

**Supplementary Table 1.** Absolute FACT-scores at each assessment time

Questionnaire	Visit	Interventional arm (IA)			Control arm (CA)			<i>P</i> -value	Total		Effect size at V4 Cohen's d
		N	Mean	SD	N	Mean	SD		Mean	SD	
<b>FACT-G total score</b>	V1	19	74.9	14.8	14	73.3	11.6	0.788	74.2	13.0	0,267
	V2	18	76.8	15.1	14	68.2	16.6	0.145	73.1	16.1	
	V3	18	72.0	16.7	13	70.7	11.8	0.708	72.1	14.3	
	V4	18	73.9	15.2	14	69.4	18.4	0.512	71.6	16.2	
	V5	13	80.2	10.8	7	74.9	14.8	0.588	77.3	14.8	
	V6	14	76.6	12.8	8	80.2	11.8	0.402	77.2	13.2	
	V7	9	79.1	16.4	2	73.0	8.5	0.582	75.7	14.9	
<b>FACT physical well-being</b>	V1	19	21.0	5.3	14	21.2	3.7	0.872	21.2	4.5	0,189
	V2	18	21.4	5.0	14	18.7	5.4	0.168	20.3	5.2	
	V3	18	19.3	5.6	13	20.2	3.7	0.890	20.3	4.9	
	V4	18	20.2	6.6	14	19.0	6.1	0.639	19.6	6.1	
	V5	14	22.6	3.4	7	20.9	4.5	0.971	21.8	4.0	
	V6	14	22.0	4.4	8	22.1	3.4	1.000	22.0	4.2	
	V7	9	20.8	7.0	2	18.0	7.1	0.582	19.4	6.4	
<b>FACT social well-being</b>	V1	19	20.3	5.4	14	18.6	5.2	0.304	19.8	5.2	0,161
	V2	18	20.5	4.6	14	17.7	6.0	0.251	19.6	5.2	
	V3	18	19.5	4.6	13	17.9	4.6	0.395	19.2	4.5	
	V4	18	19.2	5.0	14	18.3	6.2	0.896	19.3	5.3	
	V5	14	20.9	3.9	7	20.4	5.1	0.913	20.5	4.5	
	V6	14	20.7	2.7	8	22.2	3.2	0.188	21.2	3.2	
	V7	9	21.8	3.1	2	21.0	1.4	0.727	21.3	3.8	
<b>FACT emotional well-being</b>	V1	19	16.2	3.8	14	16.7	2.6	0.986	16.0	3.3	0,267
	V2	18	17.0	3.3	14	16.6	2.6	0.667	16.5	3.7	
	V3	18	17.0	4.0	13	17.7	3.1	0.767	16.7	3.8	
	V4	18	17.4	2.7	14	16.6	3.3	0.377	16.6	3.3	
	V5	13	17.7	2.2	7	17.1	1.2	0.393	17.1	2.3	
	V6	14	16.8	3.4	8	16.6	3.2	0.570	16.1	3.6	
	V7	9	17.3	2.4	2	16.0	1.4	0.327	16.9	3.1	
<b>FACT functional well-being</b>	V1	19	17.3	5.3	14	16.8	4.3	0.900	17.2	4.5	0,288
	V2	18	17.9	5.4	14	15.1	5.9	0.319	16.7	5.4	
	V3	18	16.1	6.4	13	14.9	4.5	0.679	16.0	5.4	
	V4	18	17.1	5.4	14	15.5	5.7	0.512	16.2	5.4	
	V5	13	18.8	4.6	7	16.4	5.3	0.485	17.9	4.5	
	V6	14	17.1	6.1	8	19.3	3.8	0.441	17.9	5.4	
	V7	9	19.2	7.0	2	18.0	1.4	0.909	18.0	6.0	

FACT-G, Functional Assessment for Cancer Therapy; SD, standard deviation; V, visit; N, number of patients