

1 **Supplementary Tables**

2 Supplementary Table 1. Change in prescription of medication class between baseline and at 6 months (n=72).

	N	%	HbA1c <53 at follow-up N=43 (60%) N (%)	Baseline HbA1c Mean (SD)	6 months HbA1c Mean (SD)	Statistical significance P value
Increase	1	1%	1 (2%)	NA	NA	NA
No change	29	40%	20 (47%)	58.8 (13.4)	54.9 (15.1)	<0.001
No medications prescribed before and after	7	10%	6 (14%)	50.1 (4.6)	45.0 (7.6)	0.011
Decrease	35	49%	22 (51%)	57.5 (10.5)	51.2 (9.3)	<0.001
<i>Of whom complete elimination of medications</i>	9	13%	7 (16%)	55.6 (7.1)	47.1 (7.6)	0.001

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