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Project Protocol for AGREE II Extension for Guidelines in Surgery

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Complete List of Authors:	Antoniou, George A.; Royal Oldham Hospital, Department of Vascular & Endovascular Surgery; The University of Manchester Mavridis, Dimitri; University of Ioannina, Department of Primary Education; Universite Paris Descartes Faculte de Medecine, Sorbone Paris Cité Tsokani, Sofia Lopez-Cano, Manuel Florez, Ivan Brouwers, Melissa Markar, Sheraz R. Silecchia , Gianfranco Francis, Nader Antoniou, Stavros
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1	Study protocol
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-	Project Protocol for AGREE II Extension for Guidelines in Surgery
4	
5	Authors
6	George A Antoniou MD PhD MSc EEBVS 1,2 Dimitrios Mavridis BSc PhD 3,4 Sofia
7	Tsokani RSs MSs 3 Manual Lánaz Cana MD RhD 5 Iván Eláraz MD MSs 67 Malissa
/	TSOKATI BSC IVISC, Vianuel Lopez-Cano IVID PIID, IVan Piorez IVID IVISC, IVIElissa
8	Brouwers PhD, ⁶ Sheraz Markar MD PhD, ⁸ Gianfranco Silecchia MD PhD, ⁹ Nader K
9	Francis MBChB FRCS PhD, ¹⁰ Stavros A Antoniou MD PhD MPH FEBS ^{11,12}
10	
11	Affiliations
12	1. Department of Vascular and Endovascular Surgery, The Royal Oldham Hospital,
13	Pennine Acute Hospitals NHS Trust, Manchester, United Kingdom
14	2. Division of Cardiovascular Sciences, School of Medical Sciences, The University of
15	Manchester, Manchester, United Kingdom
16	3. Department of Primary Education, School of Education, University of Ioannina,
17	Ioannina, Greece
18	4. Faculté de Médecine, Université Paris Descartes, Paris, France
19	5. Abdominal Wall Surgery Unit, Department of General Surgery, Hospital
20	Universitari Vall d'Hebron, Universitat Autònoma de Barcelona, Barcelona, Spain
21	6. Department of Health Research Methods Evidence and Impact, McMaster
22	University, Hamilton, Ontario, Canada
23	7. Department of Pediatrics, Universidad de Antioquia, Medellin, Colombia
24	8. Department of Surgery and Cancer, Imperial College, London, United Kingdom

2		
3	25	9. Department of Surgery, University Hospital "La Sapienza", Rome, Italy
4		
6 7	26	10. Department of General Surgery, Yeovil District Hospital NHS Foundation Trust,
8 9	27	Higher Kingston, Yeovil, United Kingdom
10 11	28	11. Medical School, European University of Cyprus, Nicosia, Cyprus
12 13	29	12. Surgical Department, Mediterranean Hospital of Cyprus, Limassol, Cyprus
14 15	30	
16 17	30	
17 18 19	31	Corresponding author
20 21	32	Mr. George A Antoniou MD PhD MSc FEBVS
22 23	33	Address: Surgical Offices, Phase 1, The Royal Oldham Hospital, Rochdale Road,
24 25 26	34	Oldham OL1 2JH, United Kingdom
20 27 28	35	<i>E-mail:</i> antoniou.ga@hotmail.com, Georgios.Antoniou@pat.nhs.uk
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32 33	37	Disclosures
34 35	38	The authors disclose no conflicts of interest.
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44 45	42	European Association for Endoscopic Surgery. The funding bodies had no influence
46 47	43	on the development of this protocol.
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49 ABSTRACT

Introduction AGREE II is an instrument that informs development, reporting and 51 assessment of clinical practice guidelines. Previous research has demonstrated the 52 need for improvement in methodological and reporting quality of clinical practice 53 guidelines specifically in surgery. We aim to develop an AGREE II extension 54 document for application in surgical guidelines.

Methods and analysis We have performed a structured literature review and assessment of guidelines in surgery using the AGREE II instrument. In exploratory analyses, we have identified factors associated with guideline quality. We have performed reliability and factor analyses to inform the development of an extension document. We will summarize this information and present it to a Delphi panel of stakeholders. We will perform iterative Delphi rounds and we will summarize the final results to develop the extension instrument in a dedicated consensus conference.

Ethics and dissemination Funding bodies will not be involved in the development of
the instrument. We will request board approval by Northern Care Alliance NHS
Group, UK. Conflicts of interest, if any, will be addressed by re-assigning functions or
replacing participants with relevant conflicts.

68 KEYWORDS

AGREE II; clinical practice guideline; reporting quality; development; methodology;
EQUATOR Network

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This is the first project to address guideline development and reporting in surgery.

• It will combine statistical considerations, conceptual parameters to be derived

• It will involve a panel of stakeholders from a variety of scientific, cultural and

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from qualitative synthesis and a formal Delphi process.

• The project will not address specific disciplines of surgery.

STRENGTHS AND LIMITATIONS

geographical backgrounds.

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97 INTRODUCTION

Research evidence is the primary source to inform medical practice forming the cornerstone of evidence-based medicine.¹ An average of 5,639 new articles were indexed per month under the subject heading 'Surgery' in the National Library of Medicine over the past decade.² Given this fact, keeping abreast of the latest evidence is a strenous task for healthcare practitioners. Clinical practice guidelines evaluate, summarize and contextualize research evidence into actionable recommendations.³ As such, guidelines have a direct impact on delivery of healthcare and surgical services. It is therefore of paramount importance to ensure the highest quality standards in developing and reporting guidelines.

A great amount of scientific endeavor in the past few years has focused on the quality of scholarly work, including clinical practice guidelines.⁴ Reporting standards have been developed for virtually all study designs and have been summarized by the EQUATOR (Enhancing the QUAlity and Transparency Of health Research) Network.⁵ AGREE II (Appraisal of Guidelines for Research and Evaluation) constitutes a framework for developing, appraising and reporting clinical practice guidelines.⁶ It is endorsed by major international and national agencies, including the World Health Organization and the National Institute for Health and Care Excellence (NICE) in the United Kingdom.^{7,8} AGREE II is a generic tool that applies to all disciplines of medicine and no modification or extension of the framework has been proposed, described or developed for specific clinical branches such as surgery.

118 The tool is comprized of 23 items organized in 7 thematic domains: Scope 119 and purpose, Stakeholder involvement, Rigor of development, Clarity of 120 presentation, Applicability, and Editorial independence. It concludes with an overall

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assessment and a statement of whether the guideline is considered of sufficient quality to be used or recommended in clinical practice (Appendix).

The need for an AGREE II extension

Our research group has acted as methodological and content coordinators of landmark surgical guidelines and have served as members of surgical guideline development groups.^{9,10,11,12,13,14} Even though members of our group, in their role as guideline developers, have made every effort to comply with the highest methodological standards, as indicated by adherance to GRADE (Grading of Recommendations Assessment, Development and Evaluation) and AGREE II methodologies,^{15,16} we noticed that compliance with all aspects of several parameters of the AGREE II instrument was not possible. For example, the item "The potential resource implications of applying the recommendations have been considered" may be difficult to be universally addressed, because cost-effectiveness studies are scarce in the surgical literature and relevant evidence typically varies in different settings.¹⁷ We have hypothesized that the original AGREE II document may not be applicable to clinical practice guidelines in surgery, which ofter represent complex and multifaceted interventions.

Objective

There are a few guideline reporting documents in other fields of medicine,^{18,19} however a scoping literature review by our group has not identified any document to inform guideline development and reporting in the field of surgery. Our aim is to

144	develop an extension of the AGREE II instrument that is specific for surgery through
145	an evidence-informed and consensus-based approach.
146	
147	METHODS
148	We have formed an international multi- and inter-disciplinary collaborative research
149	working group, that consists of surgeons, guideline developers, evidence synthesis
150	experts, GRADE methodologists, ²⁰ biostatisticians and a lead member of the AGREE
151	collaboration. This is a tripartite project named Guideline Assessment Project: Filling
152	the GAP in Surgical Guidelines. A summary of the project is outlined in Fig. 1.
153	This protocol complies with the Guidance for Developers of Health Research
154	Reporting Guidelines. ²¹
155	
156	GAP I Project: Literature review and exploratory analyses
157	We have previously performed a structured review to identify clinical practice
158	guidelines in the field of surgery published over a 10-year period. ²² We have
159	assessed the methodological and reporting quality of the selected guidelines using
160	the original AGREE II criteria. Domain scores (calculated by summing up all the scores
161	of the individual items in a domain and by scaling the total as a percentage of the
162	maximum possible score for that domain) ¹⁶ ranged between 0-56%, suggesting
163	generally inadequate and highly variable guideline quality. The median overall score
164	was 4 out of a maximum of 7, and 40% of guidelines were not considered suitable
165	for use based on their quality as assessed using the AGREE II instrument.
166	In exploratory analyses, we have found guidelines produced by surgical
167	organizations with a high (≥1 guideline per year) output (odds ratio 3.79, 95%

3 4	168	confidence interval, 1.01–12.66) and those produced by surgical organizations with a
5 6 7	169	guideline committee (odds ratio 4.15, 95% confidence interval, 1.47–11.77) have
, 8 9	170	higher odds of reaching sufficient quality and being recommended for use. ²²
10 11	171	
12 13 14	172	• GAP II: Statistically calibrating the AGREE II instrument
15 16	173	The second part of this project was focused on statistical calibration of the AGREE II
17 18	174	instrument. We employed a series of statistical methods to explore reliability,
20 21	175	internal consistency and unidimensionality of the AGREE II instrument. We
22 23	176	investigated the internal consistency that refers to the extent to which all items of
24 25 26	177	the instrument measure the same hypothetical construct. We explored if and how
27 28	178	test items are intercorrelated. Large intercorrelations among test items are
29 30 31	179	indicative of the items measuring the same construct. Using reliability analysis,
32 33	180	Kendall's tau statistics, factor analysis and the item response theory, we explored
34 35	181	whether items of each AGREE II domain are intercorrelated and are, therefore,
30 37 38	182	indicators of the same construct. We have finally drafted a modified AGREE II
39 40	183	document for guidelines in surgery, on the basis of the outcomes of statistical
41 42 43	184	models.
44 45	185	
46 47 48	186	GAP III: AGREE II Extension for Surgical Guidelines
49 50	187	The third part of the project aims to use the information from the previous GAP
51 52	188	projects and other published information on the topic to develop the extension
55 55	189	document using a structured Delphi process involving relevant stakeholders.
56 57	190	The multidisciplinary Delphi panel will include surgical specialists, journal
58 59 60	191	editors, guideline development bodies, GRADE representatives, and patient

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representatives. Under consideration of the evidence, stakeholders will be asked to
provide their input through a Delphi process, which will inform the preparation of an
AGREE II extension for surgical guidelines.

196 Funding

197 This third part of the project is funded by United European Gastroenterology and the 198 European Association for Endoscopic Surgery. The funding bodies did not have any 199 influence on the previous work and will not have influence on the upcoming process.

201 Participants

The executive group consists of surgeons (MLC, SRM, GS, GAA, NKF, SAA), members of surgical quality and research boards (MLC, NKF, SAA), guideline developers (MLC, IF, MB, GS, NKF, SAA), evidence synthesis experts (IF, GAA, DM, SAA), GRADE methodologists (MLC, SAA),²⁰ biostatisticians (DM, ST), and 2 leads of the AGREE Group (IF, MB). It is further divided into 4 working groups with distinct functions and responsibilities:

• The strategic steering group is responsible for overseeing the project.

• The methods group coordinates the methodology of the project.

• The evidence review group will review the literature for evidence on candidate

211 new items to be included in the extension document.

The evidence synopsis group will summarize evidence for presentation to Delphi
participants.

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2		
3	214	The group attended a one-day meeting to discuss the findings of previous
4 5		
6	215	work, define the methodology and study design, and identify potential stakeholder
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8	216	groups to comprise the Delphi panel.
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12	210	Delahi process
14	210	Delphi process
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16	219	The Delphi panel will consist of key stakeholders, including; representatives from
17		
18	220	different surgical disciplines (general surgery, urology, thoracic surgery, vascular
19		
20	221	surgery, pediatric surgery), guideline developers from different continents and
21		
22	222	representatives of guideline development organizations. The public will be involved
23	~~~	representatives of guideline development organizations. The public will be involved
25	1 12	by participation of patient representatives from the European Datients Forum (Table
26	225	by participation of patient representatives norm the European Patients Forum (Table
27	224	
28	224	1). We will develop a web-based survey tool to facilitate Delphi exercises. Findings of
29		
30	225	previous work (GAP I and GAP II) and further evidence that will be identified through
31 22		
32	226	a scoping literature review will be summarized and presented to Delphi participants.
34		
35	227	Summary information will also be available on the project website at https://gap-
36		······································
37	228	project org. Online links to full documents for detailed review of the evidence will be
38	220	project.org. Online links to full documents for detailed review of the evidence will be
39	220	
40	229	provided.
41		
43	230	The first round will include open-ended questions to identify candidate items
44		
45	231	for inclusion in the extension document. Responses will be grouped and summarized
46		
47	232	by the methods group before the second round is commenced.
48		
49 50	233	The second round will include closed-ended questions in a numeric Likert
51		
52	23/	scale to assess participants' opinions and level of agreement on including candidate
53	234	scale to assess participants opinions and level of agreement on including candidate
54	225	iteres or evolution eviction iteres from the extension decompart. Condidets iteres will
55	235	items or excluding existing items from the extension document. Candidate items will
56		
57 59	236	have been identified through GAP I and GAP II, and the scoping literature review. We
Эð 59		
60	237	will discard low-scoring items and use the shortlisted items in a third Delphi round.

We will repeat the process until new information reaches saturation and consensuswith an alpha level of 0.8.

The Delphi panel's contribution will be acknowledged by group authorship in subsequent publications of the extension document, the elaboration document and supporting tools.

244 Qualitative synthesis

We will perform qualitative evidence synthesis to identify factors of conceptual importance to the quality of evidence in surgery. Furthermore, we will survey users of social media to nominate parameters of importance in the development and reporting of guidelines in surgery, and will group and summarize their responses. Evidence identified from the above pathways, along with information from GAP I and GAP II will be summarized and taken into account when developing the extension document.

253 Consensus meeting

Following the Delphi process, the executive group will meet to discuss the findings and compose the first draft of the extension document. We will present new items that will be identified through the Delphi exercise and the qualitative synthesis, and discuss their plausibility and possible inclusion in the instrument. Similarly, items to be excluded with the respective rationale will be discussed. The group will finalize the extension document by ordering and allocating items into domains.

260 The executive group will hold a further meeting with the advisory group that 261 is comprised of journal editors and representatives of surgical associations to discuss

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3 1	262	dissemination and implementation processes of the developed extension
5		
6	263	instrument.
7 8	264	
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10	265	Pilot-testing and assessment of internal validity
11 12	205	The testing and assessment of memory
13	266	The extension instrument will be pilot-tested by 2 members of the executive group.
14		
15 16	267	One member will apply the instrument on the surgical guidelines which were
17		
18	268	identified by the structured search process as described in GAP I ²² and on additional
19 20		
21	269	guidelines that will be identified by extending the search to the present date. A
22	270	and a support will indee we doubly follow the same support in a word why called a
23 24	270	second member will independently follow the same process in a randomly selected
25	271	sample of 15 guidelines. The biostatistical team will assess the internal validity by
26	271	sample of 15 guidelines. The biostatistical team will assess the internal valuaty by
27 28	272	applying the statistical models of GAP II. Any difficulties encountered with the use of
29		,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,
30	273	the instrument will be documented and addressed. Results of the statistical
31 32		
33	274	assessment will be appraised against statistical findings of the appraisal of the
34		
35 36	275	original AGREE II instrument (GAP II).
37	270	
38	276	
39 40	277	AGREE II Extension Statement
40	277	Adhee in extension statement
42	278	The extension statement along with an explanation and elaboration (E&E) document
43 44		
45	279	will be composed by the executive group. The E&E document will detail the use of
46		
47 49	280	the extension instrument in developing and reporting a new surgical guideline and
48 49		
50	281	appraising an existing surgical guideline.
51 52	202	
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54	1 00	ACREE II Extension Chacklist
55 56	205	AGREE II EXTENSION CHECKIIST
50 57	284	A checklist including the AGREF II Extension items will be developed with the aim of
58		
59 60	285	this checklist to be used by guideline developers (to summarize development and
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reporting parameters), guideline users (to appraise quality), peer reviewers and
journal editors (to assess adequacy of reporting parameters).²³

289 Publication and dissemination strategy

We will submit the final paper with the extension document to be considered for publication in the UEG Journal and Surgical Endoscopy, as defined in the respective pre-development agreements. We will negotiate simultaneous publications in other surgical journals for widest dissemination as recommended by the Guidance for Developers of Health Research Reporting Guidelines.²¹

We will make the extension document available in a dedicated website with links to the original publications. We will encourage surgical organizations with guideline development activities to use the instrument. We will further pursue dissemination through the websites of the funding bodies and channels of social media of major stakeholers, such as the Guideline International Network, GRADE and EQUATOR.

Through direct contact, we will advise international surgical and guideline development organizations, and policymakers to endorse the extension instrument. Furthermore, editors of surgical journals will be advised to provide an extension instrument checklist that authors of clinical practice guidelines should submit along with the original manuscript.

307 Feedback and criticism

308 We will invite constructive feedback on the instrument through the dedicated 309 website (<u>https://gap-project.org</u>) and we will consider comments in letters to the

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310 editor and via the social media. An ad hoc team will collect and summarize the 311 feedback received in 3-monthly intervals for the first year after publication, and the 312 executive group will discuss and address this information in web-based meetings.

313

314 Monitoring, update and future steps

The executive group will monitor the use of the extension document and appraise its 315 applicability in surgical guidelines for a reasonable period of time after dissemination 316 317 and will publish their findings. Following consideration of the outcomes, feedback, criticism, suggestions and new evidence in the field, we will discuss the need for an 318 update. The development of further extension instruments for national surgical 319 320 guidelines and guidelines in distinct surgical or other interventional disciplines will be 321 considered following discussions with key stakeholders.

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323 DISCUSSION

324 Implications for practice and research

Clinical practice guidelines directly impact clinical practice and healthcare delivery 325 326 and, as such, development must follow rigorous methodological and reporting 327 standards. The AGREE II instrument has been designed as a generic tool for development and appraisal of clinical practice guidelines.⁶ It is not intended to 328 329 substitute established detailed guidance on guideline development principles, processes and procedures, such as the GRADE approach.¹⁵ It has addressed a vital 330 need to summarize and detail essential development steps and reporting 331 332 parameters for high quality guidelines. Furthermore, as an appraisal instrument, it

may be used by healthcare practitioners, policymakers and other stakeholders toinform decisions regarding the use of an existing guideline.

In addition, AGREE II has been shown to be a valuable tool for assessment of guideline quality in several clinical disciplines and evidence fields.^{22,24,25,26,27,28,29,30,31,32} Such summaries alert the scientific community to the need for improving specific aspects of clinical practice guidelines (corresponding to the instrument domains) or the overall quality of guidelines. Our previous research has highlighted the need for improvement of the quality of surgical guidelines.²² An AGREE II extension for surgical guidelines is expected to meet this need.

The outcome of this project will be the first AGREE II extension document. RIGHT (Reporting Tool for Practice Guidelines in Health Care) is another reporting instrument for clinical practice guidelines.³³ We are aware of a planned RIGHT extension for public versions of guidelines and a RIGHT extension for adapted practice guidelines.^{34,35} An extension document of RIGHT for surgical guidelines would be justified as well. However, in view of the evidenced gap in methodological quality of surgical guidelines,²² we considered more appropriate to elaborate on AGREE II, as it addresses guideline development, reporting and appraisal.

351 Strengths and limitations

This tripartite project is the first to employ statistical models to inform the validity of an extension, modification or update document on guidelines reporting. We will correlate statistical findings with conceptual considerations of the need for adjustments/extension of the AGREE II instrument. The project methods group has adopted recommendations on developing research reporting guidelines, proposed

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by a collaborative team who have developed a significant number of such guidelines.²¹ The holistic approach to developing an extension document for clinical practice guidelines in surgery is reflected in the diverse scientific, cultural and geographical background of experts in the field involved in the project. Similarly, the Delphi panel will include stakeholders and members from a variety of backgrounds including clinicians/surgeons, methodologists, guideline developers, policy makers and the public (patient representatives).

A face-to-face meeting of Delphi participants, instead of a full web-based Delphi process, might be more efficacious in developing the extension document allowing direct exchange of opinions, information and ideas. We will encourage a full participation and exchange of information by developing a user-friendly and interaction-allowing web-based platform. Furthermore, we will incentivize participation and engagement of potential Delphi members by proposing group authorship and participation in future associated projects.

372 Research ethics

The executive group will seek Institutional Review Board approval by Northern Care
Alliance NHS Group, UK We will request electronic informed consent from Delphi
participants and the responses of the Delphi members will be anonymized.

We have obtained conflict of interest forms of all executive group members and will request electronic and/or written informed consent by Delphi participants and members of the advisory group. We will deal with potential conflicts of interest by re-assigning functions or replacing participants who pose interest conflict.

1		
2 3 4	381	CONCLUSION
5 6 7	382	The GAP III study aims to address the need for improvement of the methodology,
8 9	383	reporting and appraisal of surgical guidelines. An extension document specifically
10 11 12	384	designed for clinical practice guidelines in surgery will further improve the value, use
13 14	385	and applicability of the AGREE II instrument in the surgical field with the ultimate
15 16	386	goal of enhancing patient care, experience and outcomes.
17 18 19	387	
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22 23 24	389	The authors wish to thank Mrs. Meropi Gioumidou for the tireless contribution and
25 26	390	the excellent administrative support to the project.
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Fig. 1: Development steps of the Guideline Assessment Project with the ultimate

objective to develop an AGREE II extension document for surgical guidelines

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FIGURE LEGEND

50127	BMJ Open
549	Table 1. Stakeholders to participate in a web-based Delphi pro-
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	Function
	General Surgeon
	Urologist
	Thoracic Surgeon
	Vascular Surgeon
	Pediatric Surgeon
	Journal Editor
	National authority representative
	NICE representative
	Guideline developer/Representative from Europe
	Guideline developer/Representative from North America
	Guideline developer/Representative from Asia
	Guideline developer/Representative from middle-income country
	Healthcare provider representative
	Representative from GRADE
	Guideline implementer
	Patient representative
	WHO representative
	European Commission representative
	EQUATOR representative NICE: National Institute of Health and Care Excellence
	GRADE: Grading of Recommendation Assessment, Development and Evaluation WHO: World Health Organization GIN: Guidelines International Network EQUATOR: Enhancing the QUAlity and Transparency Of health Research
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APPENDIX

The AGREE II instrument

Adapted from: Brouwers MC, Kerkvliet K, Spithoff K. The AGREE Reporting Checklist: a tool to improve reporting of clinical practice guidelines. *BMJ*. 2016:i1152.

Domains	Items	Assessment*
	1. The overall objective(s) of the guideline is (are) specifically described.	1 to 7
I. Scope and purpose	2. The health question(s) covered by the guideline is (are) specifically described.	1 to 7
	3. The population (patients, public, etc.) to whom the guideline is meant to apply is specifically described.	1 to 7
	 The guideline development group includes individuals from all relevant professional groups. 	1 to 7
II. Stakeholder involvement	5. The views and preferences of the target population (patients, public, etc.) have been sought.	1 to 7
	6. The target users of the guideline are clearly defined.	1 to 7
	7. Systematic methods were used to search for evidence.	1 to 7
	8. The criteria for selecting the evidence are clearly described.	1 to 7
	9. The strengths and limitations of the body of evidence are clearly described.	1 to 7
III. Rigor of	10. The methods for formulating the recommendations are clearly described.	1 to 7
development	11. The health benefits, side effects, and risks have been considered in formulating the recommendations.	1 to 7
	12. There is an explicit link between the recommendations and the supporting evidence.	1 to 7
	13. The guideline has been externally reviewed by experts prior to its publication.	1 to 7
	14. A procedure for updating the guideline is provided.	1 to 7

	15. The recommendations are specific and unambiguous.	1 to 7
IV. Clarity of presentation	16. The different options for management of the condition or health issue are clearly presented.	1 to 7
	17. Key recommendations are easily identifiable.	1 to 7
	18. The guideline describes facilitators and barriers to its application.	1 to 7
V Applicability	19. The guideline provides advice and/or tools on how the recommendations can be put into practice.	1 to 7
	20. The potential resource implications of applying the recommendations have been considered.	1 to 7
	21. The guideline presents monitoring and/or auditing criteria.	1 to 7
VI. Editorial	22. The views of the funding body have not influenced the content of the guideline.	1 to 7
independence	23. Competing interests of guideline development group members have been recorded and addressed.	1 to 7
	24. Rate the overall quality of this guideline.	1 to 7
Overall guideline assessment	25. I would recommend this guideline for use.	 Yes Yes, with modifications No
* 7 corresponds to the h	ighest possible quality.	

BMJ Open

Protocol of an Interdisciplinary Consensus Project Aiming to Develop an AGREE II Extension for Guidelines in Surgery

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1	Study protocol
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3	Protocol of an Interdisciplinary Consensus Project Aiming to Develop an AGREE II
4	Extension for Guidelines in Surgery
5	
6	Authors
7	George A Antoniou MD PhD MSc FEBVS, ^{1,2} Dimitris Mavridis BSc PhD, ^{3,4} Sofia Tsokani
8	BSc MSc, ³ Manuel López-Cano MD PhD, ⁵ Iván Flórez MD MSc, ^{6,7} Melissa Brouwers
9	PhD, ⁶ Sheraz Markar MD PhD, ⁸ Gianfranco Silecchia MD PhD, ⁹ Nader K Francis
10	MBChB FRCS PhD, ¹⁰ Stavros A Antoniou MD PhD MPH FEBS ^{11,12}
11	
12	Affiliations
13	1. Department of Vascular and Endovascular Surgery, The Royal Oldham Hospital,
14	Pennine Acute Hospitals NHS Trust, Manchester, United Kingdom
15	2. Division of Cardiovascular Sciences, School of Medical Sciences, The University of
16	Manchester, Manchester, United Kingdom
17	3. Department of Primary Education, School of Education, University of Ioannina,
18	Ioannina, Greece
19	4. Faculté de Médecine, Université Paris Descartes, Paris, France
20	5. Abdominal Wall Surgery Unit, Department of General Surgery, Hospital
21	Universitari Vall d'Hebron, Universitat Autònoma de Barcelona, Barcelona, Spain
22	6. Department of Health Research Methods Evidence and Impact, McMaster
23	University, Hamilton, Ontario, Canada
24	7. Department of Pediatrics, Universidad de Antioquia, Medellin, Colombia

3	25	8. Department of Surgery and Cancer, Imperial College, London, United Kingdom
5 6 7	26	9. Department of Surgery, University Hospital "La Sapienza", Rome, Italy
8 9	27	10. Department of General Surgery, Yeovil District Hospital NHS Foundation Trust,
10 11	28	Higher Kingston, Yeovil, United Kingdom
12 13 14	29	11. Medical School, European University of Cyprus, Nicosia, Cyprus
15 16	30	12. Surgical Department, Mediterranean Hospital of Cyprus, Limassol, Cyprus
17 18 19	31	
20 21	32	Corresponding author
22 23	33	Mr. George A Antoniou MD PhD MSc FEBVS
24 25 26	34	Address: Surgical Offices, Phase 1, The Royal Oldham Hospital, Rochdale Road,
27 28	35	Oldham OL1 2JH, United Kingdom
29 30 31	36	E-mail: antoniou.ga@hotmail.com, Georgios.Antoniou@pat.nhs.uk
32 33	37	
34 35 36	38	Disclosures
37 38	39	The authors disclose no conflicts of interest.
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47 48	43	European Association for Endoscopic Surgery. The funding bodies had no influence
49 50	44	on the development of this protocol.
51 52 53	45	
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49 ABSTRACT

Introduction AGREE II is an instrument that informs development, reporting and 51 assessment of clinical practice guidelines. Previous research has demonstrated the 52 need for improvement in methodological and reporting quality of clinical practice 53 guidelines specifically in surgery. We aim to develop an AGREE II extension 54 document for application in surgical guidelines.

Methods and analysis We have performed a structured literature review and assessment of guidelines in surgery using the AGREE II instrument. In exploratory analyses, we have identified factors associated with guideline quality. We have performed reliability and factor analyses to inform the development of an extension document. We will summarize this information and present it to a Delphi panel of stakeholders. We will perform iterative Delphi rounds and we will summarize the final results to develop the extension instrument in a dedicated consensus conference.

Ethics and dissemination Funding bodies will not be involved in the development of the instrument. Research Ethics Committee and Health Research Authority approval was waived, since this is a professional staff study only and no duty of care lies with the NHS (National Health Service) to any of the participants. Conflicts of interest, if any, will be addressed by re-assigning functions or replacing participants with relevant conflicts. The results will be disseminated through publication in peer reviewed journals, the funders' websites, social media, and direct contact with guideline development organizations and peer-reviewed journals that publish guidelines.

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9	/5	KET WORDS
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11	76	AGREE II; clinical practice guideline; reporting quality; development; methodology;
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22	81	• This is the first project to address guideline development and reporting in surgery
23	01	• This is the first project to duress guideline development and reporting in surgery.
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26	82	• It will combine statistical considerations, conceptual parameters to be derived
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35	86	 The project will not address specific disciplines of surgery.
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INTRODUCTION Research evidence is the primary source to inform medical practice forming the cornerstone of evidence-based medicine.¹ An average of 5,639 new articles were indexed per month under the subject heading 'Surgery' in the National Library of Medicine over the past decade.² Given this fact, keeping abreast of the latest evidence is a strenous task for healthcare practitioners. Clinical practice guidelines evaluate, summarize and contextualize research evidence into actionable recommendations.³ As such, guidelines have a direct impact on delivery of healthcare and surgical services. It is therefore of paramount importance to ensure the highest quality standards in developing and reporting guidelines. A great amount of scientific endeavor in the past few years has focused on the quality of scholarly work, including clinical practice guidelines.⁴ Reporting standards have been developed for virtually all study designs and have been summarized by the EQUATOR (Enhancing the QUAlity and Transparency Of health Research) Network.⁵ AGREE II (Appraisal of Guidelines for Research and Evaluation) constitutes a framework for developing, appraising and reporting clinical practice guidelines.⁶ It is endorsed by major international and national agencies, including the World Health Organization and the National Institute for Health and Care Excellence (NICE) in the United Kingdom.^{7,8} AGREE II is a generic tool that applies to all disciplines of medicine and no modification or extension of the framework has been proposed, described or developed for specific clinical branches such as surgery.

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3	120	The tool is comprized of 22 items organized in 7 thematic domains: Scope
4	120	The tool is complized of 25 items organized in 7 thematic domains. Scope
5 6	121	and purpose, Stakeholder involvement, Rigor of development, Clarity of
7		
8 9	122	presentation, Applicability, and Editorial independence. It concludes with an overall
10 11	123	assessment and a statement of whether the guideline is considered of sufficient
12 13 14	124	quality to be used or recommended in clinical practice (Appendix).
15 16 17	125	
18 19	126	The need for an AGREE II extension
20 21 22	127	Our research group has acted as methodological and content coordinators of
22 23 24	128	landmark surgical guidelines and have served as members of surgical guideline
25 26	129	development groups. ^{9,10,11,12,13,14} Even though members of our group, in their role as
27 28 29	130	guideline developers, have made every effort to comply with the highest
30 31	131	methodological standards, as indicated by adherance to GRADE (Grading of
32 33 34	132	Recommendations Assessment, Development and Evaluation) and AGREE II
35 36	133	methodologies, 15,16 we noticed that compliance with all aspects of several
37 38 20	134	parameters of the AGREE II instrument was not possible.
40 41	135	For example, the item "The potential resource implications of applying the
42 43	136	recommendations have been considered" may be difficult to be universally
44 45 46	137	addressed. Cost-effectiveness studies are scarce in the surgical literature and
47 48	138	relevant evidence typically varies in different settings. ¹⁷ Since surgical expertise
49 50 51	139	varies across countries and institutions, there is a need for the instrument to
52 53	140	consistently apply to different healthcare settings. Surgical interventions are
54 55 56	141	complex and details on the interventions/comparators are imperative for the target
57 58	142	users to be able to assess the external validity of the guidelines. Specialists from
59 60	143	different specialties and allied health professionals with a wide range of expertise

are involved in the treatment of surgical patients, which makes their involvement in
guideline development paramount. We have hypothesized that the original AGREE II
document may not be applicable to clinical practice guidelines in surgery, which
ofter represent complex and multifaceted interventions.

Objective

150 There are a few guideline reporting documents in other fields of medicine,^{18,19} 151 however a scoping literature review by our group has not identified any document to 152 inform guideline development and reporting in the field of surgery. Our aim is to 153 develop an extension of the AGREE II instrument that is specific for surgery through 154 an evidence-informed and consensus-based approach.

156 METHODS AND ANALYSIS

We have formed an international multi- and inter-disciplinary collaborative research working group, that consists of surgeons, guideline developers, evidence synthesis experts, GRADE methodologists,²⁰ biostatisticians and a lead member of the AGREE collaboration. This is a tripartite project named Guideline Assessment Project: Filling the GAP in Surgical Guidelines. A summary of the project is outlined in Fig. 1. The project is a result of a partnership between an international team of surgical research experts and two of the AGREE research team leads (IF and MB). The AGREE research team is currently under a membership renovation process, and, therefore, neither of the authors can speak on behalf of the entire AGREE group. However, both AGREE research team leads state that AGREE has supported the project from its inception. Furthermore, they have agreed to support dissemination

2 3 4	168	activities by making this new tool available in the AGREE website										
5 6	169	(<u>https://agreetrust.org</u>).										
7 8 9	170											
10 11 12	171	This protocol complies with the Guidance for Developers of Health Research										
12 13 14	172	Reporting Guidelines. ²¹										
15 16 17	173											
18 19 20	174	Patient and public involvement										
20 21 22	175	No patients were involved in the development of this protocol.										
23 24 25	176											
26 27	177	• GAP I Project: Literature review and exploratory analyses										
28 29 30 31 32 33 34 35 36 37 38 39 40 41 42 43	178	We have previously performed a structured review to identify clinical practice										
	179	guidelines in the field of surgery published over a 10-year period. ²² We have										
	180	assessed the methodological and reporting quality of the selected guidelines using										
	101	of the individual items in a domain and by scaling the total as a percentage of the										
	183	maximum possible score for that domain) ¹⁶ ranged between 0-56%, suggesting										
	184	generally inadequate and highly variable guideline quality. The median overall score										
44 45	185	was 4 out of a maximum of 7, and 40% of guidelines were not considered suitable										
46 47 48	186	for use based on their quality as assessed using the AGREE II instrument.										
49 50 51	187	In exploratory analyses, we have found guidelines produced by surgical										
52 53	188	organizations with a high (\geq 1 guideline per year) output (odds ratio 3.79, 95%										
54 55 56	189	confidence interval, 1.01–12.66) and those produced by surgical organizations with a										
57 58	190	guideline committee (odds ratio 4.15, 95% confidence interval, 1.47–11.77) have										
60	191	higher odds of reaching sufficient quality and being recommended for use. ²²										

192	2
193	• GAP II: Statistically calibrating the AGREE II instrument
194	The second part of this project was focused on statistical calibration of the AGREE II
195	instrument. We have used quality appraisal data from GAP I and employed a series
196	of statistical methods to explore reliability, internal consistency and
197	unidimensionality of the AGREE II instrument when it is applied in surgical
198	guidelines. We investigated the internal consistency that refers to the extent to
199	which all items of the instrument measure the same hypothetical construct. We
200	explored if and how test items are intercorrelated. Large intercorrelations among
202	test items are indicative of the items measuring the same construct. Using reliability
202	2 analysis, Kendall's tau statistics, factor analysis and the item response theory, we
203	explored whether items of each AGREE II domain are intercorrelated and are,
204	therefore, indicators of the same construct. Statistical modeling showed that
205	excluding 5 items from the original tool (items 1, 2, 5, 7 and 8) and re-arranging the
206	remaining items into 4 domains instead of 6 would enhance the instrument We
207	have finally drafted a modified AGREE II document for guidelines in surgery, on the
208	basis of the outcomes of statistical models.
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210	• GAP III: AGREE II Extension for Surgical Guidelines

The third part of the project aims to use the information from the previous GAP projects and other published information on the topic to develop the extension document using a structured Delphi process involving relevant stakeholders.

The multidisciplinary Delphi panel will include surgical specialists, journal editors, guideline development bodies, GRADE representatives, and patient

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3 4	216	representatives. Under consideration of the evidence, stakeholders will be asked to
5 6 7	217	provide their input through a Delphi process, which will inform the preparation of an
, 8 9	218	AGREE II extension for surgical guidelines.
10 11	219	
12 13 14	220	Funding
15 16	221	This third part of the project is funded by United European Gastroenterology and the
17 18 19	222	European Association for Endoscopic Surgery. The funding bodies did not have any
20 21	223	influence on the previous work and will not have influence on the upcoming process.
22 23 24	224	
25 26	225	Participants
27 28 29 30 31	226	The executive group consists of surgeons (MLC, SRM, GS, GAA, NKF, SAA), members
	227	of surgical quality and research boards (MLC, NKF, SAA), guideline developers (MLC,
32 33	228	IF, MB, GS, NKF, SAA), evidence synthesis experts (IF, GAA, DM, SAA), GRADE
34 35 36	229	methodologists (MLC, SAA), ²⁰ biostatisticians (DM, ST), and 2 leads of the AGREE
37 38	230	Group (IF, MB). It is further divided into 4 working groups with distinct functions and
39 40 41	231	responsibilities:
42 43	232	• The strategic steering group is responsible for overseeing the project.
44 45 46	233	• The methods group coordinates the methodology of the project.
40 47 48	234	• The evidence review group will review the literature for evidence on candidate
49 50	235	new items to be included in the extension document.
51 52 53	236	• The evidence synopsis group will summarize evidence for presentation to Delphi
54 55	237	participants.
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The group attended a one-day meeting to discuss the findings of previous work, define the methodology and study design, and identify potential stakeholder groups to comprise the Delphi panel.

242 Delphi process

The Delphi panel will consist of key stakeholders, including; representatives from different surgical disciplines (general surgery, urology, thoracic surgery, vascular surgery, pediatric surgery), guideline developers from different continents and representatives of guideline development organizations. The public will be involved by participation of patient representatives from the European Patients Forum (Table **1)**. We will develop a web-based survey tool to facilitate Delphi exercises. Findings of previous work (GAP I and GAP II) and further evidence that will be identified through a scoping literature review will be summarized and presented to Delphi participants. Summary information will also be available on the project website at https://gap-project.org. Online links to full documents for detailed review of the evidence will be provided.

The first round will include open-ended questions to identify candidate items for inclusion in the extension document. Responses will be grouped and summarized by the methods group before the second round is commenced.

The second round will include closed-ended questions in a 5-point Likert scale to assess participants' opinions and level of agreement on including candidate items or excluding existing items from the extension document. As per protocol, 1/2 indicates strong/moderate disagreement, 3 indicates no opinion, and 4/5 indicates moderate/strong agreement. Candidate items will have been identified through GAP

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3	262	I and GAP II, and the scoping literature review. We will discard low-scoring items (i.e.					
5 6 7	263	those with a median score of $1/2$ on the Likert scale) and use the shortlisted items in					
8 9	264	a third Delphi round. We will repeat the process until an agreement of 80% (4/5 on					
10 11 12	265	the Likert scale) is reached among Delphi participants.					
13 14	266	The Delphi panel's contribution will be acknowledged by group authorship in					
15 16 17	267	subsequent publications of the extension document, the elaboration document and					
18 19	268	supporting tools.					
20 21 22	269						
23 24	270	Qualitative research synthesis					
25 26 27	271	We will perform qualitative evidence synthesis to identify factors of conceptual					
27 28 29	272	importance to the quality of evidence in surgery. The overarching question will be:					
30 31	273	How do clinical practice guidelines in surgery differ from non-surgical guidelines?					
32 33 34	274	Specific thematic questions will be addressed:					
35 36 37	275	1. Which are the concepts that make surgical guidelines different from guidelines					
38 39	276	or summary evidence in other medical fields?					
40 41 42	277	2. Which are potential items that may be of sufficient importance to be included in					
43 44	278	an AGREE II Extension for surgical guidelines?					
45 46 47	279	3. Which are the items of the original AGREE II that might not be relevant to					
48 49	280	surgical guidelines?					
50 51 52	281	4. How should items of the original AGREE II instrument be modified to be more					
52 53 54 55 56 57 58 59	282	relevant to an AGREE II Extension for surgical guidelines?					
	283	We will conduct a scoping search of PubMed, Embase and Google Scholar. In					
	284	keeping with realist review guidelines, ²³ there will be no restrictions on the types of					
60	285	study design eligible for inclusion. We will consider editorials, letters to the editor,					

commentaries, opinions and any type of publication that captures the breadth
discussions about development of surgical guidelines. Information will be used to
identify characteristics that specifically apply to surgical guidelines.

The realist review will aim to develop an explanatory understanding of development and reporting of surgical guidelines, how surgical guidelines differ from non-surgical ones, and how AGREE II can be modified to reflect the specific aspects of surgical guidelines. According to the realist synthesis methodology, studies will be assessed based on criteria of relevance (whether they contribute to the development or testing of the initial theories)²⁴ and appropriateness for addressing the research questions.^{25,26}

Studies will be entered into ATLAS.ti and coded to identify the specific features relevant to development and reporting of surgical guidelines. Themes will be discussed by the research team using an iterative and speculative process (Wong, Greenhalgh et al. 2010). Adjudication and triangulation will be applied to refine theories which can be used across the studies to understand findings.

Furthermore, we will invite users of social media through the project account on Twitter (@GAProject2) and through communication streams of the sponsoring bodies (Facebook, Twitter and email newsletters) to nominate parameters of importance in the development and reporting of guidelines in surgery, and will group and summarize their responses. Evidence identified from the above pathways, along with information from GAP I and GAP II will be summarized and taken into account when developing the extension document.

309 Consensus meeting

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310 Following the Delphi process, the executive group will meet to discuss the findings 311 and compose the first draft of the extension document. We will present new items 312 that will be identified through the Delphi exercise and the qualitative synthesis, and 313 discuss their plausibility and possible inclusion in the instrument. Similarly, items to 314 be excluded with the respective rationale will be discussed. The group will finalize 315 the extension document by ordering and allocating items into domains.

316 The executive group will hold a further meeting with the advisory group that 317 is comprised of journal editors and representatives of surgical associations to discuss dissemination and implementation processes of the developed extension 318 319 instrument.

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321 Pilot-testing and assessment of internal validity

322 The extension instrument will be pilot-tested by 2 members of the executive group. 323 One member will apply the instrument on the surgical guidelines which were 324 identified by the structured search process as described in GAP I²² and on additional guidelines that will be identified by extending the search to the present date. A 325 326 second member will independently follow the same process in a randomly selected 327 sample of 15 guidelines. The biostatistical team will assess the internal validity by 328 applying the statistical models of GAP II. Any difficulties encountered with the use of 329 the instrument will be documented and addressed. Results of the statistical 330 assessment will be appraised against statistical findings of the appraisal of the 331 original AGREE II instrument (GAP II).

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333 AGREE II Extension Statement

The extension statement along with an explanation and elaboration (E&E) document will be composed by the executive group. The E&E document will detail the use of the extension instrument in developing and reporting a new surgical guideline and appraising an existing surgical guideline.

339 AGREE II Extension Checklist

A checklist including the AGREE II Extension items will be developed with the aim of this checklist to be used by guideline developers (to summarize development and reporting parameters), guideline users (to appraise quality), peer reviewers and journal editors (to assess adequacy of reporting parameters).²⁷

345 Feedback and criticism

We will invite constructive feedback on the instrument through the dedicated website (<u>https://gap-project.org</u>) and we will consider comments in letters to the editor and via the social media. An ad hoc team will collect and summarize the feedback received in 3-monthly intervals for the first year after publication, and the executive group will discuss and address this information in web-based meetings.

352 Monitoring, update and future steps

The executive group will monitor the use of the extension document and appraise its applicability in surgical guidelines for a reasonable period of time after dissemination and will publish their findings. Following consideration of the outcomes, feedback, criticism, suggestions and new evidence in the field, we will discuss the need for an update. The development of further extension instruments for national surgical

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guidelines and guidelines in distinct surgical or other interventional disciplines will beconsidered following discussions with key stakeholders.

361 Implications for practice and research

Clinical practice guidelines directly impact clinical practice and healthcare delivery and, as such, development must follow rigorous methodological and reporting standards. The AGREE II instrument has been designed as a generic tool for development and appraisal of clinical practice guidelines.⁶ It is not intended to substitute established detailed guidance on guideline development principles, processes and procedures, such as the GRADE approach.¹⁵ It has addressed a vital need to summarize and detail essential development steps and reporting parameters for high quality guidelines. Furthermore, as an appraisal instrument, it may be used by healthcare practitioners, policymakers and other stakeholders to inform decisions regarding the use of an existing guideline.

In addition, AGREE II has been shown to be a valuable tool for assessment of guideline quality in several clinical disciplines and evidence fields.^{22,28,29,30,31,32,33,34,35,36} Such summaries alert the scientific community to the need for improving specific aspects of clinical practice guidelines (corresponding to the instrument domains) or the overall quality of guidelines. Our previous research has highlighted the need for improvement of the quality of surgical guidelines.²² An AGREE II extension for surgical guidelines is expected to meet this need.

The outcome of this project will be the first AGREE II extension document. RIGHT (Reporting Tool for Practice Guidelines in Health Care) is another reporting instrument for clinical practice guidelines.³⁷ We are aware of a planned RIGHT

extension for public versions of guidelines and a RIGHT extension for adapted practice guidelines.^{38,39} An extension document of RIGHT for surgical guidelines would be justified as well. However, in view of the evidenced gap in methodological quality of surgical guidelines,²² we considered more appropriate to elaborate on AGREE II, as it addresses guideline development, reporting and appraisal.

388 Strengths and limitations

This tripartite project is the first to employ statistical models to inform the validity of an extension, modification or update document on guidelines reporting. We will correlate statistical findings with conceptual considerations of the need for adjustments/extension of the AGREE II instrument. The project methods group has adopted recommendations on developing research reporting guidelines, proposed by a collaborative team who have developed a significant number of such guidelines.²¹ The holistic approach to developing an extension document for clinical practice guidelines in surgery is reflected in the diverse scientific, cultural and geographical background of experts in the field involved in the project. Similarly, the Delphi panel will include stakeholders and members from a variety of backgrounds including clinicians/surgeons, methodologists, guideline developers, policy makers and the public (patient representatives).

401 A face-to-face meeting of Delphi participants, instead of a full web-based 402 Delphi process, might be more efficacious in developing the extension document 403 allowing direct exchange of opinions, information and ideas. We will encourage a full 404 participation and exchange of information by developing a user-friendly and 405 interaction-allowing web-based platform. Furthermore, we will incentivize

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406 participation and engagement of potential Delphi members by proposing group407 authorship and participation in future associated projects.

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409 ETHICS AND DISSEMINATION

410 Research Ethics Committee and Health Research Authority approval was waived, 411 since this is a professional staff study only and no duty of care lies with the NHS 412 (National Health Service) to any of the participants. We will request electronic 413 informed consent from Delphi participants and the responses of the Delphi members 414 will be anonymized.

We have obtained conflict of interest forms of all executive group members and will request electronic and/or written informed consent by Delphi participants and members of the advisory group. We will deal with potential conflicts of interest by re-assigning functions or replacing participants who pose interest conflict.

We will submit the final paper with the extension document to be considered for publication in the UEG Journal and Surgical Endoscopy, as defined in the respective pre-development agreements. We will negotiate simultaneous publications in other surgical journals for widest dissemination as recommended by the Guidance for Developers of Health Research Reporting Guidelines.²¹

We will make the extension document available in a dedicated website with links to the original publications. We will encourage surgical organizations with guideline development activities to use the instrument. We will further pursue dissemination through the websites of the funding bodies and channels of social media of major stakeholers, such as the Guideline International Network, GRADE and EQUATOR.

3 4	430	Through direct contact, we will advise international surgical and guideline
5 6 7	431	development organizations, and policymakers to endorse the extension instrument.
, 8 9	432	Furthermore, editors of surgical journals will be advised to provide an extension
10 11	433	instrument checklist that authors of clinical practice guidelines should submit along
12 13 14	434	with the original manuscript.
15 16	435	
17 18 19	436	The GAP III study aims to address the need for improvement of the methodology,
20 21	437	reporting and appraisal of surgical guidelines. An extension document specifically
22 23 24	438	designed for clinical practice guidelines in surgery will further improve the value, use
24 25 26	439	and applicability of the AGREE II instrument in the surgical field with the ultimate
27 28	440	goal of enhancing patient care, experience and outcomes.
29 30 31	441	
32 33	442	ACKNOWLEDGEMENTS
34 35 36	443	The authors wish to thank Mrs. Meropi Gioumidou for the tireless contribution and
37 38	444	the excellent administrative support to the project.
39 40 41	445	
42 43	446	AUTHOR CONTRIBUTION STATEMENT
44 45	447	George A. Antoniou: Conception and design, interpretation of data, drafting the
40 47 48	448	work, final approval for the work to be published, agreement to be accountable for
49 50	449	all aspects of the work in ensuring that questions related to the accuracy or integrity
51 52 53	450	of any part of the work are appropriately investigated and resolved.
54 55	451	Dimitris Mavridis: Conception and design, analysis of data, interpretation of data,
56 57 58	452	drafting the work, final approval for the work to be published, agreement to be
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accuracy or integrity of any part of the work are appropriately investigated and resolved.

Sofia Tsokani: Analysis of data, interpretation of data, revising the work critically for important intellectual data, final approval for the work to be published, agreement to be accountable for all aspects of the work in ensuring that questions related to the accuracy or integrity of any part of the work are appropriately investigated and resolved.

Manuel López-Cano: Acquisition of data, analysis of data, interpretation of data, revising the work critically for important intellectual data, final approval for the work to be published, agreement to be accountable for all aspects of the work in ensuring that questions related to the accuracy or integrity of any part of the work are appropriately investigated and resolved.

Iván Flórez: Conception and design, interpretation of data, drafting the work, final approval for the work to be published, agreement to be accountable for all aspects of the work in ensuring that questions related to the accuracy or integrity of any part of the work are appropriately investigated and resolved.

Melissa Brouwers: Conception and design, interpretation of data, revising the work critically for important intellectual data, final approval for the work to be published, agreement to be accountable for all aspects of the work in ensuring that questions related to the accuracy or integrity of any part of the work are appropriately investigated and resolved.

Sheraz Markar: Interpretation of data, revising the work critically for important intellectual data, final approval for the work to be published, agreement to be accountable for all aspects of the work in ensuring that questions related to the

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accuracy or integrity of any part of the work are appropriately investigated and resolved.

Gianfranco Silecchia: Interpretation of data, revising the work critically for important intellectual data, final approval for the work to be published, agreement to be accountable for all aspects of the work in ensuring that questions related to the accuracy or integrity of any part of the work are appropriately investigated and resolved.

Nader K Francis: Interpretation of data, revising the work critically for important intellectual data, final approval for the work to be published, agreement to be accountable for all aspects of the work in ensuring that questions related to the accuracy or integrity of any part of the work are appropriately investigated and resolved.

Stavros A. Antoniou: Conception and design, acquisition of data, analysis of data, interpretation of data, drafting the work, final approval for the work to be published, agreement to be accountable for all aspects of the work in ensuring that questions related to the accuracy or integrity of any part of the work are appropriately investigated and resolved.

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8	624	FIGURE LEGEND
9	021	
10 11	625	Fig. 1: Development steps of the Guideline Assessment Project with the ultimate
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13	626	objective to develop an AGREE II extension document for surgical guidelines
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10 11 12	649	
8 9	648	Table 1. Stakeholders to participate in a web-based Delphi process
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	Function
	General Surgeon
	Urologist
	Thoracic Surgeon
	Vascular Surgeon
	Pediatric Surgeon
	Journal Editor
	National authority representative
	NICE representative
	Guideline developer/Representative from Europe
	Guideline developer/Representative from North America
	Guideline developer/Representative from Asia
	Guideline developer/Representative from middle-income country
	Healthcare provider representative
	Representative from GRADE
	Guideline implementer
	Patient representative
	WHO representative
	European Commission representative
	GIN representative
	EQUATOR representative
	NICE: National Institute of Health and Care Excellence GRADE: Grading of Recommendation Assessment, Development and Evaluation WHO: World Health Organization GIN: Guidelines International Network EQUATOR: Enhancing the QUAlity and Transparency Of health Research
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APPENDIX

The AGREE II instrument

Adapted from: Brouwers MC, Kerkvliet K, Spithoff K. The AGREE Reporting Checklist: a tool to improve reporting of clinical practice guidelines. *BMJ*. 2016:i1152.

Domains	Items	Assessment*
	1. The overall objective(s) of the guideline is (are) specifically described.	1 to 7
I. Scope and purpose	2. The health question(s) covered by the guideline is (are) specifically described.	1 to 7
	3. The population (patients, public, etc.) to whom the guideline is meant to apply is specifically described.	1 to 7
	4. The guideline development group includes individuals from all relevant professional groups.	1 to 7
II. Stakeholder involvement	5. The views and preferences of the target population (patients, public, etc.) have been sought.	1 to 7
	6. The target users of the guideline are clearly defined.	1 to 7
	7. Systematic methods were used to search for evidence.	1 to 7
	8. The criteria for selecting the evidence are clearly described.	1 to 7
	9. The strengths and limitations of the body of evidence are clearly described.	1 to 7
III. Rigor of	10. The methods for formulating the recommendations are clearly described.	1 to 7
development	11. The health benefits, side effects, and risks have been considered in formulating the recommendations.	1 to 7
	12. There is an explicit link between the recommendations and the supporting evidence.	1 to 7
	13. The guideline has been externally reviewed by experts prior to its publication.	1 to 7
	14. A procedure for updating the guideline is provided.	1 to 7

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	15. The recommendations are specific and unambiguous.	1 to 7
IV. Clarity of presentation	16. The different options for management of the condition or health issue are clearly presented.	1 to 7
	17. Key recommendations are easily identifiable.	1 to 7
	18. The guideline describes facilitators and barriers to its application.	1 to 7
	19. The guideline provides advice and/or tools on how the recommendations can be put into practice.	1 to 7
V. Applicability	20. The potential resource implications of applying the recommendations have been considered.	1 to 7
	21. The guideline presents monitoring and/or auditing criteria.	1 to 7
VI. Editorial	22. The views of the funding body have not influenced the content of the guideline.	1 to 7
independence	23. Competing interests of guideline development group members have been recorded and addressed.	1 to 7
	24. Rate the overall quality of this guideline.	1 to 7
Overall guideline assessment	25. I would recommend this guideline for use.	 Yes Yes, with modifications No
* 7 corresponds to the l	nighest possible quality.	-