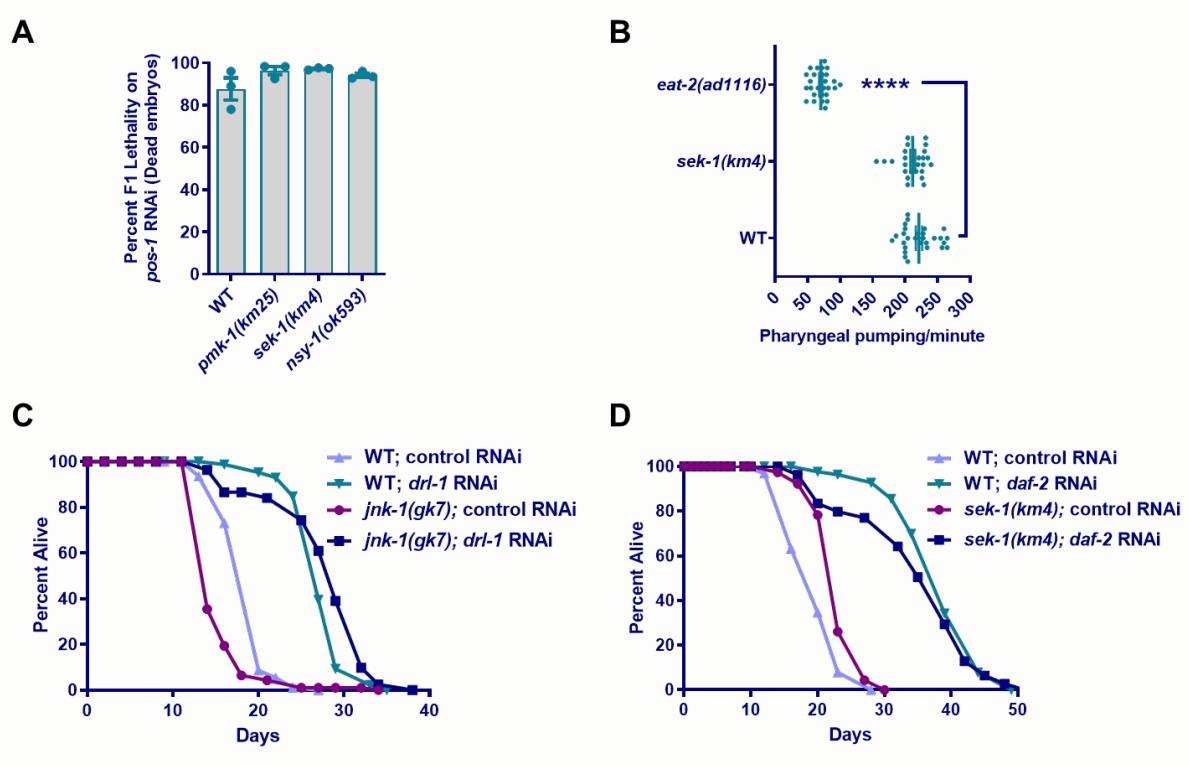


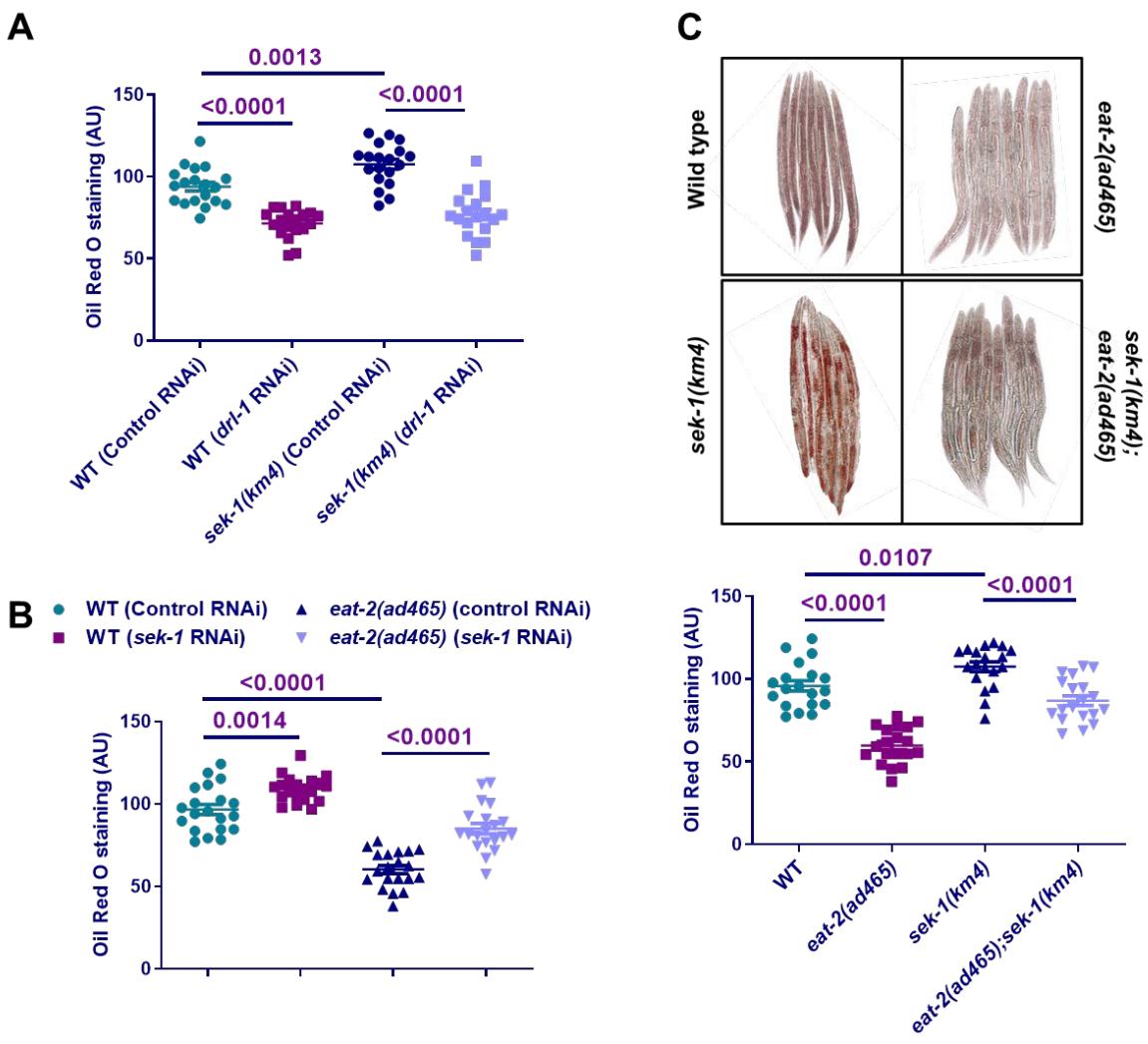
**Supplementary information file**

**Polyunsaturated fatty acids and p38-MAPK link metabolic reprogramming to cytoprotective gene expression during Dietary Restriction**

Chamoli M., Goyala A., Tabrez SS. et al, 2020

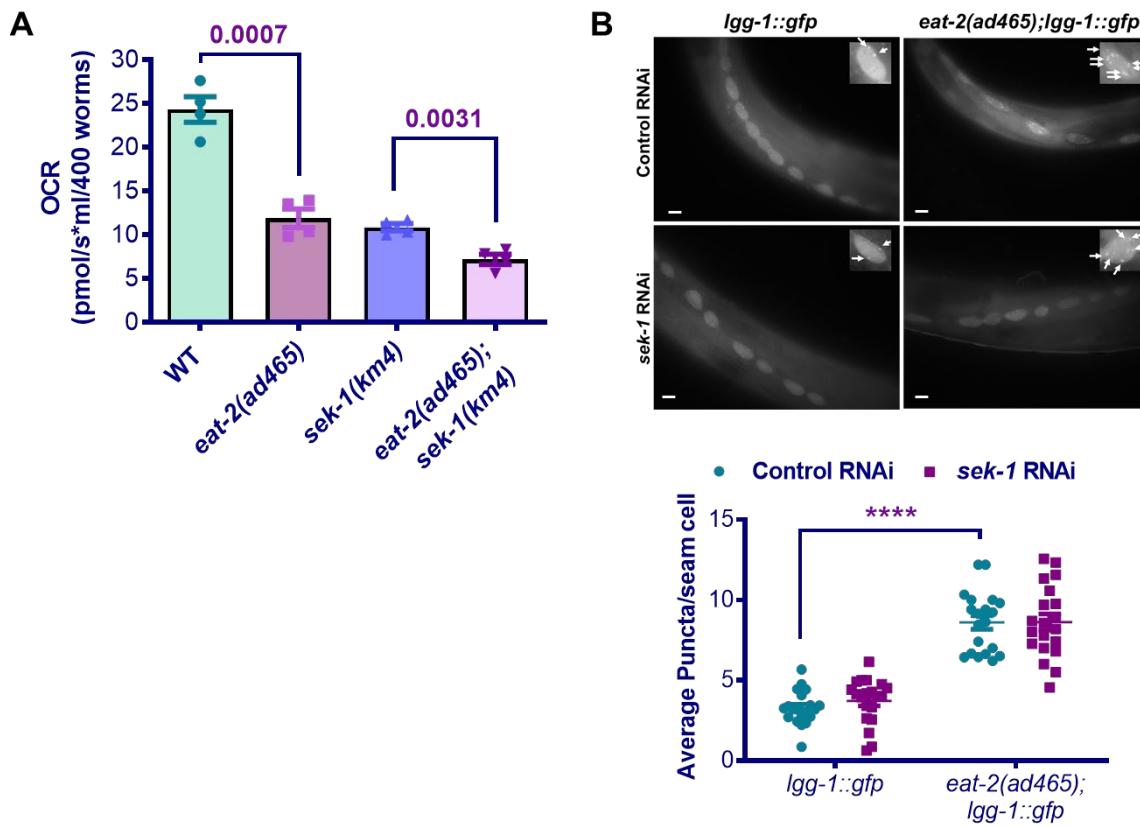


**Supplementary Figure 1.** **(A)** The *nsy-1(ok593)*, *sek-1(km4)* and *pmk-1(km25)* mutants are not RNAi defective, similar to wild-type (WT). The worms were grown on *pos-1* RNAi and number of L1 or dead embryos counted. Percent dead embryos plotted on x-axis. n=3 independent experiments. Data presented as mean values  $\pm$  SEM. **(B)** WT and *sek-1(km4)* have similar pharyngeal pumping rates at L4 stage. The *eat-2(ad1116)* that has slow pumping rate was used as a control. n=28 examined in 2 independent experiments. Unpaired two-tailed t-test with Welch's correction, \*\*\*P<0.0001. Data represented as mean values  $\pm$  SEM. **(C)** The knockdown of *drl-1* increases life span in both WT as well as *jnk-1(gk7)*. **(D)** Knocking down *daf-2* using RNAi results in life span extension in both WT as well as in *sek-1(km4)*. Life span and summary data is provided in Supplementary Table 1. Experiments performed at 20 °C. Source data are provided as a Source Data file.

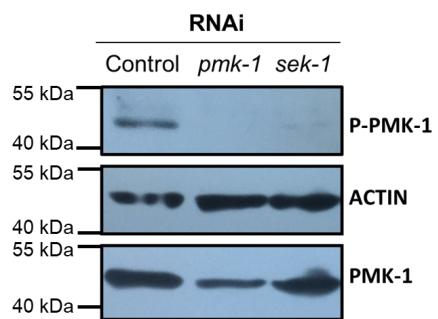


**Supplementary Figure 2.** **(A)** Quantification of data shown in Figure 3A. n=19. One of three biologically independent experiments is shown. **(B)** Quantification of data shown in Figure 3B. n=20. One of three biologically independent experiments is shown. **(C)** Lower fat storage was observed in *eat-2(ad465)* and *eat-2(ad465); sek-1(km4)* as compared to WT and *sek-1(km4)*, respectively. Quantification of data is shown below. n=19. One of three biologically independent experiments is shown.

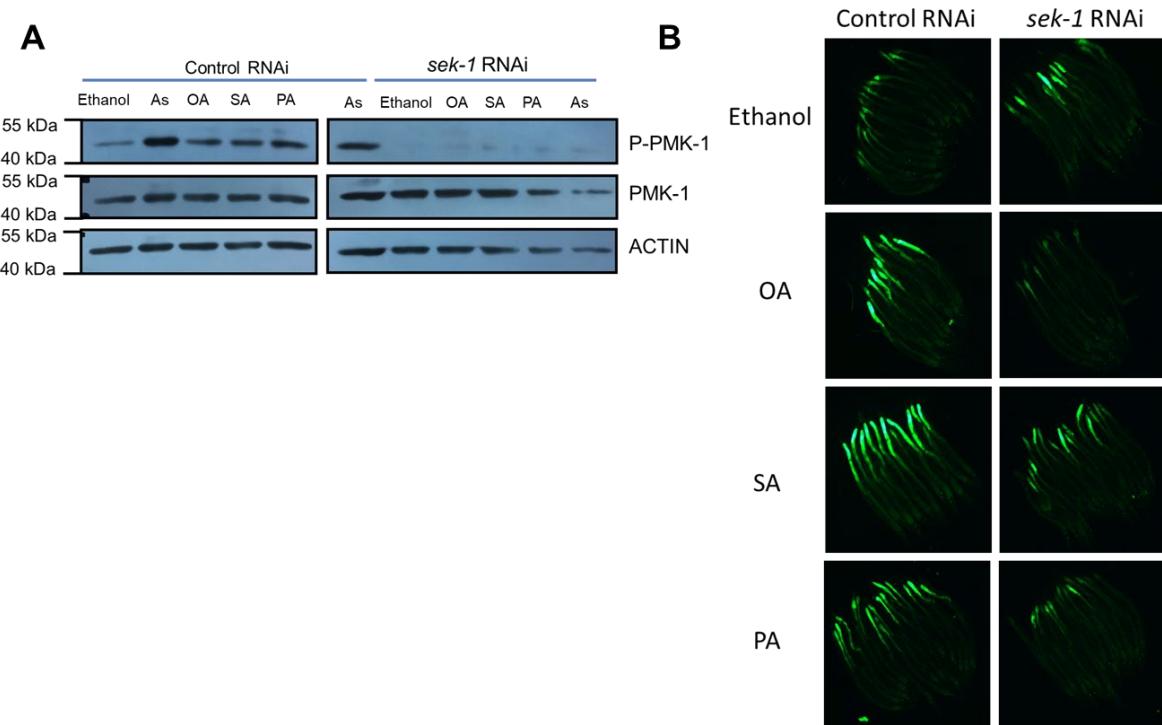
Unpaired two-tailed *t*-test with Welch correction used in all cases. Data are presented as mean values  $\pm$  SEM. Experiments performed at 20 °C. Source data are provided as a Source Data file.



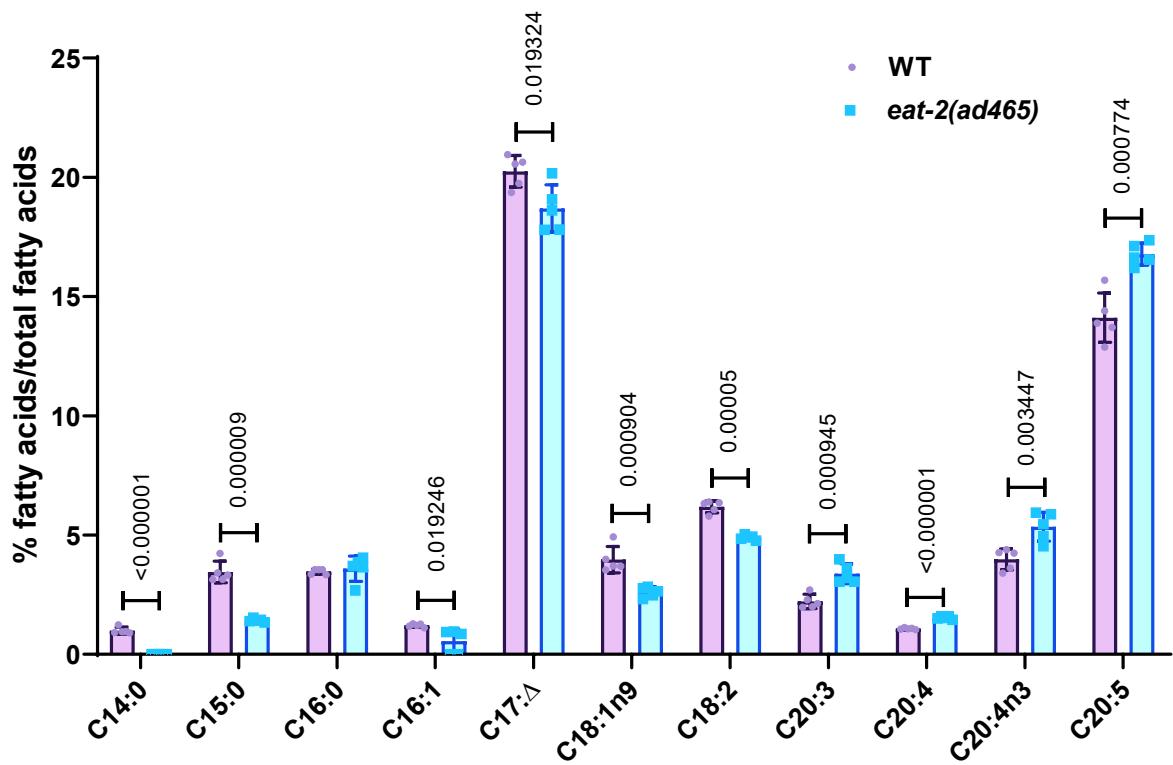
**Supplementary Figure 3. (A)** The oxygen consumption rate (OCR) is decreased in *eat-2(ad465)* as compared to WT. Similar decrease was observed on comparing *sek-1(km4)* and *eat-2(ad465); sek-1(km4)*. n=4 independent experiments. Data are presented as mean values  $\pm$  SEM. Unpaired two-tailed *t*-test with Welch's correction. **(B)** Autophagy, as determined by puncta formation in the seam cells of a LGG-1::GFP-expressing strain (upper panel), was increased in *eat-2(ad465)* as compared to WT. Knocking down *sek-1* by RNAi has no effect. Quantification of one of two biologically independent experiments shown (lower panel). n=20. Data are presented as mean values  $\pm$  SEM. Two-way Anova-Sidak's multiple comparisons test, \*\*\*P<0.0001. Scale bar = 10  $\mu$ m. Experiments performed at 20 °C. Source data are provided as a Source Data file.



**Supplementary Figure 4.** Western blot analysis of WT grown on control, *pmk-1* and *sek-1* RNAi. The levels of phospho-PMK-1 is dramatically reduced in all cases. The level of PMK-1 is lower only in case of *pmk-1* RNAi and not in case of *sek-1* RNAi. One of two biologically independent experiments is shown. Experiments were performed at 20 °C. Source data are provided as a Source Data file.



**Supplementary Figure 5.** **(A)** Western blot analysis of *Pcyt-35B1::gfp* grown on control or *sek-1* RNAi showing that OA, SA and PA supplementation upregulates phospho-PMK-1 levels, in a *sek-1*-dependent manner. Arsenite (As) treatment of worms was taken as a positive control. One of two biologically independent experiments is shown. **(B)** External supplementation of oleic acid (OA), stearic acid (SA) and palmitic acid (PA) induces expression of GFP (at 30-36 hours post YA) in the *Pcyt-35B1::gfp* worms that was suppressed when *sek-1* is knocked down using RNAi. Data from one of two biologically independent experiments shown. Multiple overlapping images were acquired at 100X magnification to cover the entire worm body and stitched together to generate a contiguous image. Experiments were performed at 20 °C. Source data are provided as a Source Data file.



**Supplementary Figure 6.** GC-MS analysis revealed that PUFAs are differentially regulated in *eat-2(ad465)* as compared to WT. n=5 biologically independent samples. Data are presented as mean values  $\pm$  Std. Dev. Unpaired two-tailed *t*-test. Experiments were performed at 20 °C. Source data are provided as a Source Data file.

**Supplementary Table 1:** Summary of life span analysis, related to Figures 1, 2, 5 and 7, Supplementary Figure 1.

Genetic Background	RNAi used <sup>a</sup>	Mean ± SEM (Days)	n	% change with respect to Control	P-value		Genetic Background	RNAi used <sup>a</sup>	Mean ± SEM (Days)	n	% change with respect to Control	P-value
Set1 (Figure 1A, B)							Set2					
WT	Control	19.6 ± 0.42	68				WT	Control	18.21 ± 0.33	85		
WT	<i>drl-1</i>	30.44 ± 0.33	104	55.31	<0.0001		WT	<i>drl-1</i>	27.9 ± 0.64	50	53.21	<0.0001
<i>pmk-1(km25)</i>	Control	18.93 ± 0.63	42				<i>pmk-1(km25)</i>	Control	15.61 ± 0.26	99		
<i>pmk-1(km25)</i>	<i>drl-1</i>	17.76 ± 0.53	86	-6.18	0.1793		<i>pmk-1(km25)</i>	<i>drl-1</i>	18.65 ± 0.53	79	19.47	<0.0001
Set1 (Figure 1A, C)							Set2					
WT	Control	19.6 ± 0.42	68				WT	Control	16.56 ± 0.29	97		
WT	<i>drl-1</i>	30.44 ± 0.33	104	55.31	<0.0001		WT	<i>drl-1</i>	30.38 ± 0.29	97	83.45	<0.0001
<i>nsy-1(ok593)</i>	Control	24.41 ± 0.36	128				<i>nsy-1(ok593)</i>	Control	24.52 ± 0.57	86		
<i>nsy-1(ok593)</i>	<i>drl-1</i>	26.27 ± 0.48	102	7.62	0.0003		<i>nsy-1(ok593)</i>	<i>drl-1</i>	26.4 ± 0.81	75	7.67	0.0071
Set1 (Figure 1D)							Set2					
WT	Control	17.49 ± 0.3	88				WT	Control	19.6 ± 0.42	68		
WT	<i>drl-1</i>	30.29 ± 0.5	73	73.18	<0.0001		WT	<i>drl-1</i>	30.44 ± 0.33	104	55.31	<0.0001
<i>sek-1(km4)</i>	Control	18.25 ± 0.35	81				<i>sek-1(km4)</i>	Control	21.71 ± 0.47	63		
<i>sek-1(km4)</i>	<i>drl-1</i>	18.81 ± 0.49	78	3.07	0.2051		<i>sek-1(km4)</i>	<i>drl-1</i>	16.63 ± 0.51	81	-23.40	<0.0001
Set1 (Supplementary Figure 1C)												
WT	Control	19.02 ± 0.27	93									
WT	<i>drl-1</i>	27.48 ± 0.33	86	44.47	<0.0001							
<i>jnk-1(gk7)</i>	Control	15.56 ± 0.32	93									
<i>jnk-1(gk7)</i>	<i>drl-1</i>	27.79 ± 0.64	82	78.59	<0.0001							



<i>sek-1(km4)</i>	<b>OD 3.0</b>	27.75 ± 1	48				<i>sek-1(km4)</i>	<b>OD 3.0</b>	25.65 ± 0.64	40			
<i>sek-1(km4)</i>	<b>OD 1.0</b>	27.02 ± 1.03	45	-2.63	0.6280		<i>sek-1(km4)</i>	<b>OD 1.0</b>	25.67 ± 0.83	48	0.08		0.4368
<i>sek-1(km4)</i>	<b>OD 0.5</b>	25.19 ± 1.05	47	-9.23	0.1053		<i>sek-1(km4)</i>	<b>OD 0.5</b>	25.25 ± 1.01	44	-1.56		0.3645
<i>sek-1(km4)</i>	<b>OD 0.25</b>	24.72 ± 1.06	43	-10.92	0.0463		<i>sek-1(km4)</i>	<b>OD 0.25</b>	25.41 ± 1.06	46	-0.94		0.2710
<i>sek-1(km4)</i>	<b>OD 0.125</b>	23.07 ± 0.95	41	-16.86	0.0012		<i>sek-1(km4)</i>	<b>OD 0.125</b>	24.09 ± 0.93	47	-6.08		0.6502
<i>sek-1(km4)</i>	<b>OD 0.0156</b>	24.13 ± 0.98	45	-13.05	0.0121		<i>sek-1(km4)</i>	<b>OD 0.0156</b>	25.84 ± 0.76	49	0.74		0.4126
Set3	<b>OP50-L44440</b>						Set4	<b>OP50-L44440</b>					
WT	<b>OD 3.0</b>	21.69 ± 0.54	42				WT	<b>OD 3.0</b>	23.06 ± 0.72	47			
WT	<b>OD 1.0</b>	28.79 ± 1.1	47	32.73	<0.0001		WT	<b>OD 1.0</b>	30.64 ± 0.73	44	32.87		<0.0001
WT	<b>OD 0.5</b>	34.77 ± 1.47	47	60.30	<0.0001		WT	<b>OD 0.5</b>	34.13 ± 1.41	45	48.01		<0.0001
WT	<b>OD 0.25</b>	33.89 ± 1.51	44	56.25	<0.0001		WT	<b>OD 0.25</b>	27.36 ± 1.15	45	18.65		0.0002
WT	<b>OD 0.125</b>	30.25 ± 1.84	32	39.47	<0.0001		WT	<b>OD 0.125</b>	27.17 ± 1.02	41	17.82		0.0007
WT	<b>OD 0.0156</b>	24.8 ± 1.18	45	14.34	0.0192		WT	<b>OD 0.0156</b>	22.19 ± 0.91	43	-3.77		0.7390
<i>sek-1(km4)</i>	<b>OD 3.0</b>	22.34 ± 0.85	35				<i>sek-1(km4)</i>	<b>OD 3.0</b>	23.14 ± 1.22	37			
<i>sek-1(km4)</i>	<b>OD 1.0</b>	24.95 ± 0.9	37	11.68	0.0170		<i>sek-1(km4)</i>	<b>OD 1.0</b>	20.23 ± 1.11	39	-12.58		0.0752
<i>sek-1(km4)</i>	<b>OD 0.5</b>	23.83 ± 1.09	47	6.67	0.0767		<i>sek-1(km4)</i>	<b>OD 0.5</b>	20.1 ± 0.81	41	-13.14		0.0098
<i>sek-1(km4)</i>	<b>OD 0.25</b>	22.61 ± 0.99	44	1.21	0.5775		<i>sek-1(km4)</i>	<b>OD 0.25</b>	20.4 ± 1.13	30	-11.84		0.0424
<i>sek-1(km4)</i>	<b>OD 0.125</b>	24.2 ± 0.9	46	8.33	0.0807		<i>sek-1(km4)</i>	<b>OD 0.125</b>	18.78 ± 0.95	45	-18.84		0.0046
<i>sek-1(km4)</i>	<b>OD 0.0156</b>	24.72 ± 1.03	43	10.65	0.0365		<i>sek-1(km4)</i>	<b>OD 0.0156</b>	20.05 ± 1.19	38	-13.35		0.0704
Set1 (Figure 2D)	<b>HT115-L44440</b>						Set2	<b>HT115-L44440</b>					
WT	control	18.99 ± 0.25	202				WT	control	18.01 ± 0.19	175			
WT	<b>2-DOG</b>	23.37 ± 0.44	79	23.06	<0.0001		WT	<b>2-DOG</b>	22.4 ± 0.38	151	24.37534703		<0.0001
<i>sek-1(km4)</i>	control	22.36 ± 0.51	113				<i>sek-1(km4)</i>	control	22.22 ± 0.5	113			

<i>sek-1(km4)</i>	<b>2-DOG</b>	26.97 ± 0.43	116	20.62	<0.0001		<i>sek-1(km4)</i>	<b>2-DOG</b>	25.9 ± 0.49	124	16.56165617	<0.0001
Set1 (Figure 5B)	<b>RNAi used<sup>a</sup></b>						Set2	<b>RNAi used<sup>a</sup></b>				
WT	<b>Control</b>	12.92 ± 0.16	102				WT	<b>Control</b>	15.65 ± 0.13	231		
	<b>drl-1</b>	15.07 ± 0.17	213	16.64	<0.0001			<b>drl-1</b>	18.11 ± 0.1	417	15.72	<0.0001
<i>fat-6(tm331); fat-7(wa36)</i>	<b>Control</b>	11.82 ± 0.15	130				<i>fat-6(tm331); fat-7(wa36)</i>	<b>Control</b>	14.35 ± 0.09	244		
	<b>drl-1</b>	11.67 ± 0.16	196	-1.27	0.7346			<b>drl-1</b>	15.42 ± 0.14	237	7.46	<0.0001
Set1 (Figure 5C)							Set2					
WT	<b>Control</b>	12.89 ± 0.07	428				WT	<b>Control</b>	14.54 ± 0.15	242		
	<b>drl-1</b>	14.99 ± 0.17	193	16.29	<0.0001			<b>drl-1</b>	17.11 ± 0.18	292	17.67537827	<0.0001
<i>fat-2(wa17)</i>	<b>Control</b>	13.39 ± 0.27	51				<i>fat-2(wa17)</i>	<b>Control</b>	15.49 ± 0.41	59		
	<b>drl-1</b>	12.38 ± 0.24	63	-7.54	0.0066			<b>drl-1</b>	15.5 ± 0.29	92	0.064557779	0.9096
Set1 (Figure 5D)							Set2					
WT	<b>Control</b>	13.70 ± 0.21	80				WT	<b>Control</b>	14.40 ± 0.22	65		
<i>fat-2(tm789)</i>	<b>Control</b>	14.79 ± 0.14	190	7.96	<0.0001		<i>fat-2(tm789)</i>	<b>Control</b>	14.36 ± 0.21	125	-0.28	0.6358
<i>eat-2(ad465)</i>	<b>Control</b>	17.33 ± 0.12	201	26.50	<0.0001		<i>eat-2(ad465)</i>	<b>Control</b>	19.11 ± 0.16	74	32.71	<0.0001
<i>eat-2(ad465); fat-2(tm789)</i>	<b>Control</b>	15.48 ± 0.17	120	-10.68	<0.0001		<i>eat-2(ad465); fat-2(tm789)</i>	<b>Control</b>	15.34 ± 0.28	56	-19.73	<0.0001
Set1 (Figure 5E -Mean of two sets)	<b>HT115-L44440</b>						Set2	<b>HT115-L44440</b>				
WT	<b>OD 3.0</b>	14.14 ± 0.22	42				WT	<b>OD 3.0</b>	14.11 ± 0.32	38		
WT	<b>OD 1.0</b>	18.27 ± 0.29	41	29.21	<0.0001		WT	<b>OD 1.0</b>	16.21 ± 0.52	43	14.88	0.0005
WT	<b>OD 0.5</b>	18.56 ± 0.38	41	31.26	<0.0001		WT	<b>OD 0.5</b>	18.67 ± 0.48	45	32.32	<0.0001
WT	<b>OD 0.25</b>	19.86 ± 0.37	42	40.45	<0.0001		WT	<b>OD 0.25</b>	18.80 ± 0.41	46	33.24	<0.0001
WT	<b>OD 0.125</b>	18.45 ± 0.42	38	30.48	<0.0001		WT	<b>OD 0.125</b>	17.17 ± 0.47	42	21.69	<0.0001

WT	<b>OD 0.0156</b>	17.20 ± 0.42	40	21.64	<0.0001		WT	<b>OD 0.0156</b>	13.57 ± 0.49	42	-3.83	0.3848
<i>fat-2(wa17)</i>	<b>OD 3.0</b>	14.67 ± 0.36	45				<i>fat-2(wa17)</i>	<b>OD 3.0</b>	15.37 ± 0.44	46		
<i>fat-2(wa17)</i>	<b>OD 1.0</b>	16.87 ± 0.41	46	15.00	0.0001		<i>fat-2(wa17)</i>	<b>OD 1.0</b>	15.98 ± 0.47	42	3.97	0.3056
<i>fat-2(wa17)</i>	<b>OD 0.5</b>	15.86 ± 0.43	42	8.11	0.0335		<i>fat-2(wa17)</i>	<b>OD 0.5</b>	16.23 ± 0.55	48	5.60	0.0731
<i>fat-2(wa17)</i>	<b>OD 0.25</b>	17.21 ± 0.32	42	17.31	<0.0001		<i>fat-2(wa17)</i>	<b>OD 0.25</b>	15.17 ± 0.57	47	-1.30	0.6709
<i>fat-2(wa17)</i>	<b>OD 0.125</b>	16.15 ± 0.45	41	10.09	0.0061		<i>fat-2(wa17)</i>	<b>OD 0.125</b>	15.71 ± 0.56	42	2.21	0.2922
<i>fat-2(wa17)</i>	<b>OD 0.0156</b>	15.32 ± 0.60	38	4.43	0.117		<i>fat-2(wa17)</i>	<b>OD 0.0156</b>	14.98 ± 0.44	47	-2.54	0.4834
Set1 (Figure 7A, B)	<b>RNAi used<sup>a</sup></b>						Set2	<b>RNAi used<sup>a</sup></b>				
WT + Ethanol	<b>Control</b>	11.30 ± 0.07	270				WT + Ethanol	<b>Control</b>	12.27 ± 0.09	212		
	<b>drl-1</b>	15.14 ± 0.10	401	33.98	<0.0001			<b>drl-1</b>	13.81 ± 0.12	138	12.55	<0.0001
<i>fat-2(wa17) + Ethanol</i>	<b>Control</b>	07.62 ± 0.17	126				<i>fat-2(wa17) + Ethanol</i>	<b>Control</b>	08.75 ± 0.25	59		
	<b>drl-1</b>	08.01 ± 0.13	201	5.12	0.1184			<b>drl-1</b>	07.29 ± 0.16	92	-16.69	<0.0001
WT + EPA	<b>Control</b>	08.92 ± 0.13	128				WT + EPA	<b>Control</b>	11.30 ± 0.09	257		
	<b>drl-1</b>	12.74 ± 0.08	313	42.83	<0.0001			<b>drl-1</b>	14.14 ± 0.10	228	25.13	<0.0001
<i>fat-2(wa17) + EPA</i>	<b>Control</b>	09.22 ± 0.26	114				<i>fat-2(wa17) + EPA</i>	<b>Control</b>	09.70 ± 0.27	46		
	<b>drl-1</b>	12.81 ± 0.23	113	38.94	<0.0001			<b>drl-1</b>	13.36 ± 0.26	74	37.73	<0.0001
WT + LA	<b>Control</b>	11.93 ± 0.09	161				WT + LA	<b>Control</b>	12.19 ± 0.11	178		
	<b>drl-1</b>	13.61 ± 0.10	310	14.08	<0.0001			<b>drl-1</b>	14.16 ± 0.11	192	16.16	<0.0001
<i>fat-2(wa17) + LA</i>	<b>Control</b>	10.81 ± 0.19	145				<i>fat-2(wa17) + LA</i>	<b>Control</b>	11.27 ± 0.20	71		
	<b>drl-1</b>	14.92 ± 0.25	114	38.02	<0.0001			<b>drl-1</b>	14.33 ± 0.39	49	27.15	<0.0001

<sup>a</sup> All RNAi were taken from the Ahringer RNAi library, unless otherwise mentioned

Survival graphs were plotted using GraphPad Prism 8 (GraphPad Software, Inc., La Jolla, CA). All the statistical analysis to measure P-values between survival curves was performed using Log-rank (Mantel-Cox) test through online software OASIS 1.0 (<http://sbi.postech.ac.kr/oasis>). Data is represented as mean lifespan ± SEM. number of animals = n. Conditions for all the lifespans experiments are provided in Figure Legends.

**Supplementary Table 2, related to Figure 4, 5:** List of primers used in the study.

Gene name (Target)	Primer Name	Sequence
<b>qRT-Primers</b>		
<b>Cytoprotective (CyTP) xenobiotic detoxification genes</b>		
<i>cyp-33C8</i>	Forward Primer	CGCTGGATGATGTGCTCAACTACTGG
	Reverse Primer	GCTTCTTCTGCTCTTCAGGTAGG
<i>cyp-34A4</i>	Forward Primer	GATTGAACAGGGTGACCCAGAAT
	Reverse Primer	TCGATGACATGCTCACCACT
<i>cyp-32B1</i>	Forward Primer	GGTGTGTTGAAGTTATGGTTGGGACC
	Reverse Primer	TGTGCCGGTGCTGATTAAAAGAC
<i>ugt-16</i>	Forward Primer	CTTGCTGACGATCGACTAACCC
	Reverse Primer	CGGTCTGTATGGCTCTCTAAG
<i>nhr-31</i>	Forward Primer	GAGTTGTGAAAGTTGAAAGAGTTCC
	Reverse Primer	CTCCATTCTGTGATCCACCACT
<i>nhr-57</i>	Forward Primer	CCGGAAGTTGTTCAAGCAATCC
	Reverse Primer	GTCATAGTCACCGAGTTCCAGA
<i>nhr-206</i>	Forward Primer	ATCCAGCTGTCTCCGATTTC
	Reverse Primer	GATCAGCACCGTGAATCTGT
<i>ftn-1</i>	Forward Primer	GAGTGGGAACGTGCTTGA
	Reverse Primer	GATCGAATGTACCTGCTCTTCC
<i>ppg-9</i>	Forward Primer	TACAGGCTTCATGCTTCAATGG
	Reverse Primer	ACTGAGCCATCATCTGG
<i>cyp-35B1</i>	Forward Primer	CTTCATGTCAGTAATAATCTTGG
	Reverse Primer	CAATTCCGGCACATCTCGT
<i>ugt-50</i>	Forward Primer	GATATGTGTCAGATCTACTTGG
	Reverse Primer	GTTGAACAACCTCACTATAG
<i>gst-6</i>	Forward Primer	CAAAAATAACACTCCATTTC
	Reverse Primer	GCCGCCTCGGTGTCATTTGTC
<i>gst-19</i>	Forward Primer	GAAGTCAAAGTCCCCAATG
	Reverse Primer	CAGCAAATCCGAATTCAGAG
<i>act-1</i>	Forward Primer	CTCTGCCCATCAACCATG
	Reverse Primer	CTTGCTTGGAGATCCACATC
<b>Primers used to confirm the p38-MAPK deletion strains used in the study</b>		
<i>sek-1(km4)</i>	WT Forward Primer	GGATTCAAACGCAGGTCACTCGT
	WT Reverse Primer	CCGCCTCACAGACTGTTCT
	Mutant Reverse Primer	CGGTTGACTCGAAAGAAC
<i>pmk-1(km25)</i>	WT Forward Primer	CCATGACCTCAGAGCCTTT
	WT Reverse Primer	CTCGTGGACTCGGATGAAGT
	Mutant Reverse Primer	TCAACAGTCTCGGTGTAATGC
<i>nsy-1(ok593)</i>	WT Forward Primer	TCTGGAAAACAGCCAACA
	WT Reverse Primer	CTCGTGCAGCGTACACAGTT
	Mutant Reverse Primer	CAATCCACGTAGCCAACGTGA