

Table 6 (online supplementary). Summary of mediation analysis assessing HEI-2015^a score as a mediator in the relationship between percentage of calories from unprocessed/minimally processed foods (Poti, et al., 2015), highly processed foods (Poti, et al., 2015), and BMI-z^b score among children participating in the Summer Foodservice Program Study (N=131).

	β	SE	<i>p</i>	95% CI	
Unprocessed/minimally					
Indirect effect	-0.003	0.00	0.13	-0.006	0.001
Direct effects	0.008	0.01	0.13	-0.003	0.019
Total effects	0.005	0.01	0.31	-0.005	0.016
Proportion of total effect mediated	0.51	-	-	-	-
Ratio of indirect to direct effect	0.34	-	-	-	-
Ratio of total to direct effect	0.66	-	-	-	-
Highly processed					
Indirect effect	0.001	0.00	0.27	-0.001	0.004
Direct effects	-0.003	0.00	0.58	-0.012	0.007
Total effects	-0.001	0.00	0.67	-0.011	0.008
Proportion of total effect mediated	-1.21	-	-	-	-
Ratio of indirect to direct effect	0.46	-	-	-	-
Ratio of total to direct effect	0.45	-	-	-	-

^a Healthy Eating Index 2015

^b Age- and sex- adjusted body mass index