | Red |
| CARDS ¹² | Green | Green | Green | Green | Green | Green | Red |
| IDEAL ¹³ | Green | Green | Red | Green | Green | Green | Red |
| TNT ¹⁴ | Green | Green | Yellow | Green | Green | Green | Green |
| MEGA ¹⁵ | Yellow | Red | Green | Green | Red | Red | Yellow |
| ASPEN ¹⁶ | Green | Yellow | Green | Green | Yellow | Green | Green |
| SPARCL ¹⁷ | Green | Green | Green | Green | Green | Green | Red |
| JUPITER ¹⁸ | Yellow | Green | Green | Green | Green | Green | Red |
| SEARCH ¹⁹ | Green | Yellow | Green | Green | Green | Green | Green |
| HOPE 3 ²⁰ | Green | Yellow | Yellow | Green | Green | Green | Red |
| EZETIMIBE + STATIN | | | | | | | |
| SEAS ²¹ | Green | Green | Yellow | Green | Yellow | Green | Green |

| | | | | | | | |
|---------------------------------|--|--|--|--|--|--|--|
| SHARP ²² | | | | | | | |
| IMPROVE IT ²³ | | | | | | | |
| PCSK9 INHIBITOR | | | | | | | |
| ODYSSEY LONG TERM ²⁴ | | | | | | | |
| SPIRE 1 ²⁵ | | | | | | | |
| SPIRE 2 ²⁵ | | | | | | | |
| FOURIER ²⁶ | | | | | | | |
| ODYSSEY OUTCOMES ²⁷ | | | | | | | |

Green (low risk); yellow (unclear risk); Red (high risk); 4S (SSSS), Scandinavian Simvastatin Survival Study; ALLHAT-LLT, AFCAPS-TexCAPS, Air Force/Texas Coronary Atherosclerosis Prevention Study; ALERT, Assessment of LEscol in Renal Transplantation Study; ASCOT-LLA, Anglo-Scandinavian Cardiac Outcomes Trial–Lipid Lowering Arm; ASPEN, Atorvastatin Study for Prevention of Coronary Heart Disease Endpoints in Non-Insulin-Dependent Diabetes Mellitus; CARE, Cholesterol And Recurrent Events; CARDS, Collaborative Atorvastatin Diabetes Study; FOURIER, Further Cardiovascular Outcomes Research with PCSK9 Inhibition in Subjects with Elevated Risk; GISSI-P, Gruppo Italiano per lo Studio della Sopravvivenza nell’Infarto Miocardico; HOPE-3, Heart Outcomes Prevention Evaluation; GREACE, The GREek Atorvastatin and Coronary-heart-disease Evaluation Study; HPS, Heart Protection Study; IDEAL, Incremental Decrease in End Points Through Aggressive Lipid Lowering Study Group; IMPROVE-IT, Improved Reduction of Outcomes: Vytorin Efficacy International Trial; JUPITER, Justification for the Use of Statins in Prevention: an Intervention Trial Evaluating Rosuvastatin study group; LIPID, Long–term Intervention with Pravastatin in Ischaemic Disease; MEGA, Management of Elevated Cholesterol in the Primary Prevention Group of Adult Japanese Study Group; ODYSSEY LONG TERM, Long-term Safety and Tolerability of Alirocumab in High Cardiovascular Risk Patients with Hypercholesterolemia Not Adequately Controlled with Their Lipid Modifying Therapy; ODYSSEY Outcomes, Evaluation of Cardiovascular Outcomes After an Acute Coronary Syndrome During Treatment With Alirocumab; ; PROVE IT-TIMI 22, the Pravastatin or Atorvastatin Evaluation and Infection Therapy; PROSPER, SEARCH, Study of the Effectiveness of Additional Reductions in Cholesterol and Homocysteine; SEAS, Simvastatin and Ezetimibe in Aortic Stenosis; SHARP, Study of Heart and Renal Protection; SPARCL, The Stroke Prevention by Aggressive Reduction in Cholesterol Levels; SPIRE 1 & 2, Studies of PCSK9 Inhibition and the Reduction of Vascular Events 1 & 2; TNT, Treating to New Targets; WOSCOPS, West of Scotland Coronary Prevention Study

e Table 3. Definition of cerebrovascular events

| Trial name | Setting | Year | Definition |
|-----------------------------------|----------------|-------------|---|
| STATIN | | | |
| 4S ²⁸ | Secondary | 1994 | Any cerebrovascular event |
| WOSCOPS ¹ | Primary | 1995 | Fatal or non fatal stroke |
| AFCAPS-TextCAPS ³ | Primary | 1997 | Total stroke |
| GISSI-P ⁴ | Secondary | 2000 | Fatal or non fatal stroke |
| ALLHAT-LLT ⁵ | Primary | 2002 | Fatal or non fatal stroke |
| HPS ⁷ | Secondary | 2002 | Any stroke |
| PROSPER ⁸ | Primary | 2002 | Fatal or non fatal stroke |
| ALERT ⁹ | Primary | 2003 | Fatal or nonfatal stroke or transient ischemic attack |
| ASCOT-LLA ¹⁰ | Primary | 2003 | Fatal or non fatal stroke |
| PROVE IT-TIMI 22 ¹¹ | Secondary | 2004 | Stroke |
| CARDS ¹² | Primary | 2004 | Stroke |
| IDEAL ¹³ | Secondary | 2005 | Fatal or nonfatal stroke |
| TNT ¹⁴ | Secondary | 2005 | Fatal or nonfatal stroke or transient ischemic attack |
| MEGA ¹⁵ | Primary | 2006 | Any stroke |
| ASPEN ¹⁶ | Primary | 2006 | Fatal or non fatal stroke |
| SPARCL ¹⁷ | Secondary | 2006 | Fatal or nonfatal stroke |
| JUPITER ¹⁸ | Primary | 2008 | Any stroke |
| SEARCH ¹⁹ | Secondary | 2010 | Total Stroke |
| HOPE 3 ²⁰ | Primary | 2016 | Stroke |
| EZETIMIBE + STATIN | | | |
| SEAS ²¹ | Primary | 2008 | Nonhaemorrhagic stroke |
| SHARP ²² | Primary | 2011 | Haemorrhagic or nonhaemorrhagic stroke |
| IMPROVE IT ²³ | Secondary | 2015 | Any stroke |
| PCSK9 INHIBITOR | | | |
| ODYSSEY LONGTERM ²⁴ | Secondary | 2015 | Fatal or nonfatal ischemic stroke |
| FOURIER ²⁶ | Secondary | 2017 | Total Stroke |

| | | | |
|-----------------------------------|-----------|------|-----------------------------------|
| SPIRE 1 ²⁵ | Secondary | 2017 | Nonfatal Stroke |
| SPIRE 2 ²⁵ | Secondary | 2017 | Nonfatal Stroke |
| ODYSSEY OUTCOMES ²⁷ | Secondary | 2018 | Fatal or nonfatal ischemic stroke |

e Table 4. Definition of major adverse cardiovascular events (MACE)

| Trial name | Setting | Year | Definition |
|--------------------------------|-----------|------|--|
| STATIN | | | |
| 4S ²⁸ | Secondary | 1994 | Coronary death, nonfatal definite or probable MI, silent MI, or resuscitated cardiac arrest |
| WOSCOPS ¹ | Primary | 1995 | Cardiovascular death, nonfatal myocardial infarction, readmission for ACS, and stroke |
| AFCAPS-TexCAPS ³ | Primary | 1997 | Fatal or nonfatal MI, unstable angina, or sudden cardiac death |
| GISSI-P ⁴ | Secondary | 2000 | Cumulative rate of total mortality, non-fatal MI, and stroke |
| HPS ⁷ | Secondary | 2002 | Coronary death, nonfatal MI, stroke, revascularization |
| PROSPER ⁸ | Primary | 2002 | Death from CHD or nonfatal MI or fatal or non-fatal stroke |
| ALERT ⁹ | Primary | 2003 | Cardiac death, non-fatal MI, or coronary revascularization procedure, including coronary-artery bypass graft or percutaneous coronary intervention |
| ASCOT-LLA ¹⁰ | Primary | 2003 | Total cardiovascular events and procedures |
| PROVE IT-TIMI 22 ¹¹ | Secondary | 2004 | Death from any cause, myocardial infarction, documented unstable angina requiring rehospitalization, revascularization (performed at least 30 days after randomization), and stroke |
| CARDS ¹² | Primary | 2004 | Acute coronary heart disease events, coronary revascularization, or stroke |
| IDEAL ¹³ | Secondary | 2005 | CHD death, nonfatal MI, cardiac arrest with resuscitation and stroke |
| TNT ¹⁴ | Secondary | 2005 | Death from CHD, nonfatal non-procedure related myocardial infarction, resuscitation after cardiac arrest, or fatal or nonfatal stroke |
| MEGA ¹⁵ | Primary | 2006 | Coronary heart disease |
| ASPEN ¹⁶ | Primary | 2006 | Cardiovascular death, nonfatal myocardial infarction, nonfatal stroke, recanalization, coronary artery bypass surgery, resuscitated cardiac arrest, and worsening or unstable angina requiring hospitalization |
| SPARCL ¹⁷ | | 2006 | Death from cardiac causes, nonfatal MI, resuscitation after cardiac arrest, nonfatal or fatal stroke |
| JUPITER ¹⁸ | Primary | 2008 | Myocardial infarction, stroke, arterial revascularization, hospitalization for unstable angina, or death from cardiovascular causes |

| | | | |
|--------------------------------|-----------|------|---|
| SEARCH ¹⁹ | | 2010 | Coronary death, myocardial infarction, stroke, or arterial revascularization |
| HOPE 3 ²⁰ | Primary | 2016 | Death from cardiovascular causes, nonfatal MI, or nonfatal stroke |
| EZETIMIBE + STATIN | | | |
| SEAS ²¹ | Primary | 2008 | Death from cardiovascular causes, aortic-valve replacement, nonfatal myocardial infarction, hospitalization for unstable angina pectoris, heart failure, CABG, PCI, and non-hemorrhagic stroke. |
| SHARP ²² | Primary | 2011 | Non-fatal myocardial infarction or coronary death, non-haemorrhagic stroke, or any arterial revascularisation procedure |
| IMPROVE IT ²³ | Secondary | 2015 | |
| PCSK9 INHIBITOR | | | |
| ODYSSEY LONGTERM ²⁴ | Secondary | 2015 | Death from coronary heart disease, nonfatal myocardial infarction, fatal or nonfatal ischemic stroke, and unstable angina requiring hospitalization |
| FOURIER ²⁶ | Secondary | 2017 | Cardiovascular death, myocardial infarction, stroke, hospitalization for unstable angina, or coronary revascularization |
| SPIRE 1 ²⁵ | Secondary | 2017 | Nonfatal myocardial infarction, nonfatal stroke, hospitalization for unstable angina requiring urgent revascularization, or cardiovascular death |
| SPIRE 2 ²⁵ | Secondary | 2017 | Nonfatal myocardial infarction, nonfatal stroke, hospitalization for unstable angina requiring urgent revascularization, or cardiovascular death |
| ODYSSEY OUTCOMES ²⁷ | Secondary | 2018 | Death from coronary heart disease, nonfatal myocardial infarction, fatal or nonfatal ischemic stroke, or unstable angina requiring hospitalization. |

e Table 5. Multivariate meta-regression models for the associations of BMI with cardiovascular outcomes

| Outcome | Studies | Patients | BMI (Kg/m ²) | Multivariate Models | | | |
|--------------------------|---------|----------|--------------------------|------------------------------------|--|---|---|
| | | | | Adjusted for Baseline LDL-C, mg/dL | Adjusted for Absolute LDL-C Reduction, mg/dL | Adjusted for Percentage Reduction in LDL-C, mg/dL | Adjusted for Age, Gender and Risk Profile |
| Cardiovascular mortality | 29 | 265766 | 1.07 [1.02-1.13] | 1.04 [0.99-1.10] | 1.05 [1.01-1.11] | 1.09 [1.04-1.14] | 1.06 [1.01-1.12] |
| All-cause mortality | 29 | 265766 | 1.03 [0.99-1.06] | 1.00 [0.97-1.04] | 1.02 [0.97-1.05] | 1.03 [1.00-1.07] | 1.02 [0.98-1.05] |
| Myocardial infarction | 29 | 265766 | 1.06 [1.02-1.09] | 1.04 [0.99-1.09] | 1.04 [1.01-1.08] | 1.07 [1.03-1.10] | 1.06 [1.02-1.09] |
| Revascularization | 29 | 265766 | 1.08 [1.03-1.12] | 1.07 [1.01-1.13] | 1.07 [1.03-1.11] | 1.10 [1.05-1.14] | 1.07 [1.02-1.12] |
| Cerebrovascular events | 29 | 265766 | 0.99 [0.94-1.03] | 0.98 [0.93-1.03] | 0.97 [0.93-1.02] | 0.99 [0.94-1.03] | 0.98 [0.93-1.03] |
| MACE | 29 | 265766 | 1.04 [1.01-1.07] | 1.02 [0.98-1.06] | 1.03 [1.00-1.06] | 1.05 [1.02-1.08] | 1.02 [1.00-1.05] |

Absolute reduction in low-density lipoprotein cholesterol (LDL-C) refers to between-group differences achieved in LDL-C (each 38.7 mg/dL). Percentage reduction refers to 10% reduction in active arm compared with control. Risk profile was categorized as low/moderate risk vs high risk defined as diabetes, chronic kidney disease, recent acute coronary syndrome or revascularization or C- reactive protein ≥ 2 mg/L.

e Table 6. Meta-regression models for the associations of LDL-C parameters with cardiovascular outcomes

| Outcome | Studies | Patients | Baseline LDL-C, mg/dL | Absolute Reduction in LDL-C, mg/dL |
|--------------------------|----------------|-----------------|------------------------------|---|
| Cardiovascular mortality | 29 | 265766 | 0.87 [0.81-0.94] | 0.79 [0.72-0.87] |
| All-cause mortality | 29 | 265766 | 0.92 [0.88-0.97] | 0.90 [0.83-0.98] |
| Myocardial infarction | 29 | 265766 | 0.92 [0.87-0.97] | 0.83 [0.77-0.90] |
| Revascularization | 29 | 265766 | 0.90 [0.84-0.97] | 0.83 [0.74-0.94] |
| Cerebrovascular events | 29 | 265766 | 1.01 [0.93-1.08] | 0.89 [0.79-0.99] |
| MACE | 29 | 265766 | 0.92 [0.87-0.97] | 0.88 [0.81-0.96] |

Absolute reduction in low-density lipoprotein cholesterol (LDL-C) refers to between-group differences achieved in LDL-C (each 38.7 mg/dL). Baseline LDL-C represents change in RR for every 38.7 mg/dL increase in baseline LDL-C values.

e Table 7: Analysis stratified according to baseline LDL-C, absolute LDL-C reduction and percentage reduction in LDL-C in relation to BMI

| | | HAZARD RATIO [95% CI] | | | | | | |
|------------------------------------|---------|---------------------------|--------------------------|---------------------|-----------------------|-------------------|------------------------|------------------|
| Baseline LDL-C, mg/dL | | | | | | | | |
| BMI, Kg/m ² | | No. of Studies (Patients) | Cardiovascular mortality | All-cause mortality | Myocardial infarction | Revascularisation | Cerebrovascular events | MACE |
| <25 | <100 | 0 | NA | 0 | NA | 0 | NA | 0 |
| | 100-129 | 0 | NA | 0 | NA | 0 | NA | 0 |
| | 130-159 | 1 (7832) | 0.63 [0.30-1.33] | 0.72 [0.51-1.01] | 0.52 [0.29-0.94] | 0.60 [0.41-0.88] | 0.83 [0.57-1.21] | 0.67 [0.49-0.91] |
| | ≥160 | 1 (1600) | 0.54 [0.32-0.90] | 0.58 [0.36-0.96] | 0.43 [0.27-0.69] | 0.50 [0.31-0.81] | 0.54 [0.25-1.17] | 0.48 [0.34-0.67] |
| 25-29.9 | <100 | 5 (86697) | 0.97 [0.90-1.04] | 0.98 [0.93-1.04] | 0.82 [0.77-0.88] | 0.86 [0.77-0.95] | 0.82 [0.76-0.89] | 0.88 [0.83-0.94] |
| | 100-129 | 7 (58078) | 0.84 [0.70-1.00] | 0.92 [0.83-1.01] | 0.75 [0.64-0.89] | 0.78 [0.69-0.87] | 0.77 [0.66-0.89] | 0.79 [0.70-0.88] |
| | 130-159 | 10 (70741) | 0.84 [0.79-0.90] | 0.93 [0.89-0.98] | 0.77 [0.69-0.84] | 0.76 [0.69-0.83] | 0.84 [0.76-0.92] | 0.82 [0.78-0.87] |
| | ≥160 | 2 (11039) | 0.67 [0.56-0.80] | 0.74 [0.64-0.86] | 0.68 [0.60-0.77] | 0.66 [0.57-0.76] | 0.75 [0.54-1.03] | 0.71 [0.64-0.80] |
| ≥30 | <100 | 1 (16817) | 1.20 [0.74-1.95] | 1.12 [0.79-1.59] | 1.11 [0.83-1.48] | 0.82 [0.49-1.37] | 0.52 [0.30-0.91] | 0.99 [0.80-1.22] |
| | 100-129 | 1 (2341) | 0.58 [0.18-1.89] | 0.80 [0.32-2.02] | 0.78 [0.39-1.56] | 1.95 [1.23-3.09] | 3.57 [1.10-11.64] | 1.04 [0.61-1.78] |
| | 130-159 | 1 (10621) | 0.82 [0.50-1.35] | 0.91 [0.63-1.32] | 0.76 [0.58-1.00] | 0.95 [0.62-1.46] | 0.66 [0.40-1.09] | 0.79 [0.65-0.97] |
| | ≥160 | 0 | NA | 0 | NA | 0 | NA | 0 |
| Absolute Reduction in LDL-C, mg/dL | | | | | | | | |
| <25 | <35 | 1 (7832) | 0.63 [0.30-1.33] | 0.72 [0.51-1.01] | 0.52 [0.29-0.94] | 0.60 [0.41-0.88] | 0.83 [0.57-1.21] | 0.67 [0.49-0.91] |
| | 35-65 | 0 | NA | | | | | |
| | ≥65 | 1 (1600) | 0.54 [0.32-0.90] | 0.58 [0.36-0.96] | 0.43 [0.27-0.69] | 0.56 [0.41-0.76] | 0.54 [0.25-1.17] | 0.48 [0.34-0.67] |
| 25-29.9 | <35 | 10 (92270) | 0.96 [0.91-1.02] | 0.99 [0.95-1.03] | 0.86 [0.82-0.90] | 0.85 [0.79-0.92] | 0.85 [0.80-0.92] | 0.89 [0.85-0.93] |
| | 35-65 | 12 (127968) | 0.80 [0.72-0.88] | 0.91 [0.86-0.96] | 0.73 [0.67-0.79] | 0.74 [0.68-0.80] | 0.78 [0.71-0.85] | 0.78 [0.73-0.82] |
| | ≥65 | 2 (6317) | 0.70 [0.58-0.84] | 0.85 [0.59-1.23] | 0.67 [0.58-0.77] | 0.65 [0.56-0.76] | 0.82 [0.48-1.40] | 0.83 [0.62-1.10] |
| ≥30 | <35 | 0 | | | | | | |
| | 35-65 | 2 (27438) | 1.00 [0.69-1.45] | 1.01 [0.79-1.31] | 0.92 [0.63-1.33] | 0.89 [0.64-1.24] | 0.59 [0.41-0.86] | 0.88 [0.71-1.10] |
| | ≥65 | 1 (2341) | 0.58 [0.18-1.89] | 0.80 [0.32-2.02] | 0.78 [0.39-1.56] | 1.95 [1.23-3.09] | 3.57 [1.10-11.64] | 1.04 [0.61-1.78] |
| Percentage Reduction in LDL-C | | | | | | | | |
| <25 | <25 | 1 (7832) | 0.63 [0.30-1.33] | 0.72 [0.51-1.01] | 0.52 [0.29-0.94] | 0.60 [0.41-0.88] | 0.83 [0.57-1.21] | 0.67 [0.49-0.91] |
| | 25-50 | 1 (1600) | 0.54 [0.32-0.90] | 0.58 [0.36-0.96] | 0.43 [0.27-0.69] | 0.50 [0.31-0.81] | 0.54 [0.25-1.17] | 0.48 [0.34-0.67] |
| | >50 | 0 | | | | | | |
| 25-29.9 | <25 | 7 (65825) | 0.98 [0.92-1.05] | 0.99 [0.94-1.03] | 0.86 [0.81-0.91] | 0.89 [0.82-0.97] | 0.91 [0.83-0.99] | 0.93 [0.89-0.97] |
| | 25-50 | 15 (115364) | 0.83 [0.79-0.88] | 0.91 [0.85-0.96] | 0.76 [0.71-0.82] | 0.76 [0.71-0.81] | 0.77 [0.73-0.82] | 0.80 [0.76-0.83] |
| | >50 | 2 (45366) | 0.78 [0.49-1.22] | 0.95 [0.79-1.14] | 0.63 [0.46-0.85] | 0.64 [0.46-0.88] | 0.76 [0.54-1.08] | 0.78 [0.61-0.99] |
| ≥30 | <25 | 0 | | | | | | |
| | 25-50 | 2 (27438) | 1.00 [0.69-1.45] | 1.01 [0.79-1.31] | 0.92 [0.63-1.33] | 0.89 [0.64-1.24] | 0.59 [0.41-0.86] | 0.88 [0.71-1.10] |
| | >50 | 1 (2341) | 0.58 [0.18-1.89] | 0.80 [0.32-2.02] | 0.78 [0.39-1.56] | 1.95 [1.23-3.09] | 3.57 [1.10-11.64] | 1.04 [0.61-1.78] |

e Table 8: Sensitivity analysis stratified for agent used in active treatment group

| | | STATIN | | | EZETIMIBE + STATIN | | | PCSK9 INHIBITOR | | |
|--------------------------|---------|---------|----------|------------------|--------------------|----------|------------------|-----------------|----------|------------------|
| OUTCOME | BMI | Studies | Patients | HR [95% CI] | Studies | Patients | HR [95% CI] | Studies | Patients | HR [95% CI] |
| Cardiovascular mortality | <25 | 2 | 9432 | 0.57 [0.37-0.86] | 0 | 0 | NA | 0 | 0 | NA |
| | 25-29.9 | 19 | 150780 | 0.82 [0.76-0.89] | 3 | 29287 | 0.96 [0.88-1.05] | 2 | 46488 | 0.96 [0.81-1.14] |
| | ≥30 | 0 | 0 | NA | 0 | 0 | NA | 3 | 29779 | 0.96 [0.68-1.33] |
| All-cause mortality | <25 | 2 | 9432 | 0.67 [0.51-0.89] | 0 | 0 | NA | 0 | 0 | NA |
| | 25-29.9 | 19 | 150780 | 0.92 [0.88-0.96] | 3 | 29287 | 1.01 [0.95-1.07] | 2 | 46488 | 0.94 [0.77-1.15] |
| | ≥30 | 0 | 0 | NA | 0 | 0 | NA | 3 | 29779 | 1.00 [0.78-1.12] |
| Myocardial infarction | <25 | 2 | 9432 | 0.47 [0.32-0.67] | 0 | 0 | NA | 0 | 0 | NA |
| | 25-29.9 | 19 | 150780 | 0.76 [0.71-0.81] | 3 | 29287 | 0.88 [0.81-0.95] | 2 | 46488 | 0.79 [0.68-0.93] |
| | ≥30 | 0 | 0 | NA | 0 | 0 | NA | 3 | 29779 | 0.89 [0.67-1.19] |
| Revascularisation | <25 | 2 | 9432 | 0.56 [0.41-0.76] | 0 | 0 | NA | 0 | 0 | NA |
| | 25-29.9 | 19 | 150780 | 0.76 [0.72-0.82] | 3 | 29287 | 0.86 [0.71-1.05] | 2 | 46488 | 0.83 [0.73-0.93] |
| | ≥30 | 0 | 0 | NA | 0 | 0 | NA | 3 | 29779 | 1.15 [0.69-1.94] |
| Cerebrovascular events | <25 | 2 | 9432 | 0.76 [0.54-1.07] | 0 | 0 | NA | 0 | 0 | NA |
| | 25-29.9 | 19 | 150780 | 0.81 [0.75-0.87] | 3 | 29287 | 0.86 [0.77-0.97] | 2 | 46488 | 0.77 [0.66-0.89] |
| | ≥30 | 0 | 0 | NA | 0 | 0 | NA | 3 | 29779 | 0.89 [0.40-2.00] |
| MACE | <25 | 2 | 9432 | 0.57 [0.41-0.79] | 0 | 0 | NA | 0 | 0 | NA |
| | 25-29.9 | 19 | 150780 | 0.80 [0.75-0.84] | 3 | 29287 | 0.92 [0.86-0.97] | 2 | 46488 | 0.85 [0.80-0.90] |
| | ≥30 | 0 | 0 | NA | 0 | 0 | NA | 3 | 29779 | 0.89 [0.75-1.06] |

e Table 9: Sensitivity analysis stratified according to primary prevention trials versus secondary prevention trials

| OUTCOME | BMI (Kg/m ²) | PRIMARY PREVENTION | | | *SECONDARY PREVENTION | | |
|--------------------------|--------------------------|--------------------|----------|------------------|-----------------------|----------|------------------|
| | | Studies | Patients | HR [95% CI] | Studies | Patients | HR [95% CI] |
| Cardiovascular mortality | <25 | 1 | 7832 | 0.63 [0.30-1.33] | 1 | 1600 | 0.54 [0.32-0.90] |
| | 25-29.9 | 12 | 88667 | 0.81 [0.72-0.91] | 12 | 137888 | 0.89 [0.82-0.96] |
| | ≥30 | 0 | 0 | NA | 3 | 29779 | 0.96 [0.68-1.33] |
| All-cause mortality | <25 | 1 | 7832 | 0.72 [0.51-1.01] | 1 | 1600 | 0.58 [0.36-0.96] |
| | 25-29.9 | 12 | 88667 | 0.95 [0.90-1.01] | 12 | 137888 | 0.93 [0.88-0.99] |
| | ≥30 | 0 | 0 | NA | 3 | 29779 | 1.00 [0.78-1.28] |
| Myocardial infarction | <25 | 1 | 7832 | 0.52 [0.29-0.94] | 1 | 1600 | 0.43 [0.32-0.67] |
| | 25-29.9 | 12 | 88667 | 0.74 [0.66-0.83] | 12 | 137888 | 0.79 [0.74-0.84] |
| | ≥30 | 0 | 0 | NA | 3 | 29779 | 0.89 [0.67-1.19] |
| Revascularisation | <25 | 1 | 7832 | 0.60 [0.41-0.88] | 1 | 1600 | 0.50 [0.31-0.81] |
| | 25-29.9 | 12 | 88667 | 0.75 [0.67-0.83] | 12 | 137888 | 0.80 [0.74-0.87] |
| | ≥30 | 0 | 0 | NA | 3 | 29779 | 1.15 [0.69-1.94] |
| Cerebrovascular events | <25 | 1 | 7832 | 0.83 [0.57-1.21] | 1 | 1600 | 0.54 [0.25-1.17] |
| | 25-29.9 | 12 | 88667 | 0.84 [0.74-0.94] | 12 | 137888 | 0.80 [0.75-0.84] |
| | ≥30 | 0 | 0 | NA | 3 | 29779 | 0.89 [0.40-2.00] |
| MACE | <25 | 1 | 7832 | 0.67 [0.49-0.91] | 1 | 1600 | 0.48 [0.34-0.67] |
| | 25-29.9 | 12 | 88667 | 0.79 [0.72-0.86] | 12 | 137888 | 0.84 [0.80-0.89] |
| | ≥30 | 0 | 0 | NA | 3 | 29779 | 0.89 [0.75-1.06] |

*Secondary prevention trials were defined as having patients with history of known atherosclerotic cardiovascular disease (coronary artery disease or cerebrovascular disease or peripheral artery disease) or at least 60% secondary prevention population.

e Table 10: Analysis stratified according to weighted mean values for LDL-C parameters, mg/dL

| BMI (Kg/m ²) | Trials | Baseline LDL-C, mg/dL | Absolute LDL-C reduction, mg/dL | Percentage reduction in LDL-C | HAZARD RATIO [95% CI] | | | | | |
|--------------------------|---------------------------------|-----------------------|---------------------------------|-------------------------------|--------------------------|-------------------------|-------------------------|-------------------------|-------------------------|-------------------------|
| | | | | | Cardiovascular mortality | All-cause mortality | Myocardial infarction | Revascularisation | Cerebrovascular events | MACE |
| <25 | GREACE ⁶ | 179.5 | 72.9 | 40.6 | 0.54 [0.32-0.90] | 0.58 [0.36-0.96] | 0.43 [0.27-0.69] | 0.50 [0.31-0.81] | 0.54 [0.25-1.17] | 0.48 [0.34-0.67] |
| | MEGA ¹⁵ | 156.6 | 20.4 | 13.0 | 0.63 [0.30-1.33] | 0.72 [[0.51-1.01] | 0.52 [0.29-0.94] | 0.60 [0.41-0.88] | 0.83 [0.57-1.21] | 0.67 [0.49-0.91] |
| | | 168.0 | 46.6 | 26.8 | 0.57 [0.37-0.86] | 0.67 [0.51-0.89] | 0.47 [0.32-0.67] | 0.56 [0.41-0.76] | 0.76 [0.54-1.07] | 0.57 [0.41-0.79] |
| 25-29.9 | 4S ²⁸ | 188.3 | 67.6 | 35.9 | 0.66 [0.53-0.82] | 0.71 [0.59-0.86] | 0.67 [0.58-0.78] | 0.66 [0.57-0.77] | 0.65 [0.47-0.89] | 0.72 [0.63-0.82] |
| | WOSCOPS ¹ | 192 | 49.9 | 26 | 0.69 [0.48-0.98] | 0.79 [0.61-1.01] | 0.70 [0.57-0.87] | 0.64 [0.46-0.90] | 0.90 [0.61-1.34] | 0.70 [0.58-0.85] |
| | CARE ² | 139 | 40.3 | 29 | 0.81 [0.62-1.05] | 0.92 [0.75-1.12] | 0.76 [0.62-0.93] | 0.75 [0.65-0.88] | 0.70 [0.49-0.98] | 0.77 [0.65-0.93] |
| | AFCAPS/TextCAPS ³ | 150 | 41.7 | 27.8 | 0.68 [0.37-1.25] | 1.04 [0.76-1.42] | 0.61 [0.44-0.83] | 0.68 [0.53-0.88] | 0.82 [0.41-1.67] | 0.64 [0.51-0.80] |
| | GISSI-P ⁴ | 151.6 | 17.9 | 11.8 | 0.80 [0.56-1.15] | 0.82 [0.60-1.12] | 0.88 [0.59-1.32] | 0.90 [0.72-1.11] | 1.05 [0.56-1.97] | 0.88 [0.69-1.13] |
| | ALLHAT-LLT ⁵ | 145.5 | 17.4 | 12 | 0.98 [0.84-1.15] | 0.98 [0.88-1.10] | 0.90 [0.79-1.04] | 0.88 [0.76-1.03] | 0.90 [0.75-1.09] | 0.90 [0.79-1.04] |
| | HPS ⁷ | 131.5 | 38.7 | 29.4 | 0.83 [0.76-0.92] | 0.88 [0.82-0.95] | 0.74 [0.68-0.81] | 0.78 [0.72-0.85] | 0.76 [0.67-0.86] | 0.79 [0.74-0.83] |
| | PROSPER ⁸ | 147 | 50 | 34 | 0.76 [0.58-0.99] | 0.97 [0.83-1.14] | 0.86 [0.72-1.03] | 0.82 [0.54-1.25] | 0.98 [0.76-1.26] | 0.85 [0.74-0.97] |
| | ALERT ⁹ | 158.5 | 38.1 | 24 | 0.67 [0.44-1.01] | 1.04 [0.82-1.31] | 0.70 [0.48-1.01] | 0.89 [0.61-1.28] | 1.17 [0.84-1.64] | 0.84 [0.65-1.07] |
| | ASCOT-LLA ¹⁰ | 133 | 37.2 | 28 | 0.90 [0.66-1.23] | 0.87 [0.71-1.06] | 0.82 [0.40-1.67] | 0.63 [0.45-0.89] | 0.73 [0.56-0.96] | 0.79 [0.69-0.90] |
| | CARDS ¹² | 117 | 46.4 | 39.7 | 0.68 [0.41-1.12] | 0.73 [0.52-1.02] | 0.55 [0.37-0.83] | 0.69 [0.41-1.16] | 0.52 [0.31-0.88] | 0.63 [0.48-0.83] |
| | PROVE IT-TIMI22 ¹¹ | 106 | 32.9 | 31 | 0.79 [0.46-1.37] | 0.70 [0.48-1.01] | 0.91 [0.72-1.14] | 0.88 [0.76-1.02] | 1.00 [0.55-1.83] | 0.87 [0.77-0.98] |
| | IDEAL ¹³ | 121.4 | 21.7 | 17.9 | 1.03 [0.85-1.24] | 0.98 [0.85-1.13] | 0.83 [0.71-0.98] | 0.77 [0.69-0.86] | 0.87 [0.70-1.08] | 0.89 [0.78-1.01] |
| | TNT ¹⁴ | 97.5 | 24 | 24.6 | 0.80 [0.62-1.04] | 1.01 [0.85-1.20] | 0.78 [0.66-0.93] | 0.74 [0.67-0.82] | 0.77 [0.64-0.93] | 0.78 [0.69-0.89] |
| | ASPEN ¹⁶ | 113.5 | 33.8 | 29.8 | 1.03 [0.65-1.61] | 1.03 [0.74-1.44] | 0.74 [0.52-1.07] | 0.98 [0.73-1.31] | 0.89 [0.56-1.42] | 0.92-0.75-1.14 |
| | SPARCL ¹⁷ | 132.7 | 55.3 | 41.7 | 0.78 [0.58-1.05] | 1.00 [0.82-1.21] | 0.51 [0.35-0.74] | 0.55 [0.43-0.71] | 0.77 [0.67-0.88] | 0.80 [0.69-0.92] |
| | JUPITER ¹⁸ | 108 | 54.9 | 50.8 | 0.53 [0.40-0.70] | 0.80 [0.66-0.96] | 0.46 [0.30-0.70] | 0.54 [0.41-0.72] | 0.52 [0.34-0.79] | 0.56 [0.46-0.69] |
| | SEARCH ¹⁹ | 96.7 | 13.5 | 14 | 0.99 [0.88-1.11] | 0.99 [0.91-1.09] | 0.85 [0.76-0.95] | 0.93 [0.83-1.05] | 0.91 [0.77-1.08] | 0.95 [0.89-1.02] |
| | HOPE-3 ²⁰ | 127.8 | 34.4 | 26.9 | 0.89 [0.72-1.11] | 0.93 [0.80-1.08] | 0.65 [0.44-0.95] | 0.68 [0.48-0.96] | 0.70 [0.52-0.95] | 0.76 [0.64-0.91] |
| | FOURIER ²⁶ | 92 | 54.1 | 58.8 | 1.05 [0.88-1.25] | 1.04 [0.91-1.19] | 0.73 [0.65-0.82] | 0.78 [0.71-0.86] | 0.79 [0.66-0.95] | 0.85 [0.79-0.92] |
| | ODYSSEY OUTCOMES ²⁷ | 92 | 38.7 | 42.1 | 0.88 [0.74-1.05] | 0.85 [0.73-0.98] | 0.86 [0.77-0.96] | 0.88 [0.79-0.98] | 0.73 [0.57-0.93] | 0.85 [0.78-0.93] |
| | SEAS ²¹ | 139.5 | 69 | 49.5 | 0.83 [0.56-1.23] | 1.04 [0.79-1.36] | 0.64 [0.35-1.17] | 0.46 [0.20-1.06] | 1.12 [0.68-1.85] | 0.96 [0.83-1.12] |
| | SHARP ²² | 107.3 | 29.3 | 27.3 | 0.93 [0.81-1.07] | 1.02 [0.94-1.11] | 0.93 [0.77-1.12] | 0.81 [0.69-0.94] | 0.83 [0.68-1.02] | 0.85 [0.76-0.95] |
| | IMPROVE IT ²³ | 93.8 | 12.8 | 13.7 | 1.00 [0.89-1.13] | 0.99 [0.91-1.07] | 0.87 [0.80-0.95] | 0.96 [0.90-1.02] | 0.86 [0.73-1.01] | 0.93 [0.87-0.99] |
| | | 128.4 | 38.3 | 30.2 | 0.86 [0.80-0.92] | 0.94 [0.90-0.98] | 0.78 [0.74-0.82] | 0.78 [0.74-0.83] | 0.81 [0.77-0.86] | 0.82 [0.78-0.86] |
| ≥30 | ODYSSEY LONG TERM ²⁴ | 122.3 | 70.8 | 57.9 | 0.58 [0.18-1.89] | 0.80 [0.32-2.02] | 0.78 [0.39-1.56] | 1.95 [1.23-3.09] | 3.57 [1.10-11.64] | 1.04 [0.61-1.78] |
| | SPIRE 1 ²⁵ | 93.8 | 44.9 | 47.9 | 1.20 [0.74-1.95] | 1.12 [0.79-1.59] | 1.11 [0.83-1.48] | 0.82 [0.49-1.37] | 0.52 [0.30-0.91] | 0.99 [0.80-1.22] |
| | SPIRE 2 ²⁵ | 133.6 | 58 | 43.4 | 0.82 [0.50-1.35] | 0.91 [0.63-1.32] | 0.76 [0.58-1.00] | 0.95 [0.62-1.46] | 0.66 [0.40-1.09] | 0.79 [0.65-0.97] |
| | | 116.5 | 57.9 | 49.7 | 0.96 [0.68-1.33] | 1.00 [0.78-1.28] | 0.89 [0.67-1.19] | 1.15 [0.69-1.94] | 0.89 [0.40-2.00] | 0.89 [0.75-1.06] |
| | Total | 129.9 | 40.9 | 32.0 | 0.85 [0.80-0.91] | 0.93 [0.90-0.97] | 0.77 [0.73-0.82] | 0.78 [0.73-0.83] | 0.81 [0.77-0.86] | 0.82 [0.79-0.86] |

Bold indicates weighted mean values

e Table 11. Sensitivity analysis by excluding individual trials

| BMI (Kg/m ²) | Trials Excluded | HAZARD RATIO [95% CI] | | | | | |
|--------------------------|---------------------------------|--------------------------|---------------------|-----------------------|-------------------|------------------------|------------------|
| | | Cardiovascular mortality | All-cause mortality | Myocardial infarction | Revascularisation | Cerebrovascular events | MACE |
| <25 | GREACE ⁶ | 0.63 [0.30-1.33] | 0.72 [0.51-1.01] | 0.52 [0.29-0.94] | 0.60 [0.41-0.88] | 0.83 [0.57-1.21] | 0.67 [0.49-0.91] |
| | MEGA ¹⁵ | 0.54 [0.32-0.90] | 0.58 [0.36-0.96] | 0.43 [0.27-0.69] | 0.50 [0.31-0.81] | 0.54 [0.25-1.17] | 0.48 [0.34-0.67] |
| 25-29.9 | 4S ²⁸ | 0.87 [0.82-0.93] | 0.95 [0.92-0.99] | 0.79 [0.74-0.83] | 0.79 [0.74-0.84] | 0.82 [0.77-0.86] | 0.83 [0.79-0.86] |
| | WOSCOPS ¹ | 0.86 [0.81-0.92] | 0.94 [0.90-0.98] | 0.78 [0.74-0.83] | 0.79 [0.74-0.84] | 0.81 [0.77-0.86] | 0.83 [0.79-0.86] |
| | CARE ² | 0.86 [0.80-0.92] | 0.94 [0.90-0.98] | 0.78 [0.73-0.83] | 0.78 [0.74-0.84] | 0.82 [0.77-0.86] | 0.82 [0.78-0.86] |
| | AFCAPS/TextCAPS ³ | 0.86 [0.80-0.92] | 0.94 [0.90-0.98] | 0.78 [0.74-0.83] | 0.79 [0.74-0.84] | 0.81 [0.77-0.86] | 0.83 [0.79-0.86] |
| | GISSI-P ⁴ | 0.86 [0.80-0.92] | 0.94 [0.90-0.98] | 0.78 [0.73-0.82] | 0.78 [0.73-0.83] | 0.81 [0.77-0.86] | 0.82 [0.78-0.86] |
| | ALLHAT-LLT ⁵ | 0.85 [0.79-0.91] | 0.93 [0.89-0.98] | 0.77 [0.73-0.82] | 0.78 [0.73-0.83] | 0.81 [0.76-0.85] | 0.82 [0.78-0.86] |
| | HPS ⁷ | 0.86 [0.80-0.92] | 0.94 [0.91-0.99] | 0.78 [0.74-0.83] | 0.78 [0.73-0.84] | 0.82 [0.77-0.87] | 0.82 [0.78-0.86] |
| | PROSPER ⁸ | 0.86 [0.81-0.92] | 0.94 [0.90-0.98] | 0.77 [0.73-0.82] | 0.78 [0.73-0.83] | 0.81 [0.76-0.85] | 0.82 [0.78-0.86] |
| | ALERT ⁹ | 0.86 [0.81-0.92] | 0.94 [0.90-0.98] | 0.78 [0.74-0.83] | 0.78 [0.73-0.83] | 0.80 [0.77-0.85] | 0.82 [0.78-0.86] |
| | ASCOT-LLA ¹⁰ | 0.86 [0.80-0.92] | 0.94 [0.90-0.98] | 0.77 [0.73-0.82] | 0.79 [0.74-0.84] | 0.82 [0.77-0.86] | 0.82 [0.78-0.86] |
| | CARDS ¹² | 0.86 [0.81-0.92] | 0.94 [0.90-0.98] | 0.78 [0.74-0.83] | 0.78 [0.74-0.84] | 0.82 [0.77-0.86] | 0.83 [0.79-0.86] |
| | PROVE IT-TIMI22 ¹¹ | 0.86 [0.80-0.92] | 0.94 [0.90-0.98] | 0.77 [0.73-0.82] | 0.78 [0.73-0.83] | 0.81 [0.77-0.86] | 0.82 [0.78-0.86] |
| | IDEAL ¹³ | 0.85 [0.79-0.91] | 0.93 [0.90-0.98] | 0.77 [0.73-0.82] | 0.78 [0.73-0.84] | 0.81 [0.76-0.86] | 0.82 [0.78-0.86] |
| | TNT ¹⁴ | 0.86 [0.80-0.92] | 0.93 [0.90-0.98] | 0.78 [0.73-0.82] | 0.79 [0.74-0.84] | 0.82 [0.77-0.87] | 0.82 [0.78-0.86] |
| | ASPEN ¹⁶ | 0.85 [0.80-0.91] | 0.94 [0.90-0.98] | 0.77 [0.74-0.82] | 0.78 [0.73-0.83] | 0.81 [0.77-0.86] | 0.82 [0.78-0.86] |
| | SPARCL ¹⁷ | 0.86 [0.80-0.92] | 0.94 [0.90-0.98] | 0.79 [0.75-0.83] | 0.79 [0.75-0.84] | 0.82 [0.77-0.87] | 0.82 [0.78-0.86] |
| | JUPITER ¹⁸ | 0.88 [0.83-0.93] | 0.94 [0.91-0.98] | 0.79 [0.75-0.83] | 0.79 [0.75-0.84] | 0.82 [0.78-0.86] | 0.83 [0.80-0.87] |
| | SEARCH ¹⁹ | 0.85 [0.79-0.91] | 0.93 [0.89-0.97] | 0.77 [0.73-0.82] | 0.77 [0.73-0.83] | 0.80 [0.76-0.85] | 0.81 [0.78-0.85] |
| | HOPE-3 ²⁰ | 0.85 [0.80-0.92] | 0.94 [0.90-0.98] | 0.78 [0.74-0.83] | 0.79 [0.74-0.84] | 0.82 [0.77-0.86] | 0.82 [0.79-0.86] |
| | FOURIER ²⁶ | 0.85 [0.79-0.91] | 0.93 [0.89-0.97] | 0.78 [0.74-0.83] | 0.78 [0.73-0.84] | 0.81 [0.77-0.86] | 0.82 [0.78-0.86] |
| | ODYSSEY OUTCOMES ²⁷ | 0.85 [0.80-0.92] | 0.94 [0.90-0.98] | 0.77 [0.73-0.82] | 0.78 [0.73-0.83] | 0.82 [0.77-0.86] | 0.82 [0.78-0.86] |
| | SEAS ²¹ | 0.86 [0.80-0.92] | 0.94 [0.90-0.98] | 0.78 [0.74-0.83] | 0.79 [0.74-0.84] | 0.81 [0.77-0.86] | 0.82 [0.78-0.85] |
| | SHARP ²² | 0.85 [0.79-0.91] | 0.93 [0.89-0.97] | 0.77 [0.73-0.82] | 0.78 [0.73-0.83] | 0.81 [0.76-0.86] | 0.82 [0.78-0.86] |
| | IMPROVE IT ²³ | 0.85 [0.79-0.91] | 0.93 [0.89-0.97] | 0.77 [0.73-0.82] | 0.78 [0.73-0.82] | 0.81 [0.77-0.86] | 0.81 [0.78-0.85] |
| ≥30 | ODYSSEY LONG TERM ²⁴ | 1.00 [0.69-1.45] | 1.01 [0.79-1.31] | 0.92 [0.63-1.33] | 0.89 [0.64-1.24] | 0.59 [0.41-0.86] | 0.88 [0.71-1.10] |
| | SPIRE 1 ²⁵ | 0.78 [0.49-1.23] | 0.89 [0.63-1.26] | 0.76 [0.59-0.98] | 1.35 [0.67-2.73] | 1.41 [0.27-7.28] | 0.82 [0.68-0.99] |
| | SPIRE 2 ²⁵ | 1.03 [0.57-1.84] | 1.07 [0.77-1.49] | 1.05 [0.81-1.38] | 1.27 [0.55-2.97] | 1.27 [0.19-8.32] | 1.00 [0.82-1.21] |

e Table 12. Baseline Characteristics of the Trials and Participants

| Study (Year) | N | Age | No. (%) | | | | | CKD (%) | Interventions | | | | BMI (Kg/m ²) | Baseline LDL-C (mg/dL) | Between-Group Difference Achieved LDL-C (mg/dL) | Follow-up, Yrs |
|------------------------------------|-------|------|-----------|------------|------------------|-----------|--------------|-------------------------|---------------|------------|------|------|--------------------------|------------------------|---|----------------|
| | | | Women | CAD | Vascular Disease | Diabetes | Active Agent | | No. | Control | No. | | | | | |
| STATIN | | | | | | | | | | | | | | | | |
| 4S (1994) ²⁸ | 4444 | 58.6 | 827 (19) | 4444 (100) | 4444 (100) | 202 (5) | 505 (11) | Simvastatin (20-40mg) | 2221 | Placebo | 2223 | 26.0 | 188.3 | 67.6 | 5.4 | |
| WOSCOPS (1995) ¹ | 6595 | 55 | 0 | 338 (5) | 531 (8) | 76 (1) | NA | Pravastatin (40 mg) | 3302 | Placebo | 3293 | 25.9 | 192 | 49.9 | 4.9 | |
| CARE (1996) ² | 4159 | 59 | 576 (14) | 4159 (100) | 4159 (100) | 586 (14) | NA | Pravastatin (40 mg) | 2081 | Placebo | 2078 | 28.0 | 139 | 40.3 | 5.0 | |
| AFCAPS/TexCAPS (1998) ³ | 6605 | 58.2 | 997 (15) | <1 | <1 | 155 (2) | 304 (5) | Lovastatin (20-40 mg) | 3304 | Placebo | 3301 | 26.7 | 150 | 41.7 | 5.2 | |
| GISSI-P (2000) ⁴ | 4271 | 59.9 | 587 (14) | 4271 (100) | 4271 (100) | 582 (14) | NA | Pravastatin (20 mg) | 2138 | Usual care | 2133 | 26.3 | 151.6 | 17.9 | 2.0 | |
| ALLHAT-LLT (2002) ⁵ | 10355 | 66 | 5051 (49) | 1475 (14) | NA | 3638 (35) | NA | Pravastatin (20 mg) | 5170 | Usual care | 5185 | 29.0 | 145.5 | 17.4 | 4.8 | |
| GREACE (2002) ⁶ | 1600 | 58.5 | 344 (22) | 1600 (100) | 1600 (100) | 313 (20) | NA | Atorvastatin (10-80 mg) | 800 | Usual care | 800 | 24.0 | 179.5 | 72.9 | 3.0 | |

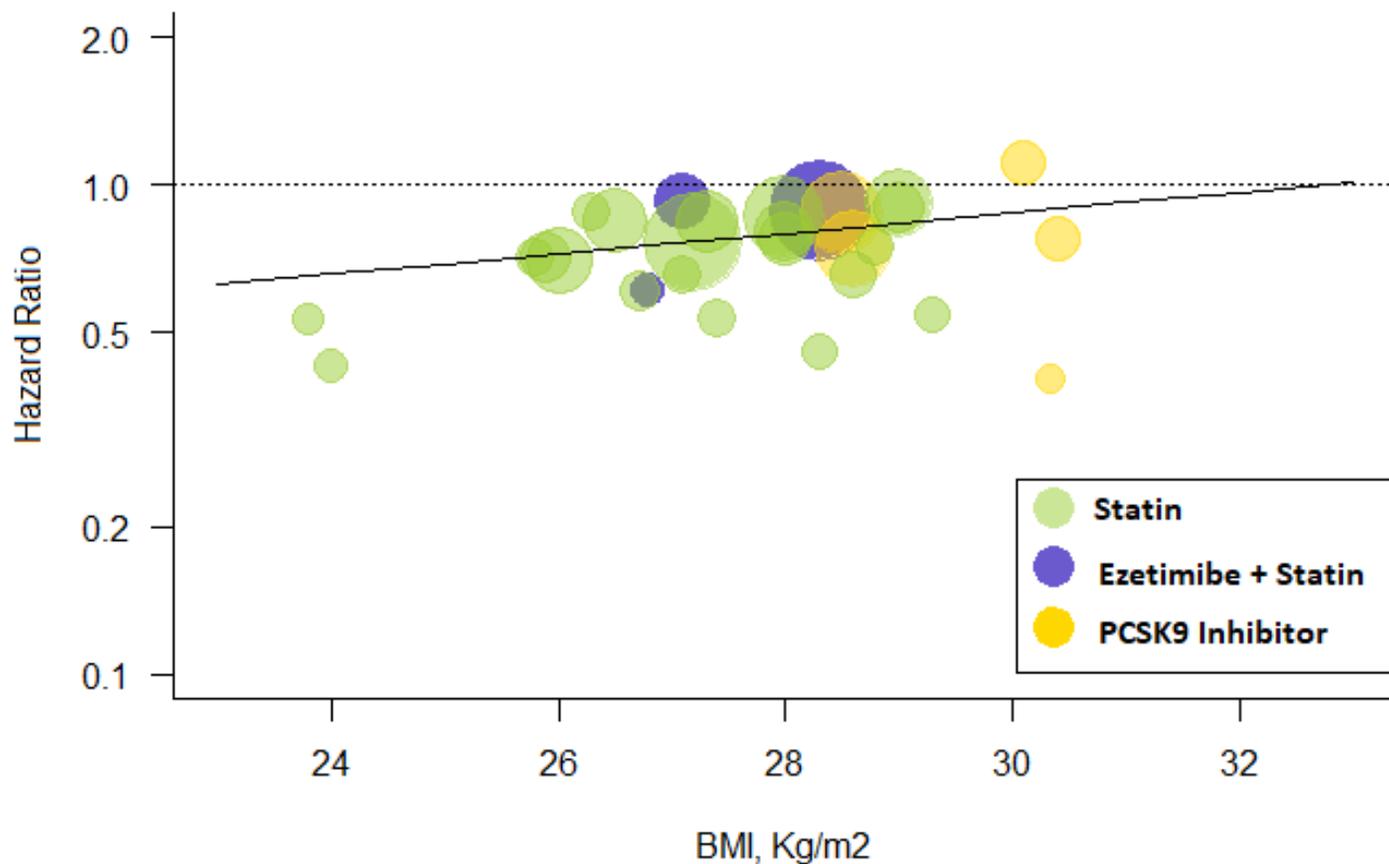
| | | | | | | | | | | | | | | | |
|--|-------|------|--------------|----------------|----------------|---------------|--------------|---------------------------|-------|------------------------|-------|------|-------|------|-----|
| HPS (2002) ⁷ | 20536 | 63.4 | 5082 (25) | 13386 (65) | 17907 (87) | 5963 (29) | 1329 (6) | Simvastatin (40mg) | 10269 | Placebo | 10267 | 27.2 | 131.5 | 38.7 | 5 |
| PROSPER (2002) ⁸ | 5804 | 75 | 3000 (52) | 2335 (40) | 2565 (44) | 623 (11) | 3077 (53) | Pravastatin (40 mg) | 2891 | Placebo | 2913 | 26.5 | 147 | 50 | 3.2 |
| ALERT (2003) ⁹ | 2102 | 49.8 | 715 (34) | 148 (7) | 158 (8) | 396 (19) | NA | Fluvastatin (40 mg) | 1050 | Placebo | 1052 | 25.8 | 158.5 | 38.1 | 5.4 |
| ASCOT-LLA (2003) ¹⁰ | 10305 | 63.0 | 1942 (19) | <1 | 1515 (15) | 2527 (25) | 6517 (63) | Atorvastatin (10 mg) | 5168 | Placebo | 5137 | 28.6 | 133 | 37.2 | 3.3 |
| PROVE IT-TIMI 22 (2004) ¹¹ | 4162 | 58.2 | 911 (22) | 4162 (100) | 4162 (100) | 734 (18) | NA | Atorvastatin (80 mg) | 2099 | Pravastatin (40mg) | 2063 | 29.0 | 106 | 32.9 | 2.0 |
| CARDS (2004) ¹² | 2841 | 61.6 | 909 (32) | <1 | <1 | 2838 (100) | 970 (34) | Atorvastatin (10 mg) | 1429 | Placebo | 1412 | 29.3 | 117 | 46.4 | 3.9 |
| IDEAL (2005) ¹³ | 8888 | 61.7 | 1702 (19) | 8888 (100) | 8888 (100) | 1069 (12) | NA | Atorvastatin (80mg) | 4439 | Simvastatin (20mg) | 4449 | 27.3 | 121.4 | 21.7 | 4.8 |
| TNT (2005) ¹⁴ | 10001 | 61.0 | 1902 (19) | 10001 (100) | 10001 (100) | 1501 (15) | NA | Atorvastatin (80mg) | 4995 | Atorvastatin (10mg) | 5006 | 28.0 | 97.5 | 24 | 4.9 |
| MEGA (2006) ¹⁵ | 8214 | 58.3 | 5547 (68) | <1 | <1 | 1686 (21) | 2978 (38) | Pravastatin (10-20 mg) | 3866 | Usual care | 3966 | 23.8 | 156.6 | 20.4 | 5.3 |
| ASPEN (2006) ¹⁶ | 2410 | 61.0 | 811 (34) | 790 (33) | 1121 (47) | 2410 (100) | NA | Atorvastatin (10 mg) | 1211 | Placebo | 1199 | 28.8 | 113.5 | 33.8 | 4.0 |
| SPARCL (2006) ¹⁷ | 4731 | 62.7 | 1908 (40) | 0 | 4731 (100) | 794 (17) | NA | Atorvastatin (80mg) | 2365 | Placebo | 2366 | 27.4 | 132.7 | 55.3 | 4.9 |
| JUPITER (2008) ¹⁸ | 17802 | 66.0 | 6801 (30) | 0 | 0 | 76 (<1) | 3267 (18) | Rosuvastatin (20 mg) | 8901 | Placebo | 8901 | 28.3 | 108 | 54.9 | 1.9 |

| | | | | | | | | | | | | | | | |
|---|-------|------|--------------|----------------|----------------|---------------|---------------|--|-------|-----------------------|-------|------|-------|------|-----|
| SEARCH (2010) ¹⁹ | 12064 | 64.2 | 2052 (17) | 12064 (100) | 12064 (100) | 1267 (11) | 1686 (14) | Simvastatin (80mg) | 6031 | Simvastatin (20mg) | 6033 | 28.0 | 96.7 | 13.5 | 6.7 |
| HOPE 3 (2016) ²⁰ | 12705 | 65.7 | 5874 (46) | 0 | 0 | 731 (6) | NA | Rosuvastatin (10 mg) | 6361 | Placebo | 6344 | 27.1 | 127.8 | 34.4 | 5.6 |
| EZETIMIBE + STATIN | | | | | | | | | | | | | | | |
| SEAS (2008) ²¹ | 1873 | 67.5 | 723 (39) | 0 | 0 | 0 | NA | Simvastatin (40 mg) + ezetimibe (10 mg) | 944 | Placebo | 929 | 26.8 | 139.5 | 69 | 4.4 |
| SHARP (2011) ²² | 9270 | 62.0 | 3470 (37) | 0 | 1393 (15) | 2094 (23) | 9270 (100) | Simvastatin (20 mg) + ezetimibe (10 mg) | 4650 | Placebo | 4620 | 27.1 | 107.3 | 29.3 | 4.9 |
| IMPROVE IT (2015) ²³ | 18144 | 63.6 | 4416 (24) | 18144 (100) | 18144 (100) | 4933 (27) | NA | Simvastatin (40mg) + Ezetimibe (10mg) | 9067 | Simvastatin (40mg) | 9077 | 28.3 | 93.8 | 12.8 | 6.0 |
| PCSK9 INHIBITOR | | | | | | | | | | | | | | | |
| ODYSSEY LONGTERM (2015) ²⁴ | 2341 | 60.5 | 884 (38) | 1607 (69) | 2341 (100) | 809 (35) | NA | Alirocumab (150mg every 2 weeks) | 1553 | Placebo | 788 | 30.4 | 122.3 | 70.8 | 1.5 |
| FOURIER (2017) ²⁶ | 27564 | 62.5 | 6769 (25) | 22351 (81) | 27564 (100) | 10081 (37) | NA | Evolocumab (140mg every 2 weeks or | 13784 | Placebo | 13780 | 28.6 | 92 | 54.1 | 2.2 |

| | | | | | | | | | | | | | | | |
|---------------------------------------|--------|------|-----------|-------------|------------|-----------|----|--------------------------------------|------|---------|------|------|-------|------|-----|
| | | | | | | | | 420mg every month) | | | | | | | |
| SPIRE 1 (2017) ²⁵ | 16817 | 63.3 | 4439 (26) | NA | 14563 (87) | 8047 (48) | NA | Bococizumab (150 mg every 2 weeks) | 8408 | Placebo | 8409 | 30.1 | 93.8 | 44.9 | 0.6 |
| SPIRE 2 (2017) ²⁵ | 10621 | 62.4 | 3675 (35) | NA | 8635 (81) | 4986 (47) | NA | Bococizumab (150mg every 2 weeks) | 5312 | Placebo | 5309 | 30.4 | 133.6 | 58 | 1.0 |
| ODYSSEY OUTCOMES (2018) ²⁷ | 18,924 | 58.5 | 4762 (25) | 18924 (100) | 759 (4) | 5444 (29) | NA | Alirocumab (75-150 mg every 2 weeks) | 9462 | Placebo | 9462 | 28.5 | 92 | 38.7 | 2.8 |

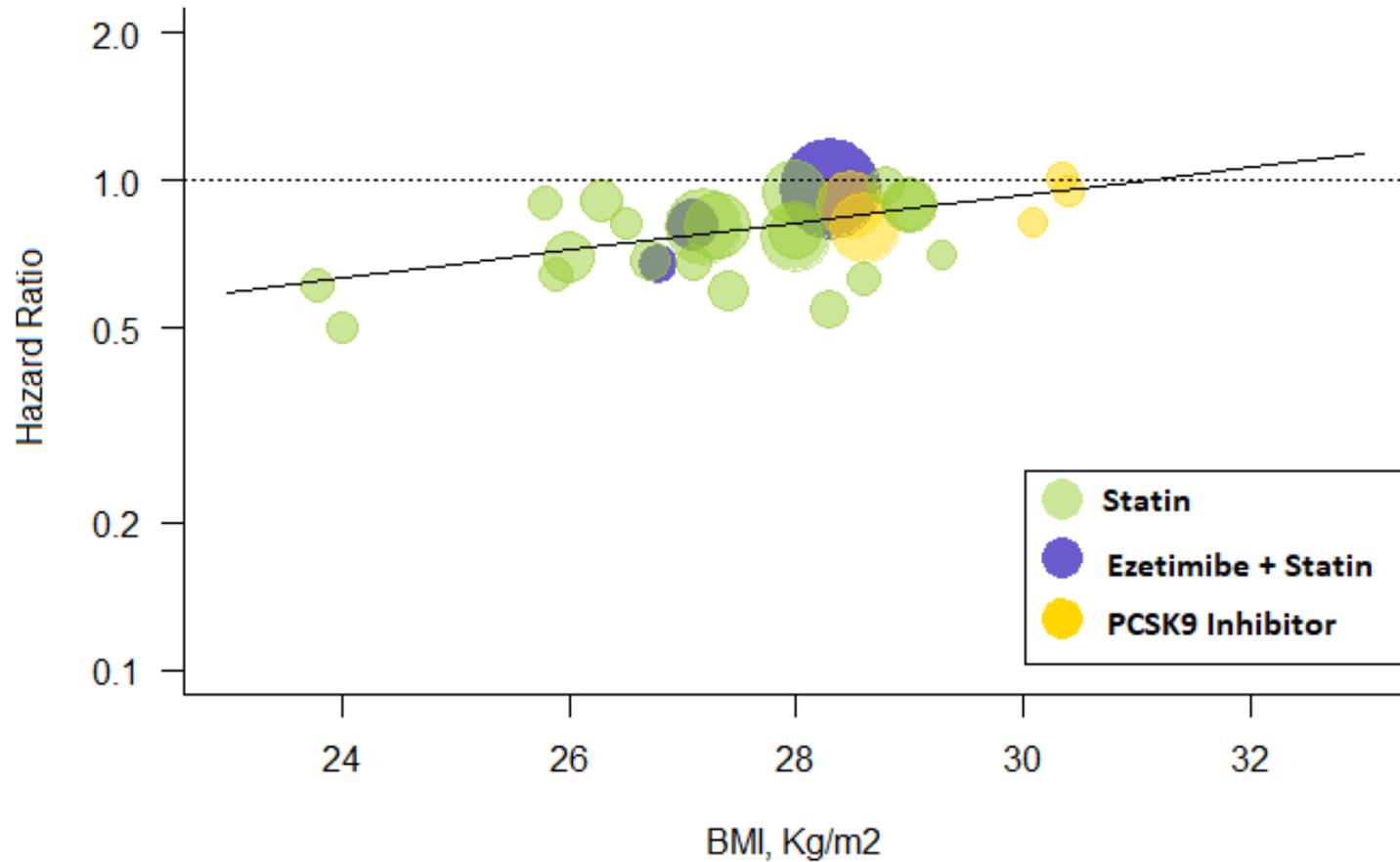
Values are mean or median, which ever was available; 4S (SSSS), Scandinavian Simvastatin Survival Study; ALLHAT-LLT, AFCAPS-TexCAPS, Air Force/Texas Coronary Atherosclerosis Prevention Study; ALERT, Assessment of LEscol in Renal Transplantation Study; ASCOT-LLA, Anglo-Scandinavian Cardiac Outcomes Trial–Lipid Lowering Arm; ASPEN, Atorvastatin Study for Prevention of Coronary Heart Disease Endpoints in Non-Insulin-Dependent Diabetes Mellitus; CARE, Cholesterol And Recurrent Events; CARDS, Collaborative Atorvastatin Diabetes Study; FOURIER, Further Cardiovascular Outcomes Research with PCSK9 Inhibition in Subjects with Elevated Risk; GISSI-P, Gruppo Italiano per lo Studio della Sopravvivenza nell’Infarto Miocardico; HOPE-3, Heart Outcomes Prevention Evaluation; GREACE, The GREek Atorvastatin and Coronary-heart-disease Evaluation Study; HPS, Heart Protection Study; IDEAL, Incremental Decrease in End Points Through Aggressive Lipid Lowering Study Group; IMPROVE-IT, Improved Reduction of Outcomes: Vytorin Efficacy International Trial; JUPITER, Justification for the Use of Statins in Prevention: an Intervention Trial Evaluating Rosuvastatin study group; LIPID, Long–term Intervention with Pravastatin in Ischaemic Disease; MEGA, Management of Elevated Cholesterol in the Primary Prevention Group of Adult Japanese Study Group; ODYSSEY LONG TERM, Long-term Safety and Tolerability of Alirocumab in High Cardiovascular Risk Patients with Hypercholesterolemia Not Adequately Controlled with Their Lipid Modifying Therapy; ODYSSEY Outcomes, Evaluation of Cardiovascular Outcomes After an Acute Coronary Syndrome During Treatment With Alirocumab; ; PROVE IT-TIMI 22, the Pravastatin or Atorvastatin Evaluation and Infection Therapy; PROSPER, SEARCH, Study of the Effectiveness of Additional Reductions in Cholesterol and Homocysteine; SEAS, Simvastatin and Ezetimibe in Aortic Stenosis; SHARP, Study of Heart and Renal Protection; SPARCL, The Stroke Prevention by Aggressive Reduction in Cholesterol Levels; SPIRE 1 & 2, Studies of PCSK9 Inhibition and the Reduction of Vascular Events 1 & 2; TNT, Treating to New Targets; WOSCOPS, West of Scotland Coronary Prevention Study

e Figure 3. Meta-Regression for BMI Effect on Myocardial Infarction



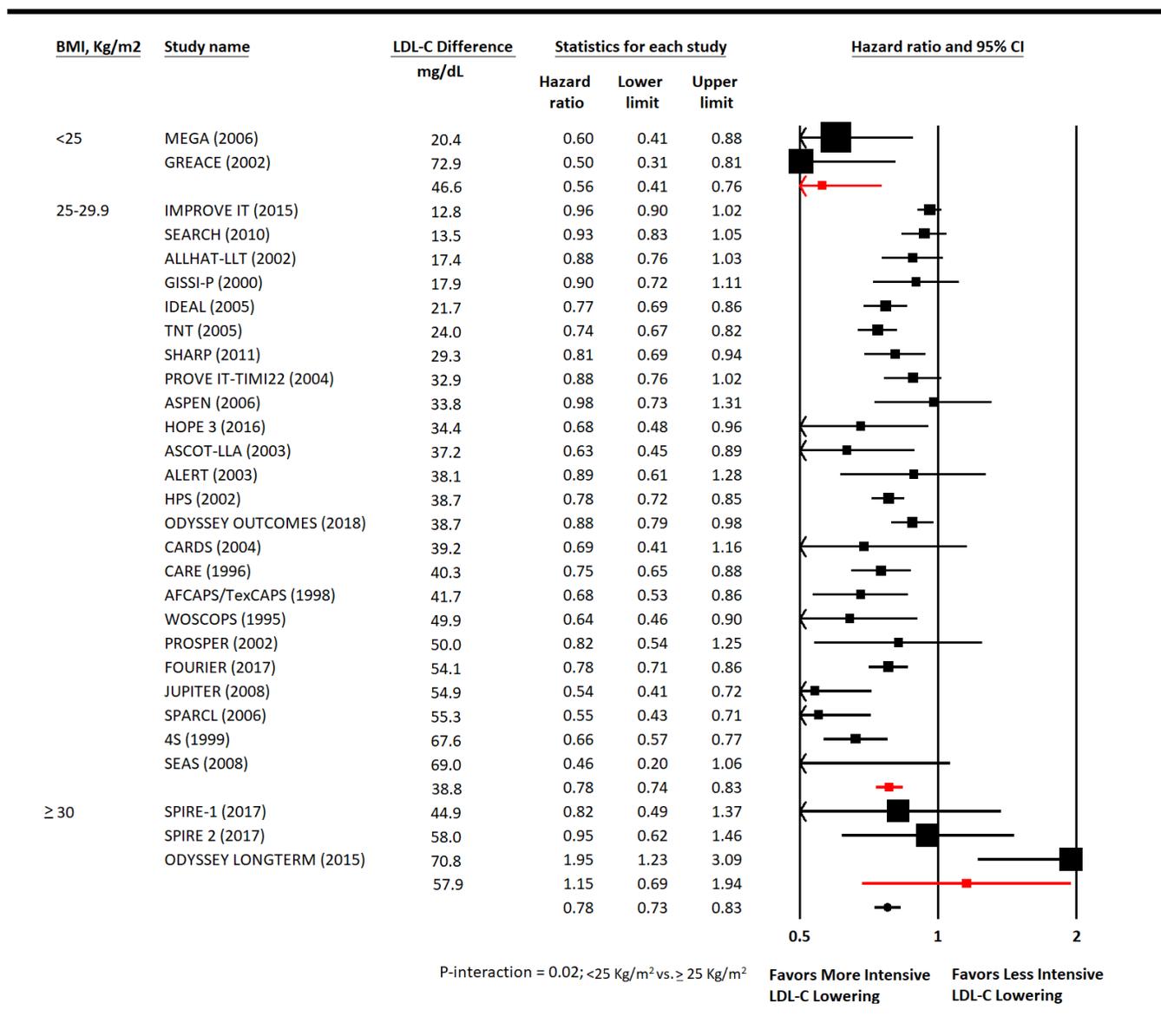
Change in hazard ratios and 95% confidence intervals for myocardial infarction plotted against body mass index (BMI, Kg/m²). Size of the data marker is proportional to the weight in the meta-regression. Data marker colors represent the classes of lipid-lowering agents used in the active treatment group as per trial randomization design. The solid line represents the meta-regression slope of the change in hazard ratio for treatment across BMI values.

e Figure 5. Meta-Regression for BMI Effect on Revascularization

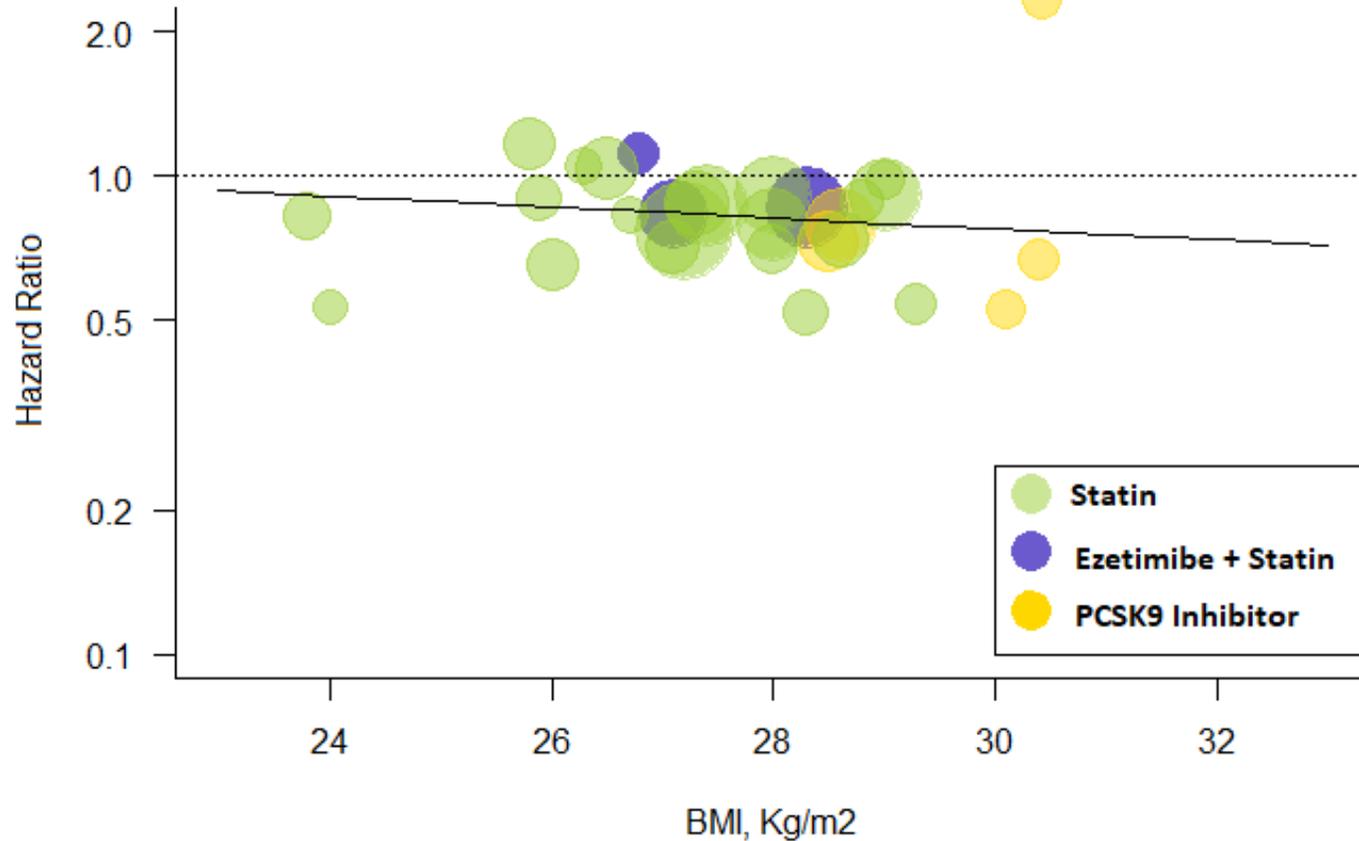


Change in hazard ratios and 95% confidence intervals for revascularization plotted against body mass index (BMI, Kg/m²). Size of the data marker is proportional to the weight in the meta-regression. Data marker colors represent the classes of lipid-lowering agents used in the active treatment group as per trial randomization design. The solid line represents the meta-regression slope of the change in hazard ratio for treatment across BMI values.

e Figure 6. Meta-Analysis for Revascularization

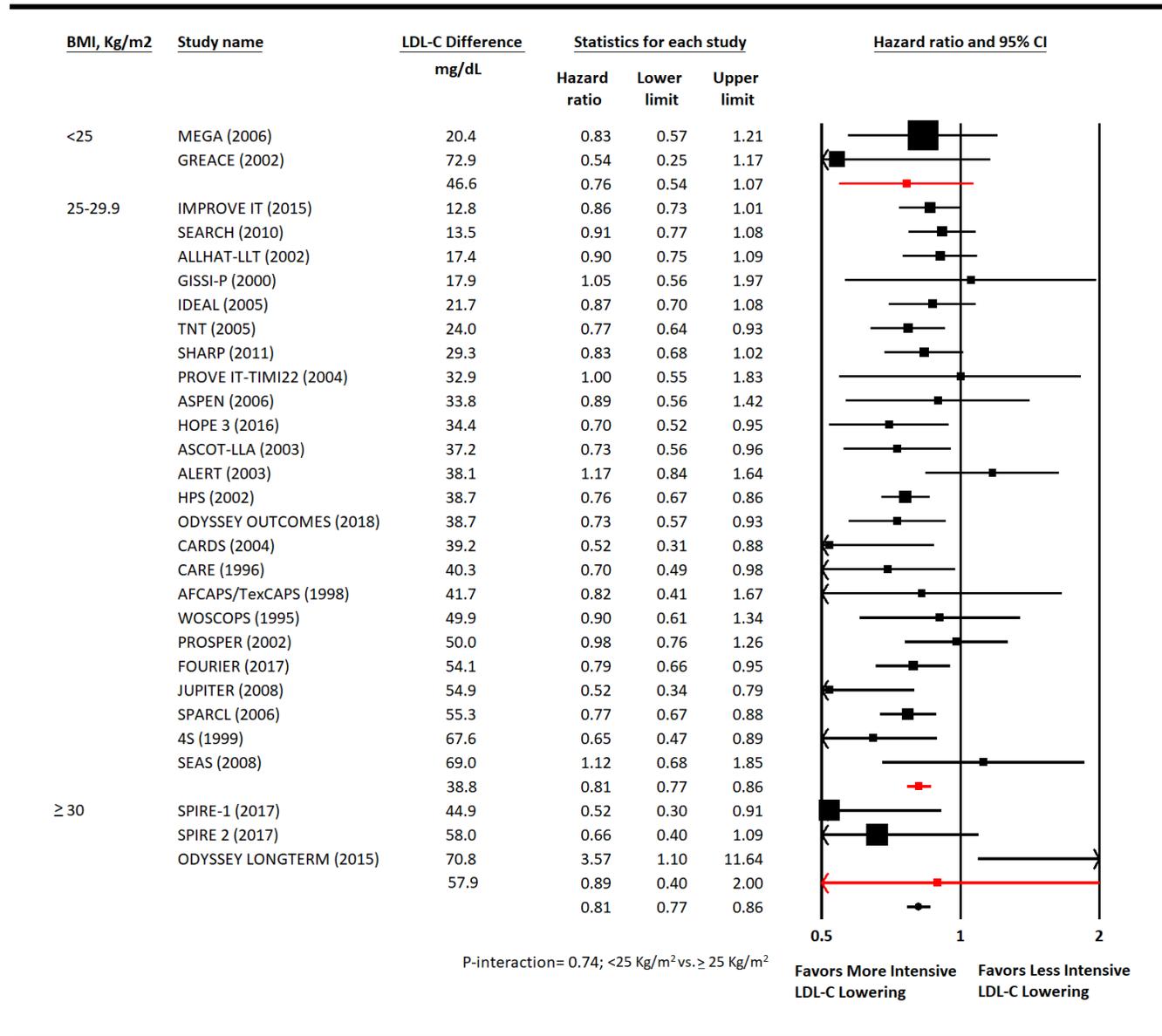


e Figure 7. Meta-Regression for BMI Effect on Cerebrovascular Events

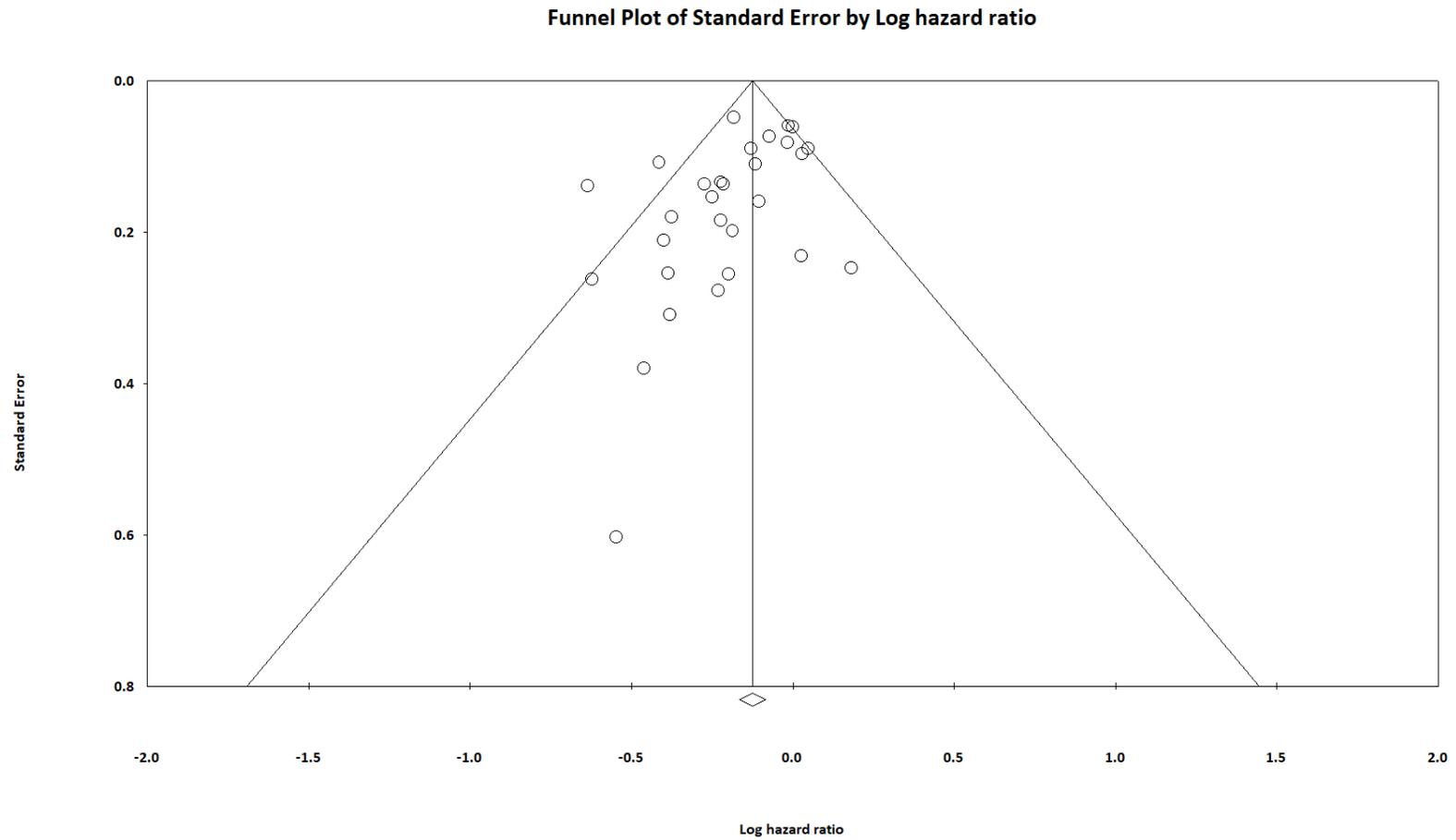


Change in hazard ratios and 95% confidence intervals for cerebrovascular events plotted against body mass index (BMI, Kg/m²). Size of the data marker is proportional to the weight in the meta-regression. Data marker colors represent the classes of lipid-lowering agents used in the active treatment group as per trial randomization design. The solid line represents the meta-regression slope of the change in hazard ratio for treatment across BMI values.

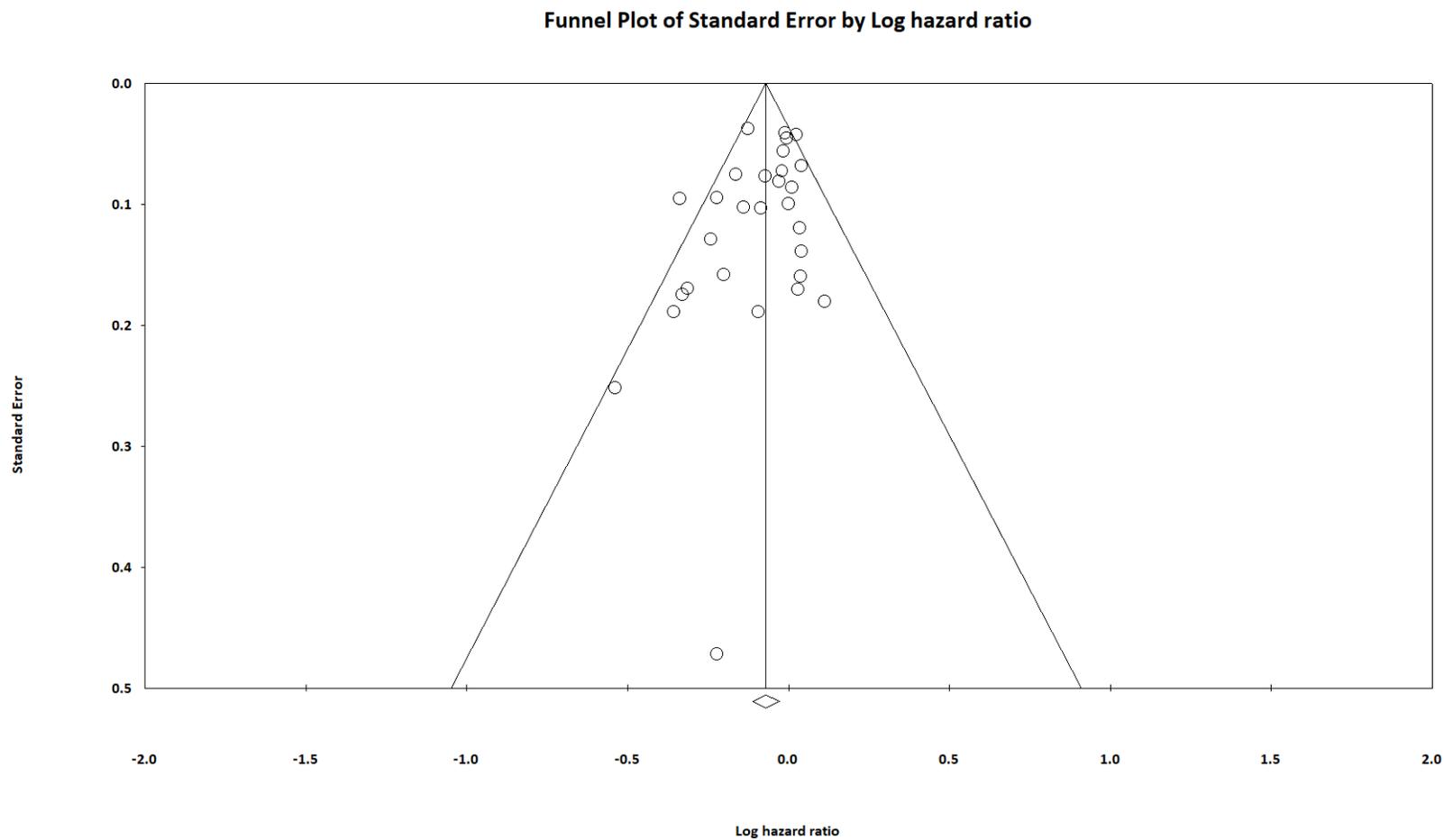
e Figure 8. Meta-Analysis for Cerebrovascular Events



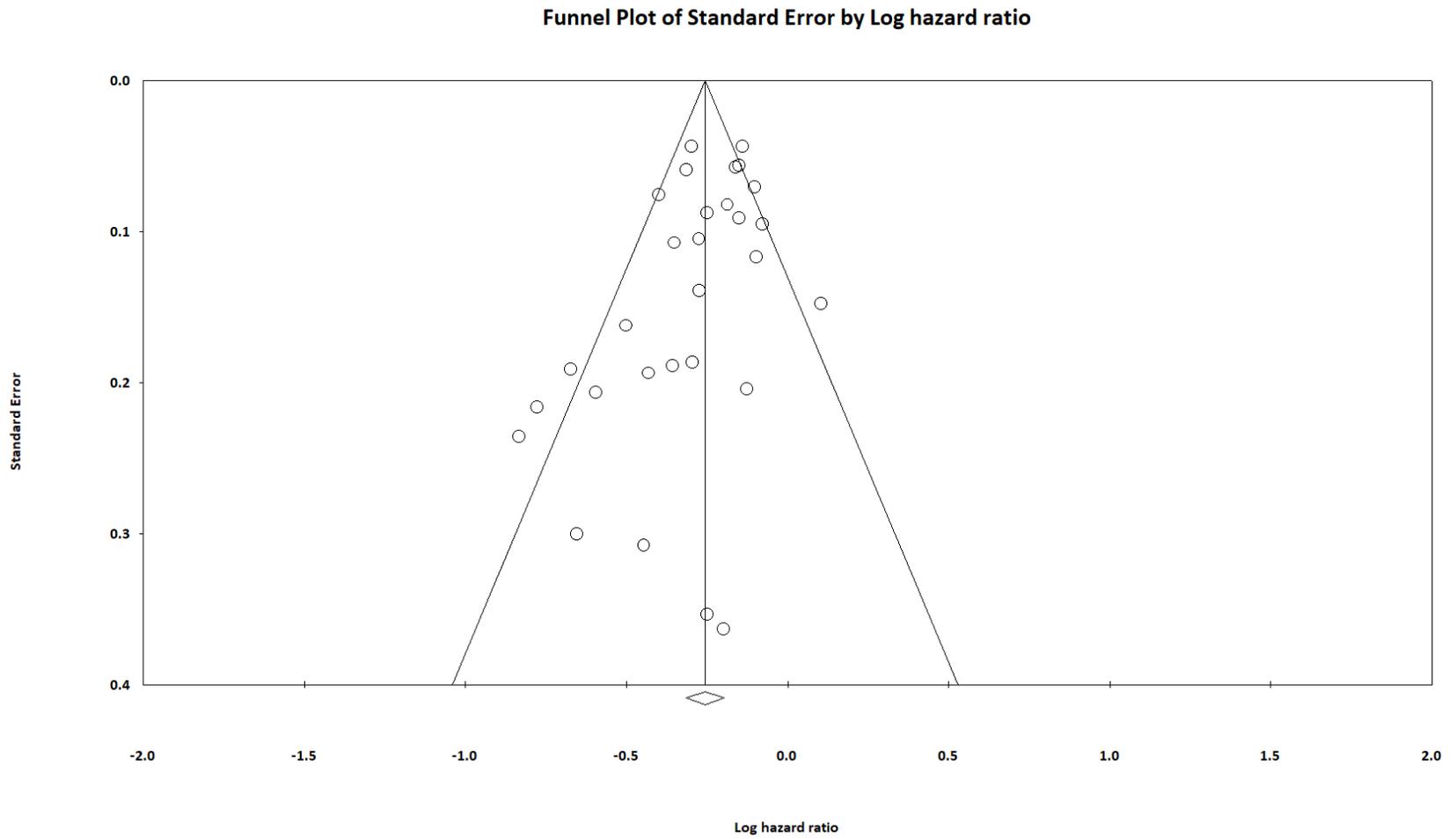
e Figure 9. Funnel plot for assessment of publication bias: cardiovascular mortality



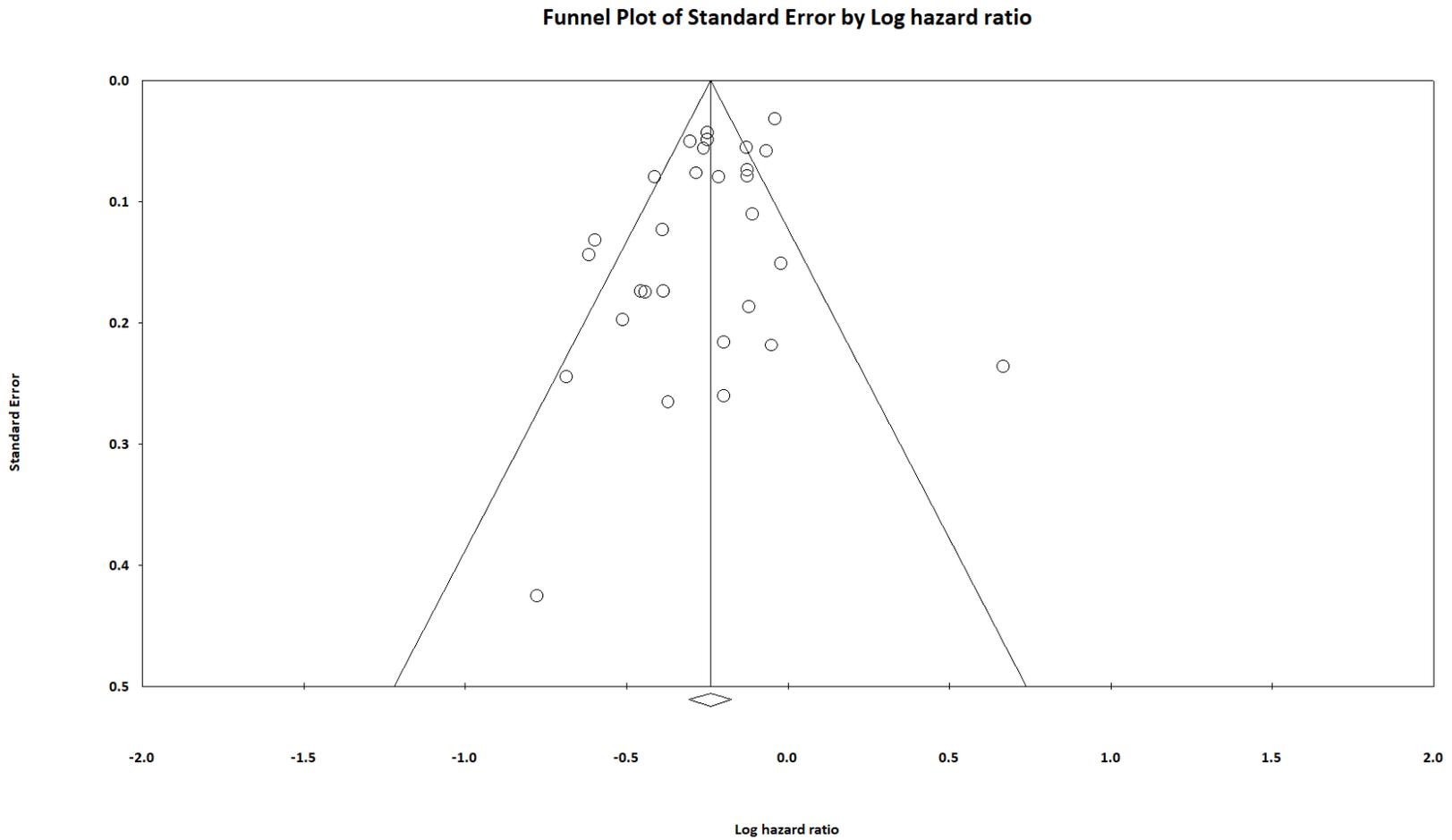
e Figure 10. Funnel plot for assessment of publication bias: all- cause mortality



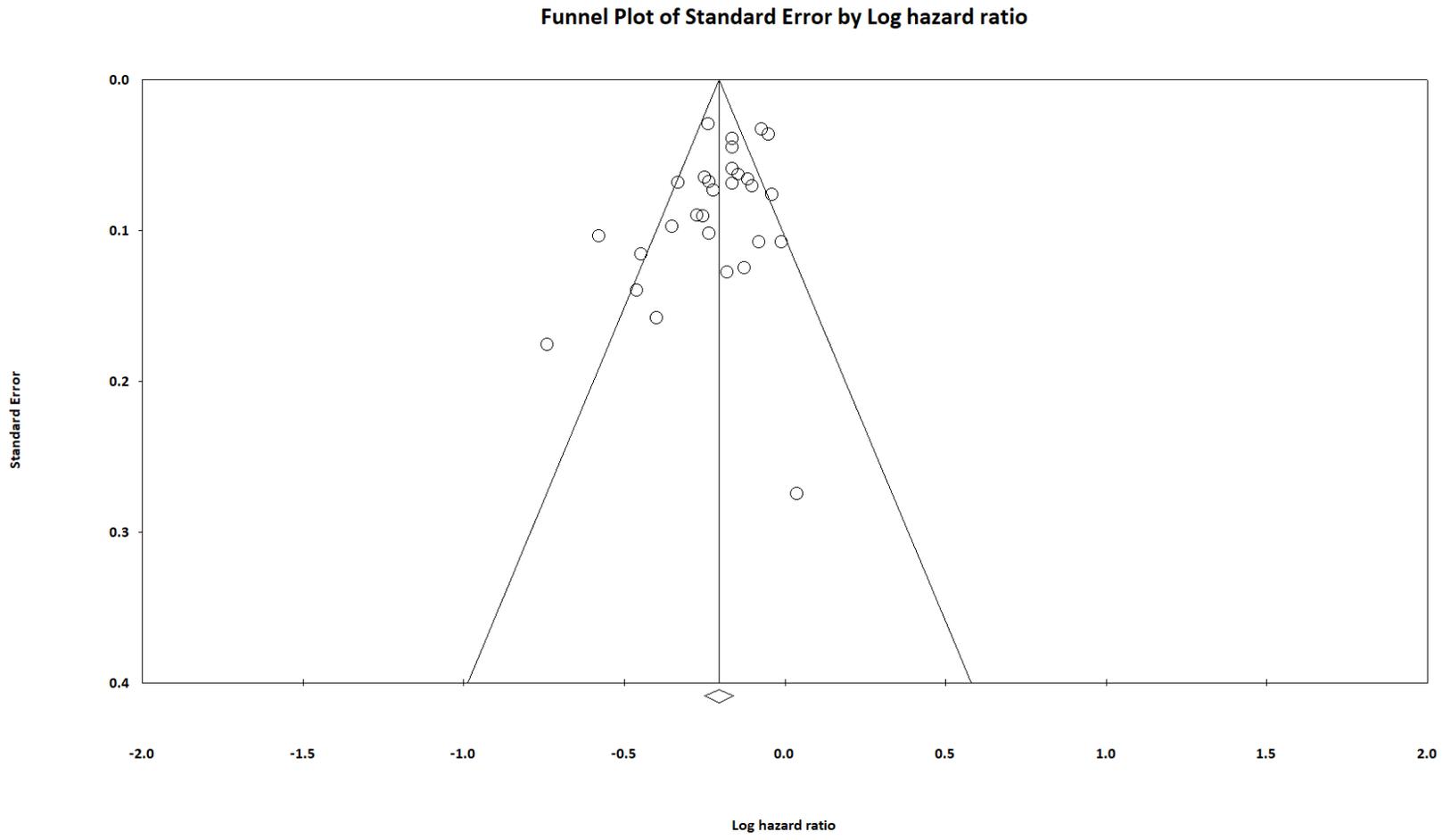
e Figure 11. Funnel plot for assessment of publication bias: myocardial infarction



e Figure 12. Funnel plot for assessment of publication bias: revascularization



e Figure 14. Funnel plot for assessment of publication bias: major adverse cardiovascular events



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