### Introduction

During the COVID-19 crisis, the Autism Alliance of Michigan (AAoM) wants to ensure that we are supporting individuals with autism and their families.

Thank you for taking time to answer this brief survey to make sure the extra services we provide are the most helpful for your situation. You can skip any questions you prefer to not answer.

Is there an individual with an Autism or other Intellectual or Developmental Disability in your household?

○ Yes

🔿 No

### **COVID-19 Needs**

# What is your relationship to the individual with ASD in your household?

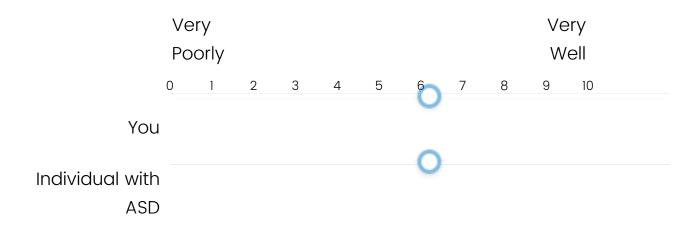
- ◯ Self
- Mother
- Father
- Grandparent
- 🔘 Sibling
- Foster Parent
- Aunt/ Uncle

Other, please specify

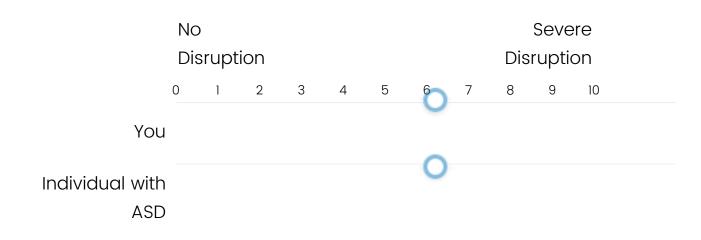
# What is your relationship to the individual with ASD in your household?

$\bigcirc$	Self	
$\bigcirc$	Mother	
$\bigcirc$	Father	
$\bigcirc$	Grandparent	
$\bigcirc$	Sibling	
$\bigcirc$	Foster Parent	
$\bigcirc$	Aunt/ Uncle	
$\bigcirc$		Other, please specify

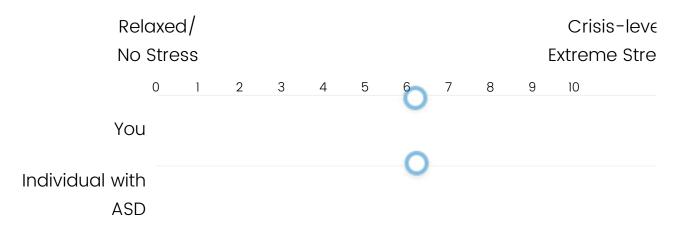
How are you and the individual with ASD doing during this crisis?



# How disruptive to daily activities have the COVID-19 changes been for you and the individual with ASD?



What are the stress levels of you and the individual with ASD?



# What is causing the most stress for you and your family?

☐ Individual with ASD being home all the time
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Being separated from individual with ASD

」 Finances

Concern about becoming ill or the individual with ASD becoming ill

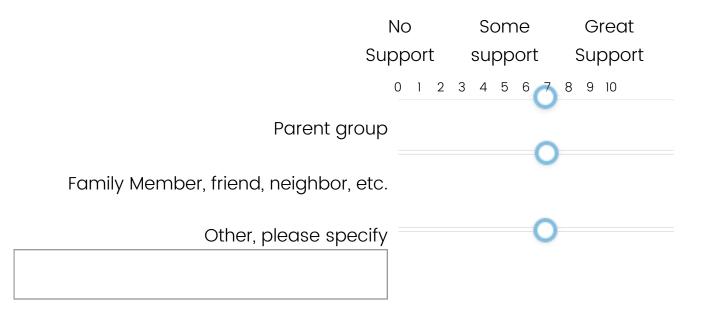
Lack of care other than myself for individual with ASD

Other, please specify

#### Are you receiving support from:

No				Some				Great				
Sup	Support				support				Support			
	0 1 2				4	5	6	7	8	9	10	
School							Ŭ					
Therapy Center/ Service Provider							0					
Community Mental Health Agency (CMH)							0					

### Are you receiving support from:



# Before the COVID-19 crisis began, how frequently were you receiving services from:

	No services from this provider	A few times per year	1- 3 times per month	1-4 times per week	Daily Services
School	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Community Mental Health Agency (CMH)	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Therapy Center/ Service Provider	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Parent group	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$

## If this crisis continues for several months, what concerns you the most?

Individual with ASD being home all the time

Being separated from individual with ASD

📙 Finances

Concern about becoming ill or the individual with ASD becoming ill

Lack of care other than myself for individual with ASD

Other, please specify

# How helpful to you would it be if the Autism Alliance of Michigan provided:

	Not helpful	Slightly helpful	Moderately helpful	Very helpful
Help connecting you to telehealth or alternative services	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Online parent/ caregiver training	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
In-home respite providers, if available	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Abuse prevention information	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Financial safety net information (FMLA, SSI, etc.)	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Information about transitioning back to services after the crisis	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$

## How helpful to you would it be if the Autism Alliance of Michigan provided:

	Not helpful	Slightly helpful	Moderately helpful	∿ h€
Links to educational websites for the individual with ASD	$\bigcirc$	$\bigcirc$	$\bigcirc$	(
Ideas and strategies on creating a daily schedule for the individual with ASD	$\bigcirc$	$\bigcirc$	$\bigcirc$	(
Links to activities to do in the home	$\bigcirc$	$\bigcirc$	$\bigcirc$	(
Behavioral crisis planning tools	$\bigcirc$	$\bigcirc$	$\bigcirc$	(
Other, please specify	$\bigcirc$	$\bigcirc$	$\bigcirc$	1

If available, would you allow someone into your home to provide a few hours of respite?

- 🔘 Yes
- 🔘 Maybe
- 🔾 No

What concerns do you have about in-home respite services?



How important is it for you to receive direct in-home help to relieve you during this crisis?

- Not important
- Slightly important
- O Moderately important
- O Very important
- O Critical

We now have a few background questions to ensure that we are serving a broad range of needs:

How old is the individual with ASD?



## For the individual in your household, what impact on daily life do the following symptoms of ASD present:

	No Moderate Severe
	impact impact impact
	0 1 2 3 4 5 6 7 8 9 10
Verbal communication difficulties	0
Non-verbal communication difficulties	0
Self-abusive behavior	~
Aggression/ violence toward others	0
Inflexibility/ resistance to change	0
Restricted/ repetitive interests	0
Sleep difficulties	0
	0
Safety concerns	
Other	0

### What is your current working status?

- Working from home
- 🔘 Working away from home
- 🔘 Not working; at home
- Not working; not at home

### In what county do you live?

Alcona Alger Allegan Alpena Antrim Arenac Baraga Barry Bay Bay Benzie

### Please provide any final comments or thoughts:

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