Week 1	Number	Week 2 Theme Nu		Week 3 Theme	Number	Week 4	Number	Week 5	Number	Week 6 Theme	Number	Week 7	Number	Week 8	Number	Week 9	Number	Week 10	Number
ition		17 Vacation	umber	14 Covered for a Colleague	Number	6 Stressor - Waiting for Surge	Number	6 Vacation	Number	6 Vacation	Number	8 Other Types of Work - Admin	Number	5 Gave up shifts	Number	2 Working in cold zone	Number	3 Other types of work - admin	Number
lled		8 Vacation (cancelled trip)		2 Quarantined - Post-travel self-isolation		5 Stressor - Anxious colleagues		4 Cancelled Shift		5 Stressor - Finances		4 Other types of work - planning		5 Increased patient volumes -More non-COV	D	2 Lower patient volumes experi-		2 Feeling - Burn out	
r Types of Work		7 Quarantined - Post-travel self-isolation		8 Cancelled shift		3 Stressor - Changing Guidelines		4 Lower patient volumes experienced		4 Stressor - Worried about delayed ca	n	4 Vacation		4 Other Types of Work - Admin		2 Not taking extra shifts		2 Gave up shifts	
d for COVID-19		6 Covered for Colleague		5 Gave up a shift		3 Stressor - Communication (poor quality, i	in	4 Other Types of Work - COVID-19 Clinic		4 Cancelled shift		3 Challenging to work due to PPE		3 Other types of Work - Took Call		2 Not working due to age		2 Increased patient volumes	
types of Work - ICU		3 Quarantined		4 Other types of Work - Admin		3 Cancelled shift		3 Other Types of Work - Simulation		3 Covered for a Colleague		3 Other Types of Work - ICU		3 Feeling - Appreciated by community		1 Other types of work - admin		2 PPE fatigue	
ors - Communication		3 Other Types of Work - Admin		3 Other types of work - ICU		3 Other Types of Work		3 Other Types of Work - Took Call		3 Lower patient volumes experience		3 Airway team started		2 Cancelled Surgeries are problematic		1 Stressor - Increased patient vo		2 Vacation	
r Types of Work - Admin sor - PPE		2 Other Types of Work - Took Call		3 Other types of Work - Planning 3 Other Types of Work - Took Call		3 Other Types of Work - Planning 3 Low COVID-19 Number of Patients		3 Reason for not working - Age 3 Exposure to patient		3 Stressor - Feeling Burn out 2 Stressor - Kids at home		3 Other types of work - academic (c 3 Other types of work - Base Hospit		2 Covered for colleague 2 Delayed care for non-COVID patients		1 Vacation		2 Challenging time	
or - PPE tical		2 Reason for not working - Parental Leave 2 Tested for COVID-19		3 Other Types of Work - Took Call 3 Quarantined - Awaiting test result		3 Low COVID-19 Number of Patients 3 Lower patient volumes experiened		2 Feeling - Anxiety		2 Stressor - Rids at nome 2 Stressor - PPE problems		3 Other Types of Work - Base Hospit 3 Other Types of Work - Education	51	 Delayed care for non-COVID patients Difficulty with sympathy for non-COVID pat 		1 Challenging to work due to PP 1 Colleagues are fatigued		1 Challenging to work due to PPE 1 Colleagues are anxious	
rorking due to immunosupp		2 Other Types of Work - COVID-19 Clinic		2 Quarantined - Awaiting test result 2 Quarantined NOS		3 Lower patient volumes experiened 3 Feeling - Frustration with administrators		2 Other Types of Work - Admin		2 Stressor - PPE problems 2 Fatigue		2 Lower patient volumes experienced		2 Difficulty with sympathy for non-COVID part 2 Family is stuck in another province	e	1 Colleagues are short tempere		1 Colleagues are anxious 1 Colleagues feeling financially stressed	
vorking due to parental leav		2 Other Types of Work - Simulation		2 Reason for not working - Parental Leave		3 Other Types of Work - COVID-19 clinic		2 Other Types of Work - Hospitalist		2 Felt that department was prepared		2 Stressors - Financial		2 Feeling guilty that partner is working (wife		1 Colleagues have gotten sick		1 Fatigue	
ellation of other work		1 Stressor - Financial/Economy		2 Vacation		3 Other Types of Work - Simulation		2 Stressor - Changing Work Environment		2 Other Types of Work - Took Call		2 Cancelled shifts		1 Helped with AGMP (intubation) as outside		1 Conference cancelled		1 Feeling - better	
ellation of rotation		1 Other Types of Work - Education		1 Other types of Work - Simulation		2 Other Types of Work - Took Call		2 Fatigue		2 Stressor - Physically-distancing patie	8	2 Cleaning faceshields		1 Increase psychiatric presentations		1 Covered for colleagues		1 Feeling - left out of pandemic benefits	
scheduled to work		1 Other Types of work - ICU		1 Other Types of Work - Telemedicine		2 Stressor - Changing work environment		2 Subject to Accommodation (due to age)		2 Stressor - Spreading contagion to far		2 Conference cancelled		1 Feeling - anxiety		1 COVID has disrupted residency		1 Feeling - Less anxiety	
r types of work - simulation	1	1 Other Types of Work - Planning		1 Reason for not working - Immunosupression		2 Stressor - Increased Personal Risk		2 Self-Isolation - from family		2 Stressor - Variable educational expe		2 Connected to teams digitally		1 Increased patient volumes		1 COVID has kept loved ones aw		1 Feeling - unrewarded	
r Types of Work - Trauma		1 Other types of work - research		1 Not working due to non-COVID-19 health reas	noi	1 Stressor - Ineffective leadership		2 Volunteered to do extra work		2 Stressor - Waiting for Surge		2 Could not work in other facility do	tc	1 Feeling - more burnout		1 Decreased income		1 Giving up shifts to help colleagues financially	
sor - Communication (Lack		1 Isolating - from family 1 Sabbatical		1 Other Types of Work - COVID-19 Clinic		1 Stressor - Social isolation 1 Stressor - Kids at home		2 Covered for Colleague		1 Stressor - Unpaid work		2 Covered for a Colleague		1 Stressor - Lack of cleaning supplies		1 Stressor - Fear of getting COV		1 Loss of ED space to hot zone	
sor - Lack of Planning sor - Personal Risk		1 Sabbatical 1 Reason for not working - immunosuppres:		1 Other types of Work - Education 1 Reason for not working - Age		1 Stressor - Kids at nome 1 Stressor - Lack of PPF		2 Feeling - Loneliness due to Physical Isolation 2 Other Types of Work - Coroper	1	 Appreciates that physical distancing Burn out - decreased 		 Decreased Shifts to favour other t Desire for compensation (e.g. part 		1 Stressor - Lack of handwashing solution 1 Less personal enjoyment out of work		1 Feeling better after vacation 1 Gave up a shift		1 Lower patient volumes experiened 1 No new cases for 14 days in area	
sor - Redeployment of EPs		1 Shifts cancelled		1 Stressor - Change in patient care		1 Vacation		1 Other Types of Work - Education		1 Change in patient use of Departmen		1 Fatigued		1 Lower patient volumes experienced		1 Self-Isolation - from family		1 Other types of work	
sors - Financial		1 Stressor - Decreased Shifts		1 Stressor - Changing guidelines and regulation		1 Better communication from Leadership		1 Other Types of Work - ICU		1 Colleagues guitting emergency med		1 Feeling - Moral injury		1 LTC deaths due to COVID		1 Stressor - Less PPE vigilence n		1 Other types of work - Base Hospital Physician	
elled Conference		1 Stressor - Increased COVID-19 patients		1 Stressor - Changing guidelines and regulation		1 Burnout is decreasing during COVID-19		1 Other Types of Work - Planning		1 Colleagues who work in other place		1 Feeling - anxious		1 More complex patients		1 Looking for extra shifts		1 Other types of work - Locun	
working due to age		1 Stressor - Not using PPE		1 Fatigue		1 Burnout is impacting family		1 Other Types of Work - Trauma Team		1 Considering quitting emergency me		1 Feeling - closer to colleagues/tea	n	1 No patients tested positive yet		1 Many LTC patients		1 Other types of work - Telemedicine	
working due to non-COVID-1	15	1 Stressor - Using PPE properly		1 Stressor - Lack of Planning		1 Burnout is increased with COVID-19		1 Perception that other are greedy		1 Considering quitting medicine		1 Feeling - distanced form patients	wi	1 Not working due to age		1 No colleagues have tested por		1 Other types of work - trauma	
				Stressor - Missing out on simulation-educatio	na	1 Fatigued		1 Perception that others are irritable		1 Difficulty being present at home		1 Feeling - marginalized		1 Not working due to immunocompromise		1 No patients tested positive ye		1 Participated in Training	
				Stressor - Unsafe work conditions		1 Feeling - Emotional Distance		1 Quarantined - Awaiting Test result		1 Doesn't want to be called a hero		1 Increasing Patient Volumes		1 Not working due to pregnancy		1 Increased patient volumes -M		1 Volunteered to do extra work	
						Feeling - Feelings of solidarity & collegia	19	1 Reason for not working - Health		1 External event outside of COVID-19		1 Increasingly complicated patients	se	1 Other Types of Work - Coroner		1 Not many critical ill COVID-19		1 Protective culture (strong culture of daily rounds, go	ood
						Feeling - Frustrated		1 Reason for not working - Immunosuppression	n	1 Feelings of Fear of self-contaminatio		1 Other Types of Work		1 Other Types of Work - ICU		1 Not working due to pregnancy		1 Reduced Shifts	
						Feeling - Increased motivation Feeling - Lack of Empathy for non-medica		1 Sent home early 1 Stressor - Balancing Work/Life		1 Stressor - Fear of getting COVID 1 Feeling - Bored		Other types of work - Clinic 1 Other types of work - Non-clinical		 Other types of work - planning Patients are being held in ED until negative 		1 Other types of work - Code Bli 1 Other types of work - COVID A		 Resident feeling left out Resident feeling that educational experience has characteristic 	hanv
						Feeling - Short Fuse		1 Stressor - Changing Policies		1 Feeling good about career choice		1 Other Types of Work - LTC		1 Quarantined due to travel		1 Other types of work - Hospital		1 Participated in Training - Resilience training	
						Feeling - supported by leadership		1 Stressor - Colleagues seem stressed		1 Filled spare time		1 Other types of work - Telehealth		1 Recurrence of Exit Block		1 Other Types of work - ICU		1 Recurrence of exit block	
						More PPE		1 Stressor - COVID19 patient death		1 Good back-up list for illness		1 Other types of work - took call		1 Still unsure re: best procedures		1 Other Types of work - Locum		1 Sleeping more than usual	1
						Other Types of Work - Admin		1 Stressor - Finances		1 Good communication		1 Positivity about progess		1 Stressor - Changing guidlelines		1 Other types of work - LTC		1 Stressor - lack of help at home	1
						Other types of work - Coroner		1 Stressor - increased administration		1 Good leadership		1 Redeployed to ICU		1 Stressor - conflicting messages from Admi	1	1 Other types of work - teleheal		1 Stressor - Lack of PPE	1
						Other types of work - Hospitalist		1 Stressor - Increased planning		1 Good PPE supply		1 Sleeping more than usual		1 Stressor - Frustration		1 Restarting other hospital servi		1 Stressor - lack of vacation	1
						Recommendation - modify shifts/timing	te	1 Stressor - Kids at home		1 Had COVID-19 simulation opportun		1 Starting to use techniques/techno	9	1 Tried to pick up shfits		1 Restricted travel is problemat		1 Stressor - Regular volumes + COVID concern	1
						Stablization of Guidelines/protocols Stressor - Added Vigilence		1 Feeling - Lack of Control 1 Low COVID-19 Number of Patients		 Junior physicians feel like they are b Jack of services (Onbtho, Dentistry) 		1 Stressor - Waiting for Surge 1 Stressor - worried re: exposure		1 Unable to avoid AGMP in single-coverage E 1 vacation	D	1 Spouse has URI symptoms 1 Stigma for positive results		1 Stressor - Research work 1 Stressor - Spouse's job is at risk	1
						Stressor - Added Viglience Stressor - All consuming pandemic prepa		1 Stressor - Reusing PPE		 Lack of services (Upntho, Dentistry) Lower patient volumes experience 		1 Stressor - Worried re: exposure 1 Stressors - Colleagues are stresse		1 Vacation 1 Vacation (Cancelled)		1 Stigma for positive results 1 Stressor - Anxiety of waiting f		1 Stressor - Spouse's job is at risk 1 Feeling - anxiety	
						Stressor - Anxiety around patients		1 Stressor - Societal expectations		1 More happy at work		1 Stressors - Frustration		1 Worried about falling behind re: changing p	**	1 Stressor - Changes in the work		1 Stressors - Financial	
						Stressor - colleagues asking them to incu	ır	1 Stressor - Takes longer to see patients		1 Other Types of Work - Admin		1 Stressors - Guidelines changing		1		Stressor - Financial		1 Stressors - frustrated by inconsistent policies	
						Stressor - Colleagues seem stressed		1 Stressor - unpaid work		1 Other Types of Work - COVID-19 clin	ii .	1 Stressors - PPE		1		Stressor - Lack of PPE		1 Tested COVID positive	
						Stressor - Financial		1 Stressor - Waiting for Surge		1 Other Types of Work - ICU		1 Swab taking too long (24 hours)		1		Stressor - Waiting for Surge		1 Tested COVID positive - partner of doc	
						Stressor - High emotional load		1 Stressor - worried about own health		1 Other Types of Work - Planning		1 Tested for COVID-19		1		Tested for COVID		1 Unpaid work	1
						Stressor - Housework		1 Type of resusciation		1 Other types of work - Simulation		1 Symptoms despite wearing PPE ar		1		Thinking about quitting medic	tir	1	
						Stressor - Increased meetings Stressor - Lack of Planning		1 Unable to start new job 1 Vacation (Cancelled)		 Other Types of Work - Trauma Team Other Types of Work - Virtual Meeting 		1 Tension between wanting to help 1 Tested Positive	ar	1		Vacation (cancelled) Worried about others blaming		1	
						Stressor - Lack of Political Support		1 Working in Cold Zone (non-COVID-19 section		1 Other Types of Work - Virtual Meetin 1 Quarantined - Awaiting testing		1 Unpaid work (meetings)		1		Stressor - lack of evidence for		1	
						Stressor - Lack of sleep		1 Working In cold 2018 (101PC0 VID-19 Section	101	Respects their own team's hard wor		1 Unpaid work (Simulation)		1		Stressor - Tack of evidence for		1	
						Stressor - Lack of stress-relieving activitie	es.	1		Self-Isolation - from family		1 Unsure about pandemic preparati	n	1					
						Stressor - Many shifts		1		Stresor - Poor communication		1 Vacation (Cancelled)		1					
						Stressor - Worried about getting sick		1		Stressor - Anxious colleagues		1 Worried about delays to patient of	ift.	1					
						Stressor - worry about non-COVID-19 pat	ie	1		Stressor - Anxiousness		1							
						Tested for COVID-19		1		Stressor - Close contact with patient	ti	1							
										Stressor - constant vigilence		1							
										Stressor - Exposed to COVID-19 patie	8	1							
										Stressor - Fear about the future Stressor - Feeling angry		1							
										Stressor - Feeling impatient		1							
										Stressor - Having phone conversatio	e	1							
										Stressor - Lack of respect		1							
										Stressor - Lack of stress-relieving acti	h	1							
										Stressor - Low COVID-19 Number of	F	1							
										Stressor - Moving during pandemic		1							
										Stressor - PPE depletion		1							
										Stressor - sick of meetings		÷							
										Stressor - Sick of pandemic		1							
										Stressor - Sick of pandemic Stressor - Underlying mental health	F	1							
										Stressor - Sick of pandemic Stressor - Underlying mental health Stressor - worried about the future		1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1							
										Stressor - Sick of pandemic Stressor - Underlying mental health	a.	1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1							