

Table S1. Blinding and tolerability efficacy survey outcomes.

Montage	Response [Real/Sham]	Confidence Level [Real/Sham]	Side Effect
Multi-target (M1+S1)	65%/35%	7.03/6.45	1.14
Sham	50%/50%	6.76/5.56	1.08

Response represents the proportion of participants who reported they believed to receive real/sham intervention. Confidence level represents the average self-reported confidence in this response, on a scale from 1 (not confident at all) to 10 (fully confident). Side effect represents self-reported side effects after the intervention, on a scale from 1 (no side effect) to 4 (serious side effect).