

Supplementary table 1 : Characteristics of psoriasis patients who improved their skin disease severity at 1-year.

Variable	Baseline (N=78)	1-year (N=78)	p-value
Demographic and Clinical Characteristics			
Age, years	50.3 ± 12.7	51.5 ± 12.7	<0.001
Males	50 (62)	50 (62)	1.00
Caucasian	64 (79)	64 (79)	1.00
Hypertension	22 (27)	22 (27)	1.00
Hyperlipidemia	35 (43)	40 (53)	0.06
Type-2 Diabetes	7 (9)	7 (9)	1.00
Body Mass Index(BMI)	29.6 ± 6.5	29.4 ± 6.4	0.15
Waist-to-hip Ratio(WHR)	0.97 (0.91-1.02)	0.98 (0.92-1.01)	0.66
Current Smoker	9 (11)	4 (5)	0.03
Statin Use	24 (30)	24 (30)	1.00
Clinical and Lab Values			
Total Cholesterol, mg/dl	183.2 ± 35.9	180.1 ± 34.5	0.19
HDL Cholesterol, mg/dl	54.8 ± 16.0	55.1 ± 16.0	0.37
LDL Cholesterol, mg/dl	104.3 ± 28.2	99.7 ± 30.3	0.07
Triglycerides, mg/dl	124.5 ± 79.2	128.1 ± 64.9	0.32
Framingham Risk Score	2 (1-6)	2 (1-5)	0.88

Values reported in the table as Mean ± SD or Median (IQR) for continuous data and N (%) for categorical data. P-value less than 0.05 was deemed significant.