

**Supplementary File 1. COREQ Checklist**

No.	Item	Comment	Page	Line(s)
<b>Domain 1: Research team and reflexivity</b>				
1	Interview/facilitator	JK	6	19
2	Credentials	JK (MD)	1	4
3	Occupation	JK, Medical Student	6	19
4	Gender	JK (Female)	6	19
5	Experience and training	Completed training in qualitative research	6	19
6	Relationship established	There were no prior relationships established	6	21
7	Participant knowledge of the interviewer	Not known to participants prior to the study	6	21
8	Interviewer characteristics	Female, medical student	6	19
<b>Study design</b>				
9	Theoretical framework	Qualitative study (using techniques from grounded theory)	6	27
10	Sampling	Purposive	6	12
11	Method of approach	Email/phone	6	10
12	Sample size	N=30 See table 1	7	21
13	Non-participation	Non-participation (3) was due to refusal, illness, or inability to schedule an interview after three attempts	7	23
14	Setting of data collection	A venue as preferred by the participant, or by video conference using zoom	6	20
15	Presence of non-participants	Yes, a parent was present in five interviews.	7	27
16	Description of sample	Table 1	7 (and T1)	21-26
17	Interview guide	Provided in Supplementary File 3	6 (and S3)	16-17
18	Repeat interviews	Single interview conducted	6	19
19	Audio/visual recording	Interviews were audio recorded	6	23
20	Field notes	No, not taken	6	24
21	Duration	The mean duration of the interviews was 53 minutes.	7	26-27
22	Data saturation	Yes	6	22-23
23	Transcripts returned	Yes	7	4-5
<b>Analysis and findings</b>				
24	Number of data coders	1 (JK)	7	1
25	Description of the coding tree	No – see themes	NR	-
26	Derivation of themes	Inductively derived from data	7	1
27	Software	HyperRESEARCH	6	27
28	Participant checking	Yes, participants were emailed a copy of the preliminary findings and invited to provide comments and we used investigator triangulation (JK, EH, CH and AT).	7	3-6
29	Quotations presented	Table 2	Table 2	-
30	Data and findings consistent	Quotations provided to illustrate each theme.	8 - 14	16 - 14
31	Clarity of major themes	Yes – themes	8	4-6
32	Clarity of minor themes	Yes – see subthemes and description of the themes	8	4-6