

Supplemental Table 2. Baseline demographics of the dysglycemic sample by study arm.

	<i>STAND+</i>	<i>MOVE+</i>	Total
	n (%)	n (%)	N (%)
Dysglycemic subgroup			
<i>n</i> individuals	57 (60.0)	38 (40.0)	95 (100.0)
CMR (sum of Z scores)	0.7 ±0.8	0.5 ±0.7	0.6 ±0.8
Fasting glucose (mg/dL)	129.5 ±66.8	111.8 ±20.0	122.4 ±53.8
HDL-cholesterol (mg/dL)	52.4 ±14.1	52.7 ±18.7	52.5 ±16.0
Triglycerides (mg/dL)	142.4 ±70.7	159.9 ±98.5	149.4 ±82.9
Diastolic BP (mm Hg)	83.4 ±10.4	81.4 ±11.2	82.6 ±10.7
Systolic BP (mm Hg)	135.5 ±15.8	131.7 ±18.7	134.0 ±17.0
HbA1c	6.2 ±1.4	5.7 ±0.7	6.0 ±1.2
LDL-cholesterol (mg/dL)	118.0 ±30.6	116.5 ±34.2	117.4 ±31.9
Weight (kg)	98.0 ±24.0	94.1 ±22.1	96.5 ±23.2
BMI (kg/m ²)	35.3 ±8.4	32.1 ±6.9	34.0 ±8.0
Total body fat (%)	42.0 ±9.3	36.9 ±10.2	40.0 ±9.9

CMR = summary continuous metabolic risk score; HDL = high-density lipoprotein; BP = blood pressure; BMI = body mass index.