Supplement 1: Health Risk Assessment

STANFORD PRIMARY CARE: MEDICAL RISK SCREENING

1. What is your age? (if >65 or on Medicare, go to Senior Care Triage Algorithm)

2. In general, how would you rate your current health? (alternative language….?)
"Excellent" = 0 points, "very good" = 1 pt, "good" = 2 pts, "fair" =4pts or "poor" =6pts

3. Approximately how many different prescription medications do you take regularly for ongoing conditions, not counting vitamins and over the counter medicines.
"0 meds"=0 points, "1-2 meds"=1 pts, "3-5meds " = 2 pts, "5-7 meds" = 3 pts, or ">8 meds" = 6 points

4. Approximately how many specialists have you seen in the past year, not including for minor skin, eye, or orthopedic injuries, or routine gynecologist exams?

 "0" = 0 points, "1-2" = 1pt, "3-4"=2 pts, or ">5"= 4 pts

5. Have you been hospitalized for any illness in the past year other than minor planned surgery?

 No=0; Yes =4

1. Please rank which method of communication you prefer to use with your care team, e.g., doctor, nurse practitioner, etc?

Email	1) Never	2) Rarely	3) Occasionally	4) Very Frequently	5) Always
Phone	1) Never	2) Rarely	3) Occasionally	4) Very Frequently	5) Always
Video	1) Never	2) Rarely	3) Occasionally	4) Very Frequently	5) Always
In-person	1) Never	2) Rarely	3) Occasionally	4) Very Frequently	5) Always

CAT I: VERY LOW RISK   IF TOTAL POINTS = 0-4   THEN SUGGEST VIRTUAL PCP

CAT II: ROUTINE RISK   IF TOTAL POINTS = 5-11   THEN SUGGEST ROUTINE PRIMARY CARE

CAT III: HIGH RISK   IF TOTAL POINTS >=12   THEN SUGGEST STANFORD COORDINATED CARE