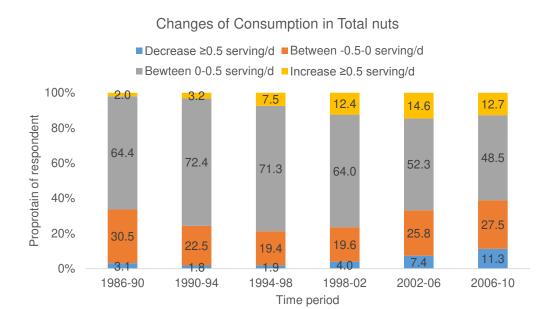
Supplementary material bmjnph

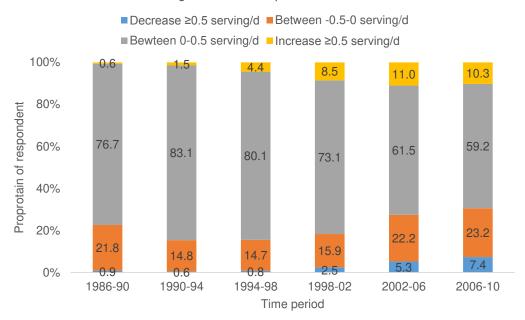
S2 Fig. Distribution of study population based on their changes of nut consumption within each 4-year period in the three prospective cohorts of US men and women over the time period 1986-2010¹



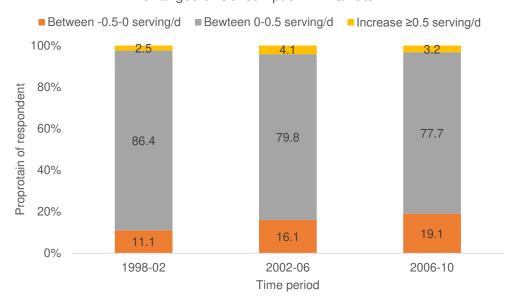
Changes of Consumption in Peanuts ■ Decrease ≥0.5 serving/d ■ Between -0.5-0 serving/d ■Bewteen 0-0.5 serving/d ■Increase ≥0.5 serving/d 100% 0.9 1.0 Proprotain of respondent 80% 65.3 72.0 70.3 60% 78.5 76.9 80.5 40% 20% 26.9 25.5 24.1 18.6 19.5 16.6 0% 0.9 1986-90 1990-94 1994-98 1998-02 2002-06 2006-10 Time period

Supplementary material bmjnph

Changes of Consumption in Treenuts



Changes of Consumption in Walnuts



Supplementary material bmjnph

