

Supplementary Table 3. Patient demographics and operation characteristics: Open cases.

	Pre-ERAS	ERAS (early)	ERAS (late)	<i>p</i>
n	377	299	303	
Age [mean, years (SD)]	58.3 (13.2)	58.1 (13.2)	58.0 (12.9)	0.97
Sex, male (%)	199 (53)	161 (54)	165 (55)	0.91
Race/ethnicity (%)				0.16
Asian or Indian subcontinental	20 (5.3)	20 (6.7)	28 (9.2)	
Black or African American	27 (7.2)	14 (4.7)	10 (3.3)	
Hispanic or Latino	13 (3.4)	15 (5.0)	12 (4.0)	
Native Hawaiian or Pacific Islander	0 (0)	1 (0.3)	0 (0)	
White	300 (79.6)	233 (77.9)	244 (80.5)	
Unknown	17 (4.5)	16 (5.4)	9 (3.0)	
ASA class (%)				0.31
P1	1 (0.3)	1 (0.3)	0 (0)	
P2	91 (24.1)	78 (26.1)	73 (24.1)	
P3	278 (73.7)	208 (69.6)	226 (74.6)	
P4	7 (1.9)	12 (4.0)	4 (1.3)	
BMI [mean, kg/m² (SD)]	28.1 (6.1)	27.5 (5.6)	26.9 (5.9)	0.042
Surgery description				0.002
Colon resection (%)	136 (36.1)	80 (26.8)	73 (24.1)	
Rectal resection (%)	29 (7.7)	38 (12.7)	21 (6.9)	
Ostomy reversal (%)	195 (51.7)	163 (54.5)	189 (62.4)	
Other (%)	17 (4.5)	18 (6.0)	20 (6.6)	
Stomal diversion				0.50
Colostomy (%)	20 (5.3)	22 (7.4)	15 (5.0)	
Ileostomy (%)	21 (5.6)	13 (4.3)	11 (3.6)	
None (%)	336 (89.1)	264 (88.3)	277 (91.4)	
EBL [median, mL (i.q.r)]	50 (20 – 200)	50 (20 – 300)	40 (15 – 175)	0.13
Duration of surgery [mean, hours (SD)]	2.3 (1.6)	2.5 (2.0)	2.3 (1.8)	0.33

ERAS, Enhanced Recovery after surgery. SD, standard deviation. ASA, American Society of Anesthesiologists. BMI, body mass index. EBL, estimated blood loss. i.q.r., interquartile range.

p = chi-square test for categorical variables; analysis of variance / t-test or Kruskal-Wallis test (nonparametric) for continuous variables.