

Supplemental Online Content

Dworeck C, Redfors B, Angerås O, et al. Association of pretreatment with P2Y12 receptor antagonists preceding percutaneous coronary intervention in non–ST-segment elevation acute coronary syndromes with outcomes. *JAMA Netw Open*. 2020;3(10):e2018735. doi:10.1001/jamanetworkopen.2020.18735

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This supplemental material has been provided by the authors to give readers additional information about their work.

eAppendix. Description of Instrumental Variable Analysis

We based our primary statistical model on the instrumental variable analysis to reduce bias due to unmeasured and unknown confounders. This method is a post hoc analytic technique based on statistical principles similar to those used in the analysis of randomized controlled trials¹⁻³. To use instrumental variable analysis, one must identify a naturally varying phenomenon in the observed data, which like the act of randomization in an RCT, predicts the treatment that will be assigned to the individual patient. To become a valid instrument, a variable must fulfill some necessary criteria. First, it must be strongly associated with the received treatment. Second, it must not be associated directly or indirectly with the outcome, except through the effect of the treatment itself. The variable with these statistical qualities is called instrumental variable, or instrument. We used the calendar year as the treatment-preference instruments. Calendar time is frequently employed as instruments because this type of variables usually fulfills the theoretical criteria for a valid instrument⁴⁻⁶. Variations in the use of the pretreatment strategy over time in Sweden is a result of changes in guidelines and reimbursement policies as well as changes in physicians' preference due to the release of new effectiveness and safety information. Durbin-Wu-Hausman specification test was used to evaluate the presence of residual confounding (endogeneity). The validity of the instrumental variable was tested with the Sargan test. To test for the strength of the instruments, we examined the partial F test from the first-stage regression, which predicts treatment as a function of instrument and covariates. The partial F test has the null hypothesis that the coefficient for the effect of the instrument in the first-stage regression model is zero⁷. An F-statistic greater than 10 indicates that the instrument is not weak. Reported standard errors from IV 2SLS regression are robust and account for clustering of patients within hospitals using the sandwich estimator. An imperfect instrument may become valid after conditioning on an adequately chosen set of auxiliary variables⁸. Because "calendar year" may be an imperfect instrument, the following variables were entered into IV regression: age, sex, diabetes, indication for PCI, the severity of the coronary disease, smoking status, hypertension, hyperlipidemia,

previous myocardial infarction, previous PCI, previous coronary artery bypass graft, arterial access site, type of stent, type of P2Y₁₂ antagonists, Killip class, completeness of revascularization and hospital.

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References

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eTable 1. Sensitivity Analysis With 1:1 Propensity Score Matching

Clinical outcome	Pretreated (N= 3,481)	Not pretreated (N= 3,481)	Adjusted OR	95% CI	P-value	Missing n (%)	
Primary endpoint:							
Death at 30 days — no. (%)*	103 (3.0)	81 (2.3)	1.28	0.95-1.72	0.100	0	
Secondary endpoints:							
Death at one year — no. (%)*	179 (7.1)	193 (7.6)	1.01	0.68-1.48	0.968	0	
Definite stent thrombosis at 30 days — no. (%)*	13 (0.4)	6 (0.2)	1.41	0.44-4.44	0.562	0	
In-hospital bleeding— no. (%)*#	23 (0.6)	23 (0.6)	1.19	1.01-1.41	0.033	0	

* Propensity score matching 1:1.

OR=odds ratio

major bleeding (BARC type 3), minor bleeding (BARC type 2)

eTable 2. Instrumental Variable Analysis Without Covariates

Clinical outcome	Pretreated (N= 59,894)	Not pretreated (N= 4,963)	Adjusted OR	95% CI	P-value	Missing n (%)	
Primary endpoint:							
Death at 30 days — no. (%)	846 (1.4)	125 (2.5)	1.17	0.66-2.09	0.594	0	
Secondary endpoints:							
Death at one year — no. (%)*	2,324 (4.3)	241 (7.1)	0.96	0.56-1.63	0.879	0	
Definite stent thrombosis at 30 days — no. (%)*	243 (0.2)	19 (0.2)	2.79	0.59-13.3	0.196	0	
In-hospital bleeding— no. (%)*#	3,562 (6.0)	380 (7.5)	1.41	1.01-2.01	0.048	0	

OR odds ratio

major bleeding (BARC type 3), minor bleeding (BARC type 2),

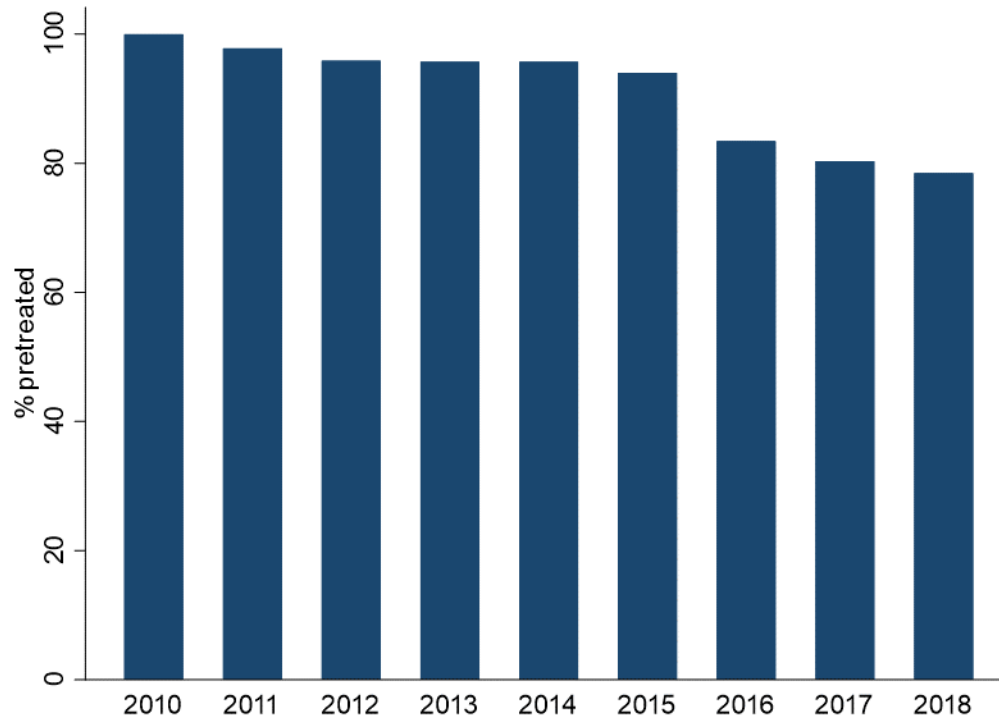
eTable 3. Utilization of Pretreatment With P2Y12 Antagonists, Outcomes, and Patient Characteristics Stratified by Calendar Year

	2010 (N =6,933)	2011 (N =7,462)	2012 (N =8,200)	2013 (N =7,894)	2014 (N =8,325)	2015 (N =8,146)	2016 (N =8,249)	2017 (N =8,537)	2018 (N =1,111)	Stand. Diff.
Pretreated with P2Y ₁₂ (%)	100	97.8	95.9	95.7	95.8	94.0	83.5	80.5	79.2	
Death at 30 day (%)	1.7	1.3	1.5	1.5	1.5	1.6	1.5	1.5	1.3	0.02
Death at one year (%)	5.0	4.3	4.3	4.5	4.4	4.6	4.7	4.0		0.05
Definite stent thrombosis at 30 days (%)	0.2	0.2	0.2	0.2	0.2	0.2	0.1	0.1	0.3	0.01
In-hospital bleeding (%)	6.8	5.8	6.6	6.4	6.1	6.0	6.2	6.1	4.8	0.09
Age (mean±SD)	68±11	68±11	68±11	68±11	68±11	68±11	69±11	69±11	69±11	0.08
Age ≥75 (%)	29.6	29.9	28.3	29.6	30.7	30.3	31.1	31.7	32.7	0.04
Female sex (%)	27.8	27.4	27.2	26.5	27.5	28.1	27.3	27.9	29.1	0.05
Diabetes (%)	21.6	20.9	20.1	21.4	21.8	22.5	21.5	23.7	25.0	0.02
Hypertension (%)	59.8	61.8	63.0	63.5	63.8	63.3	64.5	65.6	67.3	0.07
Smoking (%)										
<i>Never smoker</i>	39.4	39.1	40.9	40.9	42.2	41.6	42.3	43.4	43.9	0.01
<i>Previous smoker</i>	37.3	37.9	39.4	40.0	38.8	39.3	40.4	39.6	39.5	0.01
<i>Current smoker</i>	18.8	19.6	19.7	19.1	18.9	19.1	17.3	17.0	16.5	0.07
Hyperlipidemia (%)	53.5	55.9	56.3	55.8	51.4	49.9	49.7	49.7	50.2	0.07
Previous infarction (%)	30.7	30.1	29.1	28.1	26.6	25.8	25.6	25.2	23.9	0.06
Previous PCI (%)	25.6	25.3	25.1	24.7	23.4	24.2	23.7	24.2	23.4	0.02
Previous CABG (%)	10.5	10.2	9.6	8.6	8.4	7.7	7.3	7.0	7.4	0.09
Time to angiography/PCI (days)	2.9	2.9	2.6	2.6	2.6	2.3	2.3	2.1	2.1	0.03
Killip class										
<i>Killip I</i>	95.5	96.3	96.4	96.9	97.0	96.6	97.2	97.3	97.2	0.12
<i>Killip II</i>	3.2	2.7	2.5	2.1	2.1	2.3	2.0	1.9	1.9	0.09
<i>Killip III</i>	1.1	0.7	0.7	0.6	0.6	0.7	0.7	0.4	0.7	0.04
<i>Killip IV</i>	0.3	0.4	0.5	0.4	0.3	0.4	0.2	0.4	0.2	0.08
Radial artery access (%)	61.3	68.8	74.6	78.5	82.3	84.9	86.0	87.5	87.3	0.11

Procedure off-hours (%)	10.9	12.2	15.4	15.6	17.2	18.8	19.2	19.7	21.4	0.07
Arteries with stenosis (%)										
0	2.9	3.2	3.5	3.5	3.4	4.9	5.4	5.1	5.1	0.06
1	44.8	46.1	45.7	46.1	45.4	45.2	43.6	44.3	42.8	0.03
>2 and/or LM	52.2	50.7	50.8	50.3	51.1	49.9	51.0	50.6	52.1	0.01
Complete revascularization (%)	64.4	67.4	67.7	68.5	68.7	70.1	70.1	71.1	67.8	0.08
PCI with stent (%)										0.04
Drug-eluting stent	40.4	51.8	66.1	77.8	81.4	83.1	83.6	83.2	80.7	0.08
Bare metal stent	46.1	34.5	19.2	6.9	4.2	1.6	0.4	0.2	0.2	0.03
No stent	13.5	13.7	14.7	15.3	14.4	15.4	16.1	16.6	19.2	0.07
P2Y ₁₂ antagonist (%)										
Clonidogrel	95.7	92.4	63.4	35.7	25.0	19.5	16.4	15.8	16.0	0.09
Ticagrelor	0.0	0.5	34.4	63.1	74.3	79.9	83.4	84.0	83.8	0.05
Prasugrel	4.3	7.1	2.2	1.2	0.7	0.6	0.2	0.2	0.2	0.13
Thrombus aspiration %)	4.1	3.6	3.0	2.6	1.4	1.1	1.2	1.0	0.9	0.05
Direct stenting %)	18.9	17.7	17.0	15.3	13.9	13.9	13.8	12.2	10.9	0.02
Bivalirudin (%)	24.0	25.3	22.9	17.5	12.9	13.1	9.9	2.0	0.4	0.02
GP2b/3a inhibitor (%)	6.6	4.4	2.5	2.4	2.0	1.1	1.5	1.3	1.4	0.01
Unfractionated heparin (%)	79.6	80.5	84.0	90.0	92.5	93.1	93.7	95.9	96.5	0.18

Stand.Diff.=standardized difference P2Y₁₂ pretreated vs. not pretreated, stratified by year.

eFigure 1. Changing Trend in Pretreatment With P2Y12 Receptor Antagonists Before PCI in Patients With NSTEMI-ACS Between 2010 and 2018 in Sweden



eFigure 2. Frequency in Pretreatment With P2Y12 Receptor Antagonists Before and After the Change in the Policy for Routine Pretreatment With P2Y12 Receptor Antagonists Before PCI in Patients With NSTEMI-ACS in Västra Götaland County

