# Sex differences in the association between childhood maltreatment and cardiovascular disease

#### **ONLINE MATERIAL**

## Supplementary methods

Cardiovascular disease outcomes

Self-reported diagnosis of cardiovascular disease (CVD) was assessed at baseline using the question: "Has a doctor ever told you that you have had any of the following conditions?", considering the options: heart attack, angina, stroke, high blood pressure, blood clot in the leg (deep vein thrombosis) and blood clot in the lung. Self-reported use of blood pressure medication was assessed by the question "Do you regularly take any of the following medications?", with blood pressure medication being one of the options. Systolic blood pressure (SBP) and diastolic blood pressure (DBP) were measured twice at baseline assessment using Omron 750 IT electronic blood pressure monitor, and the mean of both measures was used. Hospital registers and death registers were coded according to the International Classification of Diseases (ICD). Hospital records date back to 1997 for England, 1998 for Wales and 1981 for Scotland, and death registers covers the period between May 2006 and February 2018.

We used as outcomes: any CVD (ICD-10 codes: I00-I99, ICD-9 codes: 390-459, self-reported diagnosis of vascular/heart problems, self-reported diagnosis of blood clot in the leg or in the lung, use of blood pressure medication, or SBP ≥140 mmHg and DBP ≥90 mmHg); hypertensive disease (ICD-10 codes: I10-I15, ICD-9 codes: 401-405, self-reported diagnosis of high blood pressure, self-reported use of blood pressure medication, or SBP ≥140 mmHg and DBP ≥90 mmHg); IHD (ICD-10 codes: I20-I25, ICD-9 codes: 410-414, or self-reported diagnosis of heart attack or angina); and cerebrovascular disease (ICD-10 codes: I60-I69, ICD-9 codes: 430-438, or self-reported diagnosis of stroke).

## Confounders

Age, ethnicity, Townsend deprivation index, maternal smoking around birth and family history of CVD were assessed at baseline. Age (complete years) was calculated based on date of birth and date of attending the initial assessment centre. Ethnicity was classified as White, Mixed, Asian, Black, Chinese and Others. Townsend deprivation index was calculated based on preceding national census output areas, and each participant was assigned a score

corresponding to the output area in which their residing postcode was located; for descriptive analysis, the index was divided into quintiles. Maternal smoking around birth (yes/no) was assessed by the question: "Did your mother smoke regularly around the time when you were born?". Family history of CVD was based on self-report of high blood pressure, stroke or heart disease of the mother, father or siblings.

We did not adjust for adult health and lifestyle factors, such as diabetes, body mass index (BMI), smoking, alcohol intake and physical activity, as these are likely to be mediators in the relationship between childhood maltreatment and CVD.

#### Covariates

All covariates were assessed at baseline. Assessment centre corresponds to the 22 assessment centres located across the United Kingdom. Qualification was assessed in categories (College, university or other professional degree; Advance levels/ Advance Subsidiary levels or equivalent; Ordinary levels/ General Certificate of Secondary Educations or equivalent; Certificate of Secondary Educations or equivalent, National Vocational Qualifications; Higher National Diploma, Higher National Certificate or equivalent; Other professional qualification, and None). Smoking status was categorised as never, previous or current smoker. Alcohol intake frequency was assessed by the question "About how often do you drink alcohol?", with response options: daily or almost daily, three or four times a week, once or twice a week, one to three times a month, special occasions only, or never. Depression was defined as a positive answer to either questions: "Have you ever seen a general practitioner (GP) for nerves, anxiety, tension or depression?" or "Have you ever seen a psychiatrist for nerves, anxiety, tension or depression?". Body mass index (BMI) was calculated using weight and height measured at baseline.

# Propensity score and weighting procedure

A logistic regression was fitted, separately for men and women, to estimate the propensity score (PS) for responding to the online questionnaire assessing childhood maltreatment. The model included covariates that predicted both responsiveness to the questionnaire and CVD. We then derived stabilised inverse probability weights (IPW), which were used in the substantive models of the associations between childhood maltreatment and CVD outcomes.

The PS was estimated using logistic regression, regressing response to the online questionnaire assessing childhood maltreatment on: age (in 5-year groups), ethnicity,

assessment centre, Townsend deprivation index, qualifications, maternal smoking, smoking status, alcohol intake, depression, use of blood pressure medication, use of cholesterol-lowering medication, SBP, DBP, BMI (in quintiles), and family history of CVD.

The IPW in men had mean 2.0, varying from 1.02 to 32.4, and in women, mean 1.99, ranging from 1.01 to 27.1. Stabilised weights (SW) were calculated by SW $i = \frac{p}{\pi i}$  in those who responded to the online questionnaire and SW $i = \frac{1-p}{1-\pi i}$  in those who did not respond to the online questionnaire, where p is the probability of responding the online questionnaire without considering the covariates and  $\pi i$  corresponds to the probability of responding to the online questionnaire considering the covariates (Xu, 2010). The mean value of SW for both men and women was 1.0 (standard deviation 0.33 in men and 0.35 in women), with range 0.45 – 9.64 in men and 0.47 – 8.82 in women. Stabilised IPW were used in all analyses using the weighting procedure.

The standardised difference of the covariates before and after weighting is presented in eFigure 5. A covariate is considered balanced if the absolute value of the standardised difference is less than 0.05 standard deviations.

## Missing data

There were missing data for the covariates to be used in the PS and adjustment. The highest proportion of missing data was 2.0% (qualification) in the full sample and 1.4% (family history of CVD) in the sample with data for childhood maltreatment.

Complete case analysis (CCA) was shown to be a useful way to handle missing values in covariates for propensity scores (Choi, 2019). Though CCA can introduce bias in the estimates, the amount of bias is likely to be small, given 96.4% of the sample with data on childhood maltreatment had complete data for all covariates (Madley-Dowd, 2019; White, 2010). Therefore, we opted to perform CCA.

#### References

- Choi J, Dekkers OM, le Cessie S. A comparison of different methods to handle missing data in the context of propensity score analysis. Eur J Epidemiol. 2019;34(1):23-36.
- Madley-Dowd P, Hughes R, Tilling K, Heron J. The proportion of missing data should not be used to guide decisions on multiple imputation. J Clin Epidemiol. 2019;110:63-73.

- White IR, Carlin JB. Bias and efficiency of multiple imputation compared with complete-case analysis for missing covariate values. Stat Med. 2010;29(28):2920-31.
- Xu S, Ross C, Raebel MA, Shetterly S, Blanchette C and Smith D. Use of stabilized inverse propensity scores as weights to directly estimate relative risk and its confidence intervals. *Value Health*. 2010; 13:273-277

eTable 1. Assessment of childhood maltreatment. All sentences referred to "When I was growing up".

| Maltreatment      | Sentence                                                  | Cut-off |
|-------------------|-----------------------------------------------------------|---------|
| Physical abuse    | People in my family hit me so hard that it left me with   | ≥ 1     |
|                   | bruises or marks                                          |         |
| Sexual abuse      | Someone molested me (sexually)                            | ≥ 1     |
| Emotional abuse   | I felt that someone in my family hated me                 | ≥ 1     |
| Emotional neglect | I felt loved                                              | ≤ 2     |
| Physical neglect  | There was someone to take me to the doctor if I needed it | ≤ 3     |

For all sentences, the response options were: 0: never true; 1: rarely true; 2: sometimes true; 3: often true; 4: very often true

**eTable 2.** Occurrence of cardiovascular disease (CVD) among men and women who responded to the online questionnaire assessing childhood maltreatment

|                          |            |          | Men               |         | Women             |
|--------------------------|------------|----------|-------------------|---------|-------------------|
| CVD                      | Age        | N cases  | % (95% CI)        | N cases | % (95% CI)        |
| Any source               |            |          |                   |         |                   |
| Any CVD                  | All        | 28,853   | 42.3 (41.9; 42.7) | 28,415  | 31.9 (31.6; 32.2) |
|                          | 40-49 y    | 3,361    | 22.6 (21.9; 23.3) | 4,143   | 18.6 (18.1; 19.1) |
|                          | 50-59 y    | 9,501    | 39.6 (39.0; 40.3) | 10,326  | 29.9 (29.4; 30.4) |
|                          | 60+ y      | 15,894   | 54.6 (54.1; 55.2) | 13,772  | 43.5 (43.0; 44.1) |
| Hypertensive disease     | All        | 29,504   | 43.3 (42.9; 43.6) | 25,690  | 28.9 (28.6; 29.2) |
|                          | 40-49 y    | 3,189    | 25.9 (25.2; 26.6) | 2,658   | 15.3 (14.9; 15.8) |
|                          | 50-59 y    | 8,611    | 42.2 (41.6; 42.8) | 8,107   | 27.9 (27.4; 28.3) |
|                          | 60+ y      | 12,926   | 53.1 (52.5; 53.6) | 10,513  | 39.5 (39.0; 40.1) |
| Ischemic heart disease   | All        | 5,904    | 8.7 (8.5; 8.9)    | 2,666   | 3.0 (2.9; 3.1)    |
|                          | 40-49 y    | 302      | 2.0 (1.8; 2.3)    | 206     | 0.9 (0.8; 1.1)    |
|                          | 50-59 y    | 1,628    | 6.8 (6.5; 7.1)    | 760     | 2.2 (2.0; 2.4)    |
|                          | 60+ y      | 3,968    | 13.6 (13.2; 14.0) | 1,693   | 5.3 (5.1; 5.6)    |
| Cerebrovascular disease  | All        | 1,443    | 2.1 (2.0; 2.2)    | 1,052   | 1.2 (1.1; 1.3)    |
|                          | 40-49 y    | 103      | 0.7 (0.6; 0.8)    | 133     | 0.6 (0.5; 0.7)    |
|                          | 50-59 y    | 398      | 1.7 (1.5; 1.8)    | 365     | 1.1 (1.0; 1.2)    |
|                          | 60+ y      | 938      | 3.2 (3.0; 3.4)    | 549     | 1.7 (1.6; 1.9)    |
| Early onset CVD (<50 y)  | All        | 6,800    | 10.0 (9.8; 10.2)  | 6,292   | 7.0 (6.9; 7.2)    |
|                          | 40-49 y    | 1,835    | 12.3 (11.8; 12.8) | 1,807   | 8.0 (7.7; 8.4)    |
|                          | 50-59 y    | 3,018    | 12.5 (12.1; 13.0) | 2,765   | 8.0 (7.7; 8.2     |
|                          | 60+ y      | 1,947    | 6.7 (6.4; 7.0)    | 1,720   | 5.4 (5.2; 5.7     |
| Medical records and meas | ured blood | pressure |                   |         |                   |
| Any CVD                  | All        | 19,903   | 29.2 (28.9; 29.5) | 18,806  | 21.1 (20.9; 21.4) |
|                          | 40-49 y    | 2,034    | 13.7 (13.2; 14.3) | 2,628   | 11.8 (11.4; 12.3) |
|                          | 50-59 y    | 6,182    | 25.9 (25.3; 26.5) | 6,544   | 19.1 (18.7; 19.5) |
|                          | 60+ y      | 11,562   | 39.8 (39.3; 40.4) | 9,398   | 29.9 (29.4; 30.4) |
| Hypertensive disease     | All        | 23,056   | 33.8 (33.5; 34.2) | 18,814  | 21.1 (20.9; 21.4) |
|                          | 40-49 y    | 2,999    | 20.1 (19.5; 20.7) | 2,407   | 10.7 (10.3; 11.2) |
|                          | 50-59 y    | 8,018    | 33.3 (32.7; 33.9) | 7,165   | 20.7 (20.2; 21.1  |
|                          | 60+ y      | 12,016   | 41.3 (40.7; 41.8) | 9,217   | 29.0 (28.5; 29.5  |
| Ischemic heart disease   | All        | 5,344    | 7.8 (7.6; 8.0)    | 2,303   | 2.6 (2.5; 2.7)    |
|                          | 40-49 y    | 272      | 1.8 (1.6; 2.0)    | 172     | 0.8 (0.7; 0.9     |
|                          | 50-59 y    | 1,458    | 6.1 (5.8; 6.4)    | 650     | 1.9 (1.7; 2.0     |
|                          | 60+ y      | 3,596    | 12.4 (12.0; 12.8) | 1,473   | 4.7 (4.4; 4.9)    |
| Cerebrovascular disease  | All        | 928      | 1.4 (1.3; 1.5)    | 644     | 0.7 (0.7; 0.8     |
|                          | 40-49 y    | 80       | 0.5 (0.4; 0.7)    | 83      | 0.4 (0.3; 0.5     |
|                          | 50-59 y    | 273      | 1.1 (1.0; 1.3)    | 226     | 0.7 (0.6; 0.8)    |
|                          | 60+ y      | 571      | 2.0 (1.8; 2.1)    | 329     | 1.0 (0.9; 1.2)    |

CVD: cardiovascular disease

Occurrence of CVD includes prevalent and incident cases

eTable 3. Unadjusted and adjusted association between childhood maltreatment and cardiovascular disease in men and women

| Outcome              | Childhood         | M                 | en                | Wo                | Women             |                 |  |
|----------------------|-------------------|-------------------|-------------------|-------------------|-------------------|-----------------|--|
|                      | maltreatment      | Unadjusted        | Adjusted          | Unadjusted        | Adjusted          | sex interaction |  |
|                      |                   | RR (95% CI)       | RR (95% CI)       | RR (95% CI)       | RR (95% CI)       |                 |  |
| Any cardiovascular   | Physical abuse    | 1.02 (1.00; 1.04) | 1.06 (1.04; 1.08) | 1.03 (1.01; 1.05) | 1.11 (1.09; 1.13) | 0.008           |  |
| disease              | Sexual abuse      | 1.04 (1.01; 1.07) | 1.03 (1.00; 1.06) | 1.03 (1.00; 1.06) | 1.07 (1.04; 1.10) | 0.106           |  |
|                      | Emotional abuse   | 1.01 (0.98; 1.03) | 1.06 (1.04; 1.09) | 1.02 (1.00; 1.04) | 1.09 (1.07; 1.12) | 0.345           |  |
|                      | Emotional neglect | 1.04 (1.02; 1.06) | 1.05 (1.04; 1.07) | 1.06 (1.04; 1.08) | 1.08 (1.06; 1.10) | 0.069           |  |
|                      | Physical neglect  | 1.14 (1.12; 1.16) | 1.08 (1.06; 1.10) | 1.16 (1.13; 1.18) | 1.07 (1.05; 1.09) | 0.354           |  |
| Hypertensive disease | Physical abuse    | 1.02 (1.00; 1.04) | 1.06 (1.04; 1.09) | 1.01 (0.98; 1.04) | 1.10 (1.07; 1.13) | 0.338           |  |
|                      | Sexual abuse      | 1.02 (0.98; 1.06) | 1.01 (0.97; 1.05) | 1.00 (0.96; 1.03) | 1.04 (1.00; 1.07) | 0.421           |  |
|                      | Emotional abuse   | 1.00 (0.97; 1.03) | 1.06 (1.03; 1.09) | 0.98 (0.95; 1.01) | 1.07 (1.04; 1.10) | 0.380           |  |
|                      | Emotional neglect | 1.03 (1.01; 1.05) | 1.04 (1.02; 1.07) | 1.05 (1.02; 1.08) | 1.07 (1.05; 1.10) | 0.317           |  |
|                      | Physical neglect  | 1.17 (1.14; 1.19) | 1.10 (1.07; 1.12) | 1.19 (1.16; 1.23) | 1.08 (1.06; 1.11) | 0.279           |  |
| Ischemic heart       | Physical abuse    | 1.08 (1.02; 1.15) | 1.20 (1.13; 1.27) | 1.27 (1.15; 1.40) | 1.48 (1.34; 1.63) | < 0.001         |  |
| disease              | Sexual abuse      | 1.21 (1.09; 1.34) | 1.18 (1.07; 1.31) | 1.20 (1.07; 1.35) | 1.29 (1.15; 1.45) | 0.207           |  |
|                      | Emotional abuse   | 1.15 (1.07; 1.24) | 1.31 (1.22; 1.41) | 1.33 (1.21; 1.47) | 1.53 (1.39; 1.69) | 0.009           |  |
|                      | Emotional neglect | 1.14 (1.07; 1.21) | 1.18 (1.11; 1.25) | 1.37 (1.26; 1.50) | 1.41 (1.29; 1.54) | < 0.001         |  |
|                      | Physical neglect  | 1.33 (1.25; 1.42) | 1.16 (1.09; 1.24) | 1.52 (1.39; 1.67) | 1.28 (1.17; 1.41) | 0.022           |  |
| Cerebrovascular      | Physical abuse    | 0.96 (0.83; 1.10) | 1.04 (0.91; 1.19) | 1.10 (0.93; 1.30) | 1.23 (1.04; 1.46) | 0.088           |  |
| disease              | Sexual abuse      | 1.05 (0.83; 1.32) | 1.03 (0.82; 1.30) | 1.28 (1.06; 1.55) | 1.34 (1.11; 1.62) | 0.058           |  |
|                      | Emotional abuse   | 1.27 (1.09; 1.49) | 1.43 (1.23; 1.67) | 1.15 (0.98; 1.36) | 1.27 (1.07; 1.50) | 0.439           |  |
|                      | Emotional neglect | 1.14 (1.00; 1.30) | 1.17 (1.03; 1.33) | 1.01 (0.86; 1.18) | 1.01 (0.86; 1.19) | 0.241           |  |
|                      | Physical neglect  | 1.55 (1.36; 1.77) | 1.36 (1.19; 1.55) | 1.46 (1.24; 1.71) | 1.25 (1.07; 1.47) | 0.548           |  |

<sup>\*</sup>p-value corresponds to p-value for sex interaction in the adjusted model

**eTable 4.** Unadjusted and adjusted association between childhood maltreatment and cardiovascular disease, based on medical records and measured blood pressure, in men and women

| Outcome                    | Childhood         | M                 | en                | Wo                | men               | p-value for |
|----------------------------|-------------------|-------------------|-------------------|-------------------|-------------------|-------------|
|                            | maltreatment      | Unadjusted        | Adjusted          | Unadjusted        | Adjusted          | sex         |
|                            |                   | RR (95% CI)       | RR (95% CI)       | RR (95% CI)       | RR (95% CI)       | interaction |
| Any cardiovascular disease | Physical abuse    | 1.02 (1.00; 1.04) | 1.07 (1.05; 1.09) | 1.04 (1.01; 1.06) | 1.12 (1.09; 1.15) | 0.012       |
|                            | Sexual abuse      | 1.03 (0.99; 1.07) | 1.03 (0.99; 1.06) | 1.04 (1.00; 1.07) | 1.08 (1.05; 1.11) | 0.044       |
|                            | Emotional abuse   | 1.01 (0.98; 1.03) | 1.07 (1.04; 1.09) | 1.02 (0.99; 1.05) | 1.10 (1.07; 1.13) | 0.343       |
|                            | Emotional neglect | 1.03 (1.01; 1.06) | 1.05 (1.03; 1.07) | 1.07 (1.05; 1.10) | 1.09 (1.07; 1.12) | 0.022       |
|                            | Physical neglect  | 1.14 (1.11; 1.17) | 1.08 (1.06; 1.10) | 1.17 (1.14; 1.20) | 1.08 (1.05; 1.10) | 0.272       |
| Hypertensive disease       | Physical abuse    | 1.02 (0.99; 1.04) | 1.06 (1.04; 1.09) | 1.02 (0.98; 1.05) | 1.12 (1.08; 1.16) | 0.149       |
|                            | Sexual abuse      | 0.99 (0.94; 1.04) | 0.98 (0.94; 1.03) | 1.00 (0.96; 1.04) | 1.05 (1.01; 1.09) | 0.078       |
|                            | Emotional abuse   | 0.99 (0.96; 1.03) | 1.06 (1.03; 1.09) | 0.99 (0.95; 1.02) | 1.09 (1.05; 1.12) | 0.956       |
|                            | Emotional neglect | 1.02 (0.99; 1.05) | 1.04 (1.01; 1.07) | 1.06 (1.03; 1.09) | 1.09 (1.06; 1.12) | 0.082       |
|                            | Physical neglect  | 1.17 (1.13; 1.20) | 1.10 (1.07; 1.13) | 1.21 (1.18; 1.25) | 1.10 (1.06; 1.13) | 0.097       |
| Ischemic heart disease     | Physical abuse    | 1.08 (1.01; 1.15) | 1.19 (1.12; 1.27) | 1.26 (1.13; 1.40) | 1.47 (1.33; 1.63) | < 0.001     |
|                            | Sexual abuse      | 1.22 (1.09; 1.36) | 1.20 (1.08; 1.33) | 1.19 (1.05; 1.34) | 1.27 (1.12; 1.44) | 0.362       |
|                            | Emotional abuse   | 1.16 (1.08; 1.26) | 1.33 (1.23; 1.43) | 1.35 (1.21; 1.49) | 1.55 (1.40; 1.72) | 0.013       |
|                            | Emotional neglect | 1.14 (1.07; 1.22) | 1.18 (1.11; 1.26) | 1.34 (1.22; 1.48) | 1.39 (1.26; 1.52) | 0.003       |
|                            | Physical neglect  | 1.32 (1.23; 1.41) | 1.15 (1.08; 1.23) | 1.48 (1.34; 1.64) | 1.25 (1.13; 1.39) | 0.066       |
| Cerebrovascular disease    | Physical abuse    | 0.84 (0.71; 0.99) | 0.91 (0.77; 1.07) | 1.00 (0.81; 1.24) | 1.12 (0.90; 1.39) | 0.114       |
|                            | Sexual abuse      | 1.14 (0.88; 1.48) | 1.11 (0.86; 1.44) | 1.12 (0.88; 1.43) | 1.17 (0.92; 1.50) | 0.715       |
|                            | Emotional abuse   | 1.25 (1.04; 1.50) | 1.37 (1.14; 1.64) | 1.10 (0.89; 1.36) | 1.21 (0.97; 1.51) | 0.410       |
|                            | Emotional neglect | 1.10 (0.95; 1.29) | 1.12 (0.96; 1.30) | 0.94 (0.77; 1.16) | 0.95 (0.77; 1.17) | 0.244       |
|                            | Physical neglect  | 1.59 (1.36; 1.85) | 1.41 (1.21; 1.65) | 1.37 (1.12; 1.67) | 1.18 (0.97; 1.44) | 0.255       |

<sup>\*</sup> p-value corresponds to p-value for sex interaction in the adjusted model

**eTable 5.** Unadjusted and adjusted association between the number of childhood maltreatment types experienced and cardiovascular disease in men and women

| Outcome                 | Number of    | ]                 | Men               | W                 | omen              | p-value for |
|-------------------------|--------------|-------------------|-------------------|-------------------|-------------------|-------------|
|                         | childhood    | Unadjusted        | Adjusted          | Unadjusted        | Adjusted          | sex         |
|                         | maltreatment | RR (95% CI)       | RR (95% CI)       | RR (95% CI)       | RR (95% CI)       | interaction |
| Any cardiovascular      | 1            | 1.03 (1.01; 1.05) | 1.02 (1.01; 1.04) | 1.04 (1.02; 1.06) | 1.03 (1.01; 1.05) | 0.781       |
| disease                 | 2            | 1.06 (1.04; 1.09) | 1.07 (1.05; 1.09) | 1.06 (1.03; 1.09) | 1.08 (1.05; 1.11) |             |
|                         | 3            | 1.06 (1.03; 1.10) | 1.09 (1.06; 1.13) | 1.08 (1.04; 1.12) | 1.12 (1.09; 1.16) |             |
|                         | 4+           | 1.13 (1.08; 1.17) | 1.17 (1.12; 1.22) | 1.14 (1.10; 1.19) | 1.20 (1.16; 1.24) |             |
| Hypertensive disease    | 1            | 1.03 (1.01; 1.05) | 1.02 (1.00; 1.05) | 1.03 (1.01; 1.06) | 1.02 (0.99; 1.04) | 0.765       |
|                         | 2            | 1.06 (1.03; 1.10) | 1.07 (1.04; 1.10) | 1.02 (0.99; 1.06) | 1.04 (1.01; 1.08) |             |
|                         | 3            | 1.05 (1.01; 1.10) | 1.08 (1.04; 1.12) | 1.06 (1.01; 1.10) | 1.11 (1.06; 1.15) |             |
|                         | 4+           | 1.15 (1.09; 1.21) | 1.19 (1.13; 1.25) | 1.13 (1.07; 1.18) | 1.19 (1.14; 1.25) |             |
| Ischemic heart disease  | 1            | 1.07 (1.01; 1.14) | 1.06 (0.99; 1.12) | 1.14 (1.03; 1.26) | 1.10 (0.99; 1.21) | 0.017       |
|                         | 2            | 1.15 (1.06; 1.25) | 1.16 (1.07; 1.26) | 1.33 (1.18; 1.50) | 1.37 (1.21; 1.54) |             |
|                         | 3            | 1.24 (1.11; 1.38) | 1.31 (1.17; 1.46) | 1.49 (1.28; 1.74) | 1.60 (1.38; 1.86) |             |
|                         | 4+           | 1.57 (1.38; 1.79) | 1.70 (1.50; 1.93) | 1.88 (1.61; 2.19) | 2.05 (1.75; 2.39) |             |
| Cerebrovascular disease | 1            | 1.07 (0.94; 1.22) | 1.05 (0.92; 1.20) | 1.27 (1.08; 1.50) | 1.23 (1.04; 1.44) | 0.473       |
|                         | 2            | 1.23 (1.04; 1.45) | 1.24 (1.05; 1.46) | 1.11 (0.88; 1.38) | 1.11 (0.89; 1.39) |             |
|                         | 3            | 1.20 (0.94; 1.53) | 1.25 (0.98; 1.59) | 1.17 (0.91; 1.50) | 1.22 (0.95; 1.57) |             |
|                         | 4+           | 1.62 (1.21; 2.17) | 1.72 (1.29; 2.29) | 1.53 (1.16; 2.02) | 1.58 (1.20; 2.09) |             |

<sup>\*</sup>p-value corresponds to p-value for sex interaction in the adjusted model

**eTable 6**. Adjusted association between childhood maltreatment and cardiovascular disease in men and women, by age groups

| CVD          | Childhood        | Age group                         | Men                        | Women             |
|--------------|------------------|-----------------------------------|----------------------------|-------------------|
|              | maltreatment     |                                   | RR (95% CI)                | RR (95% CI)       |
| Any CVD      | Physical         | p-value age interaction           | 0.009                      | 0.830             |
|              | abuse            | 40-49y                            | 1.11 (1.05; 1.16)          | 1.11 (1.05; 1.18) |
|              |                  | 50-59y                            | 1.06 (1.03; 1.09)          | 1.11 (1.07; 1.15) |
|              |                  | 60+ y                             | 1.03 (1.01; 1.06)          | 1.10 (1.07; 1.14) |
|              | Sexual abuse     | p-value age interaction           | 0.059                      | 0.266             |
|              |                  | 40-49y                            | 1.13 (1.02; 1.24)          | 1.10 (1.02; 1.18) |
|              |                  | 50-59y                            | 1.03 (0.98; 1.08)          | 1.08 (1.03; 1.12) |
|              |                  | 60+ y                             | 1.01 (0.97; 1.04)          | 1.05 (1.01; 1.08) |
|              | Emotional        | p-value age interaction           | 0.002                      | 0.762             |
|              | abuse            | 40-49y                            | 1.11 (1.05; 1.18)          | 1.10 (1.04; 1.16) |
|              |                  | 50-59y                            | 1.08 (1.05; 1.12)          | 1.10 (1.06; 1.13) |
|              |                  | 60+ y                             | 1.02 (0.99; 1.05)          | 1.09 (1.06; 1.12) |
|              | Emotional        | p-value age interaction           | 0.013                      | 0.012             |
|              | neglect          | 40-49y                            | 1.11 (1.05; 1.17)          | 1.12 (1.06; 1.19) |
|              |                  | 50-59y                            | 1.05 (1.02; 1.08)          | 1.10 (1.07; 1.14) |
|              |                  | 60+ y                             | 1.04 (1.02; 1.06)          | 1.06 (1.03; 1.08) |
|              | Physical         | p-value age interaction           | 0.006                      | < 0.001           |
|              | neglect          | 40-49y                            | 1.12 (1.04; 1.20)          | 1.21 (1.14; 1.29) |
|              |                  | 50-59y                            | 1.12 (1.08; 1.15)          | 1.01 (1.06; 1.14) |
|              |                  | 60+ y                             | 1.06 (1.04; 1.08)          | 1.03 (1.01; 1.06) |
| Hypertensive | Physical         | p-value age interaction           | 0.292                      | 0.373             |
| disease      | abuse            | 40-49y                            | 1.08 (1.01; 1.15)          | 1.12 (1.04; 1.21) |
|              |                  | 50-59y                            | 1.07 (1.03; 1.11)          | 1.11 (1.06; 1.16) |
|              |                  | 60+ y                             | 1.05 (1.02; 1.08)          | 1.08 (1.04; 1.13) |
|              | Sexual abuse     | p-value age interaction           | 0.544                      | 0.420             |
|              |                  | 40-49y                            | 1.07 (0.95; 1.21)          | 1.06 (0.96; 1.17) |
|              |                  | 50-59y                            | 0.99 (0.93; 1.06)          | 1.05 (0.99; 1.11) |
|              |                  | 60+ y                             | 1.01 (0.96; 1.05)          | 1.02 (0.97; 1.07) |
|              | Emotional        | p-value age interaction           | 0.159                      | 0.970             |
|              | abuse            | 40-49y                            | 1.07 (0.99; 1.15)          | 1.05 (0.97; 1.14) |
|              |                  | 50-59y                            | 1.09 (1.04; 1.14)          | 1.07 (1.02; 1.12) |
|              |                  | 60+ y                             | 1.04 (1.00; 1.07)          | 1.07 (1.03; 1.11) |
|              | Emotional        | p-value age interaction           | 0.369                      | 0.032             |
|              | neglect          | 40-49y                            | 1.08 (1.01; 1.15)          | 1.09 (1.02; 1.18) |
|              |                  | 50-59y                            | 1.04 (1.00; 1.08)          | 1.11 (1.06; 1.15) |
|              |                  | 60+ y                             | 1.04 (1.01; 1.07)          | 1.04 (1.01; 1.08) |
|              |                  |                                   |                            |                   |
|              | Physical         | p-value age interaction           | 0.104                      | < 0.001           |
|              | Physical neglect | p-value age interaction<br>40-49y | 0.104<br>1.13 (1.04; 1.23) |                   |
|              | Physical neglect | 40-49y                            | 1.13 (1.04; 1.23)          | 1.27 (1.16; 1.39) |
|              |                  |                                   |                            |                   |

| Ischemic heart Physical 40-49y 1.40 (1.10; 1.78) 1.81 (1.35; 2.10) | 2.43)  |
|--------------------------------------------------------------------|--------|
| disease abuse 50-59y 1.34 (1.20; 1.50) 1.67 (1.41;                 |        |
| 60+ y 1.11 (1.03; 1.20) 1.34 (1.17;                                |        |
| Sexual abuse p-value age interaction 0.043 0.002                   | ,      |
| 40-49y 1.59 (1.07; 2.35) 2.14 (1.51; 3                             | 3.04)  |
| 50-59y 1.31 (1.09; 1.57) 1.29 (1.04;                               |        |
| 60+ y 1.10 (0.97; 1.24) 1.16 (1.00;                                |        |
| Emotional p-value age interaction 0.001 0.332                      | ,,,    |
| abuse 40-49y 1.82 (1.41; 2.36) 1.78 (1.31; 2.36)                   | 2.42)  |
| 50-59y 1.43 (1.26; 1.63) 1.55 (1.32;                               |        |
| 60+ y 1.18 (1.08; 1.30) 1.48 (1.30;                                |        |
| Emotional p-value age interaction <0.001 0.049                     | 1.00)  |
| neglect 40-49y 1.73 (1.36; 2.21) 1.73 (1.29; 2                     | 2.32)  |
| 50-59y 1.28 (1.14; 1.43) 1.53 (1.31;                               |        |
| 60+ y 1.10 (1.02; 1.18) 1.33 (1.19;                                |        |
| Physical p-value age interaction 0.033 0.020                       | 1.17)  |
| neglect 40-49y 1.38 (1.02; 1.86) 1.69 (1.17; 2                     | 2.42)  |
| 50-59y 1.28 (1.12; 1.46) 1.46 (1.23;                               |        |
| 60+ y 1.11 (1.03; 1.20) 1.19 (1.06;                                |        |
| Cerebrovascular Physical p-value age interaction 0.500 0.277       | 1.31)  |
| disease abuse 40-49y 1.16 (0.74; 1.80) 1.65 (1.11; 2               | 2 45)  |
| 50-59y 1.11 (0.88; 1.40) 1.25 (0.95;                               |        |
| 60+ y 0.99 (0.83; 1.18) 1.11 (0.86;                                |        |
| Sexual abuse p-value age interaction 0.813 0.283                   | ,      |
| 40-49y 1.24 (0.61; 2.51) 0.93 (0.55;                               | 1 59)  |
| 50-59y 1.02 (0.67; 1.53) 1.51 (1.11; 2                             |        |
| 60+ y 1.00 (0.74; 1.35) 1.35 (1.03;                                |        |
| Emotional p-value age interaction 0.037 0.615                      | 1.70)  |
| abuse 40-49y 2.45 (1.59; 3.77) 1.31 (0.87;                         | 1 97)  |
| 50-59y 1.37 (1.05; 1.78) 1.38 (1.07;                               |        |
| 60+ y 1.30 (1.05; 1.60) 1.20 (0.93;                                |        |
| Emotional p-value age interaction 0.070 0.042                      | 1.5 1) |
| neglect 40-49y 1.90 (1.27; 2.84) 1.68 (1.12; 2                     | 2 54)  |
| 50-59y 1.07 (0.85; 1.36) 1.00 (0.78;                               |        |
| 60+ y 1.12 (0.95; 1.33) 0.92 (0.73;                                |        |
| Physical p-value age interaction 0.229 0.755                       |        |
| neglect 40-49y 1.91 (1.15; 3.18) 1.46 (0.91; 2                     | 2.34)  |
| 50-59y 1.43 (1.10; 1.86) 1.15 (0.86;                               |        |
| 60+ y 1.29 (1.10; 1.51) 1.26 (1.02;                                |        |

p-value for interaction test between age groups and childhood maltreatment

eTable 7. Adjusted association between the number of childhood maltreatment types and cardiovascular disease in men and women, by age groups

| Outcome         | N of      |                   | Men               |                   | p-value,   |                   | Women             |                   | p-value, |
|-----------------|-----------|-------------------|-------------------|-------------------|------------|-------------------|-------------------|-------------------|----------|
|                 | childhood | od RR (95% CI)    |                   |                   | age inter. |                   | RR (95% CI)       |                   |          |
|                 | malt.     |                   |                   |                   |            |                   |                   |                   |          |
|                 |           | 40-49y            | 50-59y            | 60+y              |            | 40-49y            | 50-59y            | 60+y              |          |
| Any CVD         |           |                   |                   |                   | 0.001      |                   |                   |                   | 0.022    |
|                 | 1         | 1.01 (0.95; 1.07) | 1.02 (0.99; 1.05) | 1.03 (1.01; 1.05) |            | 1.05 (0.99; 1.12) | 1.07 (1.03; 1.10) | 1.00 (0.97; 1.02) |          |
|                 | 2         | 1.10 (1.02; 1.18) | 1.07 (1.03; 1.11) | 1.06 (1.04; 1.09) |            | 1.11 (1.03; 1.19) | 1.12 (1.08; 1.17) | 1.05 (1.02; 1.09) |          |
|                 | 3         | 1.21 (1.11; 1.33) | 1.13 (1.08; 1.19) | 1.02 (0.98; 1.06) |            | 1.17 (1.07; 1.28) | 1.14 (1.08; 1.20) | 1.10 (1.05; 1.15) |          |
|                 | 4+        | 1.25 (1.11; 1.40) | 1.18 (1.11; 1.25) | 1.12 (1.07; 1.18) |            | 1.28 (1.17; 1.41) | 1.20 (1.13; 1.28) | 1.17 (1.11; 1.23) |          |
| Hypertensive    |           |                   |                   |                   | 0.478      |                   |                   |                   | 0.033    |
| disease         | 1         | 1.04 (0.97; 1.11) | 1.02 (0.98; 1.06) | 1.03 (1.00; 1.05) |            | 1.02 (0.94; 1.11) | 1.06 (1.01; 1.11) | 0.99 (0.96; 1.03) |          |
|                 | 2         | 1.08 (0.99; 1.19) | 1.07 (1.01; 1.12) | 1.07 (1.03; 1.11) |            | 1.03 (0.93; 1.15) | 1.12 (1.06; 1.18) | 1.01 (0.96; 1.06) |          |
|                 | 3         | 1.11 (0.99; 1.25) | 1.14 (1.06; 1.22) | 1.03 (0.98; 1.09) |            | 1.10 (0.97; 1.25) | 1.14 (1.06; 1.22) | 1.09 (1.03; 1.16) |          |
|                 | 4+        | 1.22 (1.05; 1.41) | 1.19 (1.10; 1.29) | 1.17 (1.10; 1.25) |            | 1.32 (1.16; 1.50) | 1.18 (1.09; 1.28) | 1.16 (1.08; 1.24) |          |
| IHD             |           |                   |                   |                   | < 0.001    |                   |                   |                   | 0.049    |
|                 | 1         | 0.82 (0.61; 1.10) | 1.17 (1.04; 1.32) | 1.04 (0.97; 1.12) |            | 1.49 (1.03; 2.14) | 1.17 (0.97; 1.41) | 1.04 (0.92; 1.18) |          |
|                 | 2         | 1.34 (0.94; 1.92) | 1.25 (1.07; 1.46) | 1.12 (1.02; 1.24) |            | 1.78 (1.17; 2.72) | 1.36 (1.09; 1.70) | 1.34 (1.15; 1.56) |          |
|                 | 3         | 2.22 (1.53; 3.22) | 1.57 (1.29; 1.91) | 1.11 (0.97; 1.28) |            | 1.76 (1.10; 2.82) | 1.62 (1.24; 2.12) | 1.59 (1.31; 1.93) |          |
|                 | 4+        | 2.31 (1.52; 3.52) | 2.02 (1.63; 2.52) | 1.47 (1.25; 1.74) |            | 3.45 (2.19; 5.45) | 2.47 (1.92; 3.17) | 1.67 (1.33; 2.08) |          |
| Cerebrovascular |           |                   |                   |                   | 0.262      |                   |                   |                   | 0.761    |
| disease         | 1         | 1.28 (0.79; 2.07) | 1.01 (0.79; 1.30) | 1.05 (0.89; 1.23) |            | 1.48 (0.90; 2.43) | 1.36 (1.03; 1.79) | 1.14 (0.92; 1.41) |          |
|                 | 2         | 1.75 (0.99; 3.10) | 1.17 (0.86; 1.58) | 1.22 (0.99; 1.50) |            | 1.44 (0.85; 2.45) | 1.34 (0.95; 1.89) | 0.96 (0.69; 1.35) |          |
|                 | 3         | 2.38 (1.14; 4.97) | 1.56 (1.05; 2.32) | 0.99 (0.72; 1.36) |            | 1.15 (0.59; 2.27) | 1.23 (0.80; 1.90) | 1.24 (0.88; 1.73) |          |
|                 | 4+        | 3.48 (1.68; 7.22) | 1.45 (0.88; 2.38) | 1.63 (1.10; 2.40) |            | 2.41 (1.29; 4.49) | 1.53 (1.00; 2.34) | 1.45 (0.95; 2.22) |          |

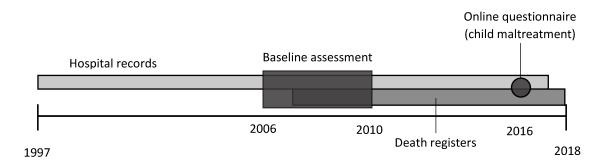
CI: confidence interval; CVD: cardiovascular disease; IHD: ischemic heart disease; RR: risk ratio

p-value for interaction test between age groups and childhood maltreatment

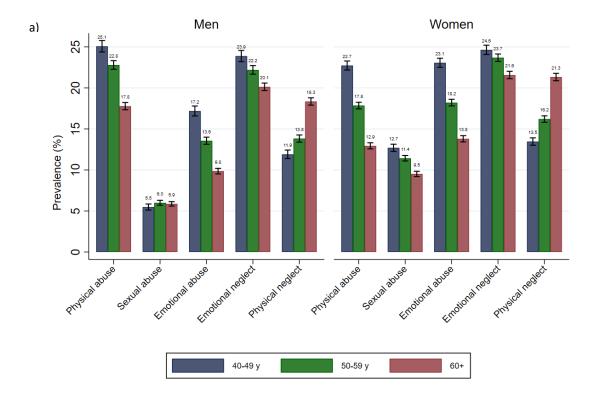
**eTable 8.** Adjusted association between childhood trauma and early onset cardiovascular disease, by age groups

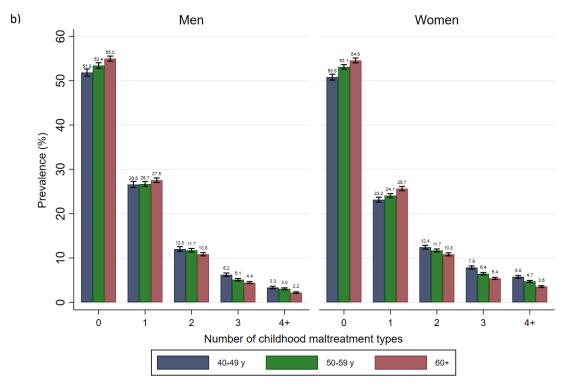
| Childhood           | Age group               | Men               | Women             |
|---------------------|-------------------------|-------------------|-------------------|
| maltreatment        |                         | RR (95% CI)       | RR (95% CI)       |
| Physical abuse      | p-value age interaction | 0.913             | 0.810             |
|                     | 40-49y                  | 1.10 (0.99; 1.22) | 1.17 (1.05; 1.32) |
|                     | 50-59y                  | 1.08 (0.99; 1.17) | 1.12 (1.01; 1.23) |
|                     | 60+ y                   | 1.14 (1.01; 1.29) | 1.14 (0.98; 1.33) |
| Sexual abuse        | p-value age interaction | 0.342             | 0.816             |
|                     | 40-49y                  | 1.13 (0.93; 1.36) | 1.11 (0.96; 1.28) |
|                     | 50-59y                  | 1.04 (0.90; 1.21) | 1.19 (1.06; 1.34) |
|                     | 60+ y                   | 1.03 (0.83; 1.27) | 1.10 (0.93; 1.30) |
| Emotional abuse     | p-value age interaction | 0.238             | 0.817             |
|                     | 40-49y                  | 1.26 (1.12; 1.41) | 1.13 (1.00; 1.27) |
|                     | 50-59y                  | 1.15 (1.04; 1.27) | 1.21 (1.10; 1.33) |
|                     | 60+ y                   | 1.07 (0.92; 1.26) | 1.14 (0.98; 1.33) |
| Emotional neglect   | p-value age interaction | 0.184             | 0.010             |
|                     | 40-49y                  | 1.20 (1.08; 1.34) | 1.21 (1.09; 1.35) |
|                     | 50-59y                  | 1.08 (0.99; 1.17) | 1.12 (1.03; 1.23) |
|                     | 60+ y                   | 1.15 (1.02; 1.29) | 1.01 (0.88; 1.15) |
| Physical neglect    | p-value age interaction | 0.007             | < 0.001           |
|                     | 40-49y                  | 1.30 (1.14; 1.48) | 1.34 (1.18; 1.53) |
|                     | 50-59y                  | 1.17 (1.05; 1.30) | 1.21 (1.09; 1.34) |
|                     | 60+ y                   | 1.15 (1.02; 1.30) | 1.02 (0.89; 1.16) |
| Number of childhood | p-value age interaction |                   |                   |
| maltreatment types  |                         | 0.107             | 0.067             |
| 1                   | 40-49y                  | 1.03 (0.91; 1.15) | 1.14 (1.01; 1.29) |
|                     | 50-59y                  | 1.03 (0.94; 1.13) | 1.15 (1.04; 1.27) |
|                     | 60+ y                   | 1.08 (0.96; 1.21) | 0.95 (0.83; 1.08) |
| 2                   | 40-49y                  | 1.28 (1.11; 1.48) | 1.18 (1.01; 1.37) |
|                     | 50-59y                  | 1.10 (0.98; 1.23) | 1.24 (1.09; 1.40) |
|                     | 60+ y                   | 1.15 (0.97; 1.35) | 0.97 (0.81; 1.16) |
| 3                   | 40-49y                  | 1.29 (1.07; 1.54) | 1.26 (1.05; 1.51) |
|                     | 50-59y                  | 1.16 (0.99; 1.36) | 1.26 (1.08; 1.46) |
|                     | 60+ y                   | 1.08 (0.86; 1.35) | 1.02 (0.81; 1.28) |
| 4+                  | 40-49y                  | 1.45 (1.16; 1.81) | 1.47 (1.21; 1.78) |
|                     | 50-59y                  | 1.31 (1.09; 1.57) | 1.32 (1.12; 1.57) |
|                     | 60+ y                   | 1.51 (1.15; 2.00) | 1.38 (1.06; 1.79) |

Adjusted for age, Townsend deprivation index, ethnicity, maternal smoking, and family history of cardiovascular disease. Reference group corresponds to non-early onset CVD (i.e. no CVD or CVD occurring  $\geq$  50 years)

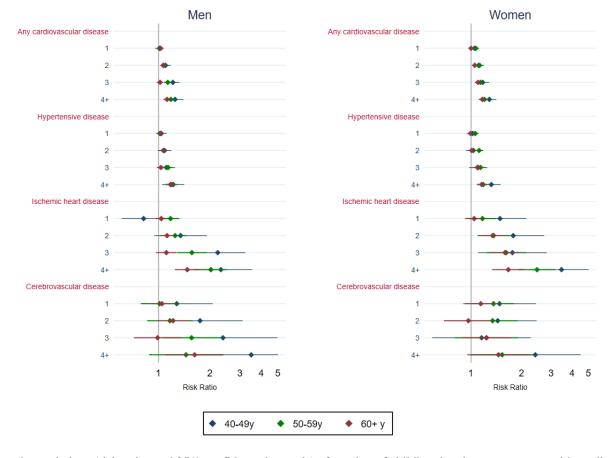


eFigure 1. Timeline for data available

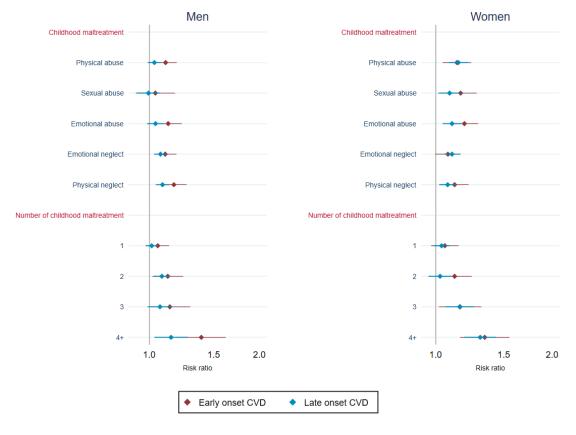




**eFigure 2.** Prevalence and 95% confidence intervals of types of childhood maltreatment (a) and number of childhood maltreatment types experienced (b) according to age groups in men and women

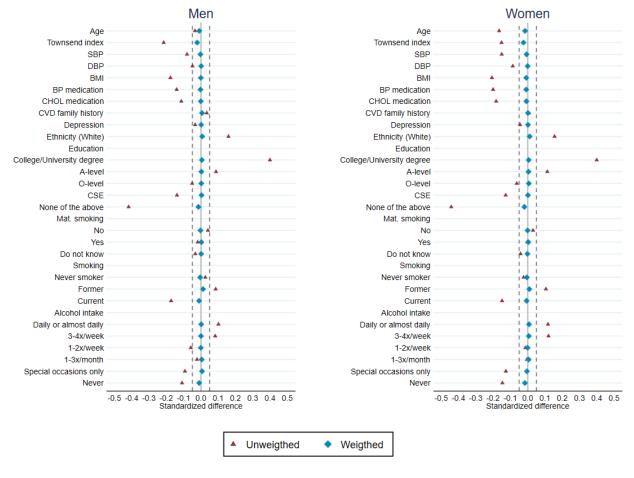


**eFigure 3.** Adjusted associations (risk ratios and 95% confidence intervals) of number of childhood maltreatment types with cardiovascular disease, according to age groups in men and women.



**eFigure 4.** Adjusted associations (risk ratios and 95% confidence intervals) of childhood maltreatment and number of childhood maltreatment types with early (<50 years) and late onset (≥ 50 years) cardiovascular disease (CVD) in men and women aged 50 years or more.

Adjusted for age, Townsend deprivation index, ethnicity, maternal smoking, and family history of cardiovascular disease Reference group for both early and late onset CVD is no CVD



eFigure 5. Balance of covariates (standardised difference) before and after use of inverse probability weighting.

A-level: advanced level; BMI: body mass index; BP: blood pressure; CHOL: cholesterol; CSE: certificate of secondary education; CVD: cardiovascular disease; DBP: diastolic blood pressure; O-level: ordinary level; SBP: systolic blood pressure