SUPPLEMENTARY MATERIAL

1. PRISMA-P checklist

Section/topic	#	Checklist item	Information reported		Line
			Yes	No	number(s)
ADMINISTRATIVE IN	FORMA	ΓΙΟΝ			
Title					
Identification	1a	Identify the report as a protocol of a systematic review	\square		Page 1 title
Update	1b	If the protocol is for an update of a previous systematic review, identify as such		\square	Not applicable
Registration	2	If registered, provide the name of the registry (e.g., PROSPERO) and registration number in the Abstract			Page xxx Methods and analysis
Authors					
Contact	За	Provide name, institutional affiliation, and e-mail address of all protocol authors; provide physical mailing address of corresponding author			Page 1
Contributions	Зb	Describe contributions of protocol authors and identify the guarantor of the review			Page 7 Manuscript contributions
Amendments	4	If the protocol represents an amendment of a previously completed or published protocol, identify as such and list changes; otherwise, state plan for documenting important protocol amendments		\square	
Support					
Sources	5a	Indicate sources of financial or other support for the review			No funding
Sponsor	5b	Provide name for the review funder and/or sponsor		\square	Not applicable
Role of sponsor/funder	5c	Describe roles of funder(s), sponsor(s), and/or institution(s), if any, in developing the protocol		\square	Not applicable
INTRODUCTION					
Rationale	6	Describe the rationale for the review in the context of what is already known			Page 1 Introduction
Objectives	7	Provide an explicit statement of the question(s) the review will address with reference to participants, interventions, comparators, and outcomes (PICO)			Page 2 Methods
METHODS					

Section/topic	#	Checklist item	Information reported		Line
			Yes	No	number(s)
Eligibility criteria	8	Specify the study characteristics (e.g., PICO, study design, setting, time frame) and report characteristics (e.g., years considered, language, publication status) to be used as criteria for eligibility for the review			Page 2 Methods
Information sources	9	Describe all intended information sources (e.g., electronic databases, contact with study authors, trial registers, or other grey literature sources) with planned dates of coverage			Page 2 Methods
Search strategy	10	Present draft of search strategy to be used for at least one electronic database, including planned limits, such that it could be repeated			Supplemental file 2
STUDY RECORDS					
Data management	11a	Describe the mechanism(s) that will be used to manage records and data throughout the review			Page 2– data extraction
Selection process	11b	State the process that will be used for selecting studies (e.g., two independent reviewers) through each phase of the review (i.e., screening, eligibility, and inclusion in meta-analysis)			Page 2 – data extraction
Data collection process	11c	Describe planned method of extracting data from reports (e.g., piloting forms, done independently, in duplicate), any processes for obtaining and confirming data from investigators			Page 2 – data extraction
Data items	12	List and define all variables for which data will be sought (e.g., PICO items, funding sources), any pre-planned data assumptions and simplifications			Page xx – Types of studies, participants, and interventions
Outcomes and prioritization	13	List and define all outcomes for which data will be sought, including prioritization of main and additional outcomes, with rationale			Page 2 – data extraction
Risk of bias in individual studies	14	Describe anticipated methods for assessing risk of bias of individual studies, including whether this will be done at the outcome or study level, or both; state how this information will be used in data synthesis		\square	
DATA					
Synthesis	15a	Describe criteria under which study data will be quantitatively synthesized			Not applicable – qualitative systematic review
	15b	If data are appropriate for quantitative synthesis, describe planned summary measures, methods of handling data, and methods of combining data from studies, including any planned exploration of consistency (e.g., <i>I</i> ² , Kendall's tau)			Not applicable – qualitative systematic review
	15c	Describe any proposed additional analyses (e.g., sensitivity or subgroup analyses, meta-		\square	Not applicable

Section/topic	#	Checklist item	Information reported		Line number(s)
			Yes	No	
		regression)			
	15d	If quantitative synthesis is not appropriate, describe the type of summary planned			Page 2 – Data extraction and synthesis
Meta-bias(es)	16	Specify any planned assessment of meta-bias(es) (e.g., publication bias across studies, selective reporting within studies)		\square	Not applicable, systematic review only
Confidence in cumulative evidence	17	Describe how the strength of the body of evidence will be assessed (e.g., GRADE)			Page 2 – Assessment of Methodologic Quality