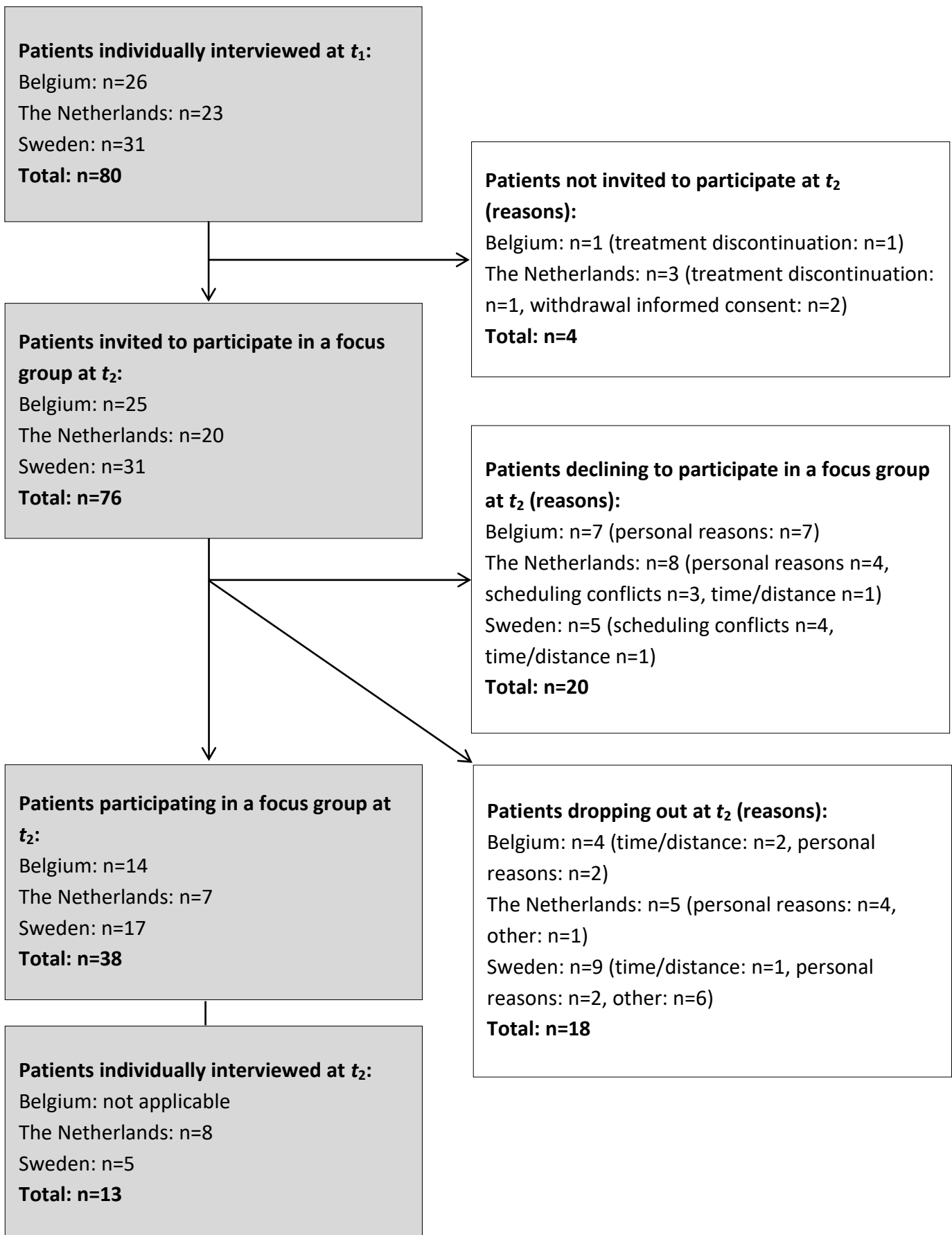


Supplementary file 1. Flow chart of participant recruitment



Abbreviations: t : time point.