	Internal Validity				External Validity						
Study ID	Risk of Bias 1	Risk of Bias 2	Risk of Bias 3	Risk of Bias 4	Risk of Bias 5	Risk of Bias 6	Risk of Bias 7	Risk of Bias 8	Risk of Bias 9	Risk of Bias 10	Total Risk
El Kholy 1972	0	1	0	1	1	0	1	1	1	0	6
Nicolle 1990	1	1	0	1	1	1	1	1	1	0	8
Lennon 2001	1	1	1	1	1	1	1	1	1	1	10
Nandi 2001	1	1	1	1	1	1	1	1	1	1	10
McDonald 2006	1	1	0	1	1	1	1	1	1	0	9
McDonald 2007	1	1	0	1	1	1	1	1	1	0	9
Steer 2009	1	1	0	1	1	1	1	1	1	1	9
Kumar 2009	1	1	0	1	1	1	1	1	1	1	10
Engel 2012	1	1	0	1	1	1	1	1	1	1	9
Kumar 2012	1	1	0	1	1	1	1	1	1	1	9
Wu 2017	0	1	1	1	1	1	1	1	1	0	8