PLOS ONE

Neurosyphilis: Still Prevalent and Overlooked in an At Risk Population --Manuscript Draft--

Manuscript Number:	PONE-D-20-18019R1
Article Type:	Research Article
Full Title:	Neurosyphilis: Still Prevalent and Overlooked in an At Risk Population
Short Title:	Neurosyphilis: Still Prevalent and Overlooked in an At Risk Population
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Keywords:	Neurosyphilis Syphilis Epidemiology
Abstract:	Background: Neurosyphilis (NS) presents with a variety of clinical syndromes that can be attributed to other aetiologies due to difficulties in its diagnosis. We reviewed all cases of NS from the "Top End" of the Australian Northern Territory over a ten-year period to assess incidence, clinical and laboratory manifestations. Methods: Patient data (2007-2016) were extracted from hospital records, centralised laboratory data and Northern Territory Centre for Disease Control records. Clinical records of patients with clinically suspected NS were reviewed. A diagnosis of NS was made based on the 2014 US CDC criteria. Results were also recategorized based on the 2018 US CDC criteria. Results: The population of the "Top End" is 185,570, of whom 26.2% are Indigenous. A positive TPPA was recorded in 3126 individuals. A total of 75 (2.4%) of TPPA positive patients had a lumbar puncture (LP), of whom 25 (35%) were diagnosed with NS (9 definite, 16 probable). Dementia was the most common manifestation (58.3%), followed by epilepsy (16.7%), psychosis (12.5%), tabes dorsalis (12.5%) and meningovascular syphilis (8.3%). 63% of probable NS cases were not treated appropriately due to a negative CSF VDRL. Despite increased specificity of the 2018 US CDC criteria, 70% of patient in the probable NS group were not treated appropriately. The overall annual incidence [95%CI] of NS was 2.47[1.28–4.31] per 100 000py in the Indigenous population and 0.95[0.50–1.62] in the non-Indigenous population (rate ratio=2.60 [1.19–5.70];p= 0.017). Conclusion: Neurosyphilis is frequently reported in the NT, particularly in Indigenous populations. Disturbingly, 60% of probable neurosyphilis patients based on the 2014 criteria, and 70% based on the 2018 criteria with were not treated appropriately. It is critical that clinicians should be aware of the diagnosis of NS and treat patients appropriately.
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	Michael Lowe
	Bart J Currie
	James N Burrow
	Ric N Price
Opposed Reviewers:	
Response to Reviewers:	The rate of lumbar puncture was 2.4% - do you know how this compares with other countries ? Thank you for this excellent suggestion. Unfortunately, it is not clear after reviewing the literature what LP rates were in other countries. As we one of our methods of screening for NS patients was by reviewing all LP performed in the region we were able to arrive

at those figures. Other studies have either determined NS through chart reviews, referrals to tertiary centers or reporting to their local CDC. These cases have already met criteria for NS. It is unclear from these studies how many patients had an LP for a query of NS but did not met criteria, and therefore not diagnosed with NS.

Is there a take home message for practicing clinicians, given the low rate of appropriate treatment ?

We have added a line to the conclusion to try address this. Line 386

Could you add a line or two telling us what you think the limitations are of your study, please ?

We have added a paragraph explaining the limitations of the study, including the difficulties in making a definitive diagnosis of NS and our reliance on mostly retrospective data. Line 373

The authors estimate incidence rates in their population. While they comment on the risk of overestimate in their discussion due to the inclusion of probable cases, they should also comment on the possibility that these are underestimates (at least using the diagnostic criteria that have been employed). Neurosyphilis is often asymptomatic or not considered in the differential diagnosis. Unless the entire population was screened by anti-treponemal antibody, one really does not know the true prevalence of infection.

We agree that this is an important point. We have now raised the issues in the discussion along with the comments regarding asymptomatic cases. This is on line 280 of the discussion.

The authors state that the incidence of syphilis declined significantly following the introduction of penicillin. While this is true, contact tracing also played a significant role in the decline in incidence in the U.S. as case rates began falling long before the widespread institution of penicillin.

Thank you for this addition and something we have now mentioned with appropriate referencing on line 90

The increased incidence in the indigenous population, presumably individuals in a lower socioeconomic group relative to the white population, parallels the experience in the U.S. where rates of syphilis is substantially higher in the African-American and Hispanic populations.

Yes, this is indeed true, the Australian Indigenous population are individuals who have a considerably lower socioeconomic background compared to Whites, with poorer health outcomes. We have added an additional line regarding this in our discussion (line 313).

Two of their patients were HIV-infected. Can they state what percentage of their patients were men who have sex with men among both the indigenous and non-indigenous populations in their study?

Unfortunately, we do not have that data as it was not consistently or clearly documented in the medical records. It was not available to us from the data provided from the CDC either.

Were there not any asymptomatic neurosyphilis cases? If not, why not? Also, can the authors identify whether the neurosyphilis manifestations were early or late manifestations of the infection. Whereas dementia, tabes, and psychosis are typically late manifestations (tertiary syphilis), meningitis, seizures and uveitis are often seen with secondary syphilis, particularly, in the HIV infected population.

There were no cases of asymptomatic NS, which was likely due to our methodology of screening cases based on LPs performed, all of who had neurological symptoms. It also likely relates to the practice of not consistently testing for NS with an LP in patients

	 with syphilis that fail to have a four-fold decrease in RPR despite treatment. There is probably a much higher prevalence of asymptomatic cases that we have failed to detect. This has been added to the discussion (line 282) as well as the results section (line 222). We have categorized cases into early and late manifestations and added it to the results section (line 220), 79% of cases were late manifestations. How comfortable are the authors in attributing the neurological manifestations to syphilis? After all, "a man can have as many diseases as he damn well pleases." If the clinicians caring for these patients felt comfortable that there were better explanations for their neurological manifestations might that not explain why those with "probable neurosyphilis" were not treated? This is an excellent point that was raised amongst our group. We have added our thoughts regarding this in the discussion (line 340), specifically around the issue of dementia, which is a common condition in the general population. If the clinician felt that the cause of dementia was due to a more common or likely cause then they may
	testing results on our patient cohort, it is difficult for us to say that there was not another dementing syndrome. Further prospective studies are planned to address this.
	"the test carries a high sensitivity and low sensitivity" (not "now") line 129
	Thank you, correction made
	How do the authors explain the apparent profound decline in syphilis in the indigenous population between 2007 and 2015 with a nadir in 2013, a year that the incidence in the non-indigenous increased?
	The vast majority of cases between 2007-2015 were late latent cases of syphilis in both the Indigenous and non-Indigenous population. These cases were on the decline in the indigenous population, which we believe was in part due to the work by the CDC, though this is difficult to say in retrospect. The small rise in 2013 in the non-indigenous population is in late latent cases as well, though we are not sure why there was a rise. The sharp increase in cases from 2013 onwards are all new cases of syphilis in the Indigenous population, with late latent cases remaining stable in both groups. We have added a table with a breakdown of the raw numbers as a supplementary table for additional clarity.
	How does the application of the 2018 CDC criteria change the numbers with respect to the percentage of probably neurosyphilis in which there was a failure to treat?
	Thank you for this suggestion as it was not something we had thought to look at. In fact with the 2018 CDC criteria only 3/10 cases received IV BP and 3 cases received IM benzathine. This is less than with the 2014 criteria. We have added these findings to the abstract and discussion section (line 74 & 369).
Additional Information:	
Question	Response
Financial Disclosure	No
Enter a financial disclosure statement that describes the sources of funding for the work included in this submission. Review the <u>submission guidelines</u> for detailed requirements. View published research articles from <u>PLOS ONE</u> for specific examples.	
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No

Use the instructions below to enter a competing interest statement for this submission. On behalf of all authors, disclose any <u>competing interests</u> that could be perceived to bias this work—acknowledging all financial support and any other relevant financial or non-financial competing interests.

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- Provide the name of the Institutional Animal Care and Use Committee (IACUC) or other relevant ethics board that reviewed the study protocol, and indicate whether they approved this research or granted a formal waiver of ethical approval
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Dear Dr Bob Taylor,

Re: Neurosyphilis: Still Prevalent and Overlooked in an At Risk Population

We would like to thank you for reviewing our manuscript for PLOS ONE. The suggestions made by yourself and the reviewer have been addressed and we feel that they have further improved the manuscript. Of note, after re-categorizing cases with the new 2018 US CDC NS criteria, 70% of patients in the probable NS group still did not receive appropriate therapy, indicating significant underdiagnosis and undertreatment despite the improved specificity of the new 2018 criteria. We have tried to highlight the recurring theme of under treatment as one of the take home message for clinicians. We have also added a further supplementary table with raw data on regional syphilis cases over the last 10 years.

The authors received no specific funding for this work. The authors have declared that no competing interests exist.

We again thank you for your consideration of our paper.

Your sincerely

Dr Prashanth Ramachandran

Pla. The

Professor Ric Price

Neurosyphilis: Still Prevalent and Overlooked in an At Risk Population 1 2 <u>Authors</u> Prashanth S Ramachandran¹ 3 4 Rob W Baird² 5 Peter Markey^{1,3} Sally Singleton³ 6 7 Michael Lowe¹ Bart J Currie^{1,4} 8 9 James N Burrow¹ 10 Ric N Price 1,4,5 11 1 Division of Medicine, Royal Darwin Hospital, Darwin, NT, Australia; 12 13 2 Territory Pathology, Department of Health, Darwin NT. 14 3 Centre for Disease Control, Northern Territory, Australia 15 4 Global and Tropical Health Division, Menzies School of Health Research, Charles Darwin 16 University, Darwin, NT, Australia; 17 5 Centre for Tropical Medicine and Global Health, Nuffield Department of Medicine, University of Oxford, Oxford, UK 18 19 20 Keywords: Neurosyphilis, Syphilis, Epidemiology 21 22 **Corresponding Author:** 23 **Ric N Price** Global and Tropical Health Division, Menzies School of Health Research, Charles Darwin 24

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32	
33	Article Summary:
34	We assessed the incidence of neurosyphilis (NS) in Northern Australia, where there is currently
35	an outbreak of syphilis. There was a higher incidence of NS in the Indigenous population using
36	both the US-CDC 2014 criteria and the recent 2018 US-CDC criteria. Neurosyphilis was
37	underdiagnosed and undertreated by clinician
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47 Abstract

Background: Neurosyphilis (NS) presents with a variety of clinical syndromes that can be
attributed to other aetiologies due to difficulties in its diagnosis. We reviewed all cases of NS
from the "Top End" of the Australian Northern Territory over a ten-year period to assess
incidence, clinical and laboratory manifestations.

52 **Methods:** Patient data (2007-2016) were extracted from hospital records, centralised laboratory 53 data and Northern Territory Centre for Disease Control records. Clinical records of patients with 54 clinically suspected NS were reviewed. A diagnosis of NS was made based on the 2014 US 55 CDC criteria. Results were also recategorized based on the 2018 US CDC criteria.

56 **Results:** The population of the "Top End" is 185,570, of whom 26.2% are Indigenous. A positive

57 TPPA was recorded in 3126 individuals. A total of 75 (2.4%) of TPPA positive patients had a

⁵⁸ lumbar puncture (LP), of whom 25 (35%) were diagnosed with NS (9 definite, 16 probable).

59 Dementia was the most common manifestation (58.3%), followed by epilepsy (16.7%),

60 psychosis (12.5%), tabes dorsalis (12.5%) and meningovascular syphilis (8.3%). 63% of

61 probable NS cases were not treated appropriately due to a negative CSF VDRL. Despite

increased specificity of the 2018 US CDC criteria, 70% of patien the probable NS group were

not treated appropriately. The overall annual incidence [95%CI] of NS was 2.47[1.28–4.31] per

100 000py in the Indigenous population and 0.95[0.50–1.62] in the non-Indigenous population

65 (rate ratio=2.60 [1.19–5.70];p= 0.017).

66 **Conclusion:** Neurosyphilis is frequently reported in the NT, particularly in Indigenous

67 populations. Disturbingly, 60% of probable neurosyphilis patients based on the 2014 criteria,

and 70% based on the 2018 criteria with were not treated appropriately. It is critical that

69 clinicians should be aware of the diagnosis of NS and treat patients appropriately.

71 Introduction

Syphilis continues to cause a major burden of disease due to its systemic manifestations and 72 73 long-term neurological sequelae. After the introduction of contact tracing, followed by penicillin, 74 the incidence of syphilis declined significantly, falling from 447 per 100 000-person years (py) in 75 the United Stated in 1947 to 11.2 per 100 000py in 2000(1, 2). However since the turn of the millennium, the global incidence has increased markedly, more than doubling in at risk 76 77 populations in North America, Australia and Europe (1, 3, 4). In 2014 alone there were an estimated 6 million new cases of syphilis (5) the majority occurring in Africa and South East 78 79 Asia(6). The risk of syphilis is expected to be particularly high in certain ethnic groups, indigenous populations and men having sex with men(7). 80 81 Many countries have instituted mandatory reporting of all new cases of syphilis, to ensure early 82 detection of outbreaks and to guide patient management and public health interventions. 83 However, neurosyphilis (NS) is not a reportable disease as a separate entity and therefore epidemiological data are sparse. In the antibiotic era, several studies have estimated the 84 85 incidence of NS to range from 0.08 to 2.2 per 100 000py(8-11). However, the true incidence of NS is difficult to quantify due to frequent misdiagnoses, arising from a paucity of accurate 86 microbiological tests, protean manifestations of the disease and varied clinical diagnostic 87 88 criteria(12, 13).

In the tropical northern region of the Northern Territory (NT) of Australia (the "Top End"), which has had a centralised syphilis register and programmatic support since 2005, syphilis rates had been decreasing until 2013. However, in 2011 an epidemic of syphilis commenced in the State of Queensland which soon spread eastwate o Central Australia, then the Top End of the Northern Territory by mid 2013 and subsequently to Western Australia. The tri-State epidemic continues in 2020. To quantify the impact of NS on the region, we undertook a review of all

cases of NS from the "Top End" over a ten-year period (2007-2016) to assess its incidence and
associated clinical and laboratory manifestations.

97

98 <u>Methods</u>

99 <u>Study Design</u>

We conducted a retrospective (2007 – 2015) and prospective (2016) multicentre cohort study of NS, in the Top End of the Northern Territory of Australia. In 2007 the population of the 'Top End' was 168,036 rising to 194,882 in 2016. The corresponding Indigenous population rose from 45,765 (27.2% of population) 52,101 (26.7% of population). The population at the midpoint of the ten-year study period was 185,570, of whom 48,632 (26.2%) were Indigenous. The midpoint population over the ten-year period was used for incidence calculations.

106

107 Between 2007 and 2016, all patients presenting to one of the three district hospitals servicing this region were eligible for inclusion in the study if they fulfilled the US Centres for Disease Control 108 (US CDC) criteria for NS, comprising of a clinical syndrome consistent with NS and cerebrospinal 109 110 fluid (CSF) changes(14). Our initial analysis was based on the 2014 US CDC criteria for NS, which has a high sensitivity, allowing the capture of all cases, however, these criteria lack 111 112 specificity, most notably when serological tests are negative (15). The revised 2018 US CDC NS criteria were published during manuscript preparation and were included into subsequent 113 epidemiological analysis (Table 1)(16). 114

115 Clinical syndromes consistent with NS were defined as meningitis with or without cranial nerve 116 abnormalities, meningovascular disease, dementia (general paresis) and tabes dorsalis, and 117 isolated presentations of epilepsy, psychosis, ocular and otic disease. Late manifestations of NS 118 were categorized as dementia, tabes dorsalis and psychosis. Early manifestations of NS were 119 categorized as meningitis, meningovascular disease, ocular disease, otic disease and isolated

120 epilepsy. As per the US CDC 2014 NS criteria, a definite diagnosis of NS was defined as at least 121 one clinical syndrome compatible with NS with a positive serum Treponema pallidum particle 122 agglutination assay (TPPA) test and a positive CSF Venereal Disease Research Laboratory 123 (VDRL). Probable NS was defined as a clinical syndrome suggestive of NS, a positive serum 124 TPPA test, an elevated CSF white cell count (WCC) >5 cell/microL and/or CSF protein >0.45mg/L with no other cause found (Table 2). Possible NS was defined as a patient who was treated for 125 126 NS due to high suspicion, but who did not meet CDC criteria for lack of a CSF examination, or a 127 diagnosis based on an alternate criterion.

CSF treponemal tests (TPPA, FTA-Ab) coincluded in either the 2014 or 2018 CDC criteria. The test carries a high sensitivity but low specificity, and is often used to rule out NS when negative. However due to its poor negative predictive value, some argue that it should not be used when a patient's pre-test probability of NS is high (17). We did not use either CSF TPPA or FTA-Ab in our selection criteria as it was not part of the US CDC 2014 criteria.

133

134 *Data sources*

Patients were identified and matched using three separate databases; i) The Northern Territory (NT) Centre for Disease Control notifications of syphilis, including classification (either less than 2 years duration or greater than 2 years or unknown duration) and register of prior treatment; ii) Hospital discharge coding from each of the three district hospitals; and iii) laboratory records of syphilis serology testing.

Demographic and clinical information from all eligible patients were gathered from the electronic medical records and the clinical classification of NS, its treatment and outcomes recorded in a standardised database using Excel (v16.19, Microsoft). Patients' hardcopy medical records were retrieved when further information was required. Regional population data were obtained from the Top End Health Department data which maintains yearly Indigenous and Non-Indigenous population data for the region. NT CDC data was used for confirmation of treatment history and serological titre response. NT CDC data for new cases of syphilis were divided into threecategories during collection: Indigenous, non-Indigenous and unknown.

The Top End syphilis diagnostic algorithm uses serum TPPA treponemal testing as the initial test for syphilis and if positive, an RPR is done. CSF for suspected NS patients is analysed by VDRL,

150 TPPA and FTA-A alongside biochemistry analysis and microscopy.

151

152 **Statistical analysis**

All statistical analyses and graphs were generated using Graphpad Prism(v7, San Diego, California). Normally distributed data were compared using Student's t-test, and non-parametric comparisons were made using the Mann-Whitney U test. Proportions were examined using χ^2 with Yates' correction or Fisher's exact test. Correlations were assessed using the Pearson test for correlated proportions for normal distributed variables and the Spearman rank test for nonnormal distributed variables. Rate ratios and 95% confidence intervals were determined using Confidence Interval Analysis (vs 2.2.0).

160 <u>*Ethics*</u>

Ethical approval was granted by the Human Research Ethics Committee of the Northern Territory
 Department of Health and Menzies School of Health Research (HREC 2016-2633)

163

164 **Results**

Between January 2007 and December 2016, 3126 (1.6%) individuals in the Top End tested for syphilis serology were TPPA positive. Of these there were 1135 confirmed new cases of syphilis (Figure 1), of whom 789 (69.5%) were in Indigenous, 330 (29%) in non-Indigenous individuals and 18 (1.5%) had no classification available. The corresponding incidence of new cases of syphilis was 162.24 per 100,000 person years (py) [95% CI 151.12 - 173.97] in the Indigenous population and 24.10 per 100,00py [95% CI 21.57 – 26.85] in the non-Indigenous population (Rate Ratio (RR) = 6.73 [95%CI 5.92 – 7.65]; p<0.0001). The number of new cases rose from a
mean of 105.8 per year between 2007 and 2011 to 121.2 per year between 2012 and 2016. The
overall incidence of newly diagnosed syphilis cases was 61.16 [95% CI 57.66 – 64.83] per
100,000py.

175

176 *Neurosyphilis*

Of the 3126 TPPA positive individuals, 75 (2.4%) underwent lumbar puncture. Of the 44 (59%) patients with CSF abnormalities, 16/44 (31%) had an alternate diagnosis or a history that was not suggestive of NS. Of the remaining 28 patients with clinical history consistent with NS 9 (32%) had a definite diagnosis of NS, 16 (57%) had a probable diagnosis of NS and 3 (11%) had possible NS. The nineteen patients with alternate diagnosis and possible NS were excluded from further analysis (Figure 2).

183 Of the 25 patients with definite or probable NS, 19 (76%) were male, 12 (48%) were Indigenous 184 and 2(8%) were HIV positive. The median age of these patients was 64 years (range: 32 to 97). The overall incidence of definite or probable NS was 1.37 [95% CI 0.87 - 1.99] per 100,000py, 185 the incidence being 2.47 [95%Cl 1.28 – 4.31] per 100 000py in the Indigenous population and 186 0.95 [95%CI 0.50 – 1.62] per 100,000py in the non-Indigenous population (rate ratio=2.60 [1.19 187 -5.70]; p= 0.017). When only patients with definite NS were included, the incidence was 0.49 188 189 [95% CI 0.22 – 0.92] per 100,000py, with no significant difference between the Indigenous (0.62 190 [95% CI 0.13 – 1.80] per 100.000py) and non-Indigenous (0.44 [95% CI 0.16 – 0.95] per 191 100,000py) populations p=0.63. The rate of NS per case of syphilis in the Indigenous population was 12/789 (1.52%) and 13 3 (3.6%) (rate ratio=0.39 [0.18 – 0.84]; p=0.016). 192

193 Clinical Manifestations

194 Clinical data were available for 24 of the 25 patients with definite or probable NS. Dementia was 195 present in 14 (58.3%) of patients, seizures in 4 (16.7%), tabes dorsalis in 3 (12.5%), psychosis in 3 (12.5%), meningovascular disease in 2 (8.3%) and ocular involvement (panuveitis) in 1 196 197 (4.2%) patient. Three patients had more than one clinical manifestation of NS; Figure 3 and 198 Table 2. There were no cases of meningitis or otic NS. It was not possible to characterise the dementia syndrome or severity from the clinical records. Overall 79% (19/24) cases were late 199 200 manifestations of NS and 62% (5/8) of definite cases were late manifestations of the disease. No patients with asymptomatic NS were identified. 201

202 *Laboratory results*

CSF VDRL was positive in all cases of definite NS and absent otherwise. CSF TPPA was
positive in 89% (8/9) of those with definite NS and 18.8% (3/16) with probable NS. CSF FTA
was only tested in 20 patients and was positive in all (8/8) patients with a definite diagnosis and
33% (4/12) of patients with a probable diagnosis. Only 2 patients in the probable group had
positive CSF serology for both TPPA and FTA (Table 2).

In total 28.0% (7/25) patients with definite or probable NS had a raised WCC in their CSF with a

209 median count of 21 cell/microL (range 7 to 45 cell/microL), which was predominantly

210 lymphocytic. In patients with a definite NS diagnosis WCC was elevated in 55.6% (5/9) of

cases, compared to 12.5% (2/16) in patients with a probable diagnosis ; p= 0.144. The CSF

protein was elevated in 92% (24/25) of patients (median 0.74 mg/L, range 0.49-1.37mg/L).

Two patients with definite NS had borderline CSF results: with a CSF protein of 0.49mg/L and

214 0.5mg/L respectively with no pleocytosis. One patient with definite NS had a normal CSF protein

with CSF WCC of 5 cell/microL which should be considered as a normal CSF. Two of these

216 patients had dementia, there were no clinical data available for the third.

Serum RPR was reactive in all (9/9) patients with a definite diagnosis of NS and 62.5% (10/16)
of those with a probable diagnosis, with a significantly higher titre in those with definite NS;
p<0.0001 (Table 2).

220

221 **Treatment**

222 Prior to a diagnosis of NS, two patients with definite NS had been treated for late latent syphilis with intramuscular benzathine penicillin without a pertinent four-fold decrease in their RPR. Nine 223 224 (56.3%) of the patients with probable NS had also received prior intramuscular benzathine penicillin for latent syphilis of whom 4 (44.4%) did not have an appropriate four-fold decrease in 225 226 their RPR titre. This can be attributed to either treatment failure or potential re-infection. Of the 6 227 patients in the probable group who had a non-reactive serum RPR at the time of NS diagnosis, 228 data regarding prior treatment through the NT CDC was available for only 5. Of those 5 patients, 229 3 had no documented prior history of treatment for syphilis

All patients with definitive NS were treated with the recommended regimen of 14-15 days of IV benzylpenicillin, but only 37.5% (6/16) of those with probable NS were treated with IV benzyl penicillin. Of the 10 patients who were not treated appropriately, four were treated for late latent syphilis (weekly IM benzathine penicillin for 3 weeks), three of whom had dementia with the only mildly elevated CSF protein (range 0.57-0.74 mg/L). One patient treated for latent syphilis had signs and symptoms of tabes dorsalis and a CSF WCC 21 cell/microL and a negative CSF VDRL.

Only 2 of the 25 patients with definite or probable NS had a repeat lumbar puncture, one of
whom was a 60-year-old who had presented with psychosis and received appropriate therapy
for NS, but subsequently required re-treatment as there was still an elevated CSF VDRL without
a 4 fold decrease.

241 Discussion

242 Despite significant public health endeavours, syphilis continues to increase in incidence and 243 exert significant morbidity in at risk populations. Our analysis highlights that between 2007 and 2016, the incidence of syphilis in the Top End of Australia was 61.16 per 100,000 py with an 244 associated incidence of NS, based on the 2014 US CDC criteria, of 1.37 per 100,000 py. The 245 rate of syphilis was almost 7-fold higher in the Indigenous population than in the non-Indigenous 246 population and this was associated with a 2.5 fold higher rate of NS. However, the rate of NS 247 248 per case of syphilis was significantly lower in the Indigenous population in comparison. This is 249 likely due to the stringent follow up and treatment by the NT CDC of Indigenous cases 250 compared to non-Indigenous cases. This has likely limited the duration of syphilis exposure in this community and prevented the development of NS. 251

252 Since two thirds of the cases were defined as probable diagnoses we may have overestimated 253 the true risk of NS however even when these patients were excluded the incidence of definitive 254 NS in the Top End was 0.49 per 100,000py, approximately 2.5 - 5 fold higher than that reported from UK and Denmark. We may also have underestimated the true incidence. Our 255 256 methodology screened patients based on those who underwent lumbar punctures, all of whom 257 had presented with neurological symptoms. This approach would have failed to capture asymptomatic NS patients, and thus underestimated the true incidence. It is not current practice 258 259 to perform an LP for patients with syphilis who do not have a four-fold decline in serum RPR 260 despite adequate treatment and this may have missed detection of asymptomatic cases 261 proposed incidence of NS also assumes that clinicians have considered the diagnosis of NS in 262 all patients presenting with suspicious symptoms and sent appropriate testing.

264 In view of the rising number of cases of early syphilis it is likely that NS will increase over the 265 coming decades. Our study is unique in applying almost complete capture of reported cases 266 from the region. It is also the first study to detail the incidence and clinical characteristics of NS 267 in any region of Australia. Similar to previous studies in the US that demonstrate racial 268 disparities with the rates of syphilis between Whites, Blacks and Hispanic persons, our study 269 demonstrates marked ethnic disparities in the incidence of both syphilis and neurosyphilis (7, 270 18), which further undermines the already poor health outcomes and lower life expectancy of Indigenous Australians.(18) 271

272 The diagnosis of NS is challenging, since there is no gold standard microbiological assay and 273 varying, non-specific diagnostic criteria. Alarmingly more than half of the patients in our study 274 with a probable diagnosis of NS did not receive appropriate treatment. Both false negative and 275 false positive diagnoses contribute to the misdiagnosis of NS. The former arises from the 276 misconception that a negative CSF VDRL has a high negative predictive value for ruling out NS. Whilst CSF VDRL is highly specific, its sensitivity is between (30 and 70%)(19). A negative CSF 277 278 VDRL should therefore not dissuade a clinician from the potential diagnosis of NS. Although 279 CSF treponemal tests have higher sensitivity, their negative predictive value is dependent on 280 the pre-test probability of NS(17). The high prevalence of syphilis in the Top End and the high level of suspicion prompting an LP and investigation for NS increases the pre-test probability of 281 NS in our cohort. In this context a negative CSF treponemal test cannot be relied upon to rule 282 283 out NS. Although polymerase chain reaction (PCR) carries a high sensitivity and specificity for 284 other specific neuroinfectious diseases (HSV, enterovirus, etc), the utility of PCR has never been shown for NS (20). 285

False positive diagnoses of NS can arise from the low specificity and high sensitivity of the US CDC 2014 diagnostic criteria, in which the only CSF abnormality required for a diagnosis of NS is an elevated CSF protein. US CDC Guidelines recommend that NS should be treated with

289 intravenous benzylpenicillin administered 4 hourly for 15 days(14). We conjecture that there is 290 either a reluctance to treat an already very demented patient or ambivalence over the 291 significance of a mildly elevated protein as the only abnormal CSF finding. The clinical 292 experience of many clinicians is that a mildly elevated CSF protein (0.46-0.55 mg/L) as an 293 isolated finding is of little clinical utility.(21) We were unable to extract data on the cognitive 294 profile of our patients with dementia and it is therefore not possible to differentiate between 295 patients with probable NS who truly had dementia related to NS or due to another aetiology. 296 Given the increasing prevalence of dementia in the general community, the treating clinicians may have decided not to treat for probable NS as another cause of dementia was more likely. 297

298 During the preparation of the manuscript, the US CDC released revised diagnostic criteria which 299 included an additional requirement that a reactive serum RPR result was needed for a diagnosis 300 of definite and probable NS. A four-fold decrease in RPR titres suggests a treatment response 301 in syphilis, however RPR titres can fall and normalise even without treatment. Previous studies have demonstrated that in patients with definite NS, the serum RPR is almost always reactive, 302 303 but approximately 10% of patients with probable NS have a non-reactive serum RPR(22). In our cohort all patients with definite NS had a reactive serum RPR, but over a third of patients with 304 305 probable NS group did not have a reactive serum, of whom three had no history of prior syphilis 306 treatment and only had an elevated CSF protein. According to more stringent criteria these 307 serum RPR negative patients would be considered false positives. Although some of these 308 patients may have been correctly categorized as not having NS, the diagnosis in those who 309 have never received any form of prior syphilis treatment is unclear – they could have potentially normalised serum RPR overtime and thus constitute false negative diagnosis of NS. This group 310 is likely to constitute a very small overall percentage of NS cases and a drop in the US CDC 311 312 2018 criteria's sensitivity may be appropriate for the compensatory increase in specificity. The US CDC 2018 criteria cost demonstrate that a large number that were previously categorized 313

as probable NS with only an elevated CSF protein, likely did not have NS as they were no
longer considered probable under the new criteria. We recategorized our cohort into both the
2014 and 2018 NS criteria, (Figure 4, Supplementary file 1) to demonstrate the differences in
incidence between the two criteria. With the new 2018 CDC NS criteria, only 3/10 (30%) of
probable NS cases were treated appropriately with IV benzylpenicillin for 2 weeks. 3 patients
received 3 courses of IM benzathine penicillin and the remainder of patients received no
treatment.

Our study has several limitations Ithough we attempted to capture all cases of syphilis and NS searching multiple databases, given the uncertainty of the diagnosis and our reliance on LP and clinical suspicion, we may have either over- or under- estimated the true burden of disease. Furthermore whilst we included prospective data collection the majority of the data were gathered retrospectively and we were unable to document detailed phenotypes of many of the patients from the medical notes.

327

328 Conclusion

Our study highlights the ongoing difficulties with the diagnosis and management of NS. Despite 329 330 these challenges, there continues to be significant disparities between Indigenous and non-Indigenous Australians in the incidence of syphilis and NS. Similar to other studies, the key 331 332 dilemma is whether patients with probable NS truly have the disease and would benefit from appropriate treatment (23). Until the advent of a new and accurate assay, NS will continue to be 333 a complex and difficult disease to diagnoses and manage. A large proportion of patients with 334 335 probable NS were not diagnosed or treated appropriately. Whilst the new 2018 CDC NS criteria 336 improves the specificity of probable NS, it is critical that clinicians should be aware of the 337 diagnosis and treat patients appropriately.

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429	Table 1: Diagnostic Criteria for Neurosyphilis

		US CDC 2014 Diagnostic Criteria for NS	US CDC 2018 Diagnostic Criteria for NS
	Definite NS	Serum TPPA positive	Serum TPPA positive
		CSF VDRL positive	Serum reactive RPR
			CSF VDRL positive
	Probable NS		Serum reactive RPR
		Serum TPPA positive	Serum TPPA positive
		CSF WCC > 5 cell/microL	CSF WCC > 5 cell/microL
		or	or
		CSF protein > 0.5 mg/L	CSF protein > 0.5 mg/L
0			
2			
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9			
40	Table 2: Clinical a	nd laboratory chara	acteristics based of

	Definite	Probable	Total
	9	16	25
Male	8	11	19
Indigenous	3	9	11
HIV	2	0	2
Clinical Diagnoses	n = 8	n = 16	n = 24
Meningitis	0	0	0
Ocular	1	0	1
Meningovascular	1	1	2
Dementia	4	10	14
Psychosis	1	2	3
Tabes Dorsalis	1	2	3
Seizures	2	2	4
Laboratory			
Number of reactive serum RPR	9	10	19
Median RPR titre	1:128 (1:2 - 1:512)	1:4 (1:1 - 1:16)	1:8 (1:1 – 1:512)
Number of CSF examinations	9	16	25
Number of positive CSF VDRL (\geq 1:1)	9	0	9
Number of reactive CSF TPPA	8	2	10
Number of reactive CSF FTA	8	4	12
Number with high WCC in CSF (WCC > 5 cell/microL)	5 (median 26cell/microL, range 7-45cell/microL)	2 (range 10- 21cell/microL)	7 (median 21 cell/microL, range 7-45 cell/microL)
Number with high CSF Protein (Protein > 0.50 mg/L)	6 (median 1.08mg/L, range 0.68-1.37mg/L)	16 (median 0.725mg/L, range 0.57-1.37mg/L)	22 (median 0.77mg/L, range 0.57- 1.37mg/L)
Management	n = 9	n = 16	n = 25
Treatment for NS	9	6	15

447 Table 3: Incidence of NS in the NT based on different criteria

	US CDC 2014	US CDC 2018
Total Incidence - per 100,000 py[95% CI]	1.37 [0.87-1.99]	1.02 [0.62 – 1.60]
Indigenous Incidence - per 100,000 py[95% CI]	2.47 [1.28-4.31]	1.85 [0.85 – 3.51]
Non-Indigenous Incidence - per 100,000 py[95% CI]	0.95 [0.50-1.62	0.73 [0.35 – 1.34]
Rate Ratio Indigenous vs Non-Indigenous incidence [95% CI]	2.60 [1.19-5.70] p= 0.017	2.53 [1.03 to 6.24] p= 0.043

- 457 Figure 1: Incidence of syphilis in the Top End of the Northern Territory by Indigenous status;
- 458 2006-2016.
- 459 Figure 2: Inclusion workflow for cohort
- 460
- 461 Figure 3: Clinical Syndromes and overlap
- 462
- 463 Figure 4 Evaluation of patient cohort with different diagnostic criteria.
- 464 Footnote: The percentage of Probable cases decreases from 64% to 40% respectively. The
- 465 Category of not NS subsequently increases to 24% respectively.
- 466





Population Growth & Incidence of Syphilis Per Year



-- Incidence of syphilis in Incidence of syphilis in Indigenous population









The use of different criteria for NS Diagnosis



supplementary tables

Click here to access/download Other Sup_tables_submission.docx

Neurosyphilis: Still Prevalent and Overlooked in an At Risk Population

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33 Article Summary:

- 34 There is currently a syphilis outbreak in Northern Australia. We assessed the incidence of
- 35 neurosyphilis (NS) in There is currently a syphilis outbreak in Northern Australia, where there is
- 36 <u>currently an outbreak of syphilis_this region</u>. There was a higher incidence of NS in the
- 37 Indigenous population using both the US-CDC 2014 criteria and the recent 2018 US-CDC
- 38 criteria. <u>Neurosyphilis was underdiagnosed and undertreated by clinicianby clinicians</u>,

Commented [JB1]: I don't know if this is the way to state the important message of the paper?

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49

50 Abstract

Background: Neurosyphilis (NS) can-presents with a variety of clinical syndromes that can and
may-be attributed to other aetiologies due to difficulties in its diagnosis. We reviewed all cases
of NS from the "Top End" of the Australian Northern Territory over a ten-year period to assess
incidence, clinical and laboratory manifestations.

- 55 Methods: Patient data (2007-2016) were extracted from hospital records, centralised laboratory
- 56 data and Northern Territory Centre for Disease Control records. Clinical records of patients with
- 57 clinically suspected NS were reviewed. A diagnosis of NS was made based on the 2014 US
- 58 CDC criteria. <u>Results were also recategorized based on the 2018 US CDC criteria.</u>
- 59 Results: The population of the "Top End" is 185,570, of whom 26.2% weare Indigenous. A
- 60 positive TPPA was recorded in 3126 individuals. A total of 75 (2.4%) of TPPA positive patients
- had a lumbar puncture (LP), of whom 25 (35%) were diagnosed with NS (9 definite, 16
- 62 probable). Dementia was the most common manifestation (58.3%), followed by epilepsy
- 63 (16.7%), psychosis (12.5%), tabes dorsalis (12.5%) and meningovascular syphilis (8.3%). 63%
- 64 of probable NS cases were not treated appropriately due to a negative CSF VDRL. <u>Despite</u>
- 65 increased specificity of the 2018 US CDC criteria, 70% of patient in the probable NS group were
- 66 not treated appropriately. -The overall annual incidence [95%CI] of NS was 2.47[1.28–4.31] per
- 67 100 000py in the Indigenous population and 0.95[0.50–1.62] in the non-Indigenous population
 68 (rate ratio=2.60 [1.19–5.70];p= 0.017).
- 69 **Conclusion:** Neurosyphilis is frequently reported in the NT, particularly in Indigenous
- populations. Disturbingly, nearly 60% of probable neurosyphilis patients based on the 2014
- 71 criteria, and 70% based on the 2018 criteria with probable neurosyphilis were not treated

72	appropriatelybecause of over-reliance on CSF VDRL positivity.It is critical that clinicians	
73	should be aware of the diagnosis of NS and treat patients appropriately.	
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79 80	Introduction	
04	Our billing and the second of the second state	
81	Syphilis continues to cause a major burden of disease due to its systemic manifestations and	
82	long-term neurological sequelae. After the introduction of <u>contact tracing, followed by</u> penicillin,	
83	the incidence of syphilis declined significantly, falling from 447 per 100 000-person years (py) in	
84	the United Stated in 1947 to 11.2 per 100 000py in 2000(1, 2). However since the turn of the	
85	millennium, the global incidence has increased markedly, more than doubling in at risk	
86	populations in North America, Australia and Europe (1, 3, 4). In 2014 alone there were an	
87	estimated 6 million new cases of syphilis (5) the majority occurring in Africa and South East	
88	Asia(6). The risk of syphilis is expected to be particularly high in certain ethnic groups,	
89	indigenous populations and men having sex with men(7).	
90	Many countries have instituted mandatory reporting of all new cases of syphilis, to ensure early	
91	detection of outbreaks and to guide patient management and public health interventions.	
92	However, neurosyphilis (NS) is not a reportable disease as a separate entity and therefore	
93	epidemiological data are sparse. In the antibiotic era, several studies have estimated the	
94	incidence of NS to range from 0.08 to 2.2 per 100 000py(8-11). However, the true incidence of	
95	NS is difficult to quantify due to frequent misdiagnoses, arising from a paucity of accurate	

96 microbiological tests, protean manifestations of the disease and varied clinical diagnostic

97 criteria(12, 13).

In the tropical northern region of the Northern Territory (NT) of Australia (the "Top End"), which 98 99 has had a centralised syphilis register and programmatic support since 2005, syphilis rates had been decreasing until 2013. However, in 2011 an epidemic of syphilis commenced in the State 100 101 of Queensland which soon spread eastward to Central Australia, then the Top End of the 102 Northern Territory by mid 2013 and subsequently to Western Australia. The tri-State epidemic 103 continues in 2020. To quantify the impact of NS on the region, we undertook a review of all 104 cases of NS from the "Top End" over a ten-year period (2007-2016) to assess its incidence and associated clinical and laboratory manifestations. 105

106

107 Methods

108 Study Design

We conducted a retrospective (2007 – 2015) and prospective (2016) multicentre cohort study of NS, in the Top End of the Northern Territory of Australia. In 2007 the population of the 'Top End' was 168,036 rising to 194,882 in 2016. The corresponding Indigenous population rose from 45,765 (27.2% of population), to 52,101 (26.7% of population). The population at the midpoint of the ten-year study period was 185,570, of whom 48,632 (26.2%) were Indigenous. The midpoint population over the ten-year period was used for incidence calculations.

115

Between 2007 and 2016, all patients presenting to one of the three district hospitals servicing this region were eligible for inclusion in the study if they fulfilled the US Centres for Disease Control (US CDC) criteria for NS, comprising of a clinical syndrome consistent with NS and cerebrospinal fluid (CSF) changes(14). Our initial analysis was based on the 2014 US CDC criteria for NS,

which has a high sensitivity, allowing the capture of all cases, however, these criteria lack specificity, most notably when serological tests are negative (15). The revised 2018 US CDC NS criteria were published during manuscript preparation and were included into subsequent epidemiological analysis (Table 1)(16).

124 Clinical syndromes consistent with NS were defined as meningitis with or without cranial nerve abnormalities, meningovascular disease, dementia (general paresis) and tabes dorsalis, and 125 126 isolated presentations of epilepsy, psychosis, ocular and otic disease. Late manifestations of NS 127 were categorized as dementia, tabes dorsalis and psychosis. Early manifestations of NS were 128 categorized as meningitis, meningovascular disease, ocular disease, otic disease and isolated epilepsy. As per the US CDC 2014 NS criteria, a definite diagnosis of NS was defined as at least 129 one clinical syndrome compatible with NS with a positive serum Treponema pallidum particle 130 agglutination assay (TPPA) test and a positive CSF Venereal Disease Research Laboratory 131 132 (VDRL). Probable NS was defined as a clinical syndrome suggestive of NS, a positive serum TPPA test, an elevated CSF white cell count (WCC) >5 cell/microL and/or CSF protein >0.45mg/L 133 with no other cause found (Table 2). Possible NS was defined as a patient who was treated for 134 NS due to high suspicion, but who did not meet CDC criteria for lack of a CSF examination, or a 135 diagnosis based on an alternate criterion. 136

CSF treponemal tests (TPPA, FTA-Ab) is not included in either the 2014 or 2018 CDC criteria. The test carries a high sensitivity but <u>Inow</u> specificity, and is often used to rule out NS when negative. However due to its poor negative predictive value, some argue that it should not be used when a patient's pre-test probability of NS is high (17). We did not use either CSF TPPA or FTA-Ab in our selection criteria as it was not part of the US CDC 2014 criteria.

142

143 Data sources

Patients were identified and matched using three separate databases; i) The Northern Territory (NT) Centre for Disease Control notifications of syphilis, including classification (either less than 2 years duration or greater than 2 years or unknown duration) and register of prior treatment; ii)
Hospital discharge coding from each of the three district hospitals; and iii) laboratory records of
syphilis serology testing.

Demographic and clinical information from all eligible patients were gathered from the electronic 149 150 medical records and the clinical classification of NS, its treatment and outcomes recorded in a 151 standardised database using Excel (v16.19, Microsoft). Patients' hardcopy medical records were 152 retrieved when further information was required. Regional population data were obtained from the 153 Top End Health Department data which maintains yearly Indigenous and Non-Indigenous 154 population data for the region. NT CDC data was used for confirmation of treatment history and serological titre response. NT CDC data for new cases of syphilis were divided into three 155 categories during collection: Indigenous, non-Indigenous and unknown. 156

The Top End syphilis diagnostic algorithm uses serum TPPA treponemal testing as the initial test
for syphilis and if positive, an RPR is done. CSF for suspected NS patients is analysed by VDRL,
TPPA and FTA-A alongside biochemistry analysis and microscopy.

160

161 Statistical analysis

All statistical analyses and graphs were generated using Graphpad Prism(v7, San Diego, California). Normally distributed data were compared using Student's t-test, and non-parametric comparisons were made using the Mann-Whitney U test. Proportions were examined using χ^2 with Yates' correction or Fisher's exact test. Correlations were assessed using the Pearson test for correlated proportions for normal distributed variables and the Spearman rank test for nonnormal distributed variables. Rate ratios and 95% confidence intervals were determined using Confidence Interval Analysis (vs 2.2.0).

169 <u>Ethics</u>

170 Ethical approval was granted by the Human Research Ethics Committee of the Northern Territory

171 Department of Health and Menzies School of Health Research (HREC 2016-2633)

172

173 <u>Results</u>

Between January 2007 and December 2016, 3126 (1.6%) individuals in the Top End tested for 174 syphilis serology were TPPA positive. Of these there were 1135 confirmed new cases of syphilis 175 176 (Figure 1), of whom 789 (69.5%) were in Indigenous, 330 (29%) in non-Indigenous individuals 177 and 18 (1.5%) had no classification available. The corresponding incidence of new cases of syphilis was 162.24 per 100,000 person years (py) [95% CI 151.12 - 173.97] in the Indigenous 178 179 population and 24.10 per 100,00py [95% CI 21.57 – 26.85] in the non-Indigenous population (Rate Ratio (RR) = 6.73 [95%CI 5.92 - 7.65]; p<0.0001). The number of new cases rose from a 180 mean of 105.8 per year between 2007 and 2011 to 121.2 per year between 2012 and 2016. The 181 overall incidence of newly diagnosed syphilis cases was 61.16 [95% CI 57.66 - 64.83] per 182 183 100,000py.

184

185 **Neurosyphilis**

Of the 3126 TPPA positive individuals, 75 (2.4%) underwent lumbar puncture. Of the 44 (59%) patients with CSF abnormalities, 16/44 (31%) had an alternate diagnosis or a history that was not suggestive of NS. Of the remaining 28 patients with clinical history consistent with NS 9 (32%) had a definite diagnosis of NS, 16 (57%) had a probable diagnosis of NS and 3 (11%) had possible NS. The nineteen patients with alternate diagnosis and possible NS were excluded from further analysis (Figure 2).

Of the 25 patients with definite or probable NS, 19 (76%) were male, 12 (48%) were Indigenous and 2(8%) were HIV positive. The median age of these patients was 64 years (range: 32 to 97).

The overall incidence of definite or probable NS was 1.37 [95% CI 0.87 - 1.99] per 100,000py , 194 195 the incidence being 2.47 [95%Cl 1.28 - 4.31] per 100 000py in the Indigenous population and 0.95 [95%CI 0.50 - 1.62] per 100,000py in the non-Indigenous population (rate ratio=2.60 [1.19 196 -5.70; p= 0.017). When only patients with definite NS were included, the incidence was 0.49 197 198 [95% CI 0.22 –0.92] per 100,000py, with no significant difference between the Indigenous (0.62 [95% CI 0.13 - 1.80] per 100,000py) and non-Indigenous (0.44 [95% CI 0.16 - 0.95] per 199 200 100,000py) populations p=0.63. The rate of NS per case of syphilis in the Indigenous population was 12/789 (1.52%) and 13/330 (3.6%) (rate ratio=0.39 [0.18 - 0.84]; p=0.016). 201

202 Clinical Manifestations

- 203 Clinical data were available for 24 of the 25 patients with definite or probable NS. Dementia was
- present in 14 (58.3%) of patients, seizures in 4 (16.7%), tabes dorsalis in 3 (12.5%), psychosis
- in 3 (12.5%), meningovascular disease in 2 (8.3%) and ocular involvement (panuveitis) in 1
- 206 (4.2%) patient. Three patients had more than one clinical manifestation of NS; Figure 3 and
- 207 Table 2. There were no cases of meningitis or otic NS. It was not possible to characterise the
- 208 dementia syndrome or severity from the clinical records. Overall <u>19/24-79% (19/24) cases were</u>
- 209 late manifestations of NS and -5/8-(62% (5/8) of definite cases were late manifestations of the
- 210 disease. There were nNo patients with cases of asymptomatic NS were identified.

211 Laboratory results

- 212 CSF VDRL was positive in all cases of definite NS and absent otherwise. CSF TPPA was
- 213 positive in 89% (8/9) of those with definite NS and 18.8% (3/16) with probable NS. CSF FTA
- 214 was only tested in 20 patients and was positive in all (8/8) patients with a definite diagnosis and
- 215 33% (4/12) of patients with a probable diagnosis. Only 2 patients in the probable group had
- 216 positive CSF serology for both TPPA and FTA (Table 2).

- In total 28.0% (7/25) patients with definite or probable NS had a raised WCC in their CSF with a 217 218 median count of 21 cell/microL (range 7 to 45 cell/microL), which was predominantly 219 lymphocytic. In patients with a definite NS diagnosis WCC was elevated in 55.6% (5/9) of cases, compared to 12.5% (2/16) in patients with a probable diagnosis ; p= 0.144. The CSF 220 221 protein was elevated in 92% (24/25) of patients (median 0.74 mg/L, range 0.49-1.37mg/L). 222 Two patients with definite NS had borderline CSF results: with a CSF protein of 0.49mg/L and 223 0.5mg/L respectively with no pleocytosis. One patient with definite NS had a normal CSF protein 224 with CSF WCC of 5 cell/microL which should be considered as a normal CSF. Two of these 225 patients had dementia, there were no clinical data available for the third. Serum RPR was reactive in all (9/9) patients with a definite diagnosis of NS and 62.5% (10/16) 226 227 of those with a probable diagnosis, with a significantly higher titre in those with definite NS; 228 p<0.0001 (Table 2).
- 229

230 <u>Treatment</u>

- 231 Prior to a diagnosis of NS, two patients with definite NS had been treated for late latent syphilis with intramuscular benzathine penicillin without a pertinent four-fold decrease in their RPR. Nine 232 (56.3%) of the patients with probable NS had also received prior intramuscular benzathine 233 penicillin for latent syphilis of whom 4 (44.4%) did not have an appropriate four-fold decrease in 234 235 their RPR titre. This can be attributed to either treatment failure or potential re-infection. Of the 6 patients in the probable group who had a non-reactive serum RPR at the time of NS diagnosis, 236 237 data regarding prior treatment through the NT CDC was available for only 5. Of those 5 patients, 238 3 had no documented prior history of treatment for syphilis 239 All patients with definitive NS were treated with the recommended regimen of 14-15 days of IV
- 240 benzylpenicillin, but only 37.5% (6/16) of those with probable NS were treated with IV benzyl

penicillin. Of the 10 patients who were not treated appropriately, four were treated for late latent
syphilis (weekly IM benzathine penicillin for 3 weeks), three of whom had dementia with the only
mildly elevated CSF protein (range 0.57-0.74 mg/L). One patient treated for latent syphilis had
signs and symptoms of tabes dorsalis and a CSF WCC 21 cell/microL and a negative CSF
VDRL.

Only 2 of the 25 patients with definite or probable NS had a repeat lumbar puncture, one of
whom was a 60-year-old who had presented with psychosis and received appropriate therapy
for NS, but subsequently required re-treatment as there was still an elevated CSF VDRL without
a 4 fold decrease.

250 Discussion

Despite significant public health endeavours, syphilis continues to increase in incidence and 251 252 exert significant morbidity in at risk populations. Our analysis highlights that between 2007 and 2016, the incidence of syphilis in the Top End of Australia was 61.16 per 100,000 py with an 253 254 associated incidence of NS, based on the 2014 US CDC criteria, of 1.37 per 100,000 py. The rate of syphilis was almost 7-fold higher in the Indigenous population than in the non-Indigenous 255 256 population and this was associated with a 2.5 fold higher rate of NS. However, the rate of NS 257 per case of syphilis was significantly lower in the Indigenous population in comparison. This is 258 likely due to the stringent follow up and treatment by the NT CDC of Indigenous cases compared to non-Indigenous cases. This has likely limited the duration of syphilis exposure in 259 260 this community and prevented the development of NS. Since two thirds of the cases were defined as probable diagnoses we may have overestimated 261 the true risk of NS however even when these patients were excluded the incidence of definitive 262

NS in the Top End was 0.49 per 100,000py, approximately 2.5 - 5 fold higher than that reported

264 from UK and Denmark-. Hewever wWe may also There is also a risk that we have

265	underestimated the true incidence. Our methodology screened ter-patients based on those who	
266	underwent received-lumbar punctures, all of whom had presented with neurological symptoms.	
267	This approach method-would have faileds to capture asymptomatic NS patients, and thus	
268	understimated underestimated the true incidence which would have led to higher incidence	
269	numbers. It is not current practice to perform obtain an LP for patients with syphilis who do not	
270	have fail to have an appropriate a four-fold decline in serum RPR despite adequate treatment	
271	and this may have therefore our missed capture of detection of asymptomatic cases may not	
272	be complete, Unless all cases of syphilis are tested for NS, regardless of neurological	
273	symptoms, we would not be able to truly gauge the real incidence of the disease. Our proposed	C
274	incidence of NS also assumes that clinicians have considered correctly quoried the diagnosis of	
275	NS in all patients presenting with suspicious symptoms and sent appropriate testing, which may	
276	not always be the case.	
277		
278	-In view of the rising number of cases of early syphilis it is likely that NS will increase over the	
279	coming decades. Our study is unique in applying almost complete capture of reported cases	
280	from the region. It is also the first study to detail the incidence and clinical characteristics of NS	
281	in any region of Australia. Similar to previous studies in the US that demonstrate racial	
282	disparities with the rates of syphilis between Whites, Blacks and Hispanic persons, our study	
283	demonstrates marked ethnic disparities in the incidence of both syphilis and neurosyphilis (7,	
284	18), which further undermines the already poor health outcomes and lower life expectancy of	
285	Indigenous Australians.(18)	
286	The diagnosis of NS is challenging, since there is no gold standard microbiological assay and	
287	varying, non-specific diagnostic criteria. Alarmingly more than half of the patients in our study	
288	with a probable diagnosis of NS did not receive appropriate treatment. Both false negative and	
289	false positive diagnoses contribute to the misdiagnosis of NS. The former arises from the	

Commented [RP2]: Obvious – is this really needed?

misconception that a negative CSF VDRL has a high negative predictive value for ruling out NS. 290 291 Whilst CSF VDRL is highly specific, its sensitivity is between (30 and 70%)(19). A negative CSF 292 VDRL should therefore not dissuade a clinician from the potential diagnosis of NS. Although 293 CSF treponemal tests have higher sensitivity, their negative predictive value is dependent on 294 the pre-test probability of NS(17). The high prevalence of syphilis in the Top End and the high level of suspicion prompting an LP and investigation for NS increases the pre-test probability of 295 296 NS in our cohort. In this context a negative CSF treponemal test cannot be relied upon to rule out NS. Although polymerase chain reaction (PCR) carries a high sensitivity and specificity for 297 298 other specific neuroinfectious diseases (HSV, enterovirus, etc), the utility of PCR has never been shown for NS (20). 299

False positive diagnoses of NS can arise from the low specificity and high sensitivity of the US 300 301 CDC 2014 diagnostic criteria, in which the only CSF abnormality required for a diagnosis of NS 302 is an elevated CSF protein. US CDC Guidelines recommend that NS should be treated with 303 intravenous benzylpenicillin administered 4 hourly for 15 days(14). We conjecture that there is either a reluctance to treat an already very demented patient or ambivalence over the 304 305 significance of a mildly elevated protein as the only abnormal CSF finding. The clinical 306 experience of many clinicians is that a mildly elevated CSF protein (0.46-0.55 mg/L) as an 307 isolated finding is of little clinical utility.(21) We were unable to extract did not have data on the cognitive profile of our patients with dementia and it is therefore not possible difficult to clearly to 308 differentiate between patients with in the probable NS group who truly had dementia related to 309 310 NS or due to another actiologycommon cause of dementia. Given the increasing prevalence of 311 dementia in the general community, the treating clinicians may have decided not to treat for 312 probable NS as another cause of dementia was more likely.

- 313 During the preparation of the manuscript, the US CDC released revised diagnostic criteria which
- included an additional requirement that a reactive serum RPR result was needed for a diagnosis

315	of definite and probable NS. A four-fold decrease in RPR titres suggests a treatment response
316	in syphilis, however RPR titres can fall and normalise even without treatment. Previous studies
317	have demonstrated that in patients with definite NS, the serum RPR is almost always reactive,
318	but approximately 10% of patients with probable NS have a non-reactive serum RPR(22). In our
319	cohort all patients with definite NS had a reactive serum RPR, but over a third of patients with
320	probable NS group did not have a reactive serum, of whom three had no history of prior syphilis
321	treatment and only had an elevated CSF protein. According to more stringent criteria these
322	serum RPR negative patients would be considered false positives. Although some of these
323	patients may have been correctly categorized as not having NS, the diagnosis in those who
324	have never received any form of prior syphilis treatment is unclear - they could have potentially
325	normalised serum RPR overtime and thus constitute false negative diagnosis of NS. This group
326	is likely to constitute a very small overall percentage of NS cases and a drop in the US CDC
327	2018 criteria's sensitivity may be appropriate for the compensatory increase in specificity. The
328	US CDC 2018 criteria does demonstrate that a large number that were previously categorized
329	as probable NS with only an elevated CSF protein, likely did not have NS as they were no
330	longer considered probable under the new criteria. We recategorized our cohort into both the
331	2014 and 2018 NS criteria, (Figure 4, Supplementary file 1) to demonstrate the differences in
332	incidence between the two criteria. Interestingly wWith the new 2018 CDC NS criteria, only 3/10
333	(30%) of probable NS cases were treated appropriately with IV benzylpenicillin for 2 weeks. 3
334	patients received 3 courses of IM benzathine penicillin and the remainder of patients received
335	no treatment.
226	Our study has several There are several limitations of our study. Although well/a have
222	ottempted to conture all access of curbilic and NS in a constitute region on accurately as accessible
337	attempted to capture all cases of syphilis and NS in a specified region as acculately as possible
338	through searching multiple databases, however it is possible that given the uncertainty of the

339 <u>diagnosis the risk of over or underestimation remains an issue given the complexity of the</u>

Commented [RP3]: I think this should be in the Results and also the abstract. It's the key take home message of underestimating NS Commented [JB4R3]: Agree

340	disease, and our reliance on LP and appropriate clinical suspicion, we may have either over- or
341	under- estimated the true burden of disease Furthermore whilst we included prospective data
342	coillection collection the majority of the data were gathered Though this was a retrospectively
343	and prospective study, a large portion was conducted retrospectively, and we were . We were
344	not-unable to document detailed phenotypes of many of the patients from simply through the
345	medical notes, which would have helped strengthen our understanding of the disease is the Top
346	End.
347	
348	Conclusion
349	Our study highlights the ongoing difficulties with the diagnosis and management of NS. Despite
350	these challenges, there continues to be significant disparities between Indigenous and non-
351	Indigenous Australians in the incidence of syphilis and NS. Similar to other studies, the key
352	dilemma is whether patients with probable NS truly have the disease and would benefit from

- appropriate treatment (23). Until the advent of a new and accurate assay, NS will continue to be
- a complex and difficult disease to diagnoses and manage. <u>A large proportion of patients with</u>
- 355 probable NS were not diagnosed or treated appropriately. Whilst .- The the new 2018 CDC NS
- 356 criteria does improves the specificity of probable NS, it is critical that clinicians should be aware
- 357 of the diagnosis and treat patients appropriately. which helps remove the ambiguity with a
- 358 percentage of cases. However, clinicians should not be over reliant on CSF VDRL to make the
- 359 diagnosis of NS and appropriate treatment should be initiated if patients meet the 2018 CDC
- 360 <u>Criteria.</u>
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441 Table 1: Diagnostic Criteria for Neurosyphilis

	US CDC 2014 Diagnostic Criteria for NS	US CDC 2018 Diagnostic Criteria for NS
Definite NS	Serum TPPA positive	Serum TPPA positive
	CSF VDRL positive	Serum reactive RPR
		CSF VDRL positive
Probable NS		Serum reactive RPR
	Serum TPPA positive	Serum TPPA positive
	CSF WCC > 5 cell/microL	CSF WCC > 5 cell/microL
	or	or
	CSF protein > 0.5 mg/L	CSF protein > 0.5 mg/L

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452	Table 2: Clinical and laboratory characteristics based on 2014 US CDC Diagnostic Criteria
453	
454	

	Definite	Probable	Total
	9	16	25
Male	8	11	19
Indigenous	3	9	11
HIV	2	0	2
Clinical Diagnoses	n = 8	n = 16	n = 24
Meningitis	0	0	0
Ocular	1	0	1
Meningovascular	1	1	2
Dementia	4	10	14
Psychosis	1	2	3
Tabes Dorsalis	1	2	3
Seizures	2	2	4
Laboratory			
Number of reactive serum RPR	9	10	19
Median RPR titre	1:128 (1:2 - 1:512)	1:4 (1:1 - 1:16)	1:8 (1:1 – 1:512)
Number of CSF examinations	9	16	25
Number of positive CSF VDRL (\geq 1:1)	9	0	9
Number of reactive CSF TPPA	8	2	10
Number of reactive CSF FTA	8	4	12
Number with high WCC in CSF (WCC > 5 cell/microL)	5 (median 26cell/microL, range 7-45cell/microL)	2 (range 10- 21cell/microL)	7 (median 21 cell/microL, range 7-45 cell/microL)
Number with high CSF Protein (Protein > 0.50 mg/L)	6 (median 1.08mg/L, range 0.68-1.37mg/L)	16 (median 0.725mg/L, range 0.57-1.37mg/L)	22 (median 0.77mg/L, range 0.57- 1.37mg/L)
Management	n = 9	n = 16	n = 25
Treatment for NS	9	6	15

- 459 Table 3: Incidence of NS in the NT based on different criteria

	US CDC 2014	US CDC 2018
Total Incidence - per 100,000 py[95% CI]	1.37 [0.87-1.99]	1.02 [0.62 – 1.60]
Indigenous Incidence - per 100,000 py[95% CI]	2.47 [1.28-4.31]	1.85 [0.85 – 3.51]
Non-Indigenous Incidence - per 100,000 py[95% CI]	0.95 [0.50-1.62	0.73 [0.35 – 1.34]
Rate Ratio Indigenous vs Non-Indigenous incidence [95% CI]	2.60 [1.19-5.70] p= 0.017	2.53 [1.03 to 6.24] p= 0.043

- Figure 1: Incidence of syphilis in the Top End of the Northern Territory by Indigenous status;
- 470 2006-2016.
- 471 Figure 2: Inclusion workflow for cohort
- 472
- 473 Figure 3: Clinical Syndromes and overlap
- 474
- 475 Figure 4 Evaluation of patient cohort with different diagnostic criteria.
- 476 Footnote: The percentage of Probable cases decreases from 64% to 40% respectively. The
- 477 Category of not NS subsequently increases to 24% respectively.
- 478

The rate of lumbar puncture was 2.4% - do you know how this compares with other countries ? Thank you for this excellent suggestion. Unfortunately, it is not clear after reviewing the literature what LP rates were in other countries. As we one of our methods of screening for NS patients was by reviewing all LP performed in the region we were able to arrive at those figures. Other studies have either determined NS through chart reviews, referrals to tertiary centers or reporting to their local CDC. These cases have already met criteria for NS. It is unclear from these studies how many patients had an LP for a query of NS but did not met criteria, and therefore not diagnosed with NS.

Is there a take home message for practicing clinicians, given the low rate of appropriate treatment ?

We have added a line to the conclusion to try address this. Line 386

Could you add a line or two telling us what you think the limitations are of your study, please ?

We have added a paragraph explaining the limitations of the study, including the difficulties in making a definitive diagnosis of NS and our reliance on mostly retrospective data. Line 373

The authors estimate incidence rates in their population. While they comment on the risk of overestimate in their discussion due to the inclusion of probable cases, they should also comment on the possibility that these are underestimates (at least using the diagnostic criteria that have been employed). Neurosyphilis is often asymptomatic or not considered in the differential diagnosis. Unless the entire population was screened by anti-treponemal antibody, one really does not know the true prevalence of infection.

We agree that this is an important point. We have now raised the issues in the discussion along with the comments regarding asymptomatic cases. This is on line 280 of the discussion.

The authors state that the incidence of syphilis declined significantly following the introduction of penicillin. While this is true, contact tracing also played a significant role in the decline in incidence in the U.S. as case rates began falling long before the widespread institution of penicillin.

Thank you for this addition and something we have now mentioned with appropriate referencing on line 90

The increased incidence in the indigenous population, presumably individuals in a lower socioeconomic group relative to the white population, parallels the experience in the U.S. where rates of syphilis is substantially higher in the African-American and Hispanic populations.

Yes, this is indeed true, the Australian Indigenous population are individuals who have a considerably lower socioeconomic background compared to Whites, with poorer health outcomes. We have added an additional line regarding this in our discussion (line 313).

Two of their patients were HIV-infected. Can they state what percentage of their patients were men who have sex with men among both the indigenous and non-indigenous populations in their study?

Unfortunately, we do not have that data as it was not consistently or clearly documented in the medical records. It was not available to us from the data provided from the CDC either.

Were there not any asymptomatic neurosyphilis cases? If not, why not? Also, can the authors identify whether the neurosyphilis manifestations were early or late manifestations of the infection. Whereas dementia, tabes, and psychosis are typically late manifestations (tertiary syphilis), meningitis, seizures and uveitis are often seen with secondary syphilis, particularly, in the HIV infected population.

There were no cases of asymptomatic NS, which was likely due to our methodology of screening cases based on LPs performed, all of who had neurological symptoms. It also likely relates to the practice of not consistently testing for NS with an LP in patients with syphilis that fail to have a four-fold decrease in RPR despite treatment. There is probably a much higher prevalence of asymptomatic cases that we have failed to detect. This has been added to the discussion (line 282) as well as the results section (line 222). We have categorized cases into early and late manifestations and added it to the results section (line 220), 79% of cases were late manifestations.

How comfortable are the authors in attributing the neurological manifestations to syphilis? After all, "a man can have as many diseases as he damn well pleases." If the clinicians caring for these patients felt comfortable that there were better explanations for their neurological manifestations might that not explain why those with "probable neurosyphilis" were not treated?

This is an excellent point that was raised amongst our group. We have added our thoughts regarding this in the discussion (line 340), specifically around the issue of dementia, which is a common condition in the general population. If the clinician felt that the cause of dementia was due to a more common or likely cause then they may not have treated a diagnosis of probable NS. As we do not have in-depth cognitive testing results on our patient cohort, it is difficult for us to say that there was not another dementing syndrome. Further prospective studies are planned to address this.

"the test carries a high sensitivity and low sensitivity" (not "now") line 129

Thank you, correction made

How do the authors explain the apparent profound decline in syphilis in the indigenous population between 2007 and 2015 with a nadir in 2013, a year that the incidence in the non-indigenous increased?

The vast majority of cases between 2007-2015 were late latent cases of syphilis in both the Indigenous and non-Indigenous population. These cases were on the decline in the indigenous population, which we believe was in part due to the work by the CDC, though this is difficult to say in retrospect. The small rise in 2013 in the non-indigenous population is in late latent cases as well, though we are not sure why there was a rise. The sharp increase in cases from 2013 onwards are all new cases of syphilis in the Indigenous population, with late latent cases remaining stable in both groups. We have added a table with a breakdown of the raw numbers as a supplementary table for additional clarity.

How does the application of the 2018 CDC criteria change the numbers with respect to the percentage of probably neurosyphilis in which there was a failure to treat?

Thank you for this suggestion as it was not something we had thought to look at. In fact with the 2018 CDC criteria only 3/10 cases received IV BP and 3 cases received IM benzathine. This is less than with the 2014 criteria. We have added these findings to the abstract and discussion section (line 74 & 369).