Translated version: English

S4 Text. Follow-up questionnaires

1 week

Co	de :		Date :		Name:		_Contact nu	ımber:	
Cont	act history:								
	attempt	1	2	3	4	5	6	7	
	Caller								
D ₄	nte/time								
	Status								
			_						
Part A1.	One: Smok Have you sn		s the past 7 day	s? 1.□	No, I did not	smoke	0.□ Yes		
	A1-0-1 Ho	w long ha	nve you sustai	ned?	_days				
	A1-1-2.In th	e past 7 da	ays, How many ays, How many garettes do you	cigarettes do	you smoke on	working days	_	Cigarettes /day	
A2.	Do you use o	e-cigarett	es in the past	7 days?	1.□ Yes		0.□ No <u>(G</u>	So to A6)	
A3.	Does the e-c	igarette y	ou used conta	ain nicotine i	ngredients?				
	1.□ Yes		(0.□ No	9	. 🗆 Don't kı	now		
A4.	•		bacco product	•	•	.□ Yes		□ No	
A5.	or heated ci	garettes?		_			-	es, electronic o	
۸ ۵	0.□ No (Go			-			egory of the tor	pacco products)	,
A0.	•		eco products les, a total of _	•			number on the	e line)\	
A7.			ng do you smo		•	the specific i	number on the	o mic)	
11,.	3.□ Within		•	•	31-60 mins 0	0.□ 60 mins 1	later		
A8.		it difficu						ch, Library, et	c.
A9.			d you hate to	give up?	1. □ The	First in the 1	morning 0. [☐ Any other	
	_		a day do you s	_			8	3	
	0. □ 10 or le	-	1. 🗆 11-20		. 🗆 21-30	3. l	□ 31 or more		
A11.	Do you smo	ke more f	frequently in t	he morning?	•	1. □ Yes	0. □ No	0	
A12.	Do you smo	ke even i	f you are sick	in most of th	ne day?	1. □ Yes	0. □ No	0	
Г	OTo be comp	leted by	researcher:	Total score:					
	=	-	1.□ Mild (0	_	2.□ Moderat	e (4–5)	3.□ Se	evere (6 – 10)	

Lait I wo. Quit instory			
			smoking for more than 24 hours in the past year?
$0. \square$ No attempt (Go to D1) $1. \square$ Yes, I atter	npted	ti1	mes (Please fill in the specific number on the line)
the line)			days (Please fill in the specific number on
C1. Do you plan to quit smoking now?	1. □ Ye	S	0. ☐ No(Pre-contemplation) (Go to D1)
C2. When do you plan to quit smoking? (Singl	e choice)		
 0. □ I have no smoking now (action) 1. □ I will quit smoking within 7 days (preparent of the preparent of	eparation ontempla -contemp templation	/contemption) olation) on)	The exact time i) days after; or ii) months after.
O Stage of readiness to quit smoking: ☐ Action ☐ Preparation# # Preparation: At least one 24-hour quit atten Part Three: The use of smoking cessation serv	npt in the	past yea	
D1. Since last meet, have you used any other st	_		service in the past year?
1. ☐ Yes 0. ☐ No (Go	_		
D2. What smoking cessation service you have us	sed? (Mul	tiple cho	pices)
	No	Yes	(times used)
1. ☐ Telephone counselling			()
2. ☐ Nicotine replacement treatment			()
3. ☐ Face to Face counselling			()
4. ☐ Group discussion			()
5. ☐ Medication treatment			()
6. ☐ Acupuncture treatment			()
7. 🗆 Others :	_ 🗆		
(Please mark)			
————Thank you for your co	operation	! This is	the end of the questionnaire

1 周随访问卷

	编	码:	日期	:	姓名:	:	联系电话:	:	
联络证	2录:								
尝证	式次数	1	2	3	4	5	6	7	
填	写人								
日其	排 时间								
k	犬态								
然 — 立	『分:吸灯	田体之口							
			4個? (\□ 込右,_	一口都没有		1□有		
AI.	心取処刀				口仰汉角				
				+					
A	1-0-1 您有	写多长时间 一	一点都没有吸	烟?	天				
A	1-1-1 最近	近7天内,您	大概有几天在	有吸烟?	天				
A	1-1-2 过去	层的30天内,	工作日通常	一天吸	_ 支;周末则	及烟,通常-	一天吸	_支	
A2.	您最近 7 月	 	————— 5用电子烟?	1.□ 有	0.		(IA6)		
					0.□ 没有				
					0.				
					内还有没有				
			- -		(ì				
A6.	が最近77 字)	大闪有使用多	5少凶秤烟早	产品?共_		个/文	(请在倾线	上填入具体数	
		来后多久吸		1 🗖 🤇	31 co // bl. 1.	0. 🗖 🗸	\ 13 EL C		
					31-60 分钟内				
					不住吸烟?			□ 个会	
		一文烟靛难, 多少支烟?	似弁?	1. ⊔	早上第一支	0. 山县	:'上		
			1 🗆 11.	.20支	2. 🗆 21-30	一	3 口 31 古	武	
			病在床时还会		2. 🗆 21-3(÷ 0.		
					也时间频繁?				
ОТо	ho oomal	otod by rocce	archer: Tota	1 500000					
					 l Moderate (4	-5)	3.□ Sev	ere (6 – 10)	

第二部分:戒烟史部分:戒烟情况		I t. t. t.		
			上不吸烟?1□有试过 0□没有试过	
B2. 自从上次见面之后,你最长有多久没有				
C1. 您现在有没有打算戒烟?1. □ 有		0. ⊔	没有(Pre-contemplation) (跳去 D1)	
C2. 您打算从什么时候开始戒烟?(单选)				
0. □ 我现在已经没有吸烟了 (action) -		1 \	`	
1. □ 我会在近7天之内戒烟 (preparation		_		
2. □ 我会在近1个月之内戒烟 (preparat		emplati	tion)	
3. □ 我会在近6个月之内戒烟 (contemp			i)日后或ii)月后	
4. ロ 我会在6个月之后戒烟 (pre-conten	-)	·/ 日/日 刻 ·// / J/日	
5. □ 还没做好决定 (pre-contemplation)		0.1		
C3. 1.□已决定的戒烟日期		_ 0. l	□未决定戒烟日期	
0 Stage of readiness to quit smoking:				
•	☐ Conte	emplatio	ion#	
# Preparation: At least one 24-hour quit attempt	in the pa	ast year	r; Contemplation: No quit attempt	
_				
第三部分: 戒烟辅导服务使用情况				
D1. 自从上次见面之后,你有没有用过价	王何其他	也戒烟箱	辅导服务?	
1. □ 有 0. □ 没有_	(问卷完	<u>(</u>		
D2. 您使用的是什么服务?(可多选)				
	没有	有	(次数)	
1.□ 电话戒烟辅导			()	
2. □尼古丁替代治疗				
3. □ 面对面辅导			()	
4. □小组讨论戒烟辅导			()	
5. □ 戒烟药物治疗			()	
6. □ 针灸治疗			()	
7.□其他:			()	
(请注明)				
	合作! i	可卷到山	此结束—————	

Follow-up Questionnaire: 1 month

	de:	Date :			Name:_		Contact number:		
Cont	act history	·:							
	attempt	1	2	3	4	5	6	7	
(Caller								
Da	te/time								
	Status			1					
	status								
			_						
		oking status	_				_		
1 1.	Have you	smoked in t	the past 7 day	's? 1.□	No, I did not	smoke	0.□ Yes		
					1				
	A101E	Iour long ha	ive you sustai	inad?	dove				
	А1-0-1 Г	iow iong na	ive you sustai	meu:	_uays				
							+		
	A1 1 1 In	the past 30 (days Haw mar	ay days do yo	u smoke, Avera	go dos	70		
		_	-			-		Cigamettas /d	
	A1-1-2.In	the past 30 c	·		·	•	ys? Average	_Cigarettes /d	ay
		ow many cig	arettes do you	smoke on we	ekend? Average	eCıgaret	tes /day		
	Do you us	e e-cigarette	es in the past	30 days?	1.□ Yes	eCigaret	0.□ No <u>(C</u>	So to A6)	
	Do you us	e e-cigarette		30 days?	1.□ Yes	eCigaret		Go to A6)	
A3.	Do you us Does the € 1.□ Yes	e e-cigarette	es in the past you used conta	30 days? ain nicotine i 0.□ No	1.□ Yes ingredients?	. □ Don't k	0.□ No <u>(C</u>		
A 3.	Do you us Does the € 1.□ Yes	e e-cigarette	es in the past you used conta	30 days? ain nicotine i 0.□ No	1.□ Yes ingredients?	. □ Don't k	0.□ No <u>(C</u>	Go to A6)_ □ No	
A3. A4.	Do you us Does the € 1.□ Yes Do you us Do you us	e e-cigarette e-cigarette y	es in the past you used conta pacco product tobacco prod	30 days? ain nicotine i 0.□ No ts in the past	1.□ Yes ingredients? 9 30 days? 1.	. □ Don't k	0.□ No <u>(C</u>	□ No	c cigar
A3.	Do you us Does the e 1. Yes Do you us Do you us or heated	e e-cigarette e-cigarette y e heated tob e any other	es in the past you used conta pacco product tobacco prod	30 days? ain nicotine i 0.□ No ts in the past lucts in the p	1.□ Yes ingredients? 9 30 days? 1. ast 30 days except	. □ Don't k □ Yes cept for trac	0.□ No <u>(C</u> know	□ No ttes, electroni	
A3. A4. A5.	Do you us Does the € 1.□ Yes Do you us Do you us or heated 0.□ No ((e e-cigarette y e-cigarette y e heated tob e any other cigarettes? Go to A9)	es in the past rou used conta pacco product tobacco prod	30 days? ain nicotine i 0.□ No ts in the past lucts in the p 1.□ Yes, It's	1.□ Yes ingredients? 9 30 days? 1. ast 30 days except	. □ Don't k □ Yes cept for traces	0.□ No (Conow) 0.lditional cigare	□ No ttes, electroni	
.3. .4. .5.	Do you us Does the e 1. Yes Do you us Do you us or heated 0. No (C) How many	e e-cigarette y e heated tob e any other cigarettes? Go to A9) y such tobac	es in the past you used conta pacco product tobacco prod	30 days? ain nicotine i 0.□ No ts in the past lucts in the p 1.□ Yes, It's have you use	1. Yes ingredients? 9 30 days? 1. ast 30 days exected in the past 3	. □ Don't k □ Yes cept for tracese fill the care 0 days?	0.□ No (Conow) 0.l ditional cigare	□ No ttes, electroni pacco products	
13. 14. 15.	Do you us Does the € 1.□ Yes Do you us Do you us or heated 0.□ No (C How many	e e-cigarette y e heated tob e any other cigarettes? Go to A9) y such tobac f time	es in the past you used conta pacco product tobacco prod	30 days? ain nicotine i 0.□ No ts in the past lucts in the p 1.□ Yes, It's have you useunits	1.□ Yes ingredients? 9 30 days? 1. ast 30 days exist (Please of the past 3) (please fill in the past 3)	. □ Don't k □ Yes cept for tracese fill the care 0 days?	0.□ No (Conow 0.1 ditional cigare tegory of the tob	□ No ttes, electroni pacco products	
A3. A4. A5.	Do you us Does the € 1.□ Yes Do you us Do you us or heated 0.□ No (C How many	e e-cigarette y e heated tole any other cigarettes? Go to A9) y such tobac f time	es in the past rou used control pacco product tobacco products less, a total of ang do you smooth	30 days? ain nicotine i 0.□ No ts in the past lucts in the p 1.□ Yes, It's have you useunits oke your firs	1.□ Yes ingredients? 9 30 days? 1. ast 30 days exist (Please of the past 3) (please fill in the past 3)	Don't k Yes cept for traces se fill the car days? the specific	0.□ No (Conow) 0.l ditional cigare tegory of the tob	□ No ttes, electroni pacco products	
13. 14. 15. 16.	Do you us Does the e 1.□ Yes Do you us Do you us or heated 0.□ No (C How many A total of How soon 3.□ Within	e e-cigarette y e heated tob e any other cigarettes? Go to A9) y such tobac f time after wakir	es in the past rou used contactor products tobacco products les, a total of _ng do you smo	30 days? ain nicotine i 0.□ No ts in the past lucts in the p 1.□ Yes, It's have you useunits oke your firs 0 mins 1.□	1.□ Yes ingredients? 9 30 days? 1. ast 30 days exist (Please of the past 3) (please fill in the cigarete? 31-60 mins 0.	Don't less that the case of the specific the specific control of the case of the specific control of t	0.□ No (Conow 0.1 ditional cigare tegory of the tobound the contract of the c	□ No ttes, electroni pacco products e line)\)
.3. .4. .5. .6.	Do you us Does the e 1. Yes Do you us or heated 0. No (C How many A total of How soon 3. Within	e e-cigarette y e heated tole any other cigarettes? Go to A9) y such tobac f time after wakin	es in the past rou used control of tobacco products less, a total of _ ng do you smo _ 2. □ 6-30 lt to refrain fr	30 days? ain nicotine i 0.□ No ts in the past lucts in the p 1.□ Yes, It's have you useunits oke your firs 0 mins 1.□	1.□ Yes ingredients? 9 30 days? 1. ast 30 days exist (Please of the past 3) (please fill in the cigarete? 31-60 mins 0.	Don't less that the case of the specific the specific control of the case of the specific control of t	0.□ No (Conow) 0.l ditional cigare tegory of the tob	□ No ttes, electroni pacco products e line)\)
A3. A4. A5. A6.	Do you us Does the e 1.□ Yes Do you us On you us or heated 0.□ No (C How many A total of How soon 3.□ Withi Do you fir 1. □ Yes	e e-cigarette y e heated tob e any other cigarettes? Go to A9) y such tobac f time after wakin in 5 mins nd it difficul 0. [es in the past rou used control of tobacco products les, a total of _ 10 do you smo _ 2. \pi 6-30 lt to refrain fr	30 days? ain nicotine i 0.□ No ts in the past lucts in the p 1.□ Yes, It's have you useunits oke your firs 0 mins 1.□ com smoking	1.□ Yes ingredients? 9 30 days? 1. ast 30 days exist of the past 3 (please fill in the trigarete? 31-60 mins 0 places where	Don't k Yes cept for trace se fill the care days? the specific	0.□ No (Conow) 0.l ditional cigare tegory of the tobal number on the later later? E.g. Chur	□ No ttes, electroni pacco products e line)\ ch, Library, e)
A3. A4. A5. A6. A7.	Do you us Does the e 1. Yes Do you us or heated 0. No (C How many A total of How soon 3. Withi Do you fir 1. Yes Which cig	e e-cigarette y e heated tole any other cigarettes? Go to A9) y such tobace after wakir in 5 mins and it difficult arette would	es in the past rou used control of tobacco products less, a total of g do you smo 2. \$\square\$ 6-30 It to refrain fr \$\square\$ No d you hate to	30 days? ain nicotine i 0.□ No ts in the past lucts in the p 1.□ Yes, It's have you useunits oke your firs 0 mins 1.□ com smoking	1.□ Yes ingredients? 9 30 days? 1. ast 30 days exist of the past 3 (please fill in the trigarete? 31-60 mins 0 places where	Don't k Yes cept for trace se fill the care days? the specific	0.□ No (Conow 0.1 ditional cigare tegory of the tobound the contract of the c	□ No ttes, electroni pacco products e line)\ ch, Library, e)
A33. A44. A55. A66. A77. A98.	Do you us Does the e 1. Yes Do you us Do you us or heated 0. No (C How many A total of How soon 3. Withi Do you fir 1. Yes Which cig How many	e e-cigarette y e heated tob e any other cigarettes? Go to A9) y such tobac f time after wakin n 5 mins nd it difficul o. I arette would y cigarette a	es in the past rou used control of tobacco products les, a total of _2. \(\begin{array}{c} 6-3 \\ 1 \\ 1 \\ 1 \\ 1 \\ 1 \\ 1 \\ 1 \\	30 days? ain nicotine i 0.□ No ts in the past lucts in the p 1.□ Yes, It's have you useunits oke your firs 0 mins 1.□ com smoking give up? smoke?	1.□ Yes ingredients? 9 30 days? 1. ast 30 days exist of the past 3 (please fill in the trigarete? 31-60 mins 0 places where 1. □ The	Don't k Yes cept for traces fill the care days? the specific 60 mins it is forbide First in the	0.□ No (Control N	□ No ttes, electroni pacco products e line)\ ch, Library, e)
A3. A4. A5. A6. A7. A8. A9. A10.	Do you us Does the e 1. Yes Do you us or heated 0. No (C) How many A total of How soon 3. Within Do you fin 1. Yes Which cig How many 0. 10 on	e e-cigarette y e heated tole any other cigarettes? Go to A9) y such tobace after waking the modern of the cigarette would y cigarette are tess	es in the past rou used control of tobacco products less, a total of _2. ☐ 6-30 lt to refrain fr ☐ No d you hate to a day do you s 1. ☐ 11-20	30 days? ain nicotine i 0.□ No ts in the past lucts in the p 1.□ Yes, It's have you useunits oke your firs 0 mins 1.□ com smoking give up? smoke?	1. Yes ingredients? 9 30 days? 1. ast 30 days exected in the past 3 (please fill in the cigarete? 31-60 mins 0 places where 1. The	Don't k Yes cept for trace se fill the car 0 days? the specific 60 mins it is forbide First in the	0. \(\text{No (C)} \) conow 0. ditional cigare tegory of the tobacter on the later den? E.g. Chur morning 0. \(\text{V} \)	□ No Ittes, electronic Dacco products eline)\ ch, Library, e)
A3. A4. A5. A6. A7. A8. A9. A10.	Do you us Does the e 1.□ Yes Do you us Do you us or heated 0.□ No (C How many A total of How soon 3.□ Withi Do you fir 1. □ Yes Which cig How many 0. □ 10 or Do you sn	e e-cigarette y e heated tob e any other cigarettes? Go to A9) y such tobac f time after wakin in 5 mins nd it difficul 0. I arette would y cigarette a cless noke more f	es in the past rou used control of tobacco products les, a total of _2. \(\begin{array}{c} 6-3 \\ 1 \\ 1 \\ 1 \\ 1 \\ 1 \\ 1 \\ 1 \\	30 days? ain nicotine i 0. No ts in the past lucts in the p 1. Yes, It's have you useunits oke your firs 0 mins 1. Com smoking give up? smoke? 2 the morning?	1. Yes ingredients? 9 30 days? 1. ast 30 days exist ast 30 days exist and in the past 3 (please fill in the trigarete? 31-60 mins 0 places where 1. The	Don't k Yes cept for traces fill the care days? the specific 60 mins it is forbide First in the	0.□ No (Control N	□ No ttes, electroni pacco products e line)\ ch, Library, e)

Part Two: Quit history			
B1. Since last call, how many times have you	u attemp	ted to qu	ait smoking for more than 24 hours in the past year?
			_times (Please fill in the specific number on the line)
B2. Since last call, how long have you sustain the line)	ned to n	o smoke	?days (Please fill in the specific number on
C4. Do you plan to quit smoking now?	1. □	Yes	0. ☐ No(Pre-contemplation) (Go to D1)
C5. When do you plan to quit smoking? (Sin	gle choi	ce)	
 0. □ I have no smoking now (action) 1. □ I will quit smoking within 7 days (processed of the control of the	preparat (contemore-conte	ion/contentation) emplation ation)	memplation) The exact time i) days after; or ii) months after.
O Stage of readiness to quit smoking: ☐ Action ☐ Preparation# # Preparation: At least one 24-hour quit attended Part Three: The use of smoking cessation served D1. Since last call, have you used any other smooth. ☐ Yes	ces oking ce to part so	ssation s	ervice in the past year?
 □ Telephone counselling □ Nicotine replacement treatment □ Face to Face counselling □ Group discussion □ Medication treatment □ Acupuncture treatment □ Others :	No	Yes	(times used) () () () () () ()
· · · · · · · · · · · · · · · · · · ·	peration	! This is	the end of the questionnaire
	1		1

1月随访问卷

	编	码:	日期	:	姓名	:	联系电话	:
联络	记录:							
尝	试次数	1	2	3	4	5	6	7
均	真写人							
日	期/时间							
	状态							
第一	部分:吸煙	因情况						
A1.	您最近75	 尺 内有没有。	及烟?	□ 没有,-	一口都没有		1□有	
				\downarrow				
A	 A1-0-1 您有	 [多长时间-	————— 一点都没有吸	·烟?	天			
	- 73.7		/// // // // // // // // // // // // //	<u></u>			Ţ	
	A1-1-1 最初						V	
	-		,工作日通常			5烟,诵堂-	一天呀	\$
A2. A3.			吏用电子烟? `今只士工式?					
			[含尼古丁成] 使用加热烟?				旦	
A5.			文				草产品?	
110.			}) 1			,		
A6.			_					
	字)							
A7.	您早晨醒	来后多久吸	第一支煙?					
	3.□ 5 分	沖 2.□	16-30分钟內	1.□ 3	31-60 分钟內	0. 🗆 60	0分钟后	
A8.	当您身处	非吸烟区内	,会不会感	到难受而忍る	下住吸烟?	1. 🗆 🕏	≙ 0	. 🗆 不会
A9.	您觉得哪	一支烟最难	放弃?	1. 🗆	早上第一支	0. 口其	坟它	
A10.	您每天抽	多少支烟?						
	0. 🗆 10支	或以下	1. 🗆 11-	20支	2. 🗆 21-30)支	3. □ 31寸	
A11.	当您生病	几乎整天卧	病在床时还是	会吸烟吗?		1. □ 🤄	≙ 0	. 🗆 不会
A12.	在起床后	数小时内,	您吸烟次数是	是否较在其份	也时间频繁?	1. □ 🥫	会 0	.口 不会
OTo	be compl	eted by rese	earcher: Tota	l score:				
1	_	-	☐ Mild (0–3)		I Moderate (4	-5)	3.□ Se	vere (6 – 10)

第一部分:飛烟史部分:飛烟情况		
	过连续24小时以上不吸烟?1□有试过	0□没有试过
B2. 自从上次电话之后,你最长有多久		
C1. 您现在有没有打算戒烟?1.□ 有	0. □ 没有(Pre-contemplation	n) (跳去 D1)
C2. 您打算从什么时候开始戒烟?(单数	<u>(</u>)	
0. □ 我现在已经没有吸烟了 (action) -	٦
1. □ 我会在近7天之内戒烟 (prepara	tion/contemplation)	
2. □ 我会在近1个月之内戒烟 (prep	aration/contemplation)	<u>*</u>
3. □ 我会在近6个月之内戒烟 (con	emplation) 确切时间:	
4. □ 我会在6个月之后戒烟 (pre-co	ntemplation) i) 日后耳	或 ii) 月后
5. □ 还没做好决定 (pre-contempla	- '	
C3. 1. □ 已决定的戒烟日期		
O Stage of readiness to quit smoking: ☐ Action ☐ Preparation# # Preparation: At least one 24-hour quit at	☐ Contemplation# ☐ Pre-contentempt in the past year; Contemplation: No	-
第三部分: 戒烟辅导服务使用情况 D1. 自从上次电话之后,你有没有用过 1.□有 0.□没有 D2. 您使用的是什么服务?(可多选)	任何其他戒烟辅导服务? <u>(问卷完)</u>	
 □ 电话戒烟辅导 □ 尼古丁替代治疗 □ 面对面辅导 □ 小组讨论戒烟辅导 □ 戒烟药物治疗 □ 针灸治疗 	没有 有 (次数) □ □ () □ □ () □ □ () □ □ () □ □ ()	
7. □ 其他:		

Follow-up Questionnaire: 3 month

C00	de :		_ Date :		Name:_		Contact nu	ımber:
Cont	act history	:						
	l attempt	1	2	3	4	5	6	7
(Caller							
Da	te/time							
5	Status							
Ont	One. Sm	lzina atatua						
		oking status	l he past 7 day	vs? 1 □	No, I did not	smoke	0.□ Yes	
1.	Have you	smoked in ti	ne past 7 day	3. I.L		SHIOKC	0. <u> </u>	
						1		
	A1-0-1 F	Iow long hav	ve you sustai	ned?	_days			
							+	
	A1-1-1.In	the past 30 d	ays, How man	ıy days do yoı	ı smoke, Avera	ge day	S	
		-	•			•		_Cigarettes /day
		F			. ,			g
		ow many ciga	arettes do vou	smoke on wee	ekend? Average	e Cigarett	es /aav	
		ow many ciga	arettes do you	smoke on wee	ekend? Average	eCigarett	es /day	
.2.	Н		es in the past		ekend? Average 1.□ Yes	eCigarett	es /day 0.□ No <u>(C</u>	Go to A6)
	Do you us	e e-cigarette		30 days?	1.□ Yes	eCigarett		Go to A6)
	Do you us	e e-cigarette	es in the past ou used conta	30 days?	1.□ Yes ngredients?	eCigarett	0.□ No <u>(C</u>	Go to A6)
3.	Do you us Does the € 1.□ Yes	e e-cigarette	es in the past ou used conta	30 days? ain nicotine i 0.□ No	1.□ Yes ngredients?	. □ Don't k	0.□ No <u>(C</u>	Go to A6)□ No
.3. .4.	Do you us Does the e 1. Yes Do you us Do you us	e e-cigarette e-cigarette you	es in the past ou used conta (acco product	30 days? ain nicotine i 0.□ No ts in the past	1.□ Yes ngredients? 9. 30 days? 1.	. □ Don't k	0.□ No <u>(C</u> now	
A3.	Do you us Does the e 1. Yes Do you us Do you us	e e-cigarette ye e-cigarette ye e heated tob e any other t cigarettes?	es in the past ou used conta (acco product tobacco prod	30 days? ain nicotine i 0.□ No ts in the past sucts in the pa	1.□ Yes ngredients? 9. 30 days? 1.1 ast 30 days exc	. □ Don't k □ Yes cept for trad	0.□ No (Conow 0.litional cigare	□ No
13. 14. 15.	Do you us Does the € 1.□ Yes Do you us Do you us or heated 0.□ No (€	e e-cigarette your e heated tobe any other to cigarettes?	es in the past ou used conta (acco product tobacco prod	30 days? ain nicotine i 0.□ No as in the past ucts in the pa 1.□ Yes, It's	1.□ Yes ngredients? 9. 30 days? 1.1 ast 30 days exc	. □ Don't k □ Yes cept for trad se fill the cate	0.□ No (Conow 0.litional cigare	□ No ttes, electronic
13. 14. 15.	Do you us Does the e 1. Yes Do you us Do you us or heated 0. No (C How many	e e-cigarette your e heated tobe any other to cigarettes? So to A9) y such tobace	es in the past ou used conta (acco product tobacco prod	30 days? ain nicotine i 0.□ No ts in the past ucts in the pa 1.□ Yes, It's have you use	1.□ Yes ngredients? 9. 30 days? 1.last 30 days exc	. □ Don't k □ Yes cept for trad se fill the cate 0 days?	0.□ No (Conow 0.1 litional cigare degory of the tole	□ No ttes, electronic e pacco products)
13. 14. 15.	Do you us Does the e 1. Yes Do you us Do you us or heated 0. No (C) How many	e e-cigarette your e heated tobe any other to cigarettes? So to A9 y such tobace time	es in the past ou used conta (acco product tobacco prod	30 days? ain nicotine i 0.□ No as in the past ucts in the pa 1.□ Yes, It's have you useunits	1. Yes ngredients? 9. 30 days? 1.1 ast 30 days excess(Please d in the past 3	. □ Don't k □ Yes cept for trad se fill the cate 0 days?	0.□ No (Conow 0.1 litional cigare degory of the tole	□ No ttes, electronic e pacco products)
A3. A4. A5.	Do you us Does the e 1. Yes Do you us Do you us or heated 0. No (C) How many	e e-cigarette your e heated tobe any other to cigarettes? So to A9) y such tobace time after waking	es in the past ou used conta acco product tobacco prod co products hes, a total of _ g do you smo	30 days? ain nicotine i 0.□ No ts in the past ucts in the pa 1.□ Yes, It's have you useunits oke your first	1. Yes ngredients? 9. 30 days? 1.1 ast 30 days excess(Please d in the past 3	Don't k Yes cept for trades fill the cate days? the specific	0.□ No (Conow 0.1 litional cigare degory of the tole number on the	□ No ttes, electronic e pacco products)
13. 14. 15. 16.	Do you us Does the e 1. Yes Do you us On you us or heated 0. No (C How many A total of How soon 3. With	e e-cigarette your e heated tobe any other to cigarettes? Go to A9) y such tobace time after waking in 5 mins	es in the past ou used conta (acco product tobacco prod co products hes, a total of _ g do you smo 2. □ 6-30	30 days? ain nicotine i 0. No as in the past ucts in the	1. Yes ngredients? 9. 30 days? 1.1 ast 30 days excess (Please d in the past 3 (please fill in the cigarete? 31-60 mins 0.	. □ Don't k □ Yes cept for trad se fill the cate 0 days? the specific	0.□ No (Conow 0.1 litional cigare legory of the tolenumber on the later	□ No ttes, electronic e pacco products)
13. 14. 15. 16.	Do you us Does the e 1. Yes Do you us On you us or heated 0. No (C How many A total of How soon 3. With	e e-cigarette your e heated tobe any other to cigarettes? So to A9) y such tobace time after waking in 5 mins and it difficulties.	es in the past ou used conta (acco product tobacco prod co products hes, a total of _ g do you smo 2. □ 6-30	30 days? ain nicotine i 0. No as in the past ucts in the	1. Yes ngredients? 9. 30 days? 1.1 ast 30 days excess (Please d in the past 3 (please fill in the cigarete? 31-60 mins 0.	. □ Don't k □ Yes cept for trad se fill the cate 0 days? the specific	0.□ No (Conow 0.1 litional cigare legory of the tolenumber on the later	□ No ttes, electronic pacco products) e line)\
A33. A44. A55. A46. A47.	Do you us Does the e 1. Yes Do you us Or heated 0. No (C How many A total of How soon 3. With Do you fin 1. Yes	e e-cigarette your e heated tobe any other to cigarettes? Go to A9) y such tobace time after waking in 5 mins and it difficultion.	es in the past ou used conta (acco product tobacco prod co products hes, a total of _ g do you smo 2. □ 6-30 t to refrain fro	30 days? ain nicotine i 0. No as in the past ucts in the past units	1. Yes ngredients? 9. 30 days? 1.1 ast 30 days excess (Please d in the past 3 (please fill in the cigarete? 31-60 mins 0. places where	Don't k Yes cept for trad se fill the cate 0 days? the specific □ 60 mins it is forbidd	0.□ No (Conow 0.1 litional cigare egory of the tolenumber on the later en? E.g. Chur	□ No ttes, electronic bacco products) e line)\ rch, Library, etc
A3. A4. A5. A6. A7.	Do you us Does the 6 1.□ Yes Do you us or heated 0.□ No (C How many A total of How soon 3.□ With Do you fin 1. □ Yes Which cig	e e-cigarette you e heated tobe any other to cigarettes? So to A9) y such tobace time after waking in 5 mins and it difficulted arette would arette would arette would arette would arette would arette would are the world are the would are the world are the would are the world are the would are the world are the would are the world are the would are the world are	es in the past ou used conta (acco product tobacco prod co products hes, a total of _ g do you smo 2. □ 6-30 t to refrain fro l No	30 days? ain nicotine i 0. No as in the past ucts in the past units in	1. Yes ngredients? 9. 30 days? 1.1 ast 30 days excess (Please d in the past 3 (please fill in the cigarete? 31-60 mins 0. places where	Don't k Yes cept for trad se fill the cate 0 days? the specific □ 60 mins it is forbidd	0.□ No (Conow 0.1 litional cigare legory of the tolenumber on the later	□ No ttes, electronic bacco products) e line)\ rch, Library, etc
A3. A4. A5. A6. A7.	Do you us Does the 6 1.□ Yes Do you us or heated 0.□ No (C How many A total of How soon 3.□ With Do you fin 1. □ Yes Which cig	e e-cigarette you e heated tob e any other to cigarettes? Go to A9) y such tobace time after waking in 5 mins and it difficultion on E arette would y cigarette a	es in the past ou used conta (acco product tobacco prod co products h es, a total of _ g do you smo 2. □ 6-30 t to refrain fro	30 days? ain nicotine i 0. No as in the past ucts in the past of the past are you use units oke your first om smoking om smoking give up? smoke?	1. Yes ngredients? 9. 30 days? 1.1 ast 30 days excess (Please d in the past 3 (please fill in the cigarete? 31-60 mins 0. places where	Don't k Yes cept for trad se fill the cate 0 days? the specific 60 mins it is forbidd First in the	0.□ No (Conow 0.litional cigare legory of the tolenumber on the later en? E.g. Churmorning 0.	□ No ttes, electronic bacco products) e line)\ ch, Library, etc
A33. A44. A55. A66. A77. A48. A10.	Do you us Does the e 1.□ Yes Do you us or heated 0.□ No (C How many A total of How soon 3.□ With Do you fin 1.□ Yes Which cig How many 0.□ 10 or	e e-cigarette you e heated tob e any other to cigarettes? So to A9) y such tobace after waking in 5 mins and it difficult on the cigarette would by cigarette at less	es in the past ou used conta (acco product tobacco prod co products h es, a total of _ g do you smo 2. □ 6-30 t to refrain fro l No l you hate to day do you s	30 days? ain nicotine i 0. No as in the past ucts in the past units	1. Yes ngredients? 9. 30 days? 1.1 ast 30 days excess(Please d in the past 3 (please fill in the cigarete? 31-60 mins 0. places where 1. The	Don't k Yes cept for trad se fill the cate 0 days? the specific 60 mins it is forbidd First in the	0.□ No (Conow 0.1 litional cigare egory of the tolenumber on the later en? E.g. Chur	□ No ttes, electronic electroni

Part Two: Quit history			
B1. Since last call, how many times have yo	u attemp	ted to qu	ait smoking for more than 24 hours in the past year?
0. ☐ No attempt (Go to D1) 1. ☐ Yes, I at	tempted		_times (Please fill in the specific number on the line)
B2. Since last call, how long have you sustain the line)	ned to n	o smoke	?days (Please fill in the specific number on
C7. Do you plan to quit smoking now?	1. □	Yes	$0. \square$ No(Pre-contemplation) (Go to D1)
C8. When do you plan to quit smoking? (Sin	gle choi	ce) —	
 0. ☐ I have no smoking now (action) 1. ☐ I will quit smoking within 7 days (processed) 2. ☐ I will quit smoking within 1 month (and it will quit smoking within 6 months) 4. ☐ I will quit smoking after 6 months (processed) 5. ☐ Have not made a decision yet (processed) C9. 1. ☐ Decided smoking cessation date 0 Stage of readiness to quit smoking: 	preparat (contem pre-conte ontempla	ion/conton plation) emplation ation)	The exact time i) days after; or ii) months after. 0. □ Undecided smoking cessation date
☐ Action ☐ Preparation# # Preparation: At least one 24-hour quit atte		Contempl	•
# Freparation. At least one 24-notify quit atte	empt m t	ne past y	car, Contemplation: No quit attempt
Part Three: The use of smoking cessation servi			
D1. Since last call, have you used any other sme	_		ervice in the past year?
1. ☐ Yes 0. ☐ No (Go	_		
D2. What smoking cessation service you have use	ed? (Mul	tiple cho	pices)
 □ Telephone counselling □ Nicotine replacement treatment □ Face to Face counselling □ Group discussion □ Medication treatment □ Acupuncture treatment □ Others :	No	Yes	(times used) () () () () () ()
(Please mark)			1 1 61
——————————————————————————————————————	operation	! This is	the end of the questionnaire —

3月随访问卷

	编	码:	日期	:			联系电话:	•
联络	记录:							
尝	试次数	1	2	3	4	5	6	7
均	真写人							
日	期/时间							
	状态							
第一	部分:吸煙	因情况						
A1.	您最近75	尺内有没有 。	及烟? 0)□没有,-	一口都没有		1□有	
				\downarrow				
	1 0 1 1/27	こな レロー・コ	₽₩₽₽₽ ₽	ਪਿਜ਼ Ω				
F	A1-0-1 恋作	月多长时间-	一点都没有吸	(四?				
							+	
			大概有几天					
A	11-1-2 过去	层的30天内	,工作日通常	了一天吸	_ 支; 周末呀	と烟,通常-	一天吸	_支
A2.	您最近75	 F内有没有(———— 吏用电子烟?	 ¹1.□ 有	0.1		(A6)	
A3.					0.□ 没有			
A4.	您最近75	5内有没有(吏用加热烟?	1.□有	0.1	□没有		
A5.	除了传统	烟、电子烟	或者加热烟,	,您最近7天	内还有没有低	吏用其他烟	草产品?	
	0.□ 没有	(跳到D部分	<u>}</u>) 1	Ⅰ.□ 有,是_	(j	青填入烟草 产	芒品)	
A6.		F内有使用	多少这种烟草	产品?共_	次,共	个/支	(请在横线	法上填入具体数
	字)	1	total I less o					
A7.			第一支煙?		31 60 13 bloom	0 🗖 🐠	MALE	
4.0					31-60 分钟内			
A8.					不住吸烟?		0.	. 口 个会
A9.			放弁?	1. ⊔	早上第一支	0. ⊔共	:'上	
A10.		多少支烟? :武以下	1 🗆 11	20古	2. 🗆 21-30	士	2 □ 21士	动再名
Δ11			病在床时还		2. 🗆 21-30		3. □ 31 × \(\frac{1}{2}\)	
					也时间频繁?			
1	-	•	earcher: Tota					
Nic	otine Depe	ndency: 1.	☐ Mild (0–3)	2.□	Moderate (4-	-5)	3.□ Sev	vere (6 – 10)

第二部分:戒烟史部分:戒烟情况	
B1. 自从上次电话之后,有没有认真试过连	续24小时以上不吸烟?1□有试过 0□没有试过
B2. 自从上次电话之后,你最长有多久没有	吸烟?天
C1. 您现在有没有打算戒烟?1.□ 有	0. □ 没有(Pre-contemplation) (跳去 D1)
C2. 您打算从什么时候开始戒烟?(单选)	
0. □ 我现在已经没有吸烟了 (action) —	
1. □ 我会在近7天之内戒烟 (preparation/o	contemplation)
2. □ 我会在近1个月之内戒烟 (preparation	on/contemplation) 确切时间: ♥
3. □ 我会在近6个月之内戒烟 (contempl	
4. □ 我会在6个月之后戒烟 (pre-contemp	/
5. □ 还没做好决定 (pre-contemplation)	•
C3. 1. □ 已决定的戒烟日期	0. □ 未决定戒烟日期
0 Stage of readiness to quit smoking:	
☐ Action ☐ Preparation#	☐ Contemplation# ☐ Pre-contemplation
-	it in the past year; Contemplation: No quit attempt
第三部分: 戒烟辅导服务使用情况	
第三部分: 戒烟辅导服务使用情况 D1. 自从上次电话之后, 你有没有用过任何	其他戒烟辅导服务?
D1. 自从上次电话之后,你有没有用过任何	
D1. 自从上次电话之后,你有没有用过任何 1. □ 有 0. □ 没有 <u>(问</u>	卷完)
D1. 自从上次电话之后,你有没有用过任何 1. □ 有 0. □ 没有 <u>(问</u> D2. 您使用的是什么服务?(可多选)	<u>卷完)</u> 没有 有 (次数)
D1. 自从上次电话之后,你有没有用过任何 1. □ 有	<u>卷完)</u> 没有 有 (次数) □ □ ()
D1. 自从上次电话之后,你有没有用过任何 1. □ 有 0. □ 没有 <u>(问</u> D2. 您使用的是什么服务?(可多选)	<u>卷完)</u> 没有 有 (次数) □ □ ()
D1. 自从上次电话之后,你有没有用过任何 1. □ 有	<u>卷完)</u> 没有 有 (次数) □ □ ()
D1. 自从上次电话之后,你有没有用过任何 1. □ 有 0. □ 没有 (问述 D2. 您使用的是什么服务? (可多选) 1. □ 电话戒烟辅导 2. □尼古丁替代治疗	<u>卷完)</u> 没有 有 (次数) □ □ ()
D1. 自从上次电话之后,你有没有用过任何 1. □ 有	卷完) 没有 有 (次数) □ □ () □ □ ()
D1. 自从上次电话之后,你有没有用过任何 1. □ 有	卷完) 没有 有 (次数) □ □ () □ □ () □ □ ()
D1. 自从上次电话之后,你有没有用过任何 1. □ 有 0. □ 没有 (问述 D2. 您使用的是什么服务?(可多选) 1. □ 电话戒烟辅导 2. □ 尼古丁替代治疗 3. □ 面对面辅导 4. □小组讨论戒烟辅导 5. □ 戒烟药物治疗	卷完) 没有 有 (次数) □ □ () □ □ () □ □ () □ □ ()
D1. 自从上次电话之后,你有没有用过任何 1. □ 有 0. □ 没有 (问述 D2. 您使用的是什么服务?(可多选) 1. □ 电话戒烟辅导 2. □尼古丁替代治疗 3. □面对面辅导 4. □小组讨论戒烟辅导 5. □戒烟药物治疗 6. □针灸治疗	卷完) 没有 有 (次数) □ □ () □ □ () □ □ () □ □ () □ □ ()
D1. 自从上次电话之后,你有没有用过任何 1. □ 有 0. □ 没有 (问述 D2. 您使用的是什么服务?(可多选) 1. □ 电话戒烟辅导 2. □尼古丁替代治疗 3. □面对面辅导 4. □小组讨论戒烟辅导 5. □戒烟药物治疗 6. □ 针灸治疗 7. □ 其他:	卷完) 没有 有 (次数) □ □ () □ □ () □ □ () □ □ () □ □ ()

Follow-up Questionnaire: 6 month

Code :		Date :			Name:		Contact number:						
Conta	nct history:												
	attempt	1	2	3	4	5	6	7					
C	Caller												
Dat	te/time												
S	tatus												
	tatus												
D													
	One: Smok		s he past 7 days	o 1 Г	No, I did not s	emoko	0.□ Yes						
A1.	nave you sii	iokeu iii t	ne past / days	ί 1.∟	I No, I did not s	silloke	0. 🗆 1 es						
Г													
	A1-0-1 Ho	w long ha	ve you sustain	ed?	_days								
	Biochemica	al validati	on appointmer	nt:									
	0. □ Ref	used											
	1. Time: Date:												
	Venue:	Venue:											
							↓						
	A1 1 1 In the	nast 30 de	ave How many	dave do vou	emoka Avarage	y day	76						
	A1-1-1.In the past 30 days, How many days do you smoke, Averagedays A1-1-2.In the past 30 days, How many cigarettes do you smoke on working days? AverageCigarettes /day												
		_		_	kend? Average _	_	-	ergarettes / day					
							•						
A2.	Do you use o	e-cigarette	es in the past 3	0 days?	1.□ Yes		0.□ No <u>(G</u>	o to A6)					
A3.	Does the e-cigarette you used contain nicotine ingredients?												
	1.□ Yes			.□ No		□ Don't		_					
	•		•	•	30 days? 1.			□ No					
A5.	-	-	-	cts in the p	ast 30 days exc	ept for tra	aditional cigaret	tes, electronic cigarett					
	or heated ci	_		□ Vac It?	g (Disas	- C:11 41	ategory of the tob						
	0.□ No (Go				ed in the past 30		itegory of the tob	acco products)					
Αυ.	-		-	-	-	-	c number on the	· line)\					
A7.			ig do you smok		•	пе вресии	e nameer on the						
	3.□ Within		•	•	31-60 mins 0.1	□ 60 min	s later						
	Do you find it difficult to refrain from smoking places where it is forbidden? E.g. Church, Library, etc.												
	1. □ Yes		□ No				-	-					
A9.	Which cigar	ette would	d you hate to g	ive up?	1. □ The l	First in the	e morning 0. [☐ Any other					
A10.	How many c	igarette a	day do you sn	noke?									
	0. □ 10 or le	ess	1. 🗆 11-20	2	<i>a</i> . □ 21-30	3	. □ 31 or more						

A11. Do you smoke more frequently in the m	orning?		1. □ Yes	0. □ No
A12. Do you smoke even if you are sick in m	ost of th	e day?	1. ☐ Yes	0. □ No
OTo be completed by researcher: Total so Nicotine Dependency: 1.□ Mild (0–3)			rate (4–5)	3.□ Severe (6 – 10)
Don't Town On't history				
Part Two: Quit history		. 1.	· 1 · C	1 241 : 1
 B1. Since last call, how many times have yo 0. □ No attempt (Go to D1) 1. □ Yes, I at B2. Since last call, how long have you susta 	ttempted		_times (Please fill	in the specific number on th
the line)				-
C10. Do you plan to quit smoking now?			0. ⊔ N	o(Pre-contemplation) (Go to
C11. When do you plan to quit smoking? (Sir0. □ I have no smoking now (action)	ngle choi	ice)		
 I will quit smoking within 7 days (p I will quit smoking within 1 month (g I will quit smoking within 6 months I will quit smoking after 6 months (g Have not made a decision yet (pre-c 1. □ Decided smoking cessation date 	(preparat (contempre-contemple)	tion/contenplation) emplation ation)	emplation) T i i	The exact time (i) days after; or (i) months after. decided smoking cessation d
0 Stage of readiness to quit smoking: ☐ Action ☐ Preparation# # Preparation: At least one 24-hour quit atte		Contempl the past y		☐ Pre-contemplation on: No quit attempt
rt Three: The use of smoking cessation serv . Since last call, have you used any other sm 1. □ Yes 0. □ No (Go . What smoking cessation service you have use	oking ce to part s	<u>even)</u>		vear?
 □ Telephone counselling □ Nicotine replacement treatment □ Face to Face counselling □ Group discussion □ Medication treatment □ Acupuncture treatment □ Others :	No □ □ □ □ □ □ □ □ □ □ □ □ □ □ □ □ □ □	Yes	(times used) () () () () ()	
(Please mark)				
————Thank you for your co	operation	! This is	the end of the ques	tionnaire —————

6月随访问卷

编	码:	日期	姓名:		联系电话:		
联络记录:							
尝试次数	1	2	3	4	5	6	7
填写人							
日期/时间							
状态							
第一部分:吸	烟情况						
A1. 您最近7	天内有没有	吸烟? C) □ 没有,-	一口都没有		1□有	
			*				
A1-0-1 您不	有多长时间·	一点都没有吸	烟?	天			
预约生化构	佥测:						
0. 🗆 拒约	色						
1.预约时	间:	日期:					
m 1.1.						↓	
A 1 1 1 E 2			भग भेच ०			.	
		大概有几天有			니다 /국·VK		
AI-I-2 过去	的30大闪,	工作日通常-	一大收	_ 支;周末吸	が	大收 爻	Z
A2. 您最近7	天内有没有	使用电子烟?	1.□有	0	.口 没有 <u>(跳至</u>	(JA6)	
A3 . 您使用的							
A4. 您最近7	天内有没有	使用加热烟?	1.□有	0	.□ 没有		
A5. 除了传统	[烟、电子灯	因或者加热烟,	您最近7天	只 内还有没有	使用其他烟	草产品?	
0.□ 没有	(跳到D部)	<u>分</u>) 1	.□有,是_	(请填入烟草产	芒品)	
A6. 你最近7	天内有使用	多少这种烟草	产品?共_		个/支	(请在横线」	上填入具体数
字)							
A7. 您早晨醒							
3 □ 5 分	轴 2 Γ	76-30 分钟内	1 □	31-60 分钟内	1 0 □ 60)分钟后	

A8. 当您身处非吸烟区内,会不会原 A9. 您觉得哪一支烟最难放弃? A10. 您每天抽多少支烟?								
0To be completed by researcher: To Nicotine Dependency: 1.□ Mild (0–								
B2. 自从上次电话之后,你最长有多C1. 您现在有没有打算戒烟?1.□ C2. 您打算从什么时候开始戒烟?(0.□ 我现在已经没有吸烟了(ac	有 0. □ 没有(Pre-contemplation) (跳去 D1) 单选) tion)							
1. □ 我会在近7天之内戒烟 (preparation/contemplation) 2. □ 我会在近1个月之内戒烟 (preparation/contemplation) 3. □ 我会在近6个月之内戒烟 (contemplation) 4. □ 我会在6个月之后戒烟 (pre-contemplation) 5. □ 还没做好决定 (pre-contemplation) C3. 1. □已决定的戒烟日期								
0 Stage of readiness to quit smoking: ☐ Action ☐ Preparation# ☐ Contemplation# ☐ Pre-contemplation # Preparation: At least one 24-hour quit attempt in the past year; Contemplation: No quit attempt								
第三部分: 戒烟辅导服务使用情况 D1. 自从上次电话之后,你有没有用 1.□有 0.□沒 D2. 您使用的是什么服务? (可多数	是有 <u>(问卷完)</u>							
 □ 电话戒烟辅导 □ 尼古丁替代治疗 □ 面对面辅导 □ 小组讨论戒烟辅导 □ 戒烟药物治疗 ⑥ □ 针灸治疗 □ 其他: (请注明) 	没有 有 (次数) □ □ () □ □ () □ □ () □ □ () □ □ () □ □ ()							
	岁谢您的合作!问卷到此结束—————————————————————							