

Do you experience more discomfort because of your obsessions and compulsions now after the outbreak of COVID-19?

Much less discomfort
Less discomfort
Unchanged
More discomfort
Much more discomfort

Are you trying to fight your obsessions and compulsions to a lesser degree after the outbreak of COVID-19?

No, fight much more
No, fight more now
Unchanged
Yes, fight less
Yes, fight much less

When your obsessions are active, has it become more difficult to withstand your rituals?

No, much easier
No, easier
Unchanged
Yes, more difficult
Yes, much more difficult

Do you avoid more situations now compared to the time without COVID-19? The question concerns situations or things apart from those recommended by the authorities

Yes No

If yes, please describe which situations or things

Have you experienced new OCD thoughts or rituals after the outbreak?

Yes No

If yes, please describe the new obsessions and compulsions

Have you experienced that COVID-19 has become part of your obsessions and compulsions?

Yes No

Questions about other symptoms

Do you experience more anxiety or has your anxiety changed after the outbreak of COVID-19?

Much less anxiety
Less anxiety
Unchanged
More anxiety
Much more anxiety

Have you experienced new anxiety symptoms after the outbreak?

Yes No

If yes, please describe the new symptoms

Do you experience increased sadness after the outbreak of COVID-19?

No, much less
No, less
Unchanged
Yes, more
Yes, much more

Which factors have affected you in relation to the COVID-19 outbreak in Denmark? Check the box, if any.

I could become ill
Others could become ill
I could infect other
How will it end
When will it normalise
Not going to school
Not being with friends
Not doing leisure activities
Being together in the family

Questions about COVID-19

How close have you been to the infection?

I have been ill with COVID19
I have been in quarantine
Family who were ill
Family who were in quarantine
Friends who were ill
Friends who were in quarantine
Heard about the infection

How often do you listen to news about COVID-19+

Less than once daily
Once daily
Several times daily

How often do you read about COVID-19?

Less than once daily
Once daily
Several times daily

How often do you talk about COVID-19 at home?

Rarely
Daily
Several times daily

How often do you talk about COVID-19 with friends?

Rarely
Daily
Several times daily

Do you think that your parents are worried?

No, not worried
Yes, a little worried
Yes, worried a lot

Do you think that your siblings are worried

No, not worried
Yes, a little worried
Yes, worried a lot

Thank you very much for your help