Predictor	Step 1 b	Step 1 SE	Step 1 β	Step 2 b	Step 2 SE	Step 2 β	Step 3 b	Step 3 SE	Step 3 β
March Depression									
Age	-.18	.05	-.17***	-.18	.04	-.17***	-.15	.04	-.15***
Gender	1.69	1.16	.07	3.62	.98	.15***	3.59	.96	.15***
Income	-1.30	.34	-.18***	-.50	.31	-.07	-.64	.30	-.09*
Social support				-.47	.04	-.59***	-.49	.03	-.61***
Social network size				.14	.06	.10*	.08	.06	.06
Stay-at-home status							3.21	.97	.13**
Distancing behavior							6.12	1.83	.14**
Adjusted R^2		.052			.342			.374	
ΔF from previous step		8.93***			95.88***			11.92***	
March GAD									
Age	-.09	.02	-.20***	-.10	.02	-.20***	-.08	.02	-.18***
Gender	1.56	.54	.14**	2.16	.50	.20***	2.14	.50	.20***
Income	-.27	.16	-.08	-.10	.16	-.03	-.16	.16	-.05
Social support				-.15	.02	-.40***	-.15	.02	-.42***
Social network size				.08	.03	.13*	.06	.03	.09
Stay-at-home status							1.48	.50	.13**
Distancing behavior							2.72	.95	.14**
Adjusted R^2		.042			.168			.199	
ΔF from previous step		7.39***			33.71***			9.07***	
March Intrusive Thoughts									
Age	-.04	.02	-.10*	-.04	.02	-.11*	-.03	.02	-.08
Gender	1.70	.43	.20***	1.96	.42	.22***	2.06	.41	.24***
Income	-.06	.12	-.02	-.15	.13	-.06	-.21	.13	-.08
Social support				-.06	.02	-.20***	-.07	.02	-.23***
Social network size				.11	.03	.22***	.07	.03	.14**
Stay-at-home status							.66	.41	.07
Distancing behavior							3.89	.78	.25***
Adjusted R^2		.031			.081			.134	
ΔF from previous step		5.71**			12.49***			14.24***	
March Insomnia									
Age	-.05	.03	-.09	-.05	.03	-.09	-.04	.03	-.08
Gender	.49	.60	.04	1.14	.57	.09*	1.07	.58	.09
Income	-.43	.18	-.12*	-.20	.18	-.05	-.23	.18	-.06
Social support				-.16	.02	-.39***	-.16	.02	-.39***
Social network size				.07	.04	.09	.06	.04	.09
Stay-at-home status							1.17	.58	.09*
Distancing behavior							.73	1.09	.03
Adjusted R^2		.013			.131			.137	
ΔF from previous step		2.89*			30.34***			2.37	
March Acute Stress									
Age	-.17	.05	-.17***	-.17	.04	-.18***	-.15	.04	-.16***
Gender	1.14	1.08	.05	2.45	1.00	.11*	2.32	.99	.11*
Income	-.70	.31	-.11*	-.34	.31	-.05	-.47	.31	-.07
Social support				-.32	.04	-.43***	-.33	.04	-.45***
Social network size				.18	.06	.14**	.15	.07	.12*
Stay-at-home status							3.62	.99	.16***
Distancing behavior							4.37	1.88	.11*
Adjusted R^2		.031			.181			.214	
ΔF from previous step		5.67**			40.32***			9.93***	

Note. Gender is coded such that 1 = female. Stay-at-home status is coded such that 1 = yes. *p < .05, **p < .01, ***p < .001. Degrees of freedom for *F* change are 3, 431 (Step 1); 2, 429 (Step 2); 2, 427 (Step 3).

Supplementary Table 2. Social Distancing and Social Resources as Predictors of Symptom Change from February to March 2020, Showing Alternative, Stepwise Model Building

Predictor	Step 1 b	Step 1 SE	Step 1 β	Step 2 b	Step 2 SE	Step 2 β	Step 3 b	Step 3 SE	Step 3 β	Step 4 b	Step 4 SE	Step 4 β
						March Depression						
February Depression	.75	.05	.82***	.75	.05	.82***	.72	.07	.78***	.69	.06	.75***
Age				-.07	.06	-.06	-.08	.06	-.07	-.05	.06	-.04
Gender				2.87	1.36	.12*	3.00	1.36	.13*	4.16	1.32	.17**
Income				.03	.39	<.01	<.01	.44	<.01	-.14	.41	-.02
Social support							-.07	.06	-.08	-.13	.06	-.15*
Social network size							.06	.08	.05	-.02	.08	-.01
Stay-at-home status										1.10	1.25	.04
Distancing behavior										9.91	2.50	.23***
Adjusted R^2		.671			.676			.674			.714	
ΔF from previous step		239.88***			1.55			0.74			8.64***	
						March GAD						
February GAD	.74	.06	.78***	.74	.06	.77***	.70	.07	.74***	.68	.06	.72***
Age				-.04	.03	-.08	-.04	.03	-.09	-.03	.03	-.07
Gender				1.12	.66	.11	1.21	.66	.11	1.72	.65	.16**
Income				.12	.19	.04	.09	.21	.03	.03	.20	.01
Social support							-.04	.03	-.10	-.06	.03	-.16*
Social network size							.05	.04	.09	.01	.04	.03
Stay-at-home status										.49	.62	.04
Distancing behavior										4.34	1.23	.23**
Adjusted R^2		.599			.602			.605			.643	
ΔF from previous step		175.64***			1.33			1.34			6.91**	

Note. Gender is coded such that 1 = female. Stay-at-home status is coded such that 1 = yes. *$p < .05$, **$p < .01$, ***$p < .001$. Degrees of freedom for *F* change are 1, 116 (Step 1); 3, 113 (Step 2); 2, 111 (Step 3); 2, 109 (Step 4).