

Table S1. Summary of olive oil volume returned by participants following the two diet interventions.

	Low polyphenol OO	High Polyphenol OO	
1st intervention	Mean (SD)	Mean (SD)	*P-value
Actual remaining OO (ml)	106.4 (152.2)	100.4 (123.6)	0.888
Compliance based on actual remaining (%)	92	92	
2nd Intervention			
Actual remaining OO (ml)	105.9 (133.2)	123.1 (164.7)	0.708
Compliance based on actual remaining (%)	92	90	

*P-values derived from the non-parametric Mann-Whitney test. OO, olive oil; SD, Standard Deviation.