

Appendix 6: Participant knowledge and confidence questionnaire scores pre and post training programme

	Median (IQR) score			Mean (SD) change in paired scores			
	Pre-programme ¶ (n=45)	Start of programme (n=49)	End-of programme (n=55)	Pre to start programme (n=40 pairs)	p-value	Start to end programme (n=49 pairs)	p-value
Knowledge (Score out of 10)	6.0 (5.0-8.0)	7.0 (6.0-8.8)	9.0 (8.0-10.0)	1.4 (2.3)*	0.001*	1.5 (1.6)*	<0.001*
Confidence (Score out of 60)^	1.0 (0.0-14.5)	12.0 (0.5-25.0)	45.0 (40.0-48.0)	5.0 (9.0)*	0.002*	30.0 (15.0)*	<0.001*

¶ pre-training before receiving preparation material

^total score out of 60 from 6 VAS

*statistically significant $p < 0.05$