AMSTAR 2: a critical appraisal tool for systematic reviews that include randomised or non-randomised studies of healthcare interventions, or both

For Yes	:	Optional (recommended)		
V V V	<u>P</u> opulation <u>Intervention</u> <u>Comparator group</u> <u>Outcome</u>	□ Timeframe for follow-up		Yes No
2.		ntain an explicit statement that the review t of the review and did the report justify an		
For Part	ial Yes:	For Yes:		
	nors state that they had a written	As for partial yes, plus the protocol		
	or guide that included ALL the	should be registered and should also		
followin	g:	have specified:		Vac
7	ravious question(s)	$\Box$ a meta-analysis/synthesis plan,		Yes Partial Yes
✓ ✓	review question(s) a search strategy	if appropriate, <i>and</i>		No
V	inclusion/exclusion criteria	□ a plan for investigating causes		
	a risk of bias assessment	of heterogeneity		
	a fisk of blas assessment	<ul> <li>justification for any deviations from the protocol</li> </ul>		
3.	Did the review authors explain	their selection of the study designs for incl	usion i	n the review?
For Yes	, the review should satisfy ONE of	f the following:		
	Explanation for including only R	CTs	V	Yes
	OR Explanation for including on	ly NRSI		No
$\checkmark$	OR Explanation for including bo	th RCTs and NRSI		
4.	Did the review authors use a co	mprehensive literature search strategy?		
For Part	ial Yes (all the following):	For Yes, should also have (all the following):		
$\checkmark$	searched at least 2 databases	$\square$ searched the reference lists /	$\checkmark$	Yes
_	(relevant to research question)	bibliographies of included		Partial Yes
$\checkmark$	provided key word and/or	studies		No
	search strategy justified publication restrictions	<ul> <li>searched trial/study registries</li> <li>included/consulted content</li> </ul>		
$\checkmark$	(e.g. language)	included/consulted content experts in the field		
	(e.g. language)	$\checkmark$ where relevant, searched for		
		grey literature		
		$\checkmark$ conducted search within 24		
		months of completion of the		
5.	Did the review authors perform	review		
		- staay server in unpreute .		
ror res.	, either ONE of the following: at least two reviewers independent	ntly agreed on selection of eligible studies	V	Yes
¥	and achieved consensus on which		<b>v</b>	No
		t two reviewers selected a sample of eligible studies and achieved good		110
		with the remainder selected by one		

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	s, either ONE of the following:			
V		onsensus on which data to extract from		Yes No
	OR two reviewers extracted data	from a sample of eligible studies <u>and</u> st 80 percent), with the remainder		
7.	Did the review authors provide	a list of excluded studies and justify the	exclusio	ns?
For Par	tial Yes:	For Yes, must also have:		
	provided a list of all potentially relevant studies that were read in full-text form but excluded from the review	✓ Justified the exclusion from the review of each potentially relevant study		Yes Partial Yes No
8.	Did the review authors describe	e the included studies in adequate detail	?	
For Par	tial Yes (ALL the following):	For Yes, should also have ALL the following:		
V	described populations	$\checkmark$ described population in detail	V	Yes
/	described interventions	$\checkmark$ described intervention in		Partial Yes
$\checkmark$	described comparators	detail (including doses where		No
$\checkmark$	described outcomes	relevant) ☑ described comparator in detail		
V	described research designs	(including doses where relevant)		
		<ul><li>described study's setting</li><li>timeframe for follow-up</li></ul>		
•				
9.	Did the review authors use a sa individual studies that were inc	tisfactory technique for assessing the ris cluded in the review?	k of bias	(RoB) in
<b>RCTs</b> For Par			k of bias	(RoB) in
RCTs	individual studies that were inc	Eluded in the review? For Yes, must also have assessed RoB	k of bias	(RoB) in Yes
<b>RCTs</b> For Par from	individual studies that were inc tial Yes, must have assessed RoB unconcealed allocation, <i>and</i>	For Yes, must also have assessed RoB from: <ul> <li>allocation sequence that was not truly random, and</li> </ul>	k of bias	
RCTs For Par from Z	individual studies that were inc	For Yes, must also have assessed RoB from: <ul> <li>allocation sequence that was not truly random, <i>and</i></li> <li>selection of the reported result</li> </ul>		Yes Partial Yes No
RCTs For Par from Z	individual studies that were inc tial Yes, must have assessed RoB unconcealed allocation, <i>and</i> lack of blinding of patients and assessors when assessing outcomes (unnecessary for objective outcomes such as all-	For Yes, must also have assessed RoB from: <ul> <li>allocation sequence that was not truly random, and</li> </ul>		Yes Partial Yes
RCTs For Par from I I I	individual studies that were inc tial Yes, must have assessed RoB unconcealed allocation, <i>and</i> lack of blinding of patients and assessors when assessing outcomes (unnecessary for	<ul> <li>For Yes, must also have assessed RoB from:</li> <li>allocation sequence that was not truly random, <i>and</i></li> <li>selection of the reported result from among multiple measurements or analyses of a</li> </ul>		Yes Partial Yes No Includes only
RCTs For Par from	individual studies that were inc tial Yes, must have assessed RoB unconcealed allocation, <i>and</i> lack of blinding of patients and assessors when assessing outcomes (unnecessary for objective outcomes such as all-	<ul> <li>For Yes, must also have assessed RoB from:</li> <li>allocation sequence that was not truly random, <i>and</i></li> <li>selection of the reported result from among multiple measurements or analyses of a</li> </ul>		Yes Partial Yes No Includes only
RCTs For Par from	individual studies that were inc tial Yes, must have assessed RoB unconcealed allocation, <i>and</i> lack of blinding of patients and assessors when assessing outcomes (unnecessary for objective outcomes such as all- cause mortality)	<ul> <li>For Yes, must also have assessed RoB from: <ul> <li>allocation sequence that was not truly random, and</li> <li>selection of the reported result from among multiple measurements or analyses of a specified outcome</li> </ul> </li> <li>For Yes, must also have assessed RoB:</li> </ul>		Yes Partial Yes No Includes only NRSI
RCTs For Par from Z NRSI For Par RoB:	individual studies that were inc tial Yes, must have assessed RoB unconcealed allocation, <i>and</i> lack of blinding of patients and assessors when assessing outcomes (unnecessary for objective outcomes such as all- cause mortality) tial Yes, must have assessed	<ul> <li>For Yes, must also have assessed RoB from: <ul> <li>allocation sequence that was not truly random, and</li> <li>selection of the reported result from among multiple measurements or analyses of a specified outcome</li> </ul> </li> <li>For Yes, must also have assessed RoB: <ul> <li>methods used to ascertain exposures and outcomes, and</li> <li>selection of the reported result</li> </ul> </li> </ul>		Yes Partial Yes No Includes only NRSI Yes
RCTs For Par from Z NRSI For Par RoB: Z	individual studies that were inc tial Yes, must have assessed RoB unconcealed allocation, <i>and</i> lack of blinding of patients and assessors when assessing outcomes (unnecessary for objective outcomes such as all- cause mortality) tial Yes, must have assessed from confounding, <i>and</i>	<ul> <li>For Yes, must also have assessed RoB from: <ul> <li>allocation sequence that was not truly random, and</li> <li>selection of the reported result from among multiple measurements or analyses of a specified outcome</li> </ul> </li> <li>For Yes, must also have assessed RoB: <ul> <li>methods used to ascertain exposures and outcomes, and</li> </ul> </li> </ul>		Yes Partial Yes No Includes only NRSI Yes Partial Yes
RCTs For Par from Z NRSI For Par RoB: Z Z	individual studies that were inc tial Yes, must have assessed RoB unconcealed allocation, <i>and</i> lack of blinding of patients and assessors when assessing outcomes (unnecessary for objective outcomes such as all- cause mortality) tial Yes, must have assessed from confounding, <i>and</i> from selection bias	<ul> <li>For Yes, must also have assessed RoB from: <ul> <li>allocation sequence that was not truly random, and</li> <li>selection of the reported result from among multiple measurements or analyses of a specified outcome</li> </ul> </li> <li>For Yes, must also have assessed RoB: <ul> <li>methods used to ascertain exposures and outcomes, and</li> <li>selection of the reported result from among multiple measurements or analyses of a specified outcome</li> </ul> </li> </ul>		Yes Partial Yes No Includes only NRSI Yes Partial Yes No Includes only RCTs
RCTs For Par from Z NRSI For Par RoB: Z Z	individual studies that were inc tial Yes, must have assessed RoB unconcealed allocation, <i>and</i> lack of blinding of patients and assessors when assessing outcomes (unnecessary for objective outcomes such as all- cause mortality) tial Yes, must have assessed from confounding, <i>and</i> from selection bias	<ul> <li>For Yes, must also have assessed RoB from: <ul> <li>allocation sequence that was not truly random, and</li> <li>selection of the reported result from among multiple measurements or analyses of a specified outcome</li> </ul> </li> <li>For Yes, must also have assessed RoB: <ul> <li>methods used to ascertain exposures and outcomes, and</li> <li>selection of the reported result from among multiple measurements or analyses of a specified outcome</li> </ul> </li> </ul>		Yes Partial Yes No Includes only NRSI Yes Partial Yes No Includes only RCTs

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11. If meta-analysis was performed did the review authors use appropriate methods for statistical combination of results?					
RCTs					
For Yes:		Vac			
The authors justified combining the data in a meta-analysis		Yes No			
AND they used an appropriate weighted technique to combine					
study results and adjusted for heterogeneity if present.		No meta-analysis conducted			
AND investigated the causes of any heterogeneity		conducted			
For NRSI For Yes:					
The authors justified combining the data in a meta-analysis		Yes			
AND they used an appropriate weighted technique to combine		No			
study results, adjusting for heterogeneity if present	V	No meta-analysis			
AND they statistically combined effect estimates from NRSI that		conducted			
were adjusted for confounding, rather than combining raw data,					
or justified combining raw data when adjusted effect estimates					
were not available					
AND they reported separate summary estimates for RCTs and					
NRSI separately when both were included in the review					
12. If meta-analysis was performed, did the review authors assess the poter individual studies on the results of the meta-analysis or other evidence s					
For Yes:					
□ included only low risk of bias RCTs		Yes			
□ OR, if the pooled estimate was based on RCTs and/or NRSI at variable		No			
RoB, the authors performed analyses to investigate possible impact of	V	No meta-analysis			
RoB on summary estimates of effect.		conducted			
13. Did the review authors account for RoB in individual studies when interesults of the review?	erpretir	ng/ discussing the			
For Yes:					
□ included only low risk of bias RCTs	V	Yes			
☑ OR, if RCTs with moderate or high RoB, or NRSI were included the		No			
review provided a discussion of the likely impact of RoB on the results					
14. Did the review authors provide a satisfactory explanation for, and disc heterogeneity observed in the results of the review?	ussion	of, any			
For Yes:					
□ There was no significant heterogeneity in the results					
I OR if heterogeneity was present the authors performed an investigation of	V	Yes			
sources of any heterogeneity in the results and discussed the impact of this		No			
on the results of the review					
15. If they performed quantitative synthesis did the review authors carry o investigation of publication bias (small study bias) and discuss its likely the review?					
For Yes:					
performed graphical or statistical tests for publication bias and discussed		Yes			
the likelihood and magnitude of impact of publication bias					
	V				
		conducted			

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16. Did the review authors report any potential sources of conflict of interest, including any funding they received for conducting the review?					
For Yes	:				1
$\checkmark$	The authors reported no competing interests OR	ļ	/	Yes	
	The authors described their funding sources and how they managed	[		No	
	potential conflicts of interest				

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