t's name:	Date of birth://	(TRANS-IBD code#)	
ompletion date (year/month/day/ no		- 	
	TRANS-IBD Visit	1	
Assessment	Notes		
Checking inclusion and exclusion criteria	Use the eligibility checklist	☐ Yes	
Informed consent	The participating adolescent and the legal guardian signed the informed consent statement	☐ Yes	
Randomisation	Based on the randomisation list prepared for the participating IBD centre	☐ Yes	
Patient education	Based on appendix 'Information sheet' prepared for TRANS-IBD visit	☐ Yes	
Demographic data			
Date of birth	year. month. day] .
Sex		☐ male	☐ fe
Race/ Ethnicity	Based on self-declaration	☐ White ☐ Romany ☐ Asian	n 🔲 at
Current studies		primary school vocationa	
		secondary school U gymna	sium so
Housing conditions		house with a garden row l	house I
Troubing conditions		apartment house block of flats Other:	s 🗆
Family member living with the child in the same household		parent(s) brother(s)	
Time in the same neadonoid		☐grandparent(s)	
Number of brothers		□0 □1 □2 □ more than 2	

t's name: completion date (year/month/day/ hou	Date of birth:// ur: minute):/ /!	(TRANS-IBD code#) _:
		if more than 2, number:
Family status of parents		☐ married ☐ divorced ☐ widow
		primary school vocational training
Highest education level of the mother		☐ secondary school ☐ college
		university
		primary school vocational training
Highest education level of the father		secondary school College
		university
Smoking habits		smoking not smoking
Medical history		
Date of the diagnosis	year. month. day	0000.00.00.
Disease type		Crohn's disease ulcerati
		L1: distal 1/3 ileum or limited cecal dise
Localisation of the disease at the time of the diagnosis	In case of Crohn's disease	L2: colonic L3: ileocolonic L4 upper disease proximal to ligament Treitz
		L4b: upper disease distal to ligament To and proximal to distal 1/3 ileum
		☐ B1: nonstricturing, nonpenetrating
Behaviour of the disease at the time of the diagnosis	In case of Crohn's disease	☐ B2: stricturing
		☐ B3: penetrating
Localisation of the disease at the time of the diagnosis	In case of ulcerative colitis	☐ E1: proctitis ☐ E2: left-sided colitis

t's name: completion date (year/month/day/ he	Date of birth:// our: minute):// :	(TRANS-IBD code#):	
	,		
		E3: extensive colitis E4: p	ancoliti
Perianal manifestation at the time of the diagnosis	The presence of perianal fistula, abscess at the time of the diagnosis	☐ Yes	
Surgeries	Surgeries performed because of IBD	☐ Yes, if yes type: ☐ Proctocolectomy + IPAA ☐ proctocolectomy + ileostomy ☐ resection ☐ abscess drainage ☐ fistulotomy ☐ seton lacing	
Comorbidity	Every other disease, which is treated with medicine(s) or why the patient is needed to be followed up	Yes,	
Date of the last endoscopy	year. month. day	Type: upper/lower GI endo	
Previous medications	Previous medications applied since the diagnosis		
Exclusive enteral nutrition	Consumption of only nutrition formulas for at least 6 weeks	☐ Yes	
5-ASA	Any drug formats (tablet, suppository, enema)	☐ Yes	
Steroid	Systemic steroid or budesonide preparation	Yes, if yes, how many times:	
Azathioprine		☐ Yes	
Other immunosuppressants	e.g.: 6-mercaptopurine, tacrolimus, methotrexate	☐ Yes	
Biological treatment	More answers can be marked	no infliximab adalir	mumab
Physical examination			
Body height	given in centimeter	cm	
Bodyweight	given in kilogramm	□□□ kg	

t's name: completion date (year/month/day/ ho	Date of birth:// ur: minute):// :	(TRANS-IBD code#)	
Abdominal tenderness		☐ Yes	
Abdominal defense		☐ Yes	
Palpable abdominal mass		☐ Yes	
Perianal fistula	Presence of perianal fistula, abscess	☐ Yes	
Extraintestinal manifestations	IBD related manifestations outside the GI tract	☐ Yes, if yes, type: ☐ skin symptom ☐ joint symptom ☐ eye symptom ☐ liver symptom (PSC)	
Names of the currently taken IBD related drugs	Drug format (e.g.: pill, granulate, suppository)	Drug dose (e.g.: 1x 500 mg)	
		· · ·	
Name of the drugs which cause medical treatment of IBD was	sed any kind of side effect since the	Side effect	
medical treatment of IDD was	Started		
Disease activity indices have been filled out	In case of Crohn's disease: PCDAI, CDAI/ perianal CDAI In case of ulcerative Colitis: PUCAI, Mayo score	Yes PCDAI: PUCAI: Mayo score: CDAI: pCDAI:	
Health care utilisation in the p			
The use of urgent healthcare service at the caring	Every medical visit which was not arranged in advance with the caring gastroenterologist	Yes, number:	
gastroenterology unit	gastroenterologist		

t's name: completion date (year/month/day/ h	Date of birth:// our: minute)://:	(TRANS-IBD code#)	
Images: (abdominal ultrasound, abdominal x-ray, MRI, other)	All images in the previous 3 months, Urgent image: every image which was not arranged in advance	Yes, number: with urgent indication:	
Endoscopies: (gastroduodenoscopy, colonoscopy)	All endoscopies in the previous 3 months, Urgent endoscopy: every endoscopy which was not arranged in advance	Yes, number: with urgent indication: If yes, type: upper/lower GI endoscopy If yes, date: upper/lower.	
Surgeries	Surgeries performed because of IBD	☐ Yes, if yes type: ☐ Proctocolectomy + IPAA ☐ proctocolectomy + ileostomy ☐ resection ☐ abscess drainage ☐ fistulotomy ☐ seton lacing	
Hospital admissions	IBD related hospital admissions	Yes, how many times:	
Length of hospitalisation	Number of days spent in hospital because of IBD altogether in the last 3 months	days	
Stool sample collection	For the determination of stool calprotectin level	Yes, value:ug/g	
Serum sample collection	For the determination of ion levels, full blood count, inflammatory markers, kidney and liver functions	☐ Yes	
Sodium		Yes, value:mmol/l	
Potassium		Yes, value:mmol/l	
Urea nitrogen		☐ Yes, value:umol/l	
Creatinine		Yes, value:mmol/l	
Total bilirubin		Yes, value:umol/l	

t's name: completion date (year/month/day/ ho	Date of birth:// our: minute):/// ::	(TRANS-IBD code#)	
Direct bilirubin		Yes, value:umol/l	
ASAT/GOT		Yes, value:U/l	
ALAT/GPT		Yes, value:U/l	
Gamma GT		Yes, value:U/l	
Alkaline Phosphatase		Yes, value:U/l	
C-reactive protein		Yes, value:mg/l	
Erythrocyte sedimentation rate		Yes, value:mm/h	
White blood cell		Yes, value:G/l	
Haemoglobin		Yes, value:g/l	
Haematocrit		Yes, value:%	
Thrombocyte		Yes, value:G/l	
Albumin		Yes, value:g/l	
Questionnaires	Questionnaires should be filled out on a separate parent before the visit starts.	e paper <u>individually</u> by the participa	ant and t
IBDSES-A questionnaire has been filled out		Yes	
TRAQ questionnaire has been filled out		Yes	
STARx-adolescent questionnaire has been filled out		Yes	
STARx-parent questionnaire has been filled out		Yes	
IMPACT-III questionnaire has been filled out		Yes	
CACHE questionnaire has been filled out		Yes	

t's name: completion date (year/month/day/ ho	Date of birth:// ur: minute):/ / :	(TRANS-IBD code#) _:	
MARS-5 questionnaire has been filled out		☐ Yes	
Reconciliation of the next visit	Reconciliation of the TRANS-IBD Visit 2 was done, it should be held 3 months after the first one (±30 days) year. month. day	☐ Yes, date:	
Forms of the disease activity indices for the next visit have been given to the participant		☐ Yes	
Result of the balanced consultation (e.g. therapeutic suggestion, decision)			
Length of the balanced consultation (given in minutes)		minutes	

	TRANS-IBD Visit 3 TRANS-IBD Visit 4		
Assessment	Notes		
Patient education	Based on appendix 'Information sheet' prepared for TRANS-IBD visit 2/3/4	☐ Yes	
Physical examination			
Body height	given in centimeter	□ □ □ cm	
Bodyweight	given in kilogramm	□□□ kg	
Abdominal tenderness		☐ Yes	
Abdominal defense		☐ Yes	
Palpable abdominal mass		☐ Yes	
Perianal fistula	Presence of perianal fistula, abscess	☐ Yes	
Extraintestinal manifestations	IBD related manifestations outside the GI tract	☐ Yes, if yes, type: ☐ skin symptom ☐ joint symptom ☐ eye symptom ☐ liver symptom (PSC)	
Names of the currently taken IBD related drugs	Drug format (e.g.: pill, granulate, suppository)	Drug dose (e.g.: 1x 500 mg)	
Name of the drugs which caus medical treatment of IBD was	ed any kind of side effect since the started	Side effect	

t's name:	Date of birth://	(TRANS-IBD code#)	
completion date (year/month/day/ ho	ur: minute)://:	<u>:</u>	
Disease activity indices have been filled out	In case of Crohn's disease: PCDAI, CDAI/ perianal CDAI In case of ulcerative Colitis: PUCAI, Mayo score	Yes PCDAI: PUCAI: Mayo score: CDAI: pCDAI:	
Health care utilisation in the p	revious 3 months due to IBD		
The use of urgent healthcare service at the caring gastroenterology unit	Every medical visit which was not arranged in advance with the caring gastroenterologist	Yes, number:	
The use of urgent healthcare service in the emergency department		Yes, number:	1
Images: (abdominal ultrasound, abdominal x-ray, MRI, other)	All images in the previous 3 months, Urgent image: every image which was not arranged in advance	Yes, number: with urgent indication:	
Endoscopies: (gastroduodenoscopy, colonoscopy)	All endoscopies in the previous 3 months, Urgent endoscopy: every endoscopy which was not arranged in advance	Yes, number: with urgent indication: If yes, type: upper/lower GI endoscopy If yes, date: upper/lower.	
Surgeries	Surgeries performed because of IBD	☐ Yes, if yes type: ☐ Proctocolectomy + IPAA ☐ proctocolectomy + ileostomy ☐ resection ☐ abscess drainage ☐ fistulotomy ☐ seton lacing	1
Hospital admissions	IBD related hospital admissions	Yes, how many times:	
Length of hospitalisation	Number of days spent in hospital because of IBD altogether in the last 3 months	days	
Other IBD and non-IBD related diseases	e.g. thyroid disease, skin disease	Yes, detailed	
Serum sample collection	For the determination of ion levels, full blood count, inflammatory markers, kidney and liver functions	☐ Yes	

t's name: completion date (year/month/day/ ho	Date of birth:// ur: minute)://	(TRANS-IBD code#)	
	, ————————————————————————————————————		
Sodium		Yes, value:mmol/l	
Potassium		Yes, value:mmol/l	
Urea nitrogen		☐ Yes, value:umol/l	
Creatinine		Yes, value:mmol/l	
Total bilirubin		☐ Yes, value:umol/l	
Direct bilirubin		☐ Yes, value:umol/l	
ASAT/GOT		☐ Yes, value:U/l	
ALAT/GPT		☐ Yes, value:U/l	
Gamma GT		☐ Yes, value:U/l	
Alkaline Phosphatase		☐ Yes, value:U/l	
C-reactive protein		Yes, value:mg/l	
Erythrocyte sedimentation rate		☐ Yes, value:mm/h	
White blood cell		☐ Yes, value:G/l	
Haemoglobin		Yes, value:g/l	
Haematocrit		☐ Yes, value:%	
Thrombocyte		☐ Yes, value:G/l	
Albumin		Yes, value:g/l	
Reconciliation of the next visit	Reconciliation of the TRANS-IBD Visit was done, it should be held 3 months after the current one (±30 days) year. month. day	☐ Yes, date:	

Patient's name: Form completion date (year/month/day/ hour: m	Date of birth:// inute)://:	(TRANS-IBD code#) _:	
Forms of the disease activity indices for the next visit have been given to the participant		Yes	□ No
Result of the balanced consultation (e.g. therapeutic suggestion, decision)			
Length of the balanced consultation (given in minutes)		minutes	
Signature and seal of the doctor (s) present		al of the dector (c) present during the	vicit

Т	RANS-IBD Visit 5
T	RANS-IBD Visit 9
Demographic data	
	primary school vocational training
Current studies	secondary school gymnasium scl
	□ house with a garden □ row house □
Housing conditions	apartment house ☐ block of flats ☐ Other:
Family member living with the	parent(s) brother(s)
child in the same household	☐ grandparent(s)
Number of brothers	☐ 0 ☐ 1 ☐ 2 ☐ more than 2, if more than 2, number:
Family status of parents	☐ married ☐ divorced ☐ widow
	primary school vocational training
Highest education level of the mother	secondary school College
	university
	primary school vocational training
Highest education level of the father	secondary school College
	university
Smoking habits	□ smoking □ not smoking

t's name: completion date (year/month/day/ hor	Date of birth:// ur: minute)://:	(TRANS-IBD code#)	
Body height	given in centimeter	cm	
Bodyweight	given in kilogramm	□□□ kg	
Abdominal tenderness		☐ Yes	
Abdominal defense		☐ Yes	
Palpable abdominal mass		☐ Yes	
Perianal fistula	Presence of perianal fistula, abscess	☐ Yes	
Extraintestinal manifestations	IBD related manifestations outside the GI tract	☐ Yes, if yes, type: ☐ skin symptom ☐ joint symptom ☐ eye symptom ☐ liver symptom (PSC)	
Names of the currently taken IBD related drugs	Drug format (e.g.: pill, granulate, suppository)	Drug dose (e.g.: 1x 500 mg)	
Name of the drugs which caus medical treatment of IBD was	sed any kind of side effect since the started	Side effect	
Disease activity indices have been filled out	In case of Crohn's disease: PCDAI, CDAI/ perianal CDAI In case of ulcerative Colitis: PUCAI,	Yes PCDAI: PUCAI: Mayo score:	
	Mayo score	CDAI: pCDAI:	
Health care utilisation in the p	revious 3 months due to IBD	CDAI: pCDAI:	
Health care utilisation in the p The use of urgent healthcare service at the caring gastroenterology unit	•	CDAI: pCDAI:	

t's name: completion date (year/month/day/ ho	Date of birth:// ur: minute):///:	(TRANS-IBD code#)	
Images: (abdominal ultrasound, abdominal x-ray, MRI, other)	All images in the previous 3 months, Urgent image: every image which was not arranged in advance	Yes, number: with urgent indication:	
Endoscopies: (gastroduodenoscopy, colonoscopy)	All endoscopies in the previous 3 months, Urgent endoscopy: every endoscopy which was not arranged in advance	Yes, number: with urgent indication: If yes, type: upper/lower GI endoscopy If yes, date: upper/lower.	
Surgeries	Surgeries performed because of IBD	☐ Yes, if yes type: ☐ Proctocolectomy + IPAA ☐ proctocolectomy + ileostomy ☐ resection ☐ abscess drainage ☐ fistulotomy ☐ seton lacing	
Hospital admissions	IBD related hospital admissions	Yes, how many times:	
Length of hospitalisation	Number of days spent in hospital because of IBD altogether in the last 3 months	days	
Other IBD and non-IBD related diseases	e.g. thyroid disease, skin disease	☐ Yes, detailed	
Stool sample collection	For the determination of stool calprotectin level	☐ Yes, value:ug/g	
Serum sample collection	For the determination of ion levels, full blood count, inflammatory markers, kidney and liver functions	☐ Yes	
Sodium		Yes, value:mmol/l	
Potassium		Yes, value:mmol/l	
Urea nitrogen		Yes, value:umol/l	
Creatinine		Yes, value:mmol/l	

's name:	Date of birth:// our: minute)://	(TRANS-IBD code#)	
completion date (year/month/day/ no	our: minute):	·	
Total bilirubin		Yes, value:umol/l	
Direct bilirubin		Yes, value:umol/l	
ASAT/GOT		Yes, value:U/l	
ALAT/GPT		Yes, value:U/l	
Gamma GT		Yes, value:U/l	
Alkaline Phosphatase		Yes, value:U/l	
C-reactive protein		Yes, value:mg/l	
Erythrocyte sedimentation rate		Yes, value:mm/h	
White blood cell		☐ Yes, value:G/l	
Haemoglobin		Yes, value:g/l	
Haematocrit		Yes, value:%	
Thrombocyte		Yes, value:G/l	
Albumin		Yes, value:g/l	
Questionnaires	Questionnaires should be filled out on a se parent before the visit starts.	parate paper <u>individually</u> by the participa	ant and th
IBDSES-A questionnaire has been filled out		☐ Yes	
TRAQ questionnaire has been filled out		☐ Yes	
STARx-adolescent questionnaire has been filled out		☐ Yes	
STARx-parent questionnaire has been filled out		☐ Yes	
IMPACT-III questionnaire has been filled out		☐ Yes	
CACHE questionnaire has been filled out		☐ Yes	

nt's name: completion date (year/month/day/ ho	Date of birth:// Dur: minute):// :	(TRANS-IBD code#)	
MARS-5 questionnaire has been filled out		Yes	
Reconciliation of the next visit	Reconciliation of the TRANS-IBD Visit was done, it should be held 3 months after the current one (±30 days) year. month. day	☐ Yes, date:	□ No
Forms of the disease activity indices for the next visit have been given to the participant		☐ Yes	□ N
Length of the consultation (given in minutes)		minutes	

Signature and seal of the doctor(s) present during the visit

	TRANS-IBD Visit 6 TRANS-IBD Visit 7 TRANS-IBD Visit 8	7	
Physical examination			
Body height	given in centimeter	cm	
Bodyweight	given in kilogramm	□□□ kg	
Abdominal tenderness		☐ Yes	
Abdominal defense		☐ Yes	
Palpable abdominal mass		☐ Yes	
Perianal fistula	Presence of perianal fistula, abscess	☐ Yes	
Extraintestinal manifestations	IBD related manifestations outside the GI tract	☐ Yes, if yes, type: ☐ skin symptom ☐ joint symptom ☐ eye symptom ☐ liver symptom (PSC)	
Names of the currently taken IBD related drugs	Drug format (e.g.: pill, granulate, suppository)	Drug dose (e.g.: 1x 500 mg)	
Name of the drugs which caus medical treatment of IBD was	sed any kind of side effect since the started	Side effect	

t's name:	Date of birth://	(TRANS-IBD code#)	
completion date (year/month/day/ hou	ur: minute)://:	<u>:</u>	
Disease activity indices have been filled out	In case of Crohn's disease: PCDAI, CDAI/ perianal CDAI In case of ulcerative Colitis: PUCAI, Mayo score	Yes PCDAI: PUCAI: Mayo score: CDAI: pCDAI:	
Health care utilisation in the p	revious 3 months due to IBD		
The use of urgent healthcare service at the caring gastroenterology unit	Every medical visit which was not arranged in advance with the caring gastroenterologist	Yes, number:	
The use of urgent healthcare service in the emergency department		Yes, number:	
Images: (abdominal ultrasound, abdominal x-ray, MRI, other)	All images in the previous 3 months, Urgent image: every image which was not arranged in advance	Yes, number: with urgent indication:	
Endoscopies: (gastroduodenoscopy, colonoscopy)	All endoscopies in the previous 3 months, Urgent endoscopy: every endoscopy which was not arranged in advance	Yes, number: with urgent indication: If yes, type: upper/lower GI endoscopy If yes, date: upper/lower.	<u></u> □ 1
Surgeries	Surgeries performed because of IBD	☐ Yes, if yes type: ☐ Proctocolectomy + IPAA ☐ proctocolectomy + ileostomy ☐ resection ☐ abscess drainage ☐ fistulotomy ☐ seton lacing	
Hospital admissions	IBD related hospital admissions	Yes, how many times:	
Length hospitalisation	Number of days spent in hospital because of IBD altogether in the last 3 months	days	
Other IBD and non-IBD related diseases	e.g. thyroid disease, skin disease	☐ Yes, detailed	
Serum sample collection	For the determination of ion levels, full blood count, inflammatory markers, kidney and liver functions	☐ Yes	

's name: ompletion date (year/month/day/ ho	Date of birth:// ur: minute)://	(TRANS-IBD code#)	
	,		
Sodium		Yes, value:mmol/l	
Potassium		Yes, value:mmol/l	
Urea nitrogen		Yes, value:umol/l	
Creatinine		Yes, value:mmol/l	
Total bilirubin		Yes, value:umol/l	
Direct bilirubin		Yes, value:umol/l	
ASAT/GOT		Yes, value:U/l	
ALAT/GPT		Yes, value:U/l	
Gamma GT		Yes, value:U/I	
Alkaline Phosphatase		Yes, value:U/I	
C-reactive protein		Yes, value:mg/l	
Erythrocyte sedimentation rate		Yes, value:mm/h	
White blood cell		Yes, value:G/l	
Haemoglobin		Yes, value:g/l	
Haematocrit		Yes, value:%	
Thrombocyte		Yes, value:G/l	
Albumin		Yes, value:g/l	
Reconciliation of the next visit	Reconciliation of the TRANS-IBD Visit was done, it should be held 3 months after the current one (±30 days) year. month. day	☐ Yes, date:	
Forms of the disease activity indices for the next visit have been given to the participant		☐ Yes	

Patient's name: Form completion date (year/month/day/	Date of birth:// (TRANS-IBD code#) our: minute):/ / ::	
Length of the consultation (given in minutes)	minutes	
Signature and seal of the doctor(s) p		