

**TB STIGMA CODE BOOK**

#	Field Label	Field Attributes
<b>Sociodemographics</b>		
1	District	1= BCM 2= Zululand
2	What is your race?	1= White 2= Black 3= Indian 4= Colored 5= Other, specify
3	Are you male or female?	1= Female 2= Male
4	What is your relationship status?	1= Single 2= In a relationship, but unmarried (living together) 3= Married 4= Separated 5= Divorced 6= Widowed
5	What is the highest level of education that you have completed?	1= None 2= Grade 7 (primary) 3= Grade 8 to 11 (before matric) 4= Grade 12 5= Tertiary
6	What is your employment status?	1= Employed full-time 2= Employed part-time 3= Self-employed 4= Unemployed
7	Where do you stay?	1= Rural 2= Farming area 3= Small town 4= Large city
8	Who do you currently stay with?	1= Family 2= Living with friends 3= Living alone
9	Where do you get money to meet your basic monthly needs?	1= Government grant 2= Salary/Wages from employer 3= Profits from own business 4= Partner/spouse 5= Children 6= Family
10	What is your total household income per month?	1= Under R5000 2= R5000 – R10000 3= R10000 – R20000 4= R20000 – R30000 5= More than R30000 6= Don't want to answer
11	Have you ever had TB in the past?	1= Never 2= Yes, less than 2 years ago 3= Yes, more than 2 years ago
12	Do you know anyone who currently has TB?	0= No 1= Yes
13	Have you been tested for HIV?	0= No 1= Yes 3= I don't know
14	Would you mind telling us the results?	1= Positive 2= Negative 3= Does not want to disclose
<b>Multidimensional Scale of Social Support</b>		

15	There is a special person who is around when I am in need.	1= Very strongly disagree 2= Strongly disagree 3= Mildly disagree 4= Neutral 5= Mildly agree 6= Strongly agree 7= Very strongly agree
16	There is a special person whom I can share joys and sorrows with	1= Very strongly disagree 2= Strongly disagree 3= Mildly disagree 4= Neutral 5= Mildly agree 6= Strongly agree 7= Very strongly agree
17	My family really tries to help me.	1= Very strongly disagree 2= Strongly disagree 3= Mildly disagree 4= Neutral 5= Mildly agree 6= Strongly agree 7= Very strongly agree
18	I get the emotional help & support I need from my family.	1= Very strongly disagree 2= Strongly disagree 3= Mildly disagree 4= Neutral 5= Mildly agree 6= Strongly agree 7= Very strongly agree
19	I have a special person who is a real source of comfort to me.	1= Very strongly disagree 2= Strongly disagree 3= Mildly disagree 4= Neutral 5= Mildly agree 6= Strongly agree 7= Very strongly agree
20	My friends really try to help me.	1= Very strongly disagree 2= Strongly disagree 3= Mildly disagree 4= Neutral 5= Mildly agree 6= Strongly agree 7= Very strongly agree
21	I can count on my friends when things go wrong.	1= Very strongly disagree 2= Strongly disagree 3= Mildly disagree 4= Neutral 5= Mildly agree 6= Strongly agree 7= Very strongly agree
22	I can talk about my problems with my family.	1= Very strongly disagree 2= Strongly disagree 3= Mildly disagree 4= Neutral 5= Mildly agree 6= Strongly agree 7= Very strongly agree
23	I have friends with whom I can share my joys and sorrows.	1= Very strongly disagree 2= Strongly disagree 3= Mildly disagree 4= Neutral

		5= Mildly agree 6= Strongly agree 7= Very strongly agree
24	There is a special person in my life who cares about my feelings.	1= Very strongly disagree 2= Strongly disagree 3= Mildly disagree 4= Neutral 5= Mildly agree 6= Strongly agree 7= Very strongly agree
25	My family is willing to help me make decisions.	1= Very strongly disagree 2= Strongly disagree 3= Mildly disagree 4= Neutral 5= Mildly agree 6= Strongly agree 7= Very strongly agree
26	I can talk about my problems with my friends.	1= Very strongly disagree 2= Strongly disagree 3= Mildly disagree 4= Neutral 5= Mildly agree 6= Strongly agree 7= Very strongly agree
<b>HIV Stigma Scale (Kalichman 2005)</b>		
27	People who have AIDS are dirty	0= Strongly disagree 1= Disagree 2= Agree 3= Strongly agree
28	People who have AIDS are cursed	0= Strongly disagree 1= Disagree 2= Agree 3= Strongly agree
29	People who have AIDS should be ashamed	0= Strongly disagree 1= Disagree 2= Agree 3= Strongly agree
30	It is safe for people with AIDS to work with children	0= Strongly disagree 1= Disagree 2= Agree 3= Strongly agree
31	People with AIDS must expect some restrictions on their freedom	0= Strongly disagree 1= Disagree 2= Agree 3= Strongly agree
32	A person with AIDS must have done something wrong and deserves to be punished	0= Strongly disagree 1= Disagree 2= Agree 3= Strongly agree
33	People with HIV must be isolated	0= Strongly disagree 1= Disagree 2= Agree 3= Strongly agree
34	I do not want to be friends with someone who has AIDS	0= Strongly disagree 1= Disagree 2= Agree 3= Strongly agree
35	People with AIDS should not be allowed to work	0= Strongly disagree 1= Disagree 2= Agree

		3= Strongly agree
<b>Attributable HIV Stigma (Visser 2008)</b>		
36	Most people think that getting HIV is a punishment for bad behaviour	0= Strongly disagree 1= Disagree 2= Agree 3= Strongly agree
37	Most people think that having HIV is just a matter of bad luck	0= Strongly disagree 1= Disagree 2= Agree 3= Strongly agree
38	Most people think less of someone because they have HIV	0= Strongly disagree 1= Disagree 2= Agree 3= Strongly agree
39	Most people would not like someone with HIV to be living next door	0= Strongly disagree 1= Disagree 2= Agree 3= Strongly agree
40	Most people would reject the friendship of someone with HIV	0= Strongly disagree 1= Disagree 2= Agree 3= Strongly agree
41	Most people feel that it is safe for a person with HIV to look after somebody else's children	0= Strongly disagree 1= Disagree 2= Agree 3= Strongly agree
42	Most people would not date a person if they know that he/she has HIV	0= Strongly disagree 1= Disagree 2= Agree 3= Strongly agree
43	Most people are afraid to be around people with HIV	0= Strongly disagree 1= Disagree 2= Agree 3= Strongly agree
44	Most people feel that if you have HIV it is your own fault	0= Strongly disagree 1= Disagree 2= Agree 3= Strongly agree
45	Most employers would not hire someone with HIV to work for them	0= Strongly disagree 1= Disagree 2= Agree 3= Strongly agree
46	Most people would not drink from a tap if a person with HIV had just drunk from it	0= Strongly disagree 1= Disagree 2= Agree 3= Strongly agree
47	Most people believe that if you have HIV you must have done something wrong to deserve it	0= Strongly disagree 1= Disagree 2= Agree 3= Strongly agree
48	Most people believe that someone with HIV should be ashamed of themselves	0= Strongly disagree 1= Disagree 2= Agree 3= Strongly agree
49	Most people feel uncomfortable around people with HIV	0= Strongly disagree 1= Disagree 2= Agree 3= Strongly agree
<b>Mental Health Assessment (PHQ8)</b>		
50	Little interest or pleasure in doing things	0= Not at all

		1= Several days 2= More than half the days 3= Nearly every day
51	Feeling down, depressed or hopeless	0= Not at all 1= Several days 2= More than half the days 3= Nearly every day
52	Trouble falling asleep, staying asleep, or sleeping too much	0= Not at all 1= Several days 2= More than half the days 3= Nearly every day
53	Feeling tired or having little energy	0= Not at all 1= Several days 2= More than half the days 3= Nearly every day
54	Poor appetite or overeating	0= Not at all 1= Several days 2= More than half the days 3= Nearly every day
55	Feeling bad about yourself - or that you're a failure or have let yourself or your family down	0= Not at all 1= Several days 2= More than half the days 3= Nearly every day
56	Trouble concentrating on things, such as reading the newspaper or watching television	0= Not at all 1= Several days 2= More than half the days 3= Nearly every day
57	Moving or speaking so slowly that other people could have noticed. Or, the opposite - being so fidgety or restless that you have been moving around a lot more than usual	0= Not at all 1= Several days 2= More than half the days 3= Nearly every day
<b>TB Knowledge</b>		
58	What do you think causes TB?	1= I don't know 2= Infection/Virus/Bacteria 3= Witchcraft 4= Infection from others 5= Smoking 6= Exposure to the cold 7= Drinking alcohol 8= Weak body 9= Other, specify
59	How is TB spread from person to person?	1= I don't know 2= Physical contact (shaking hands, kissing, and so on) 3= Sharing foods/drinks/utensils 4= Coughing/sneezing/talking/singing 5= Poor sanitation/sharing toilet seats 6= Sex 7= Other, specify
60	What are the signs and symptoms of TB?	1= I don't know 2= Fever 3= Weight loss 4= Coughing 5= Night sweats 6= Coughing up blood 7= Loss of appetite 8= Chest pain 9= Breathlessness 10 = Feeling weak 11= Other, specify

61	Can TB be cured?	0= No 1= Yes 3= I don't know
62	Does having HIV/AIDS increase the chances of getting TB?	0= No 1= Yes 3= I don't know
63	Does having TB increase the chances of having HIV/AIDS?	0= No 1= Yes 3= I don't know
<b>Van Rie Community TB Stigma</b>		
64	People may not want to eat or drink with friends who have TB	0= Strongly disagree 1= Disagree 2= Agree 3= Strongly agree
65	People may not want to eat or drink with relatives who have TB	0= Strongly disagree 1= Disagree 2= Agree 3= Strongly agree
66	People feel uncomfortable about being near those with TB	0= Strongly disagree 1= Disagree 2= Agree 3= Strongly agree
67	People do not want those with TB playing with their children	0= Strongly disagree 1= Disagree 2= Agree 3= Strongly agree
68	People keep their distance from people with TB	0= Strongly disagree 1= Disagree 2= Agree 3= Strongly agree
69	People do not want to talk to others with TB	0= Strongly disagree 1= Disagree 2= Agree 3= Strongly agree
70	People are afraid of those with TB	0= Strongly disagree 1= Disagree 2= Agree 3= Strongly agree
71	People try not to touch others with TB	0= Strongly disagree 1= Disagree 2= Agree 3= Strongly agree