

## Rotterdam Disease Specific Questionnaire thoracic aortic aneurysm

This questionnaire addresses possible limitations, consequences, concerns or anxiety that you may experience because of (the risk of) a dilatation of the aorta in the chest. Please read each question carefully and circle the number that best reflects how you felt during **the last month**.

Do not think too long about each question, as your initial response often best reflects your feelings about the subject.

The possibility, or presence, of a vascular dilatation of the aorta in my chest:

### 1. Causes limitations in my work environment

Totally disagree									Neutral									Totally agree
1	2	3	4	5	6	7	8	9	10									

### 2. Causes limitations in hobby's/ leisure activities:

Totally disagree									Neutral									Totally agree
1	2	3	4	5	6	7	8	9	10									

### 3. Has a negative influence on my family life

Totally disagree									Neutral									Totally agree
1	2	3	4	5	6	7	8	9	10									

### 4. Has a negative influence on the relationship with my partner

Totally disagree									Neutral									Totally agree
1	2	3	4	5	6	7	8	9	10									

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Permission for the use of the Rotterdam Disease Specific Questionnaire can be obtained by email: [j.roos@erasmusmc.nl](mailto:j.roos@erasmusmc.nl).

The possibility, or presence, of a vascular dilatation of the aorta in my chest:

**5. Causes limitations in my sexual functioning**

Totally disagree				Neutral				Totally agree	
1	2	3	4	5	6	7	8	9	10

**6. Causes avoidance of physical activities**

Totally disagree				Neutral				Totally agree	
1	2	3	4	5	6	7	8	9	10

**7. Causes anxiety to be alone**

Totally disagree				Neutral				Totally agree	
1	2	3	4	5	6	7	8	9	10

**8. Causes chest pain**

Totally disagree				Neutral				Totally agree	
1	2	3	4	5	6	7	8	9	10

**9. Causes worries/anxiety**

Totally disagree				Neutral				Totally agree	
1	2	3	4	5	6	7	8	9	10

**10. Causes insomnia (related to stress/worrying/anxiety)**

Totally disagree				Neutral				Totally agree	
1	2	3	4	5	6	7	8	9	10

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The possibility, or presence, of a vascular dilatation of the aorta in my chest:

**11. Causes nightmares**

Totally disagree				Neutral		Totally agree			
1	2	3	4	5	6	7	8	9	10

**12. Causes avoidance of travelling alone**

Totally disagree				Neutral		Totally agree			
1	2	3	4	5	6	7	8	9	10

**13. Causes more anxiety than prior**

Totally disagree				Neutral		Totally agree			
1	2	3	4	5	6	7	8	9	10

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**Because of the possibility, or presence, of a vascular dilatation:****14. I worry about my health in the future**

Totally disagree					Neutral					Totally agree
1	2	3	4	5	6	7	8	9	10	

**15. I worry about my work situation in de future**

Totally disagree					Neutral					Totally agree
1	2	3	4	5	6	7	8	9	10	

**16. I worry that I die prematurely**

Totally disagree					Neutral					Totally agree
1	2	3	4	5	6	7	8	9	10	

**17. I worry about the heritability of an aortic dilatation (whether my children may develop aortic dilatation)**

Totally disagree					Neutral					Totally agree
1	2	3	4	5	6	7	8	9	10	

**18. I am concerned about surgery because of an aortic dilatation**

Totally disagree					Neutral					Totally agree
1	2	3	4	5	6	7	8	9	10	

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**19. Are there any other factors that negatively affect the quality of life due to the possibility, or presence, of an aortic dilatation that have not been addressed in the questions above?**

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**20. Has living with the possibility, or presence, of an aortic dilatation brought you something good?  
(eg. the realization of what is important in life)**

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Thank you for your time!