

Supplementary Materials:

Table S1. Pearson correlation matrix for continuous variables ($N = 1405$).

	1	2	3	4	5	6	7	8	9	10	11	12
1. SCR	1											
2. WRY	0.87 **	1										
3. OVRL	0.78 **	0.62 **	1									
4. SOVRL	0.66 **	0.56 **	0.61 **	1								
5. DIS	0.66 **	0.56 **	0.57 **	0.53 **	1							
6. RECO	0.70 **	0.48 **	0.58 **	0.55 **	0.63 **	1						
7. ISO	0.69 **	0.62 **	0.57 **	0.51 **	0.58 **	0.54 **	1					
8. SocS	-0.49 **	-0.45 **	-0.40 **	-0.36 **	-0.40 **	-0.40 **	-0.61 **	1				
9. FamS	-0.38 **	-0.35 **	-0.32 **	-0.33 **	-0.30 **	-0.31 **	-0.35 **	0.37 **	1			
10. GSE	-0.28 **	-0.29 **	-0.19 **	-0.08 **	-0.21 **	-0.16 **	-0.25 **	0.17 **	0.16 **	1		
11. SelfE	-0.54 **	-0.56 **	-0.38 **	-0.32 **	-0.38 **	-0.32 **	-0.46 **	0.34 **	0.32 **	0.38 **	1	
12. Age	0.05	0.05 *	0.06 *	0.08 **	0.08 **	0.05 *	0.06 *	-0.12 **	-0.04	-0.004	-0.05	1

SCR = Chronic stress screening scale, WRY = stress due to chronic worrying, OVRL = stress due to work overload, SOVRL = stress due to social overload, DIS = stress due to occupational discontent, RECO = stress due to a lack of social recognition, ISO = stress due to social isolation, WRY = stress due to chronic worrying, SocS = satisfaction with social support, FamS = family support, GSE = self-efficacy, SelfE = self-esteem. * $p < 0.05$, ** $p < 0.001$.