

Supplemental Table S1. Bivariate correlation coefficients between cIMT and Magnesium levels with other variables in control volunteers

| Variable | cIMT | | Magnesium | |
|-------------------|-------|---------|-----------|---------|
| | r | p value | r | p value |
| Sex (Male) | 0.260 | <0.001 | 0.102 | 0.138 |
| Race (Caucasian) | 0.071 | 0.301 | 0.008 | 0.913 |
| Age, years | 0.623 | <0.001 | 0.06 | 0.382 |
| Smoker | 0.040 | 0.561 | 0.014 | 0.844 |
| Diabetes | - | - | - | - |
| Hypertension | 0.324 | <0.001 | 0.131 | 0.057 |
| Dyslipidemia | 0.199 | 0.004 | 0.063 | 0.364 |
| BMI | 0.248 | <0.001 | -0.055 | 0.427 |
| Total Cholesterol | 0.255 | <0.001 | 0.023 | 0.740 |
| HDL Cholesterol | 0.006 | 0.934 | -0.077 | 0.298 |
| LDL Cholesterol | 0.219 | 0.003 | -0.001 | 0.990 |
| Triglycerides | 0.159 | 0.023 | 0.108 | 0.122 |
| Magnesium | 0.091 | 0.185 | - | - |
| cIMT | - | - | 0.091 | 0.185 |

Pearson's correlation coefficients (r) and p-value are shown for each variable. Abbreviations: Body Mass Index (BMI), Carotid Intima-Media Thickness (cIMT).